

About Colorado Swimming, Inc.

USA Swimming is the National Governing Body (NGB) for the sport of swimming in the United States.

- National Headquarters is located in Colorado Springs, CO at the Olympic Training Center (OTC)
- Divided into four (4) National Geographic Zones – Eastern, Southern, Central, and **Western**
- Zones are divided into Sections
- The **Western Zone** is comprised of the **California/Nevada Section** (CA, CC, PC, SI, and SN) and the **Western Region Blue Section**. The Western Region Blue Section is split into two regions: **Four Corners** (AZ, CO, NM, UT) and **Region XII** (AK, HI, IE, OR, MT, PN, SR, and WY), each of which has their own spring sectional meet but swims a combined long course meet in the summer.
- Each Zone contains multiple Local Swimming Committees (LSC), 59 in total – **Colorado Swimming, Inc.**
- Each LSC is responsible for administering USA Swimming activities in a defined geographical area and has its own set of bylaws under which it operates.
- A House of Delegates (HOD) with representation of members of the Board of Directors (BOD), athletes, coaches, and clubs is responsible for managing the business affairs of the LSC.
- BOD meetings are held roughly every other month (typically Dec, Mar, May, July, Sept, and HOD - 1st weekend in October)
- Colorado Swimming is a tax-exempt organization as described in Section 501(c) (3) of the U.S. Internal Revenue Code and may accept contributions, bequests, and gifts deductible for federal income and estate and gift tax purposes respectively.

USA Swimming Local Swimming Committees & Zones

