**Blanket Sanction (Dual Meets, Time Trials)**

**September 1, 2019 - August 31, 2020**

**Sanctioned by USA Swimming and Alaska Swimming, Inc.**

**Sanction #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Hosted by:**

FACILITY: Facility will adhere to USA Swimming Article 103 facilities standards.

TIMES: Meet start TBA

WARM-UPS: Warm-ups 30 minutes prior to the start of the meet or time trial.

ELIGIBILITY: Open to swimmers currently registered with USA Swimming.

RULES:

1. Current USA Swimming and Alaska Swimming rules apply.
2. The Alaska Swimming Individual Scratch Rule does not apply.
3. All events will be timed finals and deck seeded.
4. A maximum of five (5) events per swimmer, plus relays may be entered.
5. The facility and building rules will be enforced.
6. USA Swimming Warm-up and warm-down procedures will be followed (see attached).

ENTRY INFORMATION:

1. Standard pink/blue entry cards may be used for all events including relays.
2. Entry cards must be legibly and completely filled in.

SCORING: Per USA Swimming Rules and Regulations, No scoring for Time Trials.

AWARDS: Ribbons may be awarded for first through third places including relays for dual meets.

No awards for Time Trials.

FEES: None.

ORDER OF EVENTS:

Events listed in the Swim Guide for JO's or Senior Championships will be offered. Events may be offered as age group, junior or senior events.

MEET

DIRECTOR:

Name: Phone

Address: Email:

CHECK NUMBER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Email APPLICATION TO: MAIL PAYMENT TO:**

Susan Oakley Wendy Kolberg, Treasurer

e[mail to: akswimsanctions@gmail.com](mailto:mail%20to:%20akswimsanctions@gmail.com) 13891 E. Jersey Loop

Palmer, AK 99645

kolbergw@gmail.com

**DO NOT WRITE BELOW THIS LINE**

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For LSC Use Only

Approved / Not Approved (circle one) Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sanction Number: AK-B-201920- Issued: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_