



sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND WEST TEXAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATING IN THIS COMPETITION.

**Guidelines:** The competition as stated is in compliance with the State of Texas Executive Order 29, the Governor's GA-23 Phase 2 requirements and all county and city requirements.

**Spectators:** Spectators will be allowed and may sit in the bleachers. Masks are optional.

**Liability/Sanction:** IN GRANTING THIS SANCTION AND ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., WEST TEXAS SWIMMING, INC., LUBBOCK SWIM CLUB, ALL MEET OFFICIALS AND LUBBOCK ISD SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damage to the facility, when proven, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.

COVID-19: We have taken enhanced health and safety measures—for you, our employees, swimmers, and members of West Texas Swimming. You must follow all posted and announced instructions while participating in this meet at Pete Ragus Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

**Rules:** 2021 USA Swimming rules for competitive swimming will govern the meet. All swimmers, coaches and officials participating in this competition must be currently (2021 or 2022) registered with USA Swimming.  
**Age-up date:** Swimmer's age as of October 15, 2021 shall determine their age for the entire meet.  
**Invited teams:** This meet is open only to teams in West Texas and Eastern New Mexico.  
**Racing Start Proficiency:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.

**Meet Format:** In a Pentathlon Meet all swimmers swim the same 5 events. Times are then added together; the lowest total time earns first place. All swimmers are encouraged to swim all 5 events, but you may choose to do less than 5. All events will be pre-seeded timed finals.

Flyover starts may be used where appropriate.

Meet host reserves the right to adjust warm-up schedules and combine heats when needed to run the meet in a timely manner.

**Entries:** **Limit:** Each swimmer may compete in a total of five (5) individual events during the entire meet, with no more than three (3) individual events during any one day.

**Entry Fees:** Entry fee is \$28.00 per swimmer. Late entries & deck entries are \$35 per swimmer. Make checks payable to LSC (Lubbock Swim Club).

**Entry Times:** Entry times must be submitted in 100ths of seconds. All entry times must be current times, provable in the USA Swimming SWIMS database. Teams will be notified of any issues or exceptions with their entries or registrations.

**Deck Entries:** Deck entries will be accepted until 8:30 am. Swimmers must have proof of current USA Swimming membership. Entries will be accepted for empty lanes only. New heats will not be created. Scratches should be submitted to the Clerk of Course.

**Deadline:** All entries must be submitted by Thursday October 7, 2021. Entries must be submitted with Hy-Tek compatible entry files by email. Entry fees can be mailed prior to the meet or turned in the morning of the meet at Clerk of Course. Teams entering more than 10 swimmers must submit their entries via electronic file or pay a \$50 processing fee.

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**Awards:** Awards will be presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place boy and girl in each age group (8-under, 9-10, 11-12, 13-14, 15-16, 17-Over) based on the total time of all 5 swims. i.e., lowest total time earns 1<sup>st</sup> place etc... **Only those swimmers who swim all 5 events in their age group qualify for place awards. A DQ will also eliminate the swimmer from the place awards.** Open events will be divided into three age divisions for awards: 13-14, 15-16 and 17-Over. 8-under swimmers who choose to swim 12-under 50's will not qualify for place awards. 12-under swimmers who choose to swim Open events will not qualify for place awards.

No team awards will be presented.

**Heat Sheets:** Heat sheets will be available for purchase at the front desk at Pete Ragus.

**Concessions:** No concessions will be available at this meet.

**Hospitality:** A hospitality will be available for coaches, officials, and volunteers.

<b>Friday October 15, 2021</b>		
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1	8-under 25 Fly	2
3	12-Under 50 Fly	4
5	Open 100 Fly	6
7	8-under 25 Free	8
9	12-Under 50 Free	10
11	Open 100 Free	12

	<b>Saturday October 16, 2021</b>	
<b>Girls</b>	<b>Events</b>	<b>Boys</b>
13	8-under 25 Back	14
15	12-under 50 Back	16
17	Open 100 Back	18
19	8-under 25 Breast	20
21	12-Under 50 Breast	22
23	Open 100 Breast	24
25	12-under 100 IM	26
27	Open 200 IM	28