



### **Alumni/Visiting Swimmers Policy**

Former Express swimmers are welcome to swim with the team at no charge during their breaks from September to April, providing the following requirements are met:

- No past due balance is owed to the team.
- Swimmer must contact Blaine or Michael in advance to notify them what dates they will be attending practice.
- If a swimmer has their own workout, he/she must contact the coaches to see what times are available. Swimmers will otherwise be expected to participate in the team's workout.

During the summer months swimmers will need to register in advance of their first workout with the team. Fees will be pro-rated based on starting date, but can not be pro-rated for other time missed once the swimmer has started for the long course season. All other registration policies apply as well.

Visiting swimmers must have a current USA Swimming membership, and are welcome to join us at no charge for a period of 1-7 days. Arrangements must be made in advance for all visiting swimmers. Contact Blaine Carlson at [blaine@waukeshaexpress.org](mailto:blaine@waukeshaexpress.org) or 262-751-7946.