

2019 Region III Swimming and Diving - 10/31/2019 to 11/2/2019

Results - Finals Swimming/Diving

Event 1 Girls 200 Yard Medley Relay				
Team	Relay	Finals Time		
Finals				
1 COLHS	A	1:54.05	14	
1) Rogness, Josephine	2) Biederman, Jasmine			
3) Nelson, Taylor	4) Barrette, Joscelyn			
29.62 30.98	28.24 25.21			
2 HOMER-AK	A	1:54.61	10	
1) Anderson, Kaylin J 15	2) Story, Madison C 16			
3) Berry, Adeline E 16	4) Fabich, Delta B 15			
31.65 29.36	26.99 26.61			
3 KHS-AK	A	1:55.79	8	
1) Rogers, Addi T 15	2) Spear, Leslie A 17			
3) Narog, Alison E 14	4) Nicholson, Ashleigh G 18			
31.32 31.12	27.13 26.22			
4 PHS-AK	A	2:05.24	6	
1) Olson, Aspen	2) Beck, Maria			
3) Ferguson, Ally	4) Beck, Olivia			
33.69 34.01	28.86 28.68			
5 SHS-AK	A	2:08.07	4	
1) Mullaly, Kylie E 16	2) Jacoby, Lydia A 15			
3) Dougherty, Wren R 15	4) Moore, Madilyn K 17			
33.32 28.98	32.60 33.17			
6 UNAK-AK	A	2:12.03	2	
1) Reynon, Jadrey 16	2) Rankin, Sasha 16			
3) Villamor, Karina 16	4) Villamore, Kayla 16			
35.52 35.15	32.93 28.43			
Event 2 Boys 200 Yard Medley Relay				
Team	Relay	Finals Time		
Finals				
1 KCHS-AK	A	1:41.07	14	
1) Poulin, Koda R 15	2) Bagley, Trevor R			
3) Rolph, Owen	4) Sorensen, Sorin W 16			
26.61 27.87	23.83 22.76			
2 KHS-AK	A	1:43.23	10	
1) Rocheleau, Ian M 16	2) Carver, Nick A 15			
3) Skonberg, Aidan A 16	4) Jensen, Max M 15			
25.08 27.51	25.97 24.67			
3 HOMER-AK	A	1:59.38	8	
1) Shemet-Pitcher, Rio J 18	2) Nollar, Lucas A 14			
3) Rodriguez, Skyler W 15	4) Wilkinson, Emmet P 17			
32.66 35.13	25.66 25.93			
4 PHS-AK	A	2:00.58	6	
1) Groth, Tristan	2) Dunford, Caden			
3) Murray, Tyler	4) Ruda, Lucas			
34.08 32.24	28.58 25.68			
--- COLHS	A		DQ	
1) Cowin, Jonathan 16	2) Kolberg, Karson W 14			
3) Kolberg, Konnor D 17	4) Tokalich, Aleks			
24.72 28.64	24.14 23.01			
Event 3 Girls 200 Yard Freestyle				
Name	AgeSchool	Finals Time		
A - Final				
1 Spear, Leslie A	17 KHS-AK	2:00.17	7	
28.12 30.08	31.05 30.92			
Event 4 Boys 200 Yard Freestyle				
Name	AgeSchool	Finals Time		
A - Final				
1 Krug, Jackson L	15 KHS-AK	1:49.35	7	
25.30 27.84	28.25 27.96			
2 Poulin, Koda R	15 KCHS-AK	1:50.51	5	
25.51 27.66	29.16 28.18			
3 Cowin, Jonathan	16 COLHS	1:51.45	4	
25.81 28.11	28.95 28.58			
4 Hill, Paxton M	15 SHS-AK	2:03.75	3	
26.96 31.98	33.22 31.59			
5 Wright, John	KCHS-AK	2:06.66	2	
28.30 31.69	33.53 33.14			
6 Minder, Bryce	17 COLHS	2:11.80	1	
27.50 32.04	35.56 36.70			
B - Final				
7 Huff, Aiden T	17 KCHS-AK	2:06.48		
29.37 32.14	32.73 32.24			
8 Belliston, Tyler	COLHS	2:10.77		
30.35 32.91	33.62 33.89			
9 Dunford, Caden	PHS-AK	2:15.32		
29.87 33.44	35.56 36.45			
10 Gibson, Atticus	SOHI	2:16.48		
31.13 35.01	36.58 33.76			
11 Groth, Tristan	PHS-AK	2:18.89		
31.82 36.04	37.57 33.46			
12 Christenson, Brandon	SOHI	2:20.91		
31.05 36.25	38.24 35.37			
Event 5 Girls 200 Yard IM				
Name	AgeSchool	Finals Time		
A - Final				
1 Story, Madison C	16 HOMER-AK	2:10.19	7	
28.69 33.12	37.07 31.31			

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A - Final ... (Event 5 Girls 200 Yard IM)

Name	Age	School	Finals Time	
2 Jacoby, Lydia A	15	SHS-AK	2:10.37	5
	28.97	33.17	35.66	32.57
3 Biederman, Jasmine		COLHS	2:24.62	4
	31.36	39.09	38.94	35.23
4 Palenske, Avery		COLHS	2:26.81	3
	30.65	38.44	43.88	33.84
5 Hubert, Emily L	18	KHS-AK	2:27.94	2
	33.78	37.43	42.03	34.70
6 Overdorf, Hannah M	14	HOMER-AK	2:41.53	1
	35.59	40.84	48.59	36.51

B - Final

7 Rogers, Kayleigh K	14	KHS-AK	2:36.98	
	35.42	40.32	44.64	36.60
8 Rankin, Sasha	16	UNAK-AK	2:38.43	
	35.26	41.41	42.43	39.33
9 Nowers, Hannah		PHS-AK	2:42.30	
	34.56	39.66	48.99	39.09
10 Witsoe, Anika R	17	CORD-AK	2:46.26	
	37.96	42.08	47.43	38.79
11 Watkins, Deloma		SOHI	2:49.76	
	34.66	46.52	48.63	39.95
12 Overdorf, Olivia M	15	HOMER-AK	2:54.99	
	40.58	44.38	52.47	37.56

Event 6 Boys 200 Yard IM

Name	Age	School	Finals Time	
A - Final				
1 Rocheleau, Ian M	16	KHS-AK	1:59.40	7
	22.33	28.75	36.58	31.74
2 Kolberg, Konnor D	17	COLHS	2:01.53	5
	22.24	30.52	36.10	32.67
3 Kolberg, Karson W	14	COLHS	2:05.43	4
	23.33	31.94	37.13	33.03
4 Bagley, Trevor R		KCHS-AK	2:08.91	3
	24.69	33.46	34.86	35.90
5 Alioto, Dominic J		KCHS-AK	2:11.08	2
	25.02	35.64	38.16	32.26
6 Dalrymple-Sorenson, Kaeson		PHS-AK	2:11.70	1
	24.28	33.34	40.76	33.32
B - Final				
7 Jensen, Alex A	15	KHS-AK	2:22.78	
	29.05	35.66	45.71	32.36
8 Berga, Ethan		KCHS-AK	2:26.46	
	32.20	37.09	44.16	33.01
9 Hanson, Cole M	14	CORD-AK	2:36.26	
	33.89	41.68	46.17	34.52
10 Nollar, Lucas A	14	HOMER-AK	2:36.97	
	35.82	41.50	44.28	35.37
--- Sawyer, Stewart		PHS-AK		DQ
	27.34	34.26	42.77	32.00
--- Morris, Shane	16	UNAK-AK		DQ
	27.20	39.50	48.62	32.82

Event 7 Girls 50 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Narog, Alison E	14	KHS-AK	25.19	7
2 Berry, Adeline E	16	HOMER-AK	25.81	5
3 Barkman, Madelyn		SOHI	25.84	4
4 Blanton-Yourkowski, Ella M	16	HOMER-AK	26.30	3
5 Hunt, Amalia		COLHS	26.37	2
6 Reese, Riley L	16	KCHS-AK	26.70	1
B - Final				
7 Fabich, Delta B	15	HOMER-AK	26.68	
8 Laasch-Gray, Katie E	17	COLHS	26.97	
9 Kloutunowich, Kaylin		WW-AK	27.36	
10 Butler, Elena	15	WW-AK	27.90	
11 Villamore, Kayla	16	UNAK-AK	28.42	
12 Villamor, Karina	16	UNAK-AK	28.94	

Event 8 Boys 50 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Evans, Ethan		SOHI	21.59	7
2 Spanos, Connor M	17	SHS-AK	22.15	5
3 Rolph, Owen		KCHS-AK	22.60	4
4 Sorensen, Sorin W	16	KCHS-AK	23.19	3
5 Fritsch, Trent J	15	CORD-AK	23.36	2
6 Hollingsworth, Hunter J	18	SHS-AK	23.59	1
B - Final				
7 Lee, Jaxson		PHS-AK	23.24	
8 Grinestaff, David		SOHI	23.94	
9 Tokalich, Aleks		COLHS	24.15	
10 Arndt, Micah K	16	KHS-AK	24.23	
11 Humbard, Lucas L	17	COLHS	24.34	
12 Lloyd, Kai	16	UNAK-AK	25.16	

Event 9 Girls 1 mtr Diving

Name	Age	School	Finals Score	
A - Final				
1 Mayer, Carrie	15	WW-AK	387.10	7
2 Coffman, Tyler		PHS-AK	359.60	5
3 Miller, Taylor		PHS-AK	349.60	4
4 Collins, Lily		WW-AK	349.00	3
5 Engebretsen, Lily		COLHS	318.55	2
6 Hrcir, Ally		PHS-AK	316.60	1
--- Penaloza, Bella M	17	KHS-AK	X297.60	
--- Dietz, Audrey		WW-AK	X296.75	

Event 10 Boys 1 mtr Diving

Name	Age	School	Finals Score	
A - Final				
1 Krozel, Eli	15	COLHS	455.15	7
2 Layman, Andrew		WW-AK	450.35	5
3 Reynolds, Kade		WW-AK	443.60	4
4 Campbell, Deshawn		WW-AK	366.10	3
5 Backus, Xander		COLHS	321.60	2
6 Bruce, Keith O	16	KHS-AK	319.25	1
--- Saltzgeber, Kaden		SOHI	X271.00	
--- Cole, Gage		WW-AK	X251.25	

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Event 11 Girls 100 Yard Butterfly

Name	Age	School	Finals Time	
A - Final				
1 Narog, Alison E	14	KHS-AK	1:00.59	7
28.81	31.78			
2 Berry, Adeline E	16	HOMER-AK	1:01.46	5
29.12	32.34			
3 Nelson, Taylor		COLHS	1:02.99	4
29.33	33.66			
4 Ferguson, Ally		PHS-AK	1:05.36	3
29.89	35.47			
5 Hunt, Amalia		COLHS	1:07.57	2
30.90	36.67			
6 Creglow, Katie		SOHI	1:09.11	1
30.61	38.50			
B - Final				
7 Anderson, Julia G	16	KCHS-AK	1:06.40	
29.92	36.48			
8 Palenske, Avery		COLHS	1:09.72	
31.05	38.67			
9 Olson, Aspen		PHS-AK	1:11.46	
33.10	38.36			
10 Butler, Elena	15	WW-AK	1:14.31	
34.32	39.99			
11 Overdorf, Olivia M	15	HOMER-AK	1:25.87	
39.86	46.01			
--- Dougherty, Wren R	15	SHS-AK	DQ	
35.57	43.91			

Event 12 Boys 100 Yard Butterfly

Name	Age	School	Finals Time	
A - Final				
1 Spanos, Connor M	17	SHS-AK	53.47	7
24.60	28.87			
2 Rolph, Owen		KCHS-AK	53.58	5
25.17	28.41			
3 Rodriguez, Skyler W	15	HOMER-AK	57.48	4
26.87	30.61			
4 Morris, Shane	16	UNAK-AK	57.64	3
27.24	30.40			
5 Dalrymple-Sorenson, Kaeson		PHS-AK	58.71	2
27.05	31.66			
6 Bjornn, Dakota		PHS-AK	1:00.70	1
28.63	32.07			
B - Final				
7 Sawyer, Stewart		PHS-AK	1:00.67	
27.18	33.49			
8 Skonberg, Aidan A	16	KHS-AK	1:02.24	
27.73	34.51			
9 Robertson, Feliix	16	COLHS	1:04.04	
28.77	35.27			
10 Jensen, Alex A	15	KHS-AK	1:04.66	
30.80	33.86			
11 Berga, Ethan		KCHS-AK	1:06.10	
30.35	35.75			
12 Spradling, Karsen		COLHS	1:10.49	
31.16	39.33			

Event 13 Girls 100 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Barrette, Joscelyn		COLHS	55.56	7
26.53	29.03			
2 Ferguson, Ally		PHS-AK	56.09	5
27.37	28.72			
3 Nicholson, Ashleigh G	18	KHS-AK	56.82	4
27.70	29.12			
4 Barkman, Madelyn		SOHI	56.86	3
27.00	29.86			
5 Kloutunowich, Kaylin		WW-AK	59.22	2
27.77	31.45			
6 Reese, Riley L	16	KCHS-AK	1:02.43	1
28.78	33.65			
B - Final				
7 Laasch-Gray, Katie E	17	COLHS	1:00.22	
28.38	31.84			
8 Juliussen, Alex		SOHI	1:00.50	
29.37	31.13			
9 Collier, Jady		PHS-AK	1:04.19	
30.60	33.59			
10 Villamore, Kayla	16	UNAK-AK	1:04.44	
30.79	33.65			
11 Villamor, Karina	16	UNAK-AK	1:05.46	
30.93	34.53			
12 Anderson, Kaylin J	15	HOMER-AK	1:05.56	
31.93	33.63			

Event 14 Boys 100 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Kolberg, Konnor D	17	COLHS	49.37	7
23.48	25.89			
2 Lee, Jaxson		PHS-AK	51.12	5
24.03	27.09			
3 Hollingsworth, Hunter J	18	SHS-AK	51.75	4
24.23	27.52			
4 Arndt, Micah K	16	KHS-AK	52.81	3
25.20	27.61			
5 Grinestaff, David		SOHI	53.69	2
25.67	28.02			
6 Tokalich, Aleks		COLHS	53.78	1
25.36	28.42			
B - Final				
7 Alioto, Dominic J		KCHS-AK	52.66	
31.71	20.95			
8 Humbard, Lucas L	17	COLHS	53.54	
31.31	22.23			
9 Rodriguez, Skyler W	15	HOMER-AK	54.53	
31.81	22.72			
10 Pitka, Nathan		SOHI	55.00	
31.11	23.89			
11 Vangorder, Kristofer		COLHS	55.63	
32.68	22.95			
12 Hill, Paxton M	15	SHS-AK	55.65	
32.57	23.08			

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Event 15 Girls 500 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Pitsch, Rachael		KCHS-AK	5:37.81	7
	29.98	33.28	34.08	34.08
	34.23	34.19	34.58	34.85
	34.84	33.70		
2 Snyder, Madison		SOHI	5:45.45	5
	30.50	33.70	34.41	34.98
	35.34	35.70	35.70	35.96
	35.97	33.19		
3 Hubert, Emily L	18	KHS-AK	5:58.67	4
	31.56	35.19	36.27	36.83
	36.07	36.86	37.28	36.51
	36.79	35.31		
4 Johnson, Bristol A	14	HOMER-AK	6:04.25	3
	32.23	35.94	37.59	37.99
	38.56	37.06	37.21	37.39
	36.36	33.92		
5 Settle, Amaretta		COLHS	6:04.91	2
	31.91	35.47	36.86	37.07
	37.01	36.60	37.80	37.84
	38.19	36.16		
6 Beck, Olivia		PHS-AK	6:15.08	1
	32.01	35.08	36.18	36.89
	38.46	38.46	39.50	39.74
	39.86	38.90		
B - Final				
7 Overdorf, Hannah M	14	HOMER-AK	6:11.85	
	33.18	37.41	37.25	37.94
	38.57	38.34	38.23	38.49
	37.30	35.14		
8 McDonald, Madison		KCHS-AK	6:11.86	
	33.16	37.25	37.35	37.72
	38.32	38.66	38.27	38.74
	37.46	34.93		
9 Pettit, Kyra		PHS-AK	6:21.74	
	32.83	38.13	39.48	39.88
	39.25	38.74	40.31	38.63
	38.62	35.87		
10 Spence, Rachel		SOHI	6:35.47	
	35.92	39.48	38.88	40.38
	39.20	40.27	40.20	40.42
	41.57	39.15		
11 Goss, Madeline E	16	WW-AK	6:37.40	
	35.64	39.50	40.31	41.21
	40.91	40.98	41.18	40.40
	39.38	37.89		
12 Wedekind, Jeanine		COLHS	6:39.54	
	33.48	39.79	40.21	39.79
	40.66	40.70	42.45	42.62
	41.40	38.44		

Event 16 Boys 500 Yard Freestyle

Name	Age	School	Finals Time	
A - Final				
1 Rocheleau, Ian M	16	KHS-AK	4:57.44	7
	25.64	28.77	30.26	30.01
	30.64	30.64	30.52	30.88
	30.63	29.45		
2 Poulin, Koda R	15	KCHS-AK	5:01.74	5
	26.35	28.89	29.34	29.97
	30.80	31.10	30.99	32.04
	31.81	30.45		
3 Fritsch, Trent J	15	CORD-AK	5:07.67	4
	25.81	28.89	30.69	31.22
	32.09	32.28	31.73	32.15
	32.24	30.57		
4 Huff, Aiden T	17	KCHS-AK	5:40.08	3
	30.85	33.17	33.80	35.39
	35.38	35.70	35.31	35.05
	33.75	31.68		
5 Woodring, Hayden		COLHS	5:43.28	2
	28.71	31.90	33.41	34.37
	35.17	35.37	36.36	36.01
	36.77	35.21		
6 Belliston, Tyler		COLHS	5:57.30	1
	31.20	34.51	34.66	35.62
	36.66	37.14	37.05	37.61
	36.80	36.05		
B - Final				
7 Spradling, Karsen		COLHS	6:08.80	
	31.70	35.66	37.67	38.99
	37.36	38.09	37.77	38.25
	38.08	35.23		
8 Sonnenberg, Connor		COLHS	6:10.07	
	30.39	33.15	36.39	38.27
	38.94	40.06	38.90	38.76
	38.61	36.60		
9 Fry, Hunter C	14	SHS-AK	6:21.35	
	32.91	37.08	37.59	39.13
	40.01	39.37	39.60	40.14
	39.33	36.19		
10 Ruda, Lucas		PHS-AK	6:26.35	
	31.35	34.20	39.06	39.07
	40.04	41.26	41.09	41.63
	41.10	37.55		
11 Hartman, Liam		SOHI	8:03.24	
	36.93	41.94	47.42	49.83
	50.61	51.77	51.19	51.57
	52.98	49.00		
Event 17 Girls 200 Yard Freestyle Relay				
Team	Relay		Finals Time	
Finals				
1 HOMER-AK	A		1:43.50	14
	1) Berry, Adeline E 16	2) Story, Madison C 16		
	3) Blanton-Yourkowski, Ella M 16	4) Fabich, Delta B 15		
	26.05	24.84	26.22	26.39

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Finals ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time		
2 SOHI	A	1:45.30	10	
1) Snyder, Madison	2) Juliussen, Alex			
3) Creglow, Katie	4) Barkman, Madelyn			
27.09	27.08	26.29	24.84	
3 COLHS	A	1:45.36	8	
1) Nelson, Taylor	2) Hunt, Amalia			
3) Laasch-Gray, Katie E 17	4) Barrette, Joscelyn			
25.93	27.46	26.30	25.67	
4 KHS-AK	A	1:49.21	6	
1) Rogers, Addi T 15	2) Rogers, Kayleigh K 14			
3) Hubert, Emily L 18	4) Nicholson, Ashleigh G 18			
27.02	27.96	28.41	25.82	
5 PHS-AK	A	1:50.70	4	
1) Beck, Maria	2) Olson, Aspen			
3) Beck, Olivia	4) Ferguson, Ally			
27.11	28.57	28.57	26.45	
6 KCHS-AK	A	1:54.07	2	
1) Anderson, Julia G 16	2) McDonald, Madison			
3) Pitsch, Rachael	4) Reese, Riley L 16			
28.16	30.19	28.13	27.59	

Event 18 Boys 200 Yard Freestyle Relay

Team	Relay	Finals Time		
Finals				
1 KCHS-AK	A	1:32.65	14	
1) Rolph, Owen	2) Sorensen, Sorin W 16			
3) Bagley, Trevor R	4) Poulin, Koda R 15			
22.86	22.81	23.28	23.70	
2 SHS-AK	A	1:33.56	10	
1) Hollingsworth, Hunter J 18	2) Hill, Paxton M 15			
3) Moriarty, John J 17	4) Spanos, Connor M 17			
23.32	24.14	24.49	21.61	
3 PHS-AK	A	1:37.32	8	
1) Dalrymple-Sorenson, Kaeson	2) Bjornn, Dakota			
3) Sawyer, Stewart	4) Lee, Jaxson			
25.00	24.17	25.00	23.15	
4 COLHS	A	1:40.74	6	
1) Humbard, Lucas L 17	2) Robertson, Felix 16			
3) St. Germain, Bladen	4) Vangorder, Kristofer			
24.42	25.84	25.57	24.91	
5 CORD-AK	A	1:42.09	4	
1) Carrillo, Kaleb M 17	2) Beckett, Ethan S 17			
3) Sorenson, Wyatt R 14	4) Fritsch, Trent J 15			
26.04	25.93	26.57	23.55	
6 UNAK-AK	A	1:45.95	2	
1) Morris, Shane 16	2) Tungul, Kyle 16			
3) Be, Bao 16	4) Lloyd, Kai 16			
25.63	28.57	26.99	24.76	

Event 19 Girls 100 Yard Backstroke

Name	AgeSchool	Finals Time		
A - Final				
1 Rogness, Josephine	COLHS	1:03.40	7	
30.25	33.15			
2 Barrette, Joscelyn	COLHS	1:03.89	5	
31.00	32.89			

3 Blanton-Yourkowski, Ella M	16 HOMER-AK	1:04.86	4	
31.40	33.46			
4 Beck, Maria	PHS-AK	1:07.85	3	
32.88	34.97			
5 Rogers, Addi T	15 KHS-AK	1:09.20	2	
33.60	35.60			
6 Anderson, Kaylin J	15 HOMER-AK	1:09.92	1	
34.25	35.67			
B - Final				
7 Anderson, Julia G	16 KCHS-AK	1:09.98		
33.89	36.09			
8 Nowers, Hannah	PHS-AK	1:11.24		
34.65	36.59			
9 Settle, Amaretta	COLHS	1:11.61		
34.79	36.82			
10 Olson, Aspen	PHS-AK	1:13.34		
36.38	36.96			
11 Rice, Makayla	15 WW-AK	1:13.91		
35.89	38.02			
12 Spence, Rachel	SOHI	1:18.80		
38.12	40.68			

Event 20 Boys 100 Yard Backstroke

Name	AgeSchool	Finals Time		
A - Final				
1 Cowin, Jonathan	16 COLHS	53.72	7	
25.65	28.07			
2 Sorensen, Sorin W	16 KCHS-AK	1:00.83	5	
28.97	31.86			
3 Anderson, Samuel	KCHS-AK	1:03.18	4	
31.11	32.07			
4 Storms, Brock	KCHS-AK	1:05.07	3	
31.79	33.28			
5 Murray, Tyler	PHS-AK	1:07.49	2	
32.09	35.40			
6 Minder, Bryce	17 COLHS	1:10.00	1	
33.91	36.09			
B - Final				
7 Sorenson, Wyatt R	14 CORD-AK	1:08.53		
1:02.49	6.04			
8 Van Dyke, Kody	SOHI	1:11.51		
1:03.25	8.26			
9 Collins, Noah	14 CORD-AK	1:15.98		
1:04.77	11.21			
10 Tungul, Kyle	16 UNAK-AK	1:16.68		
51.00	25.68			
11 Whitmer, Taten	16 COLHS	1:18.79		
1:05.62	13.17			
12 Brown, Crimson M	15 KHS-AK	1:19.53		
1:06.17	13.36			

Event 21 Girls 100 Yard Breaststroke

Name	AgeSchool	Finals Time		
A - Final				
1 Jacoby, Lydia A	15 SHS-AK	1:01.93	7	
29.41	32.52			
2 Story, Madison C	16 HOMER-AK	1:06.42	5	
31.28	35.14			

2019 Region III Swimming and Diving - 10/31/2019 to 11/2/2019

Results - Finals Swimming/Diving

A - Final ... (Event 21 Girls 100 Yard Breaststroke)

Name	Age	School	Finals Time	
3 Biederman, Jasmine		COLHS	1:09.03	4
	33.02	36.01		
4 Spear, Leslie A	17	KHS-AK	1:09.44	3
	32.59	36.85		
5 Creglow, Katie		SOHI	1:12.69	2
	34.55	38.14		
6 Beck, Maria		PHS-AK	1:13.42	1
	33.80	39.62		

B - Final

7 Rankin, Sasha	16	UNAK-AK	1:17.08	
	36.04	41.04		
8 Miller, Hartley J	15	HOMER-AK	1:17.18	
	36.53	40.65		
9 Mullaly, Kylie E	16	SHS-AK	1:19.17	
	37.79	41.38		
10 Rogers, Kayleigh K	14	KHS-AK	1:20.16	
	37.54	42.62		
11 Twing, Samantha		PHS-AK	1:21.78	
	37.37	44.41		
12 Watkins, Deloma		SOHI	1:23.96	
	39.78	44.18		

Event 22 Boys 100 Yard Breaststroke

Name	Age	School	Finals Time	
A - Final				
1 Evans, Ethan		SOHI	58.30	7
	26.90	31.40		
2 Carver, Nick A	15	KHS-AK	1:01.11	5
	28.14	32.97		
3 Bagley, Trevor R		KCHS-AK	1:01.30	4
	28.24	33.06		
4 Kolberg, Karson W	14	COLHS	1:03.76	3
	29.59	34.17		
5 Bjornn, Dakota		PHS-AK	1:11.32	2
	33.36	37.96		
6 Dunford, Caden		PHS-AK	1:11.36	1
	33.00	38.36		

B - Final

7 Wright, John		KCHS-AK	1:13.02	
	34.45	38.57		
8 Be, Bao	16	UNAK-AK	1:14.30	
	34.41	39.89		
9 Vangorder, Kristofer		COLHS	1:15.73	
	35.87	39.86		
10 Wilkinson, Emmet P	17	HOMER-AK	1:16.21	
	37.51	38.70		
11 Nollar, Lucas A	14	HOMER-AK	1:18.58	
	37.21	41.37		
12 Carrillo, Kaleb M	17	CORD-AK	1:21.16	
	37.28	43.88		

Event 23 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time	
Finals			
1 KHS-AK	A	3:48.84	14
1) Narog, Alison E 14	2) Rogers, Addi T 15		
3) Nicholson, Ashleigh G 18	4) Spear, Leslie A 17		
	26.98 55.11 28.22 59.08		
	27.67 57.76 27.15 56.89		
2 SOHI	A	3:52.44	10
1) Snyder, Madison	2) Juliussen, Alex		
3) Creglow, Katie	4) Barkman, Madelyn		
	28.41 59.06 28.60 59.54		
	27.25 57.98 26.18 55.86		
3 COLHS	A	3:55.56	8
1) Laasch-Gray, Katie E 17	2) Rogness, Josephine		
3) Palenske, Avery	4) Hunt, Amalia		
	27.84 59.64 27.75 58.11		
	28.63 59.37 27.29 58.44		
4 WW-AK	A	4:18.59	6
1) Goss, Madeline E 16	2) Butler, Elena 15		
3) Rice, Makayla 15	4) Kloutunowich, Kaylin		
	32.41 1:08.19 30.14 1:03.85		
	31.99 1:06.77 27.74 59.78		
5 KCHS-AK	A	4:22.87	4
1) Johnson, Sydney	2) Pitsch, Rachael		
3) McDonald, Madison	4) Anderson, Julia G 16		
	34.52 1:14.71 25.35 58.15		
	31.94 1:07.95 29.27 1:02.06		
--- HOMER-AK	A		DQ
1) Blanton-Yourkowski, Ella M 16	2) Fabich, Delta B 15		
3) Johnson, Bristol A 14	4) Anderson, Kaylin J 15		
	27.81 58.12 28.83 59.85		
	28.88 1:01.95 29.76 1:03.02		

Event 24 Boys 400 Yard Freestyle Relay

Team	Relay	Finals Time	
Finals			
1 COLHS	A	3:23.19	14
1) Cowin, Jonathan 16	2) Kolberg, Karson W 14		
3) Tokalich, Aleks	4) Kolberg, Konnor D 17		
	24.60 51.15 24.61 51.11		
	24.30 52.34 22.82 48.59		
2 KHS-AK	A	3:24.71	10
1) Rocheleau, Ian M 16	2) Skonberg, Aidan A 16		
3) Arndt, Micah K 16	4) Krug, Jackson L 15		
	23.88 49.28 25.19 54.12		
	24.77 52.16 23.57 49.15		
3 SHS-AK	A	3:31.50	8
1) Spanos, Connor M 17	2) Hill, Paxton M 15		
3) Moriarty, John J 17	4) Hollingsworth, Hunter J 18		
	23.60 49.19 26.73 55.75		
	25.70 55.21 23.89 51.35		
4 PHS-AK	A	3:37.15	6
1) Lee, Jaxson	2) Bjornn, Dakota		
3) Sawyer, Stewart	4) Dalrymple-Sorenson, Kaeson		
	25.01 52.62 26.51 55.35		
	26.55 56.39 25.48 52.79		

2019 Region III Swimming and Diving - 10/31/2019 to 11/2/2019

Results - Finals Swimming/Diving

Finals ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay	Finals Time
5 SOHI	A	3:37.42 4
1) Grinestaff, David	2) Van Dyke, Kody	
3) Pitka, Nathan	4) Evans, Ethan	
26.77 55.84	17.69 57.30	
25.77 55.62	22.99 48.66	
--- KCHS-AK	A	DQ
1) Alioto, Dominic J	2) Storms, Brock	
3) Anderson, Samuel	4) Wright, John	
26.08 53.45	27.91 58.37	
27.99 57.16	27.07 57.69	

Combined Team Scores

Combined Team Scores - Through Event 24

1. Colony High School	145
2. Kodiak High School	114
3. Kenai Central High School	95
4. Homer High School	70
5. Palmer High Swim and Dive	67
6. Soldotna High School	58
7. Seward High School Swim Team	54
8. Wasilla High School	30
9. Cordova High School Swim Team	10
10. Unalaska City School District	7

Scores - Women

Women - Team Rankings - Through Event 24

1. Colony High School	80
2. Kodiak High School	64
3. Homer High School	58
4. Soldotna High School	38
5. Palmer High Swim and Dive	33
6. Kenai Central High School	19
7. Wasilla High School	18
8. Seward High School Swim Team	16
9. Unalaska City School District	2

Scores - Men

Men - Team Rankings - Through Event 24

1. Kenai Central High School	76
2. Colony High School	65
3. Kodiak High School	50
4. Seward High School Swim Team	38
5. Palmer High Swim and Dive	34
6. Soldotna High School	20
7. Wasilla High School	12
7. Homer High School	12
9. Cordova High School Swim Team	10
10. Unalaska City School District	5