

Region IV / Cook Inlet Conference High School Swimming & Diving Records

Girls				Boys		
<i>Name/School</i>	<i>Time/Score</i>	<i>Year</i>	<i>Event</i>	<i>Name/School</i>	<i>Time/Score</i>	<i>Year</i>
Service	1:47.93	2010	200 Medley Relay	Dimond	1:36.29	2015
Meghan Cavanaugh / East	1:50.02	2007	200 Free	Michael Summers / Dimond	1:41.91	2014
Sarah Rockwell / West	2:07.05	2002	200 IM	Jarod O'Brien / Dimond	1:54.55	2015
Emmie Jennings / Chugiak	:23.42	2015	50 Free	Caleb Law / Service	:20.84	2017
Jami Stone / Eagle River	482.75	2015	1m Diving (11 dives)	Cade Bennett / Dimond	551.15	2012
Meghan Cavanaugh / East	:55.59	2007	100 Fly	Reed Dittlinger / Dimond	:49.83	2017
Emmie Jennings / Chugiak	50.80	2014	100 Free	Andrew Tainter / Service	:46.41	1996
Kayla Meiergerd / Chugiak	4:56.55	1998	500 Free	Michael Summers / Dimond	4:35.30	2013
Service	1:37.59	2003	200 Free Relay	Dimond	1:26.31	2016
Samantha Wicks / East	:54.78	2011	100 Back	Reed Dittlinger / Dimond	:51.65	2016
Jodi Smith / Service	1:06.31	1993	100 Breast	Quincy Schmidt / Dimond	:57.36	1998
Service	3:34.59	1998	400 Free Relay	Dimond	3:09.70	1998

Updated by Cliff Murray 10/29/17