



FREE Abuse Awareness for Parents

While the overwhelming majority of coaches and volunteers join sports for all the right reasons, some have other intentions. Parents play an important part in USA Swimming's Safe Sport efforts.

We encourage our parents to complete this free abuse prevention trainings.

How to access the training:

1. Go to usaswimming.org/protect
2. Click "Training and Education"
3. Click "Free Athlete Protection Training for Parents"
4. Enter your LSC and club code

Abuse Awareness for Parents

Designed by Praesidium, USA Swimming's athlete protection training partner, this free, interactive course helps parents understand their role in abuse prevention and helps their children have a lifetime of wonderful swimming memories.

Training topics include:

- Myths and facts about child sexual abuse
- How offenders operate
- How to recognize boundary violations
- USA Swimming Code of Conduct and Athlete Protection Polices
- How to respond to boundary violations

GET STARTED TODAY! • usaswimming.org/protect