



22nd Annual TYR Lancaster Invitational

Saturday/Sunday, November 6th and 7th 2021

Hosted By: The Robert K. Fox Family YMCA Stingrays

www.lyststingrays.org

- Location:** Robert K Fox Family YMCA
465 West Sixth Avenue Lancaster, OH 43130
740-654-0616
- Meet Director:** Charles McCluskey cmclusk@hotmail.com
- Entry Chairperson:** Robert K. Fox Family Lancaster YMCA
C/O: Axel Birnbrich Attn: Aquatics Department
465 West Sixth Avenue Lancaster, OH 43130
Phone:(cell) 602-463-0277
Email: coachaxel1980@gmail.com
- Referee:** Paul R. Hensley prh@stebelton.com
- Officials:** YMCA officials will be needed and much appreciated. Any parents interested in officiating please e-mail Paul R. Hensley at prh@stebelton.com to indicate session availability. Officials who agree to work **one complete session** by October 6, 2021 will receive a white event polo for their time helping this weekend. An officials meeting will occur 45 minutes prior to the start of each session.

DISCLAIMER

The Lancaster YMCA and the Lancaster YMCA Swim Team have taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

The Lancaster YMCA and the Lancaster YMCA Swim Team cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in our YMCA event. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in our YMCA event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless the Lancaster YMCA and the Lancaster YMCA Swim Team and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

- Facility:** The Wendel pool is an 8 lane, 25- yard pool, using non-turbulent lane lines. The scoring will be done by computer. The timing system used will be Colorado. Touch pads will be used and two button times at the 25 finishes. Watch times will be provided as back-ups. Locker rooms for changing will be provided, and each team will have an area for "camping." TV monitors and sound system will be used throughout the Y to improve communication and monitor events.
- Meet Procedure:** This is a closed YMCA Invitational. Swimmer's age as of December 1st, 2021 will be used to determine age group swimming. The USA Swimming Handbook governs this meet (with league modifications). All events are timed finals.
- Entry Deadlines:** **We will begin accepting entries on October 15, 2021 for all SEOWV League Teams. Starting on October 16, 2021 all other teams entries will be accepted. Each session will be limited to 150 swimmers. All entries must be in by October 21, 2021.**
- Entry Fees:** \$5.00 per individual event and \$12.00 per relay. A \$2.00/swimmer facility fee will also be assessed. Checks should be made payable to LYST. Please submit one (1) check per team. **ALL FEES MUST BE PAID PRIOR TO THE START OF THE MEET – NO EXCEPTIONS.** Please pay at the scorer's table, or in advance by mailing to Jim Garrett c/o LYST. **Our treasurer has had to track down meet fees several times and we will not do this anymore. You must have fees in hand at the meet or in advance. Bring a check request signed by your AD if you cannot have the funds in hand by the meet.**
- Entries:** Each 11 & Over swimmer may enter **four (4) individual events and one (1) Free Relay.** 10 & Under swimmers may enter **four (4) individual events, (1) Medley Relay and one (1) Free Relay.** Submit entries with short course yard times. Please submit entries via e-mail using HY-TEK. Events for Team Manager available on our website www.lyststingrays.org or www.seowvswim.org
- Entries for the 500 free and 1000 free may be limited to 2 heats due to session timeline.**
- Deck entries will be accepted again this year.** Lane assignments will be issued on a first-come, first-serve basis. **NO NEW HEATS WILL BE CREATED.** Please bring any additions made to your entries to the computer table that morning along with **your completed "deck entry form."** (This can be found in the meet packet.) The cost will be \$8.00 per individual event and \$16.00 per relay. Deck entries must be received **1 HR prior** to the start of the meet. **Any related fees must also be paid at this time.**
- Entry Errors:** If an entry error is made by LYST, the swimmer(s) will be entered into an open lane of the heat nearest his/her time or in a new heat. The entire event WILL NOT be reseeded.
- USA Swimming Rules:**
- YMCA sponsored events follow USA Swimming technical rules and event requirements. Athletes must be under the supervision of a certified YMCA coach. Arrangements for coach supervision must be made in advance of the meet.
 - Any swimmer entered in the meet must be certified by a YMCA-certified as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the

responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Use of cameras, cell phones or any other recording device are not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Technical Suit Ban:

- Per USA Swimming Article 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.
- A Technical Suit is one that has the following components:
- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

Covid-19 Information:

- **HEALTH ASSESSMENTS:** Each team **MUST** assess all meet participants (athletes, coaches, volunteers, and spectators) for COVID-19 symptoms prior to entering the facility. **MEET PARTICIPANTS WITH ANY SYMPTOMS OF ANY ILLNESS MUST NOT ATTEND!**
- All OH State and local regulations concerning COVID-19 at the time of the meet will be enforced. Teams will be notified of any updates or changes.
- Teams will be assigned a team seating/camping area inside the YMCA. All swimmers while not swimming should be wearing a mask covering their nose and mouth.
- Spectators will be permitted and encouraged to watch their swimmers race at this meet. Limitations on spectators may be made based upon current conditions.
- The meet is scheduled to be streamed to allow for viewing of the swimming for spectators unable to be on site. A link for the online viewing will be made available the day of the meet.
- Athletes are encouraged to arrive and depart in their suits. Locker rooms will be available for quick changes and restroom use. Masks must be worn in locker rooms. Deck changing is prohibited. Restrooms will be monitored by Safety Marshals.
- Updated COVID-19 Information for this meet will be shared prior to the meet start date to reflect any new WVDH orders, policies, and guidelines.

Coaches:

Please bring a first aid kit (ice packs, bandages etc.) to deal with potential team injuries.

Coaches Packet:

A coach's packet will be available each morning during warm-ups. As a

reminder per league rules only certified coaches will be provided heat sheets. Two heat sheets will be provided for each team and deck entry forms included.

Scoring:

Individual Events:

1st Place - 9 Pts, 2nd Place - 7 Pts, 3rd Place - 6 Pts
4th Place - 5 Pts, 5th Place - 4 Pts, 6th Place - 3 Pts
7th Place - 2 Pts, 8th Place - 1Pt

Relay Events:

1st Place - 18 Pts, 2nd Place - 14 Pts, 3rd Place - 12 Pts
4th Place - 10 Pts, 5th Place - 8 Pts, 6th Place - 6 Pts
7th Place - 4 Pts, 8th Place - 2Pts

Warm-Ups:

LANE ASSIGNMENTS WILL BE GIVEN FOR WARM-UPS AT THE MEET.

Bullpen:

No Bullpen on Saturday.
Bullpen for 8 & Under Swimmer's individual events on Sunday.

Awards:

Custom Awards 1st through 3rd place. Ribbons 4th through 8th place for ages 8 & Under, 9-10, 11-12, 13-14 and 15 & Over.

Team Awards:

Banners will be awarded: 1st Place team, 2nd Place team, 3rd Place team (Host team not eligible for team award.) Heat winners will be awarded on Sunday. First Place High Point for each age group (including 8 & under). Only coaches are permitted to pick up team /individual awards. **Awards will not be passed out sooner than 30 minutes after the conclusion of the day. NO EXCEPTIONS!**

Results:

Invitational results will be posted on the LYST website at www.lyststingrays.org, <http://www.seowvswim.org/>, Meet Mobile

Start Times:

Saturday Session One

11-12 Girls, 13 and Over Boys.
Warm-ups will begin @6:45 am
Official Start Time at 8:00 AM.

Saturday Session Two

11-12 Boys and 13 and over Girls.
Warm-ups will begin at approx. 1:00 PM following the conclusion of the 1000yd free.
Official start time will be approx. 2:00 PM.

Sunday

10 and Under- Boys and Girls.
Warm-ups will begin @ 8:00am
Official Start time to be 9:00 am.

Timeline will be updated once all entries are received.

1000yd:

The 1000 yd. freestyle will begin immediately after the last event of the **Saturday morning session**. The estimated time to begin the 1000's is 12:00. However, based on entries and pace of the meet; the start time for the 1000's will be adjusted to begin earlier or later than 12:00. The 1000's will not be swum before 11:30 AM at the earliest. Warm-up for the 1000's will be in the Fox pool beginning at 11:00 am. There will be dedicated lanes in the Fox pool for warm-ups.

All 1000yd swimmers must supply their own timers. There will be positive check in at the scorer's table for all 500 and 1000 swimmers. The heats for the 500 will be swum slowest to fastest, and the 1000 will be swum fastest to slowest.

EXCEPTION: The 500 free will be scored according to age group starting at age 11-12

- 50 Free Shoot Out:** The top 8 swimmers from the 13 & Over 50 Free will be invited to swim in a 50 Free Shoot Out Event. In the AM Session it will be Event 212 and in the PM Session it will be Event 512. The first heat will consist of those top 8 swimmers. Heat 2 will be the top four from the first heat and the Final Heat will be the top 2 swimmers from Heat 2. Do not enter your swimmers into this event in the event file. These will be manually seeded based off the results of the 13 & Over 50 Free Event.
- Fly-overs:** Fly-over starts may be used at the discretion of the meet referee based on number of entries.
- Concessions:** Provided by the LYST Swim Team Parents and Christy's Pizza.
- Hospitality Room:** There will be hospitality available for the coaches and officials only. Meal tickets will be in your meet packet that you pick-up that morning.
- Vendor:** Kelly's POCO Loco Swim Shop will be setup in our lobby. Please stop by and visit Kelly's as they provide great support for our team!
- Hotel Accommodations:** Hampton Inn - 2041 Schorrway Dr. (740)654-2999
Baymont Inn and Suites 1721 River Valley Circle North (740)654-5111
Holiday Inn Express 1861 Riverway Dr. (740)654-4445
- We do not have blocks reserved at these hotels, these are merely suggestions.
- T-Shirts:** Pre-Order Invitational T-Shirts will be made available to the coaches at a later date. There will be a limited number of shirts at the meet. Please pick-up your shirts no later than 12pm on Sunday.
- Parking:** Parking is available in the YMCA lots behind the YMCA and next to the Rent-A-Center along W. Sixth St. DO NOT park in front of the businesses that line Memorial Dr or in the first two rows to the right of Save-a-Lot. You may park in the church lot on Saturday. **There is no parking in the church lot on Sunday.** You may also park a Miller Park across from the YMCA. Do not leave your valuables in the car and lock your doors. The YMCA and LYST is not responsible for lost or stolen items.
- Heat Sheets:** Heat sheets will be available at the start of each session.
- Raffles:** There will be a raffle for a swim bag during each session. Please see the raffle ticket person in the lobby for your tickets.
- Toy Drive:** Please bring an un-wrapped, new toy for our Toy Drive. Toys will be collected in the lobby and the team that brings the most toys gets a banner to proudly display at their pool. Each swimmer gets a raffle ticket for a swim bag to be given away on Sunday. You do not have to be present to win. Collected toys are donated to local charities.

2021 TYR LYST Invitational - November 6th, 2021

Session 1 Events – Saturday AM
11-12 Girls, 13 and over Boys

101	11-12 Girls 500 Freestyle
102	13 Over Boys 500 Freestyle
201	11-12 Girls 50 Freestyle
202	13 & Over Boys 50 Freestyle
203	11-12 Girls 100 IM
204	11-12 Girls 200 Freestyle
205	13 Over Boys 200 Freestyle
206	11-12 Girls 200 IM
207	13 & Over Boys 200 IM
208	13 & Over Boys 400 IM
209	11-12 Girls 50 Backstroke
210	13 and over Boys 50 Backstroke
211	13 & Over Boys 200 Back
212	50 Free Shoot - Out
213	11-12 Girls 50 Breaststroke
214	13 & Over Boys 50 Breaststroke
215	13 & Over Boys 200 Breaststroke
216	11-12 Girls 100 Butterfly
217	13 and Over Boys 100 Butterfly
218	11-12 Girls 100 Freestyle
219	13 and Over Boys 100 Freestyle
220	11-12 Girls 50 Butterfly
221	13 and over Boys 50 Butterfly
222	13 & Over Boys 200 Butterfly
223	11-12 Girls 100 Backstroke
224	13 and Over Boys 100 Backstroke
225	11-12 Girls 100 Breaststroke
226	13 and Over Boys 100 Breaststroke
227	11-12 Girls 200 Freestyle Relay
228	13 and Over Boys 200 Freestyle Relay
301	Girls and Boys Open 1000 Freestyle

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Session 2 Events – Saturday PM
11-12 Boys, 13 & Over Girls

401	11-12 Boys 500 Freestyle
402	13 Over Girls 500 Freestyle
501	11-12 Boys 50 Freestyle
502	13 & Over Girls 50 Freestyle
503	11-12 Boys 100 IM
504	11-12 Boys 200 Freestyle
505	13 Over Girls 200 Freestyle
506	11-12 Boys 200 IM
507	13 & Over Girls 200 IM
508	13 & Over Girls 400 IM
509	11-12 Boys 50 Backstroke
510	13 and over Girls 50 Backstroke
511	13 & Over Girls 200 Back
512	50 Free Shoot - Out
513	11-12 Boys 50 Breaststroke
514	13 & Over Girls 50 Breaststroke
515	13 & Over Girls 200 Breaststroke
516	11-12 Boys 100 Butterfly
517	13 and Over Girls 100 Butterfly
518	11-12 Boys 100 Freestyle
519	13 and Over Girls 100 Freestyle
520	11-12 Boys 50 Butterfly
521	13 and over Girls 50 Butterfly
522	13 & Over Girls 200 Butterfly
523	11-12 Boys 100 Backstroke
524	13 and Over Girls 100 Backstroke
525	11-12 Boys 100 Breaststroke
526	13 and Over Girls 100 Breaststroke
527	11-12 Boys 200 Freestyle Relay
528	13 and Over Girls 200 Freestyle Relay

2021 TYR LYST Invitational - November 7th, 2021

Session 3 Events – Sunday
10 and Under Boys and Girls Combined Events
Scored Separately

601	8 & Under 100 Medley Relay
602	9-10 200 Medley Relay
603	10 & Under 200 Freestyle
604	10 & Under 100 IM
605	8 & Under 25 Freestyle
606	10 & Under 100 Breaststroke
607	10 & Under 50 Freestyle
608	10 & Under 100 Backstroke
609	8 & Under 25 Butterfly
610	10 & Under 50 Butterfly
611	10 & Under 200 IM
612	10 & Under 100 Freestyle
613	8 & Under 25 Backstroke
614	10 & Under 100 Butterfly
615	10 & Under 50 Backstroke
616	8 & Under 25 Breaststroke
617	10 & Under 50 Breaststroke
618	8 & Under 100 Freestyle Relay
619	9-10 200 Freestyle Relay

DECK ENTRY FORM

Lane assignments will be issued on a first-come, first-serve basis. **NO NEW HEATS WILL BE CREATED.** Please bring your **completed deck entry form** to the computer table for any additions made to your entries. Deck entries without deck entry form will not be accepted. The cost will be \$8.00 per individual event and \$16.00 per relay. Deck entries must be received **60 minutes prior** to the start of the meet. Any related fees must also be paid at this time.

Swimmer's Name	
Date of Birth	
Team	
Age Group	
Event and Event #	1.
Swimmers may swim 4 individual events	2
1 Medley Relay and 1 Free Relay.	3
	4

of Entries _____ × \$8.00 per individual event = Total _____

Relay Entries: Team Name _____

Swimmer's Names	Date of birth	Age Group	Event and Event Number

Swimmer's Names	Date of birth	Age Group	Event and Event Number

of Relays _____ × \$16.00 Per Relay = Total _____