

Hanford Swim Club
A/B/C Long Course Swim Meet
April 4-5, 2020
Entries due by March 31, 2020

Held under the sanction of USA Swimming and Central California Swimming Sanction #S9020TL

SPONSORED BY: Hanford Swim Club
DATE OF MEET: April 4-5, 2020
MEET DIRECTOR: Lisa McIlwaine (559-380-8264)
MEET REFEREE: TBA
ADMIN OFFICIAL: TBA
WARM UP TIME: 7:30 AM MEET START TIME: 9:00 AM
All out of area teams are eligible to enter

For more information visit: www.centralcalswim.org

LOCATION: REEDLEY HIGH SCHOOL, 740 W. North Ave., Reedley, CA 93654. From the North, Highway 99S to the Manning Ave Exit on to E. Manning Drive, Manning becomes I Street, left on to N Reed Ave. Enter the roundabout and take the first exit on to W. North Ave. From the South, Highway 99N to 198 W. Exit on to Plaza Drive, turn left on S. Plaza Dr/County Hwy-J19, turn left on to E. Manning Ave, left on to N. Acacia Ave and right on W. North Ave. The pool is located just off the main parking lot.

FACILITY: Eight competitive lanes in a 50 meter by 25 yard outdoor pool with a separate 25 yard warm up pool. The main competition pool is a minimum depth of 6.5 feet to 13.5 feet. The competition pool has not been certified according to article 104.2.2C (4) of the USAS rules and regulations. A Colorado Timing System will be used.

FORMAT: This is timed finals, long course, age group meet.

RULES: Current USA Swimming and CCS rules will govern the meet. All coaches and officials must be able to show proof that USA Swimming membership requirements are met as of the dates of competition. Such proof shall be presented upon request to the Meet Referee and may be in the form of USAS membership card or through Deck Pass.

The meet will be deck-seeded using a master check in system. Swimmers in the first 4 events must be checked in by 8:30 am. Check in for later events must be completed at least one hour prior to the estimated start time of the event or 12:00 noon, whichever is earlier. Events will be seeded according to submitted times. The 400m IM and the 800m Freestyle have a time standard and will be swum fastest to slowest, alternating girls and boys. Swimmers in the 800m Free must provide their own lap counter, lap counting device, and timers.

Any swimmer in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers may compete in up to 4 individual events per day. In the event that the timeline exceeds the limits of the USA Swimming "4 hour rule," swimmers who enter the maximum number of events on either day must indicate with the Clerk of Course one event to scratch on their entry. Swimmers will indicate their choice of event to scratch upon check-in of their first event on the day(s) that the scratch down is necessary. If the swimmer does not indicate an event to scratch upon check-in of the first event, the last event of the day will be scratched by the Clerk of Course. Verification of submitted times should be available upon request of the meet Referee

TECHNICAL SUITS: No technical suits shall be worn by any 12 & Under athlete member in competition at any sanctioned, approved, or observed CCS Meet. This includes any suit with bonded or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the

hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

SAFE SPORT: Pursuant to USA-S Rule 202.4.10H, use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms or locker rooms. The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time. The use of flash devices at the start is also prohibited. Pursuant to USA-S Rule 202.4.10I, deck changing is prohibited. According to 202.4.10J, the operation of a drone, or any other flying apparatus over the venue (pools, athlete/coach area, spectators and open-ceiling locker rooms) is prohibited at any time athletes, coaches, officials and/or spectators are present, except when prior written approval by the Program Operations Vice Chair is granted.

WARM UP: The competition pool will be open for warm ups on Saturday and Sunday at 7:30 AM. For the first 45 minutes, only general warm-up - NO DIVING. After 45 minutes, lanes 2 and 5 may be opened as sprint lanes, dive start and swim one length only. Lanes 1, 3, 4, 6, 7, and 8 remain as general warm-up - NO DIVING. Swimmers must use “3-point” entries when entering the water for warm up and warm down. All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Meet Referee for assistance obtaining a lane and coach assignment. It is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Lanes for one way sprints and race pace will be available upon request of the Deck Referee. Warm-up procedures will be posted on deck and announced continuously.

OFFICIALS: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person. All officials are welcome! In the absence of a sufficient number of officials to complete a rotation, a 10-minute break will be taken every two hours.

ANY DISPUTED CALLS SHOULD FIRST CHANNEL THROUGH COACHES, THEN THE MEET REFEREE.

ELIGIBILITY All swimmers currently registered with USA Swimming for 2020. Deck Pass is acceptable proof of USA Swimming Membership. Age on the first day of the meet will determine age group competition to be used throughout the meet. All registered swimmers are welcome regardless of Team/LSC affiliation. On deck USAS membership registration will be allowed with a \$20 fee payable by the home club.

ENTRIES: Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: hanfordswimclub@yahoo.com. Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered into this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach Swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes’ Home Club.** Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry (see address below). Please make all checks payable to *Hanford Swim Club*.

On-line entries are due by 11:59 PM Tuesday, March 31st. Late entries will be accepted until 11:59 PM Thursday, April 2, 2020 with \$10 late fee per swimmer. Team entries have the same deadlines as individual events. No Deck Entries.

ENTRY FEES: \$4.00 per individual event; \$6.50 surcharge per swimmer. **NO REFUNDS.**

RETURNED CHECKS WILL INCUR A SERVICE FEE.

ENTRIES & FEES RECEIVED AFTER DUE DATE WILL INCUR A \$10 LATE FEE PER SWIMMER.

**MAIL ONLY TEAM ENTRIES TO:
HANFORD SWIM CLUB MEET ENTRIES
554 Julia Ct.**

Hanford, CA 93230

MAKE TEAM CHECKS PAYABLE TO: HANFORD SWIM CLUB

AWARDS: Awards will be given for 1st -8th places in all events and age groups. Ribbons will be distributed at the end of the meet. Coaches will need to pick up awards for their swimmers at the Clerk of the Course.

For additional information contact:

MEET DIRECTOR: Lisa McIlwaine (559-380-8264)

Concession & Hospitality: A snack bar will be open throughout the meet. Hospitality will be available for coaches and officials

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SCHEDULE OF EVENTS

Saturday, April 4, 2020 – 09:00 a.m.

<u>Girls</u>	<u>Time Standard</u>	<u>Age Group</u>	<u>Event</u>	<u>Time Standard</u>	<u>Boys</u>
1	NTS	13 & Over	200M Free	NTS	2
3	NTS	11-12	200M Free	NTS	4
5	NTS	10 & Under	200M Free	NTS	6
7	NTS	13 & Over	100M Fly	NTS	8
9	NTS	11-12	100M Fly	NTS	10
11	NTS	10 & Under	100M Fly	NTS	12
13	NTS	13 & Over	200M Breast	NTS	14
15	NTS	11-12	50M Breast	NTS	16
17	NTS	10 & Under	50M Breast	NTS	18
19	NTS	13 & Over	100M Back	NTS	20
21	NTS	11-12	100M Back	NTS	22
23	NTS	10 & Under	100M Back	NTS	24
25	NTS	13 & Over	50M Free	NTS	26
27	NTS	11-12	50M Free	NTS	28
29	NTS	10 & Under	50M Free	NTS	30
31	07:23.8	11 & Over	400M I.M.	07:13.5	32

Sunday, April 5, 2020 – 09:00 a.m.

<u>Girls</u>	<u>Time Standard</u>	<u>Age Group</u>	<u>Event</u>	<u>Time Standard</u>	<u>Boys</u>
33	NTS	13 & Over	100M Free	NTS	34
35	NTS	11-12	100M Free	NTS	36
37	NTS	10 & Under	100M Free	NTS	38
39	NTS	13 & Over	200M Fly	NTS	40
41	NTS	11-12	50M Fly	NTS	42
43	NTS	10 & Under	50M Fly	NTS	44
45	NTS	13 & Over	100M Breast	NTS	46
47	NTS	11-12	100M Breast	NTS	48
49	NTS	10 & Under	100M Breast	NTS	50
51	NTS	13 & Over	200M Back	NTS	52
53	NTS	11-12	50M Back	NTS	54
55	NTS	10 & Under	50M Back	NTS	56
57	NTS	13 & Over	200M I.M.	NTS	58
59	NTS	11-12	200M I.M.	NTS	28
61	NTS	10 & Under	200M I.M.	NTS	62
63	13:27.90	11 & Over	800 Free	13:16.50	64