

TNT SPRING LONG COURSE “ABC” AGE GROUP SWIM MEET

Held under the Sanction of CCS and USAS #S8920TL

SPONSORED BY: TULE NATION TRITONS
MEET DIRECTOR: Miranda Klawitter (360) 720-6359
ADMIN Official: TBD
MEET REFEREE: TBD
MEET START TIME: 9:00 AM (Sat. & Sun.)
WARM UP TIME: 7:30 AM (Sat. & Sun.)

DATE OF MEET: April 25 & 26, 2020

ENTRIES RECEIVED BY: April 17, 2020 at 11:59 PM
LATE ENTRIES UNTIL: April 22, 2020 at 11:59 PM
with \$10 late fee

****All out of area teams are eligible to enter
For More Info Visit: www.centralcalswim.org**

Location: REEDLEY HIGH SCHOOL POOL: 740 W. North Ave, Reedley, CA 93654
Directions from the North: Take 99 FWY to Manning Ave. Turn Right onto E. Manning Ave. (signs for Parlier/Reedley/Orange Cove). Continue onto I Street. Turn left onto N. Reed Ave. Turn right onto Manning Ave. Pool will be on the right just passed the Kings County Office building.

Directions from the South: Take 99 FWY to Manning Ave. Turn Right onto E. Manning Ave. (signs for Parlier/Reedley/Orange Cove). Continue onto I street. Turn left onto N. Reed Ave. Turn right onto Manning Ave. Pool will be on the right just passed the Kings County Office building.

Facility: 8-lane 50 meter heated outdoor pool with minimum depth of 7 FT and warm up/warm down area (separate pool). The competition pool has not been certified according to article 104.2.2C (4) of the USAS rules and regulations.

No Propane heaters. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. For Athlete Protection, Central California Swimming prohibits the use of photography and audio or visual recording devices, including a cell phone, behind the starting blocks during the start sequence throughout the meet. Operation of drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and opening ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Deck changes are prohibited.

Warm Up Rules: All warm-ups must be supervised by a USAS registered coach. If a swimmer does not have a USAS registered coach at the meet, he/she must report to the Meet Referee for lane and coach assignment. For the first 45 minutes, only general warm-up - NO DIVING. After 45 minutes, lanes 2 and 5 may be opened as sprint lanes, dive start and swim one length only. Lanes 1, 3, 4, 6, 7, and 8 remain as general warm-up - NO DIVING. Warm-up procedures will be posted on deck and continually announced by the Starter and/or Deck Referees. Swimmers must use “3-point” entries when entering the water for warm-up and warm-down.

Rules: Current USA Swimming and CCS Rules will govern the meet. All swimmers must be registered with USA Swimming for 2020. Swimmers must compete in their age group. Age on the first day of the meet determines age throughout the competition. Verification of entered times should be available upon request of the Meet Referee. Swimmers in the distance freestyles (1500 & 400) must provide a timer, a lap counter, and a lap counting device. The 400 IM, 1500 and 400 freestyles will be swum fastest to slowest, alternating girls and boys.

Swimmers may compete in up to 4 individual events per day. In the event the timeline exceeds the limits of the USA Swimming “4 hour rules,” swimmers who enter the maximum number of events on either day must indicate with the Clerk of Course one event to scratch on their entry upon their initial check-in for their first event. If the swimmer does not indicate an event to scratch, the last event of the day will be scratched by the Clerk of Course. If you have any questions, please contact Miranda Klawitter at 360-720-6359 or tritonswim.president@gmail.com.

Events may be combined regardless of age or gender at the discretion of the Meet Referee. A master check-in system will be used. All events will be deck-seeded according to submitted time. Swimmers in first the four events must check in with the Clerk of Course by 8:30 AM. Swimmers in later events must check in at least one hour before the estimated start of their first event or by 12 noon, whichever is earlier. Proof that all coach and official membership requirements are met, as of the dates of competition, shall be presented upon request by the Meet Referee. Proof may be in the form of a coach or official membership card or through Deck Pass. The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to the Meet Referee. **ANY DISPUTED CALLS SHOULD FIRST CHANNEL THROUGH COACHES, THEN THE MEET REFEREE.**

No technical suits shall be worn by any 12 & Under athlete member in competition at any sanctioned, approved, or observed CCS Meet. This includes any suit with bonded or taped seams regardless of its fabric or silhouette or any suit with woven fabric extending past the hips. (Note: Woven Fabric – A suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric – A suit with knit fabric and sewn seams not extending below the knees is permitted). [CLICK HERE](#) for the USA Swimming FAQ page regarding technical suits and 12&Under athletes.

- Unaccompanied Athlete:** All USAS athlete members must be under the supervision of a USAS member coach during warm up, competition and warm-down. Swimmers who do not have a USAS registered coach at the swim meet should report to the Meet Referee for lane and coach assignment. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Officials:** All USAS Officials are welcome. If an insufficient number of officials are present to allow for rest breaks, a ten minute break will be taken every two hours.
- Eligibility** 2020 USA Swimming registered swimmers - On-deck USAS membership registration will be allowed with a \$20 fee payable by the home club.
- Entries:** Team entries should be sent in a Hy-Tek CL2 entry file to the following email address: tritonswim.president@gmail.com. Unattached swimmers affiliated with CCS may enter this meet on the CCS website, as long as the swimmer had registered on the CCS site for their USA Swimming membership. **CCS Outreach swimmers who are entered into this meet will have their fees deducted by the Host Club. The Home Club or responsible individual of the Outreach Swimmer is responsible for communicating with the Host Team of their roster and fees that need to be deducted. Names of the athletes who are receiving the Outreach incentive may be kept confidential at the discretion of the athletes' Home Club. On-line entries are due by 11:59 PM Friday, April 17, 2020. Late entries will be accepted until 11:59 PM Wednesday, April 22, 2020 with \$10 late fee per swimmer. Team entries have the same deadlines as individual events. Deck entries will not be permitted.**
- Entry fees:** \$4.00 per individual event; \$6.50 surcharge per swimmer. Full payment (single team check) for an email entry must be postmarked within 48 hours of the email entry (see address below). **NO REFUNDS. RETURNED CHECKS WILL INCURE A SERVICE FEE. ENTRIES & FEES RECEIVED AFTER DUE DATE WILL INCURE A \$10 LATE FEE PER SWIMMER.**

**MAIL ONLY TEAM ENTRIES TO: MIRANDA KLAWITTER
(ENTRY CORDINATOR) TNT SWIMMING/MEET ENTRIES
 PO BOX 2064
 TULARE, CA 93275**

MAKE TEAM CHECKS PAYABLE TO: *TNT SWIM TEAM*

For additional information contact: MEET DIRECTOR Miranda Klawitter @ 360-720-6359 or tritonswim.president@gmail.com

Receipt of entry will not be verified by phone.

TNT SPRING LC MEET SCHEDULE OF EVENTS

Saturday, April 25, 2020

Girls		AGE	EVENT		BOYS
1		13 - up	200 Free		2
3		11-12	200 Free		4
5		10 - under	200 Free		6
7		13 - up	100 Free		8
9		11-12	100 Fly		10
11		10 -under	100 Fly		12
13		11-over	200 Breast		14
15		11-12	50 Breast		16
17		10 -under	50 Breast		18
19		13 -up	100 Back		20
21		11-12	100 Back		22
23		10 -under	100 Back		24
25		13 up	50 Free		26
27		11-12	50 Free		28
29		10- under	50 Free		30
31		11-over	400 IM		32
33		11-over	1500 Free		34

Sunday, April 26, 2020

GIRLS		AGE	EVENT		BOYS
35		13 -up	100 Free		36
37		11-12	100 Free		38
39		10 -under	100 Free		40
41		11-over	200 Fly		42
43		11-12	50 Fly		44
45		10 -under	50 Fly		46
47		13 -up	100 Breast		48
49		11-12	100 Breast		50
51		10 -under	100 Breast		52
53		11-over	200 Back		54
55		11-12	50 Back		56
57		10 -under	50 Back		58
59		13 up	200 IM		60
61		11-12	200 IM		62
63		10- under	200 IM		64
65		11-over	400 Free		66

It is understood and agreed that USA Swimming shall be free from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.