

**2017 CO CUDA-STAR Long Course Open - 6/2/2017 to 6/4/2017**  
**Veterans Memorial Aquatic Center - Dale Ammon, Sanction #: 2017-055**  
**Warm-up Sheet**

Warm-up Starts at 06:50 AM

Session: 3 Saturday One

Day of Meet: 2 Starts at 07:50 AM

Total Athletes: 140 - Women: 88 - Men: 52

|         | <b>Team</b>                    | <b>Women</b> | <b>Men</b> | <b>Total</b> | <b>Lane</b> |
|---------|--------------------------------|--------------|------------|--------------|-------------|
| CUDA-CO | Front Range Barracudas Swim Cl | 23           | 10         | 33           | _____       |
| FST-CO  | Foothills Swim Team            | 13           | 4          | 17           | _____       |
| STAR-CO | Colorado Stars                 | 5            | 10         | 15           | _____       |
| FAC-CO  | Flatiron Swimming              | 8            | 3          | 11           | _____       |
| HRA-CO  | Highlands Ranch Aquatics       | 4            | 4          | 8            | _____       |
| BB-CO   | Brighton Bullfrogs             | 7            | 0          | 7            | _____       |
| BLDR-CO | Boulder Swim Team              | 2            | 5          | 7            | _____       |
| PPA-CO  | Pikes Peak Athletics           | 3            | 2          | 5            | _____       |
| ROCK-CO | Castle Rock Swim Team          | 4            | 1          | 5            | _____       |
| UN-CO   | Unattached Colorado            | 2            | 2          | 4            | _____       |
| AQUA-CO | Aquawolves Swim Team           | 2            | 1          | 3            | _____       |
| AVON-CO | Avon Swim Club                 | 0            | 3          | 3            | _____       |
| CCW-WY  | Converse County Waves          | 2            | 1          | 3            | _____       |
| WAVE-CO | Eaton Red Waves                | 2            | 1          | 3            | _____       |
| WAVE-WY | Wyoming Waves                  | 3            | 0          | 3            | _____       |
| CHEY-WY | Cheyenne Swim Club             | 1            | 1          | 2            | _____       |
| CT-CO   | Colorado Torpedoes Swim Team   | 1            | 1          | 2            | _____       |
| NFSC-CO | Northglenn Fusion Swim Club    | 1            | 1          | 2            | _____       |
| SSST-CO | Steamboat Springs Swim Team    | 2            | 0          | 2            | _____       |
| ACES-CO | ACES Swim Team                 | 1            | 0          | 1            | _____       |
| LONG-CO | Longmont Swim Club             | 0            | 1          | 1            | _____       |
| RACE-CO | RallySport Aquatic Club        | 1            | 0          | 1            | _____       |
| UNWY-WY | UnAttached Wyoming             | 0            | 1          | 1            | _____       |
| VOTX-CO | Team Vortex Swim Club          | 1            | 0          | 1            | _____       |

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**Warm-up Sheet**

Warm-up Starts at 10:10 AM

Session: 4 Saturday Two

Day of Meet: 2 Starts at 11:10 AM

Total Athletes: 199 - Women: 133 - Men: 66

|         | <b>Team</b>                    | <b>Women</b> | <b>Men</b> | <b>Total</b> | <b>Lane</b> |
|---------|--------------------------------|--------------|------------|--------------|-------------|
| CUDA-CO | Front Range Barracudas Swim Cl | 23           | 11         | 34           | _____       |
| FST-CO  | Foothills Swim Team            | 15           | 11         | 26           | _____       |
| HRA-CO  | Highlands Ranch Aquatics       | 18           | 5          | 23           | _____       |
| FAC-CO  | Flatiron Swimming              | 11           | 9          | 20           | _____       |
| STAR-CO | Colorado Stars                 | 14           | 2          | 16           | _____       |
| ROCK-CO | Castle Rock Swim Team          | 10           | 4          | 14           | _____       |
| PPA-CO  | Pikes Peak Athletics           | 7            | 4          | 11           | _____       |
| NFSC-CO | Northglenn Fusion Swim Club    | 5            | 3          | 8            | _____       |
| RACE-CO | RallySport Aquatic Club        | 7            | 1          | 8            | _____       |
| BLDR-CO | Boulder Swim Team              | 5            | 2          | 7            | _____       |
| CT-CO   | Colorado Torpedoes Swim Team   | 4            | 2          | 6            | _____       |
| AQUA-CO | Aquawolves Swim Team           | 0            | 3          | 3            | _____       |
| AVON-CO | Avon Swim Club                 | 1            | 2          | 3            | _____       |
| UN-CO   | Unattached Colorado            | 0            | 3          | 3            | _____       |
| ACES-CO | ACES Swim Team                 | 1            | 1          | 2            | _____       |
| BB-CO   | Brighton Bullfrogs             | 2            | 0          | 2            | _____       |
| KNGT-CO | Full Armour Swim Team          | 2            | 0          | 2            | _____       |
| VOTX-CO | Team Vortex Swim Club          | 1            | 1          | 2            | _____       |
| WAVE-CO | Eaton Red Waves                | 2            | 0          | 2            | _____       |
| ASP-CO  | Aspen Swim Club                | 0            | 1          | 1            | _____       |
| CCW-WY  | Converse County Waves          | 1            | 0          | 1            | _____       |
| CHEY-WY | Cheyenne Swim Club             | 1            | 0          | 1            | _____       |
| JHSR-WY | Wyoming                        | 1            | 0          | 1            | _____       |
| MAVS-CO | Maverick Aquatics              | 1            | 0          | 1            | _____       |
| SSST-CO | Steamboat Springs Swim Team    | 1            | 0          | 1            | _____       |
| WAVE-WY | Wyoming Waves                  | 0            | 1          | 1            | _____       |

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**Warm-up Sheet**

Warm-up Starts at 02:50 PM

Session: 5 Saturday Three

Day of Meet: 2 Starts at 03:50 PM

Total Athletes: 403 - Women: 251 - Men: 152

|         | <b>Team</b>                    | <b>Women</b> | <b>Men</b> | <b>Total</b> | <b>Lane</b> |
|---------|--------------------------------|--------------|------------|--------------|-------------|
| FST-CO  | Foothills Swim Team            | 36           | 17         | 53           | _____       |
| RACE-CO | RallySport Aquatic Club        | 25           | 27         | 52           | _____       |
| CUDA-CO | Front Range Barracudas Swim Cl | 27           | 18         | 45           | _____       |
| STAR-CO | Colorado Stars                 | 30           | 14         | 44           | _____       |
| FAC-CO  | Flatiron Swimming              | 29           | 10         | 39           | _____       |
| PPA-CO  | Pikes Peak Athletics           | 16           | 14         | 30           | _____       |
| NFSC-CO | Northglenn Fusion Swim Club    | 16           | 2          | 18           | _____       |
| HRA-CO  | Highlands Ranch Aquatics       | 11           | 6          | 17           | _____       |
| VOTX-CO | Team Vortex Swim Club          | 8            | 9          | 17           | _____       |
| AQUA-CO | Aquawolves Swim Team           | 4            | 11         | 15           | _____       |
| ROCK-CO | Castle Rock Swim Team          | 10           | 4          | 14           | _____       |
| KNGT-CO | Full Armour Swim Team          | 5            | 7          | 12           | _____       |
| LONG-CO | Longmont Swim Club             | 10           | 2          | 12           | _____       |
| WAVE-WY | Wyoming Waves                  | 2            | 6          | 8            | _____       |
| UN-CO   | Unattached Colorado            | 5            | 0          | 5            | _____       |
| CHEY-WY | Cheyenne Swim Club             | 2            | 2          | 4            | _____       |
| AVON-CO | Avon Swim Club                 | 2            | 1          | 3            | _____       |
| SSST-CO | Steamboat Springs Swim Team    | 3            | 0          | 3            | _____       |
| ACES-CO | ACES Swim Team                 | 2            | 0          | 2            | _____       |
| BB-CO   | Brighton Bullfrogs             | 1            | 1          | 2            | _____       |
| BLDR-CO | Boulder Swim Team              | 1            | 1          | 2            | _____       |
| CT-CO   | Colorado Torpedoes Swim Team   | 2            | 0          | 2            | _____       |
| WAVE-CO | Eaton Red Waves                | 2            | 0          | 2            | _____       |
| LOVE-CO | Loveland Swim Club             | 1            | 0          | 1            | _____       |
| MAC-AZ  | Mesa Aquatics Club             | 1            | 0          | 1            | _____       |