



# FUTURES CHAMPIONSHIPS

## 2023 TIME STANDARDS

### WOMEN

### MEN

| SCY      | LCM      |              | LCM      | SCY      |
|----------|----------|--------------|----------|----------|
| 24.09    | 27.39    | 50 FR        | 24.89    | 21.39    |
| 52.09    | 59.39    | 100 FR       | 53.79    | 46.49    |
| 1:52.59  | 2:07.79  | 200 FR       | 1:58.09  | 1:41.79  |
| 5:03.49  | 4:28.79  | 400/500 FR   | 4:09.99  | 4:37.09  |
| 10:20.49 | 9:13.79  | 800/1000 FR  | 8:40.69  | 9:34.29  |
| 17:14.39 | 17:40.19 | 1500/1650 FR | 16:38.99 | 16:05.49 |
| 58.09    | 1:06.89  | 100 BK       | 1:00.79  | 52.09    |
| 2:04.99  | 2:23.99  | 200 BK       | 2:11.89  | 1:52.79  |
| 1:05.99  | 1:15.99  | 100 BR       | 1:08.69  | 58.69    |
| 2:22.69  | 2:43.39  | 200 BR       | 2:29.09  | 2:08.59  |
| 57.49    | 1:04.69  | 100 FL       | 58.39    | 51.09    |
| 2:05.39  | 2:21.89  | 200 FL       | 2:10.19  | 1:53.69  |
| 2:08.29  | 2:26.39  | 200 IM       | 2:12.79  | 1:55.09  |
| 4:30.69  | 5:07.29  | 400 IM       | 4:42.39  | 4:07.59  |
|          | 4:04.29  | 4x100 FR-R   | 3:40.89  |          |
|          | 8:40.89  | 4x200 FR-R   | 8:00.49  |          |
|          | 4:33.79  | 4x100 MED-R  | 4:05.89  |          |

Qualifying from June 1, 2022 through Entry Deadline