

2019 Region VI Championships - 10/31/2019 to 11/2/2019

Psych Sheet

Event 1 Girls 200 Yard Medley Relay

Reg VI Meet: 1:52.63 1998	Lathrop High School
C.Paskvan, H. King, L. Rogers, M. Reeves	
Region VI: 1:49.53 1995	Lathrop High School
N. Paskvan, H. King, P. Nash, J. Sampson	
State Record: 1:46.75 2014	Juneau Douglas High School
C. Kelly, D. Isaak, M. Ruffin, R. Walsh	

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	1:55.80
1) Eppinger, Patty V SR	2) Benson, Juliette M SO	
3) Shank, Asyia M SO	4) McCallum, Meah E FR	
5) Billings, Heidi R JR	6) Bristor, Samantha S FR	
7) Secor, Blaque I FR	8) Dixon, Tatelyn A FR	
2 HHS-AK	A	2:03.52
1) Drake, Raven SR	2) Bodyfelt, Adryahn SR	
3) Welsh, Cassidy SO	4) McCallum, Shannon SR	
5) Menadelook, Brianna SO	6) Gregor, Anne FR	
7) Halbrooks, Estelle SR		
3 NPHS-AK	A	2:06.44
1) Conley, Annie SR	2) Lowry, Hannah FR	
3) Rodgers, Jaiden SR	4) Murrah, Lylah FR	
5) Study, Laura SO	6) Young, Cadence SO	
7) Umphenour, Shyler SR	8) Brownwood, Allison FR	
4 Bucs-AK	A	2:09.05
1) Keller, Grace SR	2) Lovell, Billi FR	
3) Ditman, Blythe FR	4) O'Neil, Madeline FR	
5) Petersen, Kali SO	6) Price, Anna JR	
7) Keller, Ginger FR		
5 LHS-AK	A	2:11.63
1) Day, Katie SR	2) Hayes, Mandy JR	
3) Erdman, Cassie SR	4) Kegley, Carol FR	
6 BRHS	A	2:35.50
1) Stanley, Julian SR	2) Sundown, Haley JR	
3) Whitney, Elenor FR	4) Whitney, Greta JR	

Event 2 Boys 200 Yard Medley Relay

Reg VI Meet: 1:40.38 2009	Lathrop High School
P. Martinez, K. Severns, C. Edsell, L. Hanneman	
Region VI: 1:37.71 1993	Lathrop High School
J Rogers, M Meenhaghan, R Blume-Kohout, S Taylor	
State Record: 1:34.00 2018	Service High School
B. Jarupakorn, T. Wisdom, I. Sands, C. Law	

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	1:46.45
1) Maio, Vincent C SO	2) Hunt, Ezra B SO	
3) Quayle, River M SO	4) Johns, Aiden A SR	
5) Fox, Logan B JR	6) Billings, Ezra T JR	
7) Harnum, Kyan E FR	8) Dennis, Gabriel J SO	
2 Bucs-AK	A	1:46.71
1) Shirk, Piers FR	2) Prevost, Jeffrey JR	
3) Randall, Chase JR	4) Silveira, Isaiah JR	
5) Mishmash, Fisher FR	6) Clubb, Levi SO	
7) Norris, Sam SR	8) Woods, Kalin SR	
3 NPHS-AK	A	1:48.99
1) Banaszewski, Matthew SR	2) Conley, Patrick FR	
3) Johnson, Derick SR	4) Rodgers, Travon SO	
5) Freeman, Dawson FR	6) Lormore, Aiden FR	
7) Johnson, Kaleb JR	8) Ford, Jonathan SO	

4 HHS-AK	A	1:53.53
1) Werdin-Kennicot, Sebiyam JR	2) Vollmer, Max FR	
3) Gregor, Riley SR	4) Pahkamaa, Jacoppi SO	
5) Bateman, Carter JR	6) Johnson, Barrett SR	
7) Jordan, Isaac JR		
5 BRHS	A	2:06.70
1) Dela Cruz, Rio SR	2) Crace, Dillan JR	
3) Mortensen, Eli JR	4) Shults, Jaeden SR	

Event 3 Girls 200 Yard Freestyle

Reg VI Meet: 1:55.93 2001	Felina Rosadiuk		
Region VI: 1:53.25 2003	Felina Rosadiuk		
State Record: 1:50.02 2007	Megan Cavanaugh		
Name	Yr	School	Seed Time
1 McCallum, Shannon	SR	HHS-AK	2:04.59
2 McCallum, Meah E	FR	Wvhs-Ak-AK	2:06.52
3 Wendt, Timberlyn	SO	LHS-AK	2:11.03
4 Bailey, Ella	SR	LHS-AK	2:12.29
5 White, Lauren	JR	Monroe-AK	2:15.77
6 Drake, Raven	SR	HHS-AK	2:17.70
7 Carter, Kylee A	JR	Wvhs-Ak-AK	2:20.04
8 Young, Cadence	SO	NPHS-AK	2:22.18
9 Whisler, Riley R	SO	Wvhs-Ak-AK	2:26.14
10 Conley, Annie	SR	NPHS-AK	2:27.77
11 Beks, Margaretha	JR	NPHS-AK	2:36.17
12 Fleagle, Emily	JR	NPHS-AK	2:41.06
13 Hayes, Mandy	JR	LHS-AK	2:45.05
14 Asher, Alley C	SO	Wvhs-Ak-AK	2:59.82

Event 4 Boys 200 Yard Freestyle

Reg VI Meet: 1:44.85 2017	Alex Suleimani		
Region VI: 1:42.09 2017	Alex Suleimani		
State Record: 1:39.78 2016	Talon Lindquist		
Name	Yr	School	Seed Time
1 Harnum, Kyan E	FR	Wvhs-Ak-AK	1:53.96
2 Johnson, Derick	SR	NPHS-AK	1:55.77
3 Werdin-Kennicot, Sebiyam	JR	HHS-AK	1:58.53
4 Johns, Aiden A	SR	Wvhs-Ak-AK	2:08.46
5 Mishmash, Fisher	FR	Bucs-AK	2:10.43
6 Vollmer, Max	FR	HHS-AK	2:11.22
7 Pahkamaa, Jacoppi	SO	HHS-AK	2:12.57
8 Hunt, Ezra B	SO	Wvhs-Ak-AK	2:14.69
9 Norris, Sam	SR	Bucs-AK	2:15.15
10 Mills, Brock	FR	HHS-AK	2:16.55

Event 5 Girls 200 Yard IM

Reg VI Meet: 2:09.87 1999	Chelsea Paskvan		
Region VI: 2:08.00 1996	Heather King		
State Record: 2:03.61 2014	Tahna Lindquist		
Name	Yr	School	Seed Time
1 Bristor, Samantha S	FR	Wvhs-Ak-AK	2:17.05
2 Eppinger, Patty V	SR	Wvhs-Ak-AK	2:20.52
3 Benson, Juliette M	SO	Wvhs-Ak-AK	2:21.99
4 Lovell, Billi	FR	Bucs-AK	2:25.41
5 Dixon, Tatelyn A	FR	Wvhs-Ak-AK	2:26.92
6 Murrah, Lylah	FR	NPHS-AK	2:27.90
7 Bodyfelt, Adryahn	SR	HHS-AK	2:35.84
8 Brownwood, Allison	FR	NPHS-AK	2:43.78
9 Whitney, Elenor	FR	BRHS	2:52.80

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Event 5 ...(Girls 200 Yard IM)

Name	Yr	School	Seed Time
10 Banaszewski, Alina	FR	NPHS-AK	3:09.25
11 Earthman, Ava	SR	NBHS	NT
12 Leon, Charity	JR	NPHS-AK	NT

Event 6 Boys 200 Yard IM

Name	Yr	School	Seed Time
1 Fox, Logan B	JR	Wvhs-Ak-AK	2:04.95
2 Randall, Chase	JR	Bucs-AK	2:11.84
3 Prevost, Jeffrey	JR	Bucs-AK	2:17.67
4 Quayle, River M	SO	Wvhs-Ak-AK	2:28.49
5 Crace, Dillan	JR	BRHS	2:29.90
6 Bateman, Carter	JR	HHS-AK	2:34.55
7 Freeman, Dawson	FR	NPHS-AK	2:37.52
8 Mills, Brock	FR	HHS-AK	2:38.62

Event 7 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time
1 McCarter, Katy	JR	LHS-AK	25.03
2 Secor, Blaque I	FR	Wvhs-Ak-AK	26.33
3 Schachle, Victoria	SR	Monroe-AK	26.87
4 Rodgers, Jaiden	SR	NPHS-AK	27.51
5 Menadelook, Brianna	SO	HHS-AK	28.29
6 O'Neil, Madeline	FR	Bucs-AK	28.51
7 Ditman, Blythe	FR	Bucs-AK	28.69
8 Lent, Rebecca K	FR	Wvhs-Ak-AK	29.32
9 Price, Anna	JR	Bucs-AK	29.57
10 Day, Katie	SR	LHS-AK	29.61
11 Spillane, Aubrey R	JR	Wvhs-Ak-AK	29.99
12 Erdman, Cassie	SR	LHS-AK	30.06
13 Study, Laura	SO	NPHS-AK	30.16
14 Petersen, Kali	SO	Bucs-AK	31.22
15 Vincent, Tara	SR	NPHS-AK	32.44
16 Stanley, Julian	SR	BRHS	35.77
17 Jones, Chelonia	JR	BRHS	36.76
18 Whitney, Greta	JR	BRHS	37.80
19 Lambries, Kylie	SO	NPHS-AK	38.03
20 Kegley, Carol	FR	LHS-AK	38.24
21 Coss, Sarah A	JR	Wvhs-Ak-AK	39.66
22 Burgess, Rachek	JR	NBHS	NT
23 Smith, Katlyn	JR	NBHS	NT

Event 8 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Billings, Ezra T	JR	Wvhs-Ak-AK	22.39
2 Rodgers, Travon	SO	NPHS-AK	22.79
3 Silveira, Isaiah	JR	Bucs-AK	23.84
4 Maio, Vincent C	SO	Wvhs-Ak-AK	24.32

5 Banaszewski, Matthew	SR	NPHS-AK	25.31
6 Rajaram, Scion	JR	LHS-AK	25.80
7 Flemming, Jeremiah	SR	BEHS-AK	25.99
8 Martin, Luke	JR	LHS-AK	26.29
9 Johnson, Barrett	SR	HHS-AK	26.38
10 Shults, Jaeden	SR	BRHS	26.48
11 Mortensen, Eli	JR	BRHS	26.52
12 DeVault, Richard	SO	LHS-AK	26.52
13 Woods, Kalin	SR	Bucs-AK	26.86
14 Rolland, Enzo B	SO	Wvhs-Ak-AK	27.09
15 Norris, Sam	SR	Bucs-AK	27.19
16 Johnson, Braden S	JR	Wvhs-Ak-AK	28.19
17 McDaniel, Jadyne	SR	HHS-AK	29.18
18 Johnson, Kaleb	JR	NPHS-AK	29.68
19 Walsh, Preston	JR	Monroe-AK	30.13
20 Eames, Beckett	SO	LHS-AK	30.22
21 Dela Cruz, Rio	SR	BRHS	31.24

Event 9 Girls 1 mtr Diving

Name	Yr	School	Seed Time
1 Greene, Grace	FR	HHS-AK	224.45
2 Curtis, Alison G	JR	Wvhs-Ak-AK	66.20

Event 10 Boys 1 mtr Diving

Name	Yr	School	Seed Time
1 Lambert, Corbin	JR	LHS-AK	145.05
2 West, Ezra M	SO	Wvhs-Ak-AK	101.95

Event 11 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Billings, Heidi R	JR	Wvhs-Ak-AK	1:00.32
2 Cook, Jeannie M	SO	Monroe-AK	1:03.55
3 Shank, Asyia M	SO	Wvhs-Ak-AK	1:04.93
4 Welsh, Cassidy	SO	HHS-AK	1:06.00
5 Bailey, Ella	SR	LHS-AK	1:10.86
6 Hrinko, Madison C	SR	Wvhs-Ak-AK	1:10.87
7 Rodgers, Jaiden	SR	NPHS-AK	1:10.97
8 Study, Laura	SO	NPHS-AK	1:15.84
9 Whitney, Elenor	FR	BRHS	1:18.90
10 Whisler, Riley R	SO	Wvhs-Ak-AK	1:23.28
11 Lambries, Casey	JR	NPHS-AK	1:27.50
12 Vincent, Tara	SR	NPHS-AK	1:28.17

Event 12 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Randall, Chase	JR	Bucs-AK	57.55
2 Rodgers, Travon	SO	NPHS-AK	58.42

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Event 12 ... (Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time
3 Maio, Vincent C	SO	Wvhs-Ak-AK	59.33
4 Gregor, Riley	SR	HHS-AK	59.72
5 Dennis, Gabriel J	SO	Wvhs-Ak-AK	1:00.13
6 Quayle, River M	SO	Wvhs-Ak-AK	1:05.81
7 Martin, Luke	JR	LHS-AK	1:07.73
8 Lormore, Aiden	FR	NPHS-AK	1:10.54

Event 13 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time
1 McCarter, Katy	JR	LHS-AK	53.84
2 Secor, Blaque I	FR	Wvhs-Ak-AK	57.84
3 Bristol, Samantha S	FR	Wvhs-Ak-AK	57.87
4 Greenwell, Adissen	FR	Wvhs-Ak-AK	1:01.78
5 O'Neil, Madeline	FR	Bucs-AK	1:02.45
6 Lowry, Hannah	FR	NPHS-AK	1:03.04
7 Johnson, Greta F	JR	Wvhs-Ak-AK	1:03.67
8 Ditman, Blythe	FR	Bucs-AK	1:04.44
9 Brownwood, Allison	FR	NPHS-AK	1:04.86
10 Price, Anna	JR	Bucs-AK	1:05.59
11 Umphenour, Shyler	SR	NPHS-AK	1:08.21
12 Gregor, Anne	FR	HHS-AK	1:08.53
13 Sundown, Haley	JR	BRHS	1:15.70
14 Keller, Ginger	FR	Bucs-AK	1:17.47
15 Kegley, Carol	FR	LHS-AK	1:23.35

Event 14 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Billings, Ezra T	JR	Wvhs-Ak-AK	49.89
2 Harnum, Kyan E	FR	Wvhs-Ak-AK	50.37
3 Shirk, Piers	FR	Bucs-AK	54.77
4 Rajaram, Scion	JR	LHS-AK	56.83
5 Pahkamaa, Jacoppi	SO	HHS-AK	58.29
6 Dupee, Ron	JR	LHS-AK	58.73
7 DeVault, Richard	SO	LHS-AK	58.83
8 Johns, Aiden A	SR	Wvhs-Ak-AK	59.10
9 Shults, Jaeden	SR	BRHS	59.17
10 Jordan, Isaac	JR	HHS-AK	59.41
11 Mortensen, Eli	JR	BRHS	1:00.20
12 Johnson, Barrett	SR	HHS-AK	1:01.44
13 Rolland, Enzo B	SO	Wvhs-Ak-AK	1:04.05
14 Ford, Jonathan	SO	NPHS-AK	1:07.05
15 Eames, Beckett	SO	LHS-AK	1:08.83
16 Woods, Kalin	SR	Bucs-AK	1:09.09
17 Walsh, Preston	JR	Monroe-AK	1:10.22
18 Lormore, Aiden	FR	NPHS-AK	NT

Event 15 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time
1 McCallum, Meah E	FR	Wvhs-Ak-AK	5:31.48
2 Welsh, Cassidy	SO	HHS-AK	5:31.76
3 White, Lauren	JR	Monroe-AK	5:59.06
4 Carter, Kylee A	JR	Wvhs-Ak-AK	6:05.85
5 Beshears, Makenna E	FR	Wvhs-Ak-AK	6:06.17
6 Young, Cadence	SO	NPHS-AK	6:14.85
7 Lent, Rebecca K	FR	Wvhs-Ak-AK	6:32.67
8 Beks, Margaretha	JR	NPHS-AK	6:45.66
9 Fleagle, Emily	JR	NPHS-AK	7:11.36

Event 16 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Fox, Logan B	JR	Wvhs-Ak-AK	5:00.27
2 Conley, Patrick	FR	NPHS-AK	5:12.49
3 Werdin-Kennicot, Sebiyam	JR	HHS-AK	5:12.51
4 Mishmash, Fisher	FR	Bucs-AK	5:51.12
5 Clubb, Levi	SO	Bucs-AK	6:06.06
6 Freeman, Dawson	FR	NPHS-AK	6:12.72

Event 17 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	1:45.99
1) Eppingher, Patty V SR	2) Shank, Asyia M SO	
3) Secor, Blaque I FR	4) Bristol, Samantha S FR	
5) Benson, Juliette M SO	6) McCallum, Meah E FR	
7) Dixon, Tatelyn A FR	8) Greenwell, Adissen FR	
2 LHS-AK	A	1:51.21
1) Wendt, Timberlyn SO	2) Day, Katie SR	
3) Bailey, Ella SR	4) McCarter, Katy JR	
5) Erdman, Cassie SR	6) Hayes, Mandy JR	
3 NPHS-AK	A	1:51.45
1) Umphenour, Shyler SR	2) Young, Cadence SO	
3) Vincent, Tara SR	4) Study, Laura SO	
5) Banaszewski, Alina FR	6) Brownwood, Allison FR	
7) Fleagle, Emily JR	8) Leon, Charity JR	
4 HHS-AK	A	1:51.90
1) Menadelook, Brianna SO	2) Gregor, Anne FR	
3) Halbrooks, Estelle SR	4) Bodyfelt, Adryahn SR	
5 Bucs-AK	A	1:53.87
1) Ditman, Blythe FR	2) Keller, Grace SR	
3) O'Neil, Madeline FR	4) Lovell, Billi FR	
5) Price, Anna JR	6) Petersen, Kali SO	
7) Keller, Ginger FR		

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Event 17 ... (Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time
6 BRHS	A	2:19.75
1) Jones, Chelonia JR	2) Sundown, Haley JR	
3) Whitney, Greta JR	4) Whitney, Elenor FR	

Event 18 Boys 200 Yard Freestyle Relay

Reg VI Meet:	1:31.21	2002	Lathrop High School
T. Williams, C. Humphrey, C. Severns, S. Wolfe			
Region VI:	1:27.42	2003	Lathrop High School
T. Williams, C. Humphrey, M. Becker, S. Wolfe			
State Record:	1:25.47	2018	Service High School
B. Jarupakorn, I. Sands, A. Carpenter, C. Law			

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	1:32.79
1) Fox, Logan B JR	2) Dennis, Gabriel J SO	
3) Harnum, Kyan E FR	4) Billings, Ezra T JR	
5) Maio, Vincent C SO	6) Johns, Aiden A SR	
7) Hunt, Ezra B SO	8) Quayle, River M SO	
2 NPHS-AK	A	1:36.39
1) Johnson, Derick SR	2) Banaszewski, Matthew SR	
3) Conley, Patrick FR	4) Rodgers, Travon SO	
5) Johnson, Kaleb JR	6) Ford, Jonathan SO	
7) Freeman, Dawson FR	8) Lormore, Aiden FR	
3 Bucs-AK	A	1:37.10
1) Silveira, Isaiah JR	2) Shirk, Piers FR	
3) Prevost, Jeffrey JR	4) Randall, Chase JR	
5) Mishmash, Fisher FR	6) Norris, Sam SR	
7) Woods, Kalin SR	8) Clubb, Levi SO	
4 HHS-AK	A	1:41.14
1) Jordan, Isaac JR	2) Bateman, Carter JR	
3) Mills, Brock FR	4) Johnson, Barrett SR	
5) McDaniel, Jady SR		
5 LHS-AK	A	1:45.35
1) Martin, Luke JR	2) Dupee, Ron JR	
3) DeVault, Richard SO	4) Rajaram, Scion JR	
5) Birkholz, Bradley FR	6) Eames, Beckett SO	
6 BRHS	A	1:54.60
1) Dela Cruz, Rio SR	2) Crace, Dillan JR	
3) Mortensen, Eli JR	4) Shults, Jaeden SR	

Event 19 Girls 100 Yard Backstroke

Reg VI Meet:	1:00.22	2001	Casey Woster
Region VI: 1:00.22 2001 Casey Woster			
State Record: 54.78 2011 Samantha Wicks			
Name	Yr	School	Seed Time
1 Billings, Heidi R	JR	Wvhs-Ak-AK	1:01.81
2 Shank, Asya M	SO	Wvhs-Ak-AK	1:05.28
3 Wendt, Timberlyn	SO	LHS-AK	1:05.82
4 Schachle, Victoria	SR	Monroe-AK	1:06.66
5 McCallum, Shannon	SR	HHS-AK	1:06.86
6 Halbrooks, Estelle	SR	HHS-AK	1:11.11
7 Keller, Grace	SR	Bucs-AK	1:11.35
8 Drake, Raven	SR	HHS-AK	1:11.59
9 Conley, Annie	SR	NPHS-AK	1:12.66
10 Menadelook, Brianna	SO	HHS-AK	1:12.68
11 Greenwell, Adissen	FR	Wvhs-Ak-AK	1:17.10
12 Umphenour, Shyler	SR	NPHS-AK	1:18.90
13 Johnson, Sadie J	SO	Wvhs-Ak-AK	1:25.82

14 Leon, Charity	JR	NPHS-AK	1:27.77
15 Whitney, Greta	JR	BRHS	1:40.50
16 Jones, Chelonia	JR	BRHS	1:41.40
17 Lambries, Kylie	SO	NPHS-AK	1:52.28
18 Burgess, Rachek	JR	NBHS	NT
19 Smith, Katlyn	JR	NBHS	NT

Event 20 Boys 100 Yard Backstroke

Reg VI Meet:	52.91	2016	Tristan O'Donoghue
Region VI: 52.38 2006 Caleb Severns			
State Record: 49.50 2016 Talon Lindquist			
Name	Yr	School	Seed Time
1 Johnson, Derick	SR	NPHS-AK	1:00.87
2 Shirk, Piers	FR	Bucs-AK	1:02.54
3 Dennis, Gabriel J	SO	Wvhs-Ak-AK	1:02.86
4 Silveira, Isaiah	JR	Bucs-AK	1:03.62
5 Flemming, Jeremiah	SR	BEHS-AK	1:07.52
6 Birkholz, Bradley	FR	LHS-AK	1:10.08
7 Bateman, Carter	JR	HHS-AK	1:11.58
8 Johnson, Braden S	JR	Wvhs-Ak-AK	1:13.61
9 Dupee, Ron	JR	LHS-AK	1:13.61
10 Jordan, Isaac	JR	HHS-AK	1:15.59
11 Dela Cruz, Rio	SR	BRHS	1:23.40
12 Ford, Jonathan	SO	NPHS-AK	1:25.76

Event 21 Girls 100 Yard Breaststroke

Reg VI Meet:	1:07.66	1997	Maria Reeves
Region VI: 1:05.74 1995 Heather King			
State Record: 1:03.05 2018 Lydia Jacobi			
Name	Yr	School	Seed Time
1 Eppingher, Patty V	SR	Wvhs-Ak-AK	1:10.31
2 Benson, Juliette M	SO	Wvhs-Ak-AK	1:11.86
3 Lovell, Billi	FR	Bucs-AK	1:14.95
4 Murrah, Lylah	FR	NPHS-AK	1:15.28
5 Bodyfelt, Adryahn	SR	HHS-AK	1:15.47
6 Dixon, Tatelyn A	FR	Wvhs-Ak-AK	1:17.71
7 Lowry, Hannah	FR	NPHS-AK	1:26.13
8 Hayes, Mandy	JR	LHS-AK	1:28.55
9 Petersen, Kali	SO	Bucs-AK	1:29.63
10 Stacy, Emily E	SO	Wvhs-Ak-AK	1:32.45
11 Gregor, Anne	FR	HHS-AK	1:33.64
12 Sundown, Haley	JR	BRHS	1:34.20
13 Banaszewski, Alina	FR	NPHS-AK	1:34.41
14 Lambries, Casey	JR	NPHS-AK	1:37.46
15 Earthman, Ava	SR	NBHS	NT
16 Cook, Jeannie M	SO	Monroe-AK	NT

Event 22 Boys 100 Yard Breaststroke

Reg VI Meet:	58.64	2009	Keegan Severns
Region VI: 57.37 1993 Martin Meenaghan			
State Record: 56.40 2000 Joshua Gemmell			
Name	Yr	School	Seed Time
1 Conley, Patrick	FR	NPHS-AK	1:06.38
2 Gregor, Riley	SR	HHS-AK	1:08.26
3 Prevost, Jeffrey	JR	Bucs-AK	1:09.63
4 Crace, Dillan	JR	BRHS	1:11.40
5 Vollmer, Max	FR	HHS-AK	1:12.22
6 Banaszewski, Matthew	SR	NPHS-AK	1:12.97

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Event 22 ... (Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time
7 Hunt, Ezra B	SO	Wvhs-Ak-AK	1:18.63
8 Johnson, Kaleb	JR	NPHS-AK	1:22.40
9 Johnson, Barrett	SR	HHS-AK	1:24.00
10 McDaniel, Jady	SR	HHS-AK	1:26.88
11 Clubb, Levi	SO	Bucs-AK	1:32.78

Event 23 Girls 400 Yard Freestyle Relay

Reg VI Meet: 3:44.83 1999 Lathrop High School

A. Foley, B. Spores, C. Paskvan, M. Reeves

Region VI: 3:31.88 1999 Lathrop High School

A. Foley, C. Paskvan, B. Spores, M. Reeves

State Record: 3:31.88 1999 Lathrop High School

A. Foley, C. Paskvan, B. Spores, M. Reeves

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	3:53.84
1) Benson, Juliette M SO	2) McCallum, Meah E FR	
3) Bristol, Samantha S FR	4) Secor, Blaque I FR	
5) Eppingher, Patty V SR	6) Billings, Heidi R JR	
7) Dixon, Tatelyn A FR	8) Shank, Asyia M SO	
2 LHS-AK	A	4:01.55
1) Wendt, Timberlyn SO	2) Day, Katie SR	
3) Bailey, Ella SR	4) McCarter, Katy JR	
5) Erdman, Cassie SR	6) Hayes, Mandy JR	
3 HHS-AK	A	4:04.44
1) Welsh, Cassidy SO	2) Drake, Raven SR	
3) Menadelook, Brianna SO	4) McCallum, Shannon SR	
5) Halbrooks, Estelle SR	6) Bodyfelt, Adryahn SR	
4 Bucs-AK	A	4:28.67
1) Petersen, Kali SO	2) Price, Anna JR	
3) Keller, Ginger FR	4) Keller, Grace SR	
5) Ditman, Blythe FR	6) Lovell, Billi FR	
7) O'Neil, Madeline FR	8) Ferguson, Jo Jo FR	
5 NPHS-AK	A	NT
1) Rodgers, Jaiden SR	2) Lowry, Hannah FR	
3) Conley, Annie SR	4) Murrah, Lylah FR	
5) Study, Laura SO	6) Young, Cadence SO	
7) Umphenour, Shyler SR	8) Brownwood, Allison FR	

Event 24 Boys 400 Yard Freestyle Relay

Reg VI Meet: 3:20.17 2003 Lathrop High School

C. Humphrey, T. Williams, S. Fernandez, C. Severns

Region VI: 3:15.22 1993 Lathrop High School

R. Blume-Kohout, M. Meenaghan, S. Taylor, J. Rogers

State Record: 3:09.05 2016 Dimond High School

M. Addington, N. Alfano, C. Chung, R. Dittlinger

Team	Relay	Seed Time
1 Wvhs-Ak-AK	A	3:23.58
1) Fox, Logan B JR	2) Dennis, Gabriel J SO	
3) Harnum, Kyan E FR	4) Billings, Ezra T JR	
5) Maio, Vincent C SO	6) Johns, Aiden A SR	
7) Hunt, Ezra B SO	8) Quayle, River M SO	
2 NPHS-AK	A	3:36.88
1) Lormore, Aiden FR	2) Johnson, Kaleb JR	
3) Ford, Jonathan SO	4) Freeman, Dawson FR	
5) Rodgers, Travon SO	6) Johnson, Derick SR	
7) Conley, Patrick FR	8) Banaszewski, Matthew SR	

3 Bucs-AK	A	3:45.79
1) Woods, Kalin SR	2) Norris, Sam SR	
3) Clubb, Levi SO	4) Mishmash, Fisher FR	
5) Randall, Chase JR	6) Silveira, Isaiah JR	
7) Shirk, Piers FR	8) Prevost, Jeffrey JR	
4 HHS-AK	A	3:47.99
1) Werdin-Kennicot, Sebiyam JR	2) Jordan, Isaac JR	
3) Pahkamaa, Jacoppi SO	4) Gregor, Riley SR	
5) Vollmer, Max FR	6) Johnson, Barrett SR	
7) Bateman, Carter JR		
5 LHS-AK	A	3:52.60
1) Martin, Luke JR	2) DeVault, Richard SO	
3) Dupee, Ron JR	4) Rajaram, Scion JR	
5) Birkholz, Bradley FR		