

# Central California Swimming Age-Group Championship Time Standards

November 2022 - August 2024

8 and Under				8 and under		
Girls			Events	Boys		
SCY	SCM	LCM		SCY	SCM	LCM
40.49	46.69	47.69	50 Free	40.49	46.69	47.69
1:36.39	1:47.99	1:48.79	100 Free	1:36.39	1:47.99	1:48.79
49.49	54.19	57.19	50 Back	49.49	54.19	57.19
56.79	1:01.89	1:04.19	50 Brst	56.79	1:01.89	1:04.19
52.69	58.89	59.69	50 Fly	52.69	58.89	59.69
1:47.89	1:58.69	N/A	100 IM	1:47.89	1:58.69	N/A
10 and Under				10 and under		
Girls			Events	Boys		
SCY	SCM	LCM		SCY	SCM	LCM
35.19	38.89	39.89	50 Free	34.49	38.09	39.49
1:19.99	1:28.39	1:31.19	100 Free	1:18.79	1:26.99	1:30.19
2:57.19	3:15.99	3:20.99	200 Free	2:47.99	3:05.69	3:12.09
7:34.89	6:38.59	6:51.09	500 Free	7:26.99	6:31.19	6:44.49
41.89	46.29	48.89	50 Back	42.29	46.79	49.19
1:30.69	1:40.19	1:45.99	100 Back	1:29.29	1:39.09	1:43.09
47.49	52.49	53.99	50 Brst	46.59	51.39	53.29
1:44.99	1:55.99	1:59.79	100 Brst	1:41.69	1:52.59	1:55.99
41.79	46.19	47.09	50 Fly	40.09	44.79	45.99
1:39.09	1:49.49	1:52.99	100 Fly	1:37.09	1:48.29	1:50.79
1:31.69	1:41.29	N/A	100 IM	1:28.89	1:38.79	N/A
3:15.59	3:36.19	3:43.19	200 IM	3:13.19	3:33.49	3:40.79
11 - 12				11 - 12		
Girls			Events	Boys		
SCY	SCM	LCM		SCY	SCM	LCM
31.29	34.69	35.69	50 Free	30.29	33.39	34.69
1:08.29	1:15.49	1:18.09	100 Free	1:05.89	1:12.89	1:15.49
2:28.99	2:45.39	2:49.19	200 Free	2:23.49	2:39.79	2:44.89
6:26.29	5:38.29	5:45.89	500 Free	6:15.89	5:28.99	5:38.29
13:19.99	11:40.09	12:04.29	1000 Free	13:05.89	11:27.89	11:53.19
22:25.69	22:17.89	23:12.39	1650 Free	21:56.79	21:49.19	22:43.39
35.39	39.29	40.79	50 Back	34.99	38.99	40.39
1:18.09	1:26.69	1:30.99	100 Back	1:15.69	1:23.69	1:27.99
2:43.99	3:01.29	3:09.89	200 Back	2:39.69	5:57.19	3:05.19
39.99	44.19	45.49	50 Brst	39.49	43.69	45.19
1:27.19	1:36.59	1:40.89	100 Brst	1:24.49	1:34.39	1:38.39
3:06.59	3:28.39	3:35.99	200 Brst	3:00.19	3:19.99	3:28.69
33.89	37.69	38.29	50 Fly	34.19	37.79	38.59
1:17.59	1:26.49	1:28.49	100 Fly	1:16.09	1:24.49	1:26.29
2:47.19	3:05.59	3:10.19	200 Fly	2:40.79	3:01.19	3:06.19
1:18.09	1:26.59	N/A	100 IM	1:14.99	1:22.89	N/A
2:47.29	3:05.39	3:11.39	200 IM	2:43.99	3:01.49	3:08.49
5:46.09	6:22.39	6:36.09	400 IM	5:36.09	6:11.39	6:27.29

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13 - 14				13 - 14		
Girls			Events	Boys		
SCY	SCM	LCM		SCY	SCM	LCM
30.19	33.49	34.49	50 Free	27.79	30.79	31.99
1:05.49	1:12.69	1:14.79	100 Free	1:00.89	1:07.29	1:09.89
2:21.29	2:37.19	2:41.79	200 Free	2:12.59	2:26.69	2:32.29
6:07.39	5:22.79	5:30.39	500 Free	5:48.29	5:04.79	5:14.39
12:38.39	11:03.69	11:20.99	1000 Free	12:01.59	10:31.56	10:53.79
21:04.09	20:56.89	21:42.89	1650 Free	20:05.89	19:58.99	20:48.79
1:11.19	1:19.19	1:23.59	100 Back	1:06.39	1:13.89	1:17.89
2:34.89	2:51.69	2:58.69	200 Back	2:25.09	2:41.19	2:49.09
1:21.69	1:30.99	1:34.79	100 Brst	1:15.49	1:23.49	1:28.09
2:57.29	3:16.99	3:23.99	200 Brst	2:43.99	3:02.99	3:10.79
1:10.89	1:18.89	1:20.39	100 Fly	1:06.09	1:13.29	1:15.49
2:36.89	2:54.49	2:59.19	200 Fly	2:26.89	2:42.49	2:47.99
2:37.59	2:55.89	3:01.79	200 IM	2:26.89	2:44.19	2:51.39
5:27.49	6:04.19	6:14.39	400 IM	5:07.59	5:40.19	5:53.79
15 - 18				15 - 18		
Girls			Events	Boys		
SCY	SCM	LCM		SCY	SCM	LCM
29.49	32.89	33.79	50 Free	26.39	29.59	30.19
1:03.99	1:11.39	1:13.49	100 Free	57.89	1:04.49	1:06.89
2:18.69	2:33.79	2:38.29	200 Free	2:06.79	2:20.89	2:26.09
6:00.89	5:15.89	5:22.99	500 Free	5:33.79	4:53.79	5:00.59
12:26.89	10:53.69	11:07.79	1000 Free	11:36.29	10:09.39	10:30.59
21:47.69	20:40.39	21:22.59	1650 Free	19:26.89	19:20.09	19:56.99
1:09.39	1:17.39	1:21.09	100 Back	1:03.19	1:10.19	1:14.39
2:31.39	2:48.39	2:54.99	200 Back	2:17.49	2:33.79	2:41.39
1:19.39	1:29.19	1:32.39	100 Brst	1:11.09	1:19.59	1:23.49
2:52.79	3:13.09	3:20.49	200 Brst	2:36.19	2:53.09	3:01.39
1:09.39	1:17.29	1:19.29	100 Fly	1:02.69	1:10.09	1:11.79
2:33.49	5:51.09	2:53.99	200 Fly	2:20.49	2:35.39	2:39.99
2:34.89	2:52.59	2:58.19	200 IM	2:20.89	2:36.69	2:43.99
5:20.59	5:55.89	6:07.49	400 IM	4:54.59	5:27.59	5:36.89
Girls			15&O JO "de-qual"	Boys		
SCY		LCM		SCY		LCM
24.79		27.49	50 free	22.79		26.19
53.39		59.29	100 free	50.09		57.89
1:56.59		2:09.79	200 free	1:49.69		2:06.49
5:12.79		4:32.79	400 free	4:57.79		4:28.19
10:51.99		9:29.09	800 free	10:21.19		9:22.59
18:18.19		18:16.19	1500 free	17:20.99		17:48.09
1:01.89		1:01.89	100 back	54.79		1:04.49
2:12.19		2:26.79	200 back	1:58.99		2:19.59
1:10.39		1:18.19	100 breast	1:01.59		1:12.19
2:32.49		2:47.29	200 breast	2:15.59		2:36.99
59.39		1:06.09	100 fly	54.29		1:01.49
2:13.09		2:27.79	200 fly	2:01.59		2:21.99
2:13.19		2:27.79	200 IM	2:01.99		2:19.59
4:41.89		5:12.89	400 IM	4:22.79		4:56.79