

**2019 Western Zone Age Group Championships
Gresham, Oregon
August 7-10, 2019
Wednesday, August 7, 2019
Preliminaries Timeline**

		<u>No. of Heats</u>	<u>Est. Start Time</u>
Event #1	Girls 11-12 400 Meter Individual Medley	4	8:30 AM
Event #2	Boys 11-12 400 Meter Individual Medley	3	8:52 AM
<i>*The fastest heats of Events 1 and 2 will swim during finals.</i>			
Event #3	Girls 10 & Under 50 Meter Breaststroke	5	9:09 AM
Event #4	Boys 10 & Under 50 Meter Breaststroke	4	9:14 AM
Event #5	Girls 11-12 50 Meter Breaststroke	6	9:18 AM
Event #6	Boys 11-12 50 Meter Breaststroke	5	9:24 AM
Event #7	Girls 13-14 100 Meter Breaststroke	8	9:29 AM
Event #8	Boys 13-14 100 Meter Breaststroke	7	9:38 AM
Event #9	Girls 10 & Under 200 Meter Freestyle	5	9:46 AM
Event #10	Boys 10 & Under 200 Meter Freestyle	4	9:59 AM
Event #11	Girls 11-12 100 Meter Freestyle	11	10:09 AM
Event #12	Boys 11-12 100 Meter Freestyle	7	10:19 AM
Event #13	Girls 13-14 100 Meter Freestyle	13	10:26 AM
Event #14	Boys 13-14 100 Meter Freestyle	12	10:37 AM
Event #15	Girls 10 & Under 100 Meter Backstroke	6	10:46 AM
Event #16	Boys 10 & Under 100 Meter Backstroke	4	10:54 AM
Event #17	Girls 11-12 100 Meter Backstroke	8	10:59 AM
Event #18	Boys 11-12 100 Meter Backstroke	6	11:09 AM
Event #19	Girls 13-14 200 Meter Backstroke	10	11:15 AM
Event #20	Boys 13-14 200 Meter Backstroke	9	11:40 AM

10 Minute Break

Distance Freestyle

Event #21	Girls 13-14 800 Meter Freestyle	4	12:11 PM
Event #22	Boys 13-14 800 Meter Freestyle	5	
<i>*Events 21 and 22 will alternate heats girls/boys.</i>			

End of Session

1:41 PM

All events will swim fastest to slowest.

All heats of the 50 Meter Breaststroke will start from the East/Scoreboard end of the pool.

All heats of the 800 Meter Freestyle will start from the West/Finals end of the pool.

For all other events, all odd-numbered heats will start from the West/Finals end of the pool and all even-numbered heats will start from the East/Scoreboard end of the pool.

Relay Cards are due at 12:00 PM.

Scratch box for tomorrow's events closes at 4:30 PM today.