



LSC Long Course Open
Hosted by Lubbock Swim Club
May 15, 2021

Sanction: Held under sanction #WT00515-21 through USA Swimming by West Texas Swimming.

Meet Director: April Hayes Meet Referee: Tom Jackson

Warm-up: 8:00 am **Meet: 9:00 am**

MAAPP: All applicable adults participating in or associates with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

APT: Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the meet and show proof of completion in their Deck Pass account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for qualification or recognition in individual events or relays.

Venue: Pete Ragus Aquatic Center, 2004 14th Street, Lubbock, TX 79401 806-219-0830

Facility: Pete Ragus is an indoor short course/long course facility. Short Course: Eight lanes, 25 yard competition pool with 8 25-yard warm-up lanes. Long Course: Eight lanes, 50 meter. Daktronics timing system and scoreboard will be in use. Hy-Tek Meet Manager will be in use. Water depth of the pool is 7 feet at the bleachers end and 4 feet 5 inches at the scoreboard end. The competition course has not been certified in accordance with 104.2.2C. **Deck Changes:** Deck changes are prohibited. **Drone Restrictions:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. **Recording devices:** Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms, locker rooms or the areas behind the starting blocks.

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND WEST TEXAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATING IN THIS COMPETITION.

Guidelines: The competition as stated is in compliance with the State of Texas Executive Order 29, the Governor's GA-23 Phase 2 requirements and all county and city requirements.

Spectators: All athletes will be allowed 2 (two) spectators only. This head count is for all spectators, regardless of age. Spectators must wear masks at all times while in the facility and sit in the marked social distanced spaces indicated in the bleachers.

Liability/Sanction: IN GRANTING THIS SANCTION ANDY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., WEST TEXAS SWIMMING, INC., LUBBOCK SWIM CLUB, ALL MEET OFFICIALS AND LUBBOCK ISD SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damage to the facility, when proven, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.

COVID-19: We have taken enhanced health and safety measures—for you, our employees, swimmers, and members of West Texas Swimming. You must follow all posted and announced instructions while participating in this meet at Pete Ragus Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Rules: 2021 USA Swimming rules for competitive swimming will govern the meet. All swimmers, coaches and officials participating in this competition must be currently (2021) registered with USA Swimming.
Age-up date: Swimmer's age as of May 15, 2021 shall determine their age for the entire meet.
Invited teams: This meet is open only to West Texas Swimming teams.
Racing Start Proficiency: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

Meet Format: All events will be mixed gender, timed final events and the seeding will be based solely on time. There will be no lane separation between genders. Results will separate girls and boys by age groups.

All 50's will start at the bleachers end and finish at the scoreboard end.

Meet host reserves the right to adjust warm-up schedules and combine heats when needed to run the meet in a timely manner.

Entries: **Limit:** Swimmers are limited to 4 events for this meet.

Entry Fees: Entry fee is \$4.50 per individual event with a \$2.50 swimmer surcharge. Deck entries are \$9.00 per event. Make checks payable to LSC (Lubbock Swim Club)

Entry Times: Entry times must be submitted in 100ths of seconds. All entry times must be current times, provable in the USA Swimming SWIMS database. Penalty for entering with an unproved time will be removal of the swimmer from that event without refund of entry fees.

Deck Entries: Deck entries will be accepted until 8:30 am. Swimmers must have proof of current USA Swimming membership. Entries will be accepted for empty lanes only. New heats will not be created. Scratches should be submitted to the Clerk of Course.

Deadline: All entries must be submitted by Thursday May 6, 2021. Entries must be submitted with Hy-Tek compatible entry files by email. Entry fees can be mailed prior to the meet or turned in the morning of the meet at Clerk of Course.

April Hayes
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Awards: No awards will be presented.

Heat Sheets: Heat sheets will be available for purchase at the front desk of Pete Ragus.

Concessions: No concessions will be available at this meet.

Hospitality: A limited hospitality will be available for coaches, officials, and volunteers.

Meet Schedule: **Warm-up:** 8:00 am **Meet:** 9:00 am

	Events
1	Mixed Open 50 Freestyle
2	Mixed Open 100 Butterfly
3	Mixed Open 100 Backstroke
4	Mixed Open 100 Breaststroke
5	Mixed Open 100 Freestyle
6	Mixed 12-Under 50 Butterfly
7	Mixed Open 200 Butterfly
8	Mixed Open 200 Backstroke
9	Mixed Open 200 Breaststroke
10	Mixed 12-Under 50 Backstroke
11	Mixed Open 200 Freestyle
12	Mixed Open 200 IM
13	Mixed 12-Under 50 Breaststroke
14	Mixed Open 400 Freestyle
15	Mixed Open 400 IM
16	Mixed Open 1500 Freestyle