

## **ATHLETE REPRESENTATIVES**

The Athlete Representatives shall serve as the liaison between the athlete members of COSI and the Board of Directors and House of Delegates. The Athlete Representatives have both voice/vote at all CSI meetings.

- **General Expectations**

- Know the LSC's mission, vision, purposes, goals, bylaws, policies, programs, services, strengths and needs
- Adhere to "*Board Member Code of Conduct*"
- Suggest nominees for leadership roles
- Avoid prejudiced judgements

- **Meetings**

- Prepare for, attend and participate in meetings, and other LSC activities
- Regular Board of Directors Meetings held bi-monthly
- Annual House of Delegates/Swimposium/Awards Ceremony held in October
- Annual United States Aquatic Sports Convention held late September
- Prepare/submit a written report of your activities
  - What have you done since the last BoD meeting?
  - What do you plan to do until the next BoD meeting?
  - What do you need from the BoD to help you fulfill your plan?
- Read all submitted reports/documents PRIOR to each meeting

- **Avoiding Conflicts**

- Serve the LSC as a whole, rather than individual or special interest groups
- Avoid even the appearance of a conflict of interest, and disclose any such conflicts in a timely fashion
- Maintain your independence and objectivity

- **Fiduciary Responsibility**

- Exercise prudence in financial decisions
- Faithfully read and understand the LSC's financial statements
- Help fulfill the BoD fiduciary responsibilities authorized by the Board of Directors, income and expenses may be received and paid by a division, officer, committee or coordinator, provided that the division, officer, committee or coordinator promptly submits to the Treasurer an itemized report, duly attested by the division, officer, committee chair or coordinator and either within the approved budget of such division, officer, committee or coordinator, or authorized by the Board of Directors or the House of Delegates.
- Two (2) Athlete Representatives shall be elected by the House of Delegates, one each year, for a two-year term or until their respective successors are elected. The elected athlete serving in the second year of the two-year term is designated as Senior Athlete Representative and will chair the Athletes' Committee under the guidance of the Senior Vice Chair. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by COSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).
- Member of Athlete Committee
- Assist with Annual Senior newsletter