

**USA SWIMMING WESTERN ZONE TOP TEN
COMPARISON THRU JUNE 24, 2015**

50 M MALE 11	FIRST				TENTH				POWER POINTS			
	6/3	6/10	6/17	6/24	6/3	6/10	6/17	6/24	6/3	6/10	6/17	6/24
50 Free	28.02	28.02	28.02	28.02	29.33	29.33	29.23	29.23	8572	8586	8599	8599
100 Free	1:00.67	1:00.67	1:00.67	1:00.67	1:05.15	1:05.15	1:04.96	1:04.96	8402	8402	8463	8463
200 Free	2:13.03	2:13.03	2:13.03	2:13.03	2:21.84	2:21.84	2:20.34	2:20.34	8112	8112	8206	8206
400 Free	4:45.31	4:45.31	4:45.31	4:45.31	5:00.70	5:00.02	4:58.48	4:57.79	7772	7804	8080	8090
800 Free	10:17.05	10:17.05	10:01.68	10:01.68	10:45.32	10:45.32	10:32.35	10:32.35	7984	7984	8302	8302
1500 Free	19:10.14	19:10.14	19:10.14	19:10.14	20:32.41	20:17.77	19:58.94	19:58.94	9105	9210	9363	9363
50 Back	30.32	30.32	30.32	30.32	35.02	35.02	34.97	34.97	8898	8898	8923	8923
100 Back	1:05.75	1:05.75	1:05.75	1:05.75	1:15.02	1:14.84	1:14.81	1:14.81	8640	8741	8798	8819
200 Back	2:21.01	2:21.01	2:21.01	2:21.01	2:44.13	2:43.54	2:40.91	2:40.91	8654	8818	9230	9314
50 Breast	36.37	36.37	35.39	35.39	39.38	39.38	39.38	39.07	8320	8320	8378	8404
100	1:20.56	1:20.56	1:19.08	1:19.08	1:25.76	1:25.14	1:25.14	1:25.14	8343	8444	8516	8516
200	2:59.33	2:59.33	2:56.66	2:56.66	3:08.77	3:06.12	3:05.21	3:05.21	8486	8559	8725	8725
50 Fly	30.26	30.26	30.26	30.26	32.52	32.52	32.21	32.21	8346	8346	8461	8461
100 Fly	1:08.13	1:08.13	1:08.13	1:08.13	1:13.91	1:13.38	1:12.99	1:12.99	8213	8332	8520	8562
200 Fly	2:41.87	2:41.33	2:37.38	2:37.38	2:52.28	2:51.84	2:50.21	2:50.21	8068	8199	8501	8501
200 IM	2:27.45	2:27.45	2:27.45	2:27.45	2:40.81	2:39.60	2:39.33	2:39.12	8399	8477	8487	8495
400 IM	5:35.90	5:31.74	5:31.03	5:31.03	5:50.54	5:49.98	5:46.59	5:45.32	8586	8710	8887	8980
TOTAL									142900	143942	146439	146723

50 M MALE 12	FIRST				TENTH				POWER POINTS			
	6/3	6/10	6/17	6/24	6/3	6/10	6/17	6/24	6/3	6/10	6/17	6/24
50 Free	25.84	25.84	25.72	25.72	27.87	27.80	27.60	27.60	8461	8499	8532	8532
100 Free	56.54	56.54	55.86	55.86	1:00.64	1:00.18	1:00.12	1:00.12	8411	8494	8582	8582
200 Free	2:05.58	2:05.58	2:00.11	2:00.11	2:13.99	2:12.81	2:11.97	2:11.97	8291	8359	8511	8651
400 Free	4:22.70	4:22.70	4:17.83	4:17.83	4:45.27	4:43.06	4:41.60	4:39.77	8231	8401	8521	8551
800 Free	9:20.73	9:13.66	9:13.66	9:13.66	9:58.75	9:57.01	9:57.01	9:55.75	7939	8195	8195	8221
1500	17:44.10	17:44.10	17:44.10	17:44.10	19:09.07	19:09.07	19:07.65	19:07.65	8139	8139	8162	8182
50 Back	29.99	29.99	29.99	29.99	32.49	32.49	32.49	32.47	8250	8250	8250	8359
100 Back	1:02.92	1:02.92	1:02.92	1:02.92	1:10.13	1:09.91	1:09.71	1:09.71	8240	8440	8460	8534
200 Back	2:16.98	2:16.98	2:16.98	2:16.65	2:32.08	2:30.80	2:30.80	2:30.80	8477	8567	8567	8573
50	31.98	31.98	31.98	31.98	36.15	36.15	35.69	35.69	8332	8332	8449	8449
100	1:14.17	1:14.17	1:14.17	1:14.10	1:17.71	1:17.62	1:17.62	1:17.62	8480	8482	8482	8510
200	2:40.55	2:40.55	2:40.55	2:40.49	2:51.63	2:50.49	2:50.49	2:48.60	8600	8622	8622	8699
50 Fly	28.2	28.20	28.20	28.20	30.23	30.09	30.05	30.05	8357	8384	8411	8411
100 Fly	1:01.66	1:01.66	1:00.16	1:00.16	1:06.94	1:06.82	1:06.82	1:06.82	8535	8588	8670	8705
200 Fly	2:16.03	2:16.03	2:12.91	2:12.91	2:33.81	2:33.81	2:32.57	2:30.99	8641	8641	8773	8864
200 IM	2:20.81	2:20.81	2:20.81	2:20.81	2:28.55	2:28.55	2:28.55	2:27.63	8683	8683	8829	8858
400 IM	4:59.31	4:59.31	4:59.31	4:59.31	5:25.02	5:22.74	5:21.73	5:21.69	8555	8578	8751	8791
TOTAL									142622	143654	144767	145472

**USA SWIMMING WESTERN ZONE TOP TEN
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50 M MALE 13	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	25.62	25.62	25.62	25.62		26.80	26.68	26.68	26.65		8356	8402	8402	8414
100 Free	56.09	56.09	56.09	56.09		58.39	58.28	57.71	57.71		8167	8234	8306	8306
200 Free	2:01.27	2:01.27	2:01.27	2:01.27		2:07.59	2:07.59	2:07.50	2:07.50		8176	8176	8200	8222
400 Free	4:17.36	4:17.36	4:17.36	4:17.36		4:33.03	4:33.03	4:30.46	4:29.81		8179	8179	8226	8275
800 Free	9:05.44	9:05.44	9:05.44	8:56.57		9:28.15	9:28.15	9:27.78	9:27.78		7812	7812	7814	7966
1500 Free	17:24.86	17:24.86	17:24.86	17:24.86		18:22.44	18:22.44	18:04.40	18:04.40		7562	7562	7816	7816
100 Back	1:04.01	1:04.01	1:03.94	1:03.94		1:07.07	1:06.89	1:06.89	1:06.58		8280	8373	8471	8483
200 Back	2:17.62	2:17.62	2:17.62	2:16.40		2:24.82	2:24.49	2:24.14	2:24.14		8073	8078	8205	8227
100 Breast	1:08.43	1:08.15	1:08.15	1:08.15		1:13.77	1:13.77	1:13.66	1:13.66		8932	8941	8945	8945
200 Breast	2:28.89	2:24.04	2:24.04	2:24.04		2:39.56	2:39.30	2:39.30	2:39.30		8761	8878	8942	8942
100 Fly	58.57	58.57	58.57	58.57		1:04.16	1:03.89	1:03.62	1:03.60		8378	8471	8620	8645
200 Fly	2:19.18	2:19.18	2:13.30	2:13.30		2:23.43	2:23.23	2:21.83	2:21.78		8222	8246	8493	8514
200 IM	2:17.42	2:17.42	2:17.42	2:17.42		2:23.30	2:23.30	2:22.70	2:22.70		8559	8594	8620	8663
400 IM	4:49.31	4:49.31	4:49.31	4:49.31		5:06.78	5:06.32	5:04.88	5:03.59		8254	8298	8467	8596
TOTAL											115711	116244	117527	118014

50 M MALE 14	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	24.97	24.97	24.66	24.66		26.13	26.13	26.07	25.77		7991	7991	8119	8185
100 Free	53.21	53.21	53.21	53.21		56.37	56.37	56.23	55.87		8379	8379	8398	8474
200 Free	1:54.53	1:54.53	1:54.53	1:54.53		2:03.70	2:03.16	2:02.98	2:02.83		8321	8340	8368	8451
400 Free	4:06.08	4:06.08	4:06.08	4:06.08		4:22.20	4:21.79	4:21.07	4:19.25		8173	8241	8255	8346
800 Free	8:29.24	8:29.24	8:29.24	8:29.24		9:09.90	9:05.44	9:05.44	9:03.83		7816	7933	7933	8070
1500 Free	16:23.81	16:23.81	16:23.81	16:23.81		17:34.91	17:34.91	17:34.91	17:34.52		7885	7885	7885	7957
100 Back	1:00.72	1:00.72	58.68	58.68		1:04.27	1:03.88	1:03.74	1:03.63		8291	8306	8413	8491
200 Back	2:12.98	2:12.98	2:11.70	2:11.70		2:18.98	2:18.98	2:17.54	2:17.13		7942	7942	8115	8207
100	1:08.33	1:08.33	1:08.33	1:07.65		1:11.02	1:11.02	1:11.02	1:11.02		8605	8605	8605	8627
200	2:27.21	2:27.21	2:27.21	2:25.92		2:34.18	2:34.18	2:34.18	2:34.04		8467	8467	8467	8487
100 Fly	57.81	57.81	57.81	57.81		1:01.03	1:01.03	1:00.90	1:00.81		8478	8478	8551	8629
200 Fly	2:09.48	2:09.48	2:09.48	2:09.48		2:15.79	2:15.79	2:14.99	2:14.89		8388	8388	8420	8461
200 IM	2:14.61	2:14.61	2:14.61	2:14.61		2:18.03	2:18.03	2:17.90	2:17.90		8249	8249	8283	8283
400 IM	4:43.53	4:43.53	4:43.53	4:43.53		4:57.16	4:57.16	4:56.52	4:56.06		8190	8190	8221	8241
TOTAL											115175	115394	116033	116909

**USA SWIMMING WESTERN ZONE TOP TEN
COMPARISON THRU JUNE 24, 2015**

50 M MALE 15	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	24.65	24.65	24.62	24.62		25.25	25.25	25.13	25.13		8064	8064	8158	8158
100 Free	52.54	52.54	52.54	52.54		55.31	55.31	54.93	54.93		8223	8223	8347	8347
200 Free	1:53.48	1:53.48	1:53.48	1:53.48		1:59.09	1:59.09	1:58.97	1:58.97		8526	8526	8569	8569
400 Free	3:59.80	3:59.80	3:59.80	3:59.80		4:12.03	4:12.03	4:12.03	4:12.03		8392	8392	8392	8396
800 Free	8:21.36	8:21.36	8:21.36	8:21.36		8:56.70	8:56.70	8:55.88	8:55.88		7890	7890	7904	7910
1500 Free	15:47.99	15:47.99	15:47.99	15:47.99		16:52.74	16:52.74	16:49.46	16:49.46		8119	8119	8153	8153
100 Back	59.51	59.51	59.51	59.51		1:02.78	1:02.78	1:02.69	1:02.57		8121	8121	8154	8159
200 Back	2:08.39	2:08.39	2:07.26	2:07.26		2:16.06	2:16.06	2:15.63	2:15.20		8009	8009	8150	8157
100 Breast	1:02.99	1:02.99	1:02.99	1:02.99		1:10.23	1:10.23	1:09.21	1:09.00		8710	8710	8780	8909
200 Breast	2:13.76	2:13.76	2:13.76	2:13.76		2:31.81	2:31.26	2:31.26	2:29.71		8626	8738	8738	8780
100 Fly	56.66	56.66	56.66	56.66		59.92	59.92	59.54	59.54		7991	7991	8150	8150
200 Fly	2:03.21	2:03.21	2:03.21	2:03.21		2:13.29	2:13.29	2:11.75	2:11.75		8332	8332	8377	8377
200 IM	2:08.42	2:08.42	2:08.42	2:08.42		2:14.44	2:13.80	2:13.68	2:13.68		8158	8220	8223	8223
400 IM	4:27.38	4:27.38	4:27.38	4:27.38		4:49.38	4:49.38	4:46.81	4:46.81		8111	8111	8161	8161
TOTAL											115272	115446	116256	116449

50 M MALE 16	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	23.21	23.21	23.21	23.21		24.72	24.72	24.63	24.52		8492	8492	8539	8548
100 Free	50.82	50.82	50.82	50.82		53.64	53.64	53.64	53.64		8483	8483	8483	8483
200 Free	1:54.20	1:54.20	1:54.20	1:54.20		1:57.95	1:57.95	1:57.95	1:57.95		8205	8205	8205	8205
400 Free	4:00.09	4:00.09	4:00.09	4:00.09		4:11.13	4:11.13	4:11.13	4:10.37		8082	8082	8082	8132
800 Free	8:26.33	8:26.33	8:26.33	8:20.09		8:55.68	8:55.68	8:53.99	8:48.71		7514	7514	7549	7725
1500 Free	15:37.46	15:37.46	15:37.46	15:37.46		16:35.02	16:35.02	16:35.02	16:35.02		8335	8335	8335	8335
100 Back	56.82	56.82	56.82	56.82		1:00.54	1:00.54	1:00.21	1:00.21		8669	8669	8738	8749
200 Back	2:02.72	2:02.72	2:02.72	2:02.72		2:11.27	2:11.27	2:11.27	2:11.27		8540	8540	8540	8540
100 Breast	1:03.90	1:03.90	1:03.90	1:03.90		1:08.12	1:08.03	1:07.36	1:07.36		8693	8746	8837	8837
200 Breast	2:21.06	2:21.06	2:21.06	2:21.06		2:29.77	2:29.74	2:27.26	2:26.58		8515	8611	8690	8730
100 Fly	53.84	53.84	53.84	53.84		58.06	58.06	58.06	58.06		8434	8434	8434	8444
200 Fly	2:06.08	2:06.08	2:06.08	2:06.08		2:10.41	2:10.41	2:10.41	2:10.34		8109	8109	8109	8115
200 IM	2:08.48	2:08.48	2:08.46	2:08.46		2:12.80	2:12.80	2:12.59	2:12.54		8384	8384	8472	8507
400 IM	4:31.70	4:31.70	4:31.70	4:31.70		4:44.61	4:44.61	4:44.40	4:44.14		8067	8067	8095	8099
TOTAL											116522	116671	117108	117449

**USA SWIMMING WESTERN ZONE TOP TEN
COMPARISON THRU JUNE 24, 2015**

50 M MALE 17	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	23.44	23.44	23.44	23.44		24.35	24.31	24.31	24.16		8234	8266	8266	8332
100 Free	51.10	51.10	51.10	51.08		52.98	52.98	52.98	52.80		8281	8281	8281	8405
200 Free	1:50.10	1:50.10	1:50.10	1:49.50		1:56.12	1:56.06	1:55.91	1:55.44		8305	8381	8420	8634
400 Free	3:56.66	3:56.66	3:56.66	3:56.66		4:05.71	4:05.71	4:05.71	4:05.42		8391	8391	8391	8458
8000	8:11.14	8:11.14	8:11.14	8:11.14		8:42.81	8:41.52	8:41.52	8:39.36		7838	7955	8037	8148
1500	15:29.39	15:29.39	15:29.39	15:29.39		16:32.01	16:32.01	16:32.01	16:32.01		8257	8257	8257	8283
100 Back	57.64	57.64	57.64	57.64		59.45	59.45	59.37	59.22		8359	8359	8418	8441
200 Back	2:04.37	2:04.37	2:04.37	2:04.37		2:10.17	2:10.17	2:08.89	2:08.64		8286	8286	8336	8431
100	1:03.69	1:03.69	1:03.69	1:03.69		1:06.71	1:06.52	1:06.52	1:06.52		8623	8634	8634	8634
200	2:18.35	2:18.35	2:18.35	2:18.35		2:26.42	2:26.42	2:26.36	2:26.19		8517	8521	8529	8539
100 Fly	54.07	54.07	54.07	54.07		57.12	57.12	56.77	56.76		8398	8407	8463	8523
200 Fly	1:59.56	1:59.56	1:59.56	1:59.56		2:07.23	2:07.23	2:07.23	2:06.40		8488	8488	8488	8561
200 IM	2:04.31	2:04.31	2:04.31	2:04.31		2:09.93	2:09.93	2:09.93	2:09.93		8453	8453	8454	8458
400 IM	4:27.66	4:27.66	4:27.66	4:27.66		4:37.07	4:37.07	4:37.07	4:37.07		8341	8341	8341	8341
TOTAL											116771	117020	117315	118188

50 M MALE 18	FIRST					TENTH					POWER POINTS			
	6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24		6/3	6/10	6/17	6/24
50 Free	23.58	23.58	23.47	23.47		24.07	24.07	24.07	24.04		8409	8409	8424	8427
100	50.53	50.53	50.53	50.53		53.32	53.32	53.29	53.21		8034	8034	8074	8152
200	1:54.40	1:54.40	1:54.40	1:53.30		1:57.09	1:57.09	1:57.09	1:55.95		7962	7962	7962	8171
400	3:58.53	3:58.53	3:58.53	3:58.53		4:10.81	4:10.49	4:10.49	4:09.56		7717	7720	7720	7870
8000	8:12.76	8:12.76	8:12.76	8:12.76		9:02.97	9:02.97	9:02.97	8:54.83		7389	7443	7647	7647
1500	15:45.30	15:45.30	15:45.30	15:45.30		16:39.43	16:39.43	16:39.43	16:39.43		8101	8101	8101	8101
100	57.4	57.4	57.40	57.40		1:01.12	1:01.12	1:01.12	1:00.53		8037	8037	8037	8284
200	2:02.87	2:02.87	2:02.87	2:02.87		2:14.66	2:14.60	2:13.74	2:12.05		7675	7728	7744	7829
100	1:04.58	1:04.58	1:04.58	1:04.58		1:08.29	1:08.09	1:07.55	1:07.51		8101	8128	8171	8216
200	2:21.16	2:21.16	2:21.16	2:19.89		2:27.88	2:27.88	2:26.99	2:26.58		8371	8371	8409	8481
100 Fly	54.4	54.4	54.40	53.68		56.92	56.92	56.92	56.84		8281	8281	8281	8499
200 Fly	2:04.65	2:04.65	2:04.65	1:59.73		2:08.83	2:08.83	2:08.83	2:07.34		7980	7980	7993	8237
200 IM	2:05.58	2:05.58	2:05.58	2:05.58		2:10.81	2:10.81	2:10.81	2:09.96		8335	8335	8335	8390
400 IM	4:28.30	4:28.30	4:28.30	4:28.30		4:47.69	4:47.69	4:47.69	4:43.95		7802	7802	7802	8001
TOTAL											112194	112331	112700	114305