

Western Zone Age Group Championship Time Standards 2019

Women			10 & Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:32.79	0:31.99	0:28.89	50 Free	0:32.79	0:31.99	0:28.79
1:11.99	1:10.39	1:03.39	100 Free	1:11.69	1:10.09	1:03.09
2:36.99	2:33.79	2:18.59	200 Free	2:36.29	2:33.09	2:17.89
0:38.69	0:38.09	0:34.29	50 Back	0:38.89	0:38.29	0:34.49
1:23.49	1:22.29	1:14.09	100 Back	1:23.99	1:22.79	1:14.59
0:43.59	0:42.59	0:38.39	50 Breast	0:44.19	0:43.19	0:38.89
1:35.09	1:33.09	1:23.79	100 Breast	1:36.19	1:34.19	1:24.89
0:35.89	0:35.19	0:31.69	50 Fly	0:36.19	0:35.49	0:31.99
1:22.79	1:21.39	1:13.29	100 Fly	1:22.59	1:21.19	1:13.09
2:56.89	2:53.69	2:36.49	200 IM	2:57.59	2:54.39	2:37.09

11-12

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:29.39	0:28.59	0:25.69	50 Free	0:29.39	0:28.59	0:25.69
1:04.69	1:03.09	0:56.79	100 Free	1:03.99	1:02.39	0:56.19
2:19.99	2:16.79	2:03.29	200 Free	2:19.09	2:15.89	2:02.39
4:54.99	4:48.59	5:30.59	400/500 Free	4:54.09	4:47.69	5:29.49
0:34.29	0:33.69	0:30.29	50 Back	0:34.49	0:33.89	0:30.49
1:13.59	1:12.39	1:05.19	100 Back	1:13.69	1:12.49	1:05.29
2:42.09	2:39.69	2:23.89	200 Back	2:40.39	2:37.99	2:22.39
0:38.29	0:37.29	0:33.59	50 Breast	0:37.89	0:36.89	0:33.29
1:23.69	1:21.69	1:13.59	100 Breast	1:23.29	1:21.29	1:13.19
3:03.29	2:59.29	2:41.59	200 Breast	3:02.19	2:58.19	2:40.49
0:32.09	0:31.39	0:28.29	50 Fly	0:31.89	0:31.19	0:28.19
1:11.59	1:10.19	1:03.19	100 Fly	1:11.39	1:09.99	1:03.09
2:45.89	2:43.09	2:26.89	200 Fly	2:45.39	2:42.59	2:26.49
2:38.19	2:34.99	2:19.69	200 IM	2:37.09	2:33.99	2:18.69
5:45.49	5:39.09	5:05.49	400 IM	5:39.99	5:33.59	5:00.59

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:28.69	0:27.89	0:25.09	50 Free	0:26.79	0:25.99	0:23.39
1:02.09	1:00.49	0:54.49	100 Free	0:58.19	0:56.59	0:50.99
2:14.49	2:11.29	1:58.29	200 Free	2:06.59	2:03.39	1:51.09
4:41.79	4:35.39	5:15.69	400/500 Free	4:30.19	4:23.79	5:02.69
9:50.29	9:37.49	11:01.39	800/1000 Free	9:29.39	9:16.59	10:37.99
18:53.19	18:29.19	18:30.99	1500/1650 Free	18:09.39	17:45.39	17:47.99
1:10.39	1:09.19	1:02.39	100 Back	1:06.79	1:05.59	0:59.09
2:31.19	2:28.79	2:14.09	200 Back	2:23.89	2:21.49	2:07.49
1:20.29	1:18.29	1:10.49	100 Breast	1:14.89	1:12.89	1:05.69
2:53.29	2:49.29	2:32.49	200 Breast	2:43.19	2:39.19	2:23.39
1:08.59	1:07.19	1:00.49	100 Fly	1:03.99	1:02.59	0:56.39
2:33.69	2:30.89	2:15.89	200 Fly	2:24.39	2:21.59	2:07.49
2:32.29	2:29.09	2:14.29	200 IM	2:22.99	2:19.79	2:05.99
5:23.59	5:17.19	4:45.79	400 IM	5:05.79	4:59.39	4:29.69