

2015 Age Group Western Zone Time Standards

Girls			Boys			
LCM	SCM	SCY	10 & Under	LCM	SCM	SCY
0:33.19	0:32.39	0:29.19	50 Free	0:32.99	0:32.19	0:28.99
1:12.29	1:10.69	1:03.69	100 Free	1:12.49	1:10.89	1:03.89
2:38.09	2:34.89	2:19.59	200 Free	2:37.79	2:34.59	2:19.19
0:39.19	0:38.59	0:34.79	50 Back	0:39.39	0:38.79	0:34.99
1:24.29	1:23.09	1:14.89	100 Back	1:25.09	1:23.89	1:15.59
0:44.09	0:43.09	0:38.89	50 Breast	0:44.89	0:43.89	0:39.59
1:35.89	1:33.89	1:24.59	100 Breast	1:37.29	1:35.29	1:25.89
0:36.49	0:35.79	0:32.19	50 Fly	0:36.69	0:35.99	0:32.39
1:23.59	1:22.19	1:13.99	100 Fly	1:23.99	1:22.59	1:14.49
2:58.39	2:55.19	2:37.89	200 IM	2:58.79	2:55.59	2:38.19

LCM	SCM	SCY	11-12	LCM	SCM	SCY
0:29.49	0:28.69	0:25.89	50 Free	0:29.49	0:28.69	0:25.89
1:04.79	1:03.19	0:56.99	100 Free	1:04.29	1:02.69	0:56.49
2:20.39	2:17.19	2:03.69	200 Free	2:19.99	2:16.79	2:03.19
4:56.19	4:49.79	5:31.79	400/500 Free	4:56.49	4:50.09	5:32.29
0:34.59	0:33.99	0:30.69	50 Back	0:34.69	0:34.09	0:30.79
1:14.09	1:12.89	1:05.69	100 Back	1:14.39	1:13.19	1:05.89
2:46.49	2:44.09	2:27.79	200 Back	2:43.69	2:41.29	2:25.39
0:38.49	0:37.49	0:33.79	50 Breast	0:38.19	0:37.19	0:33.59
1:23.99	1:21.99	1:13.89	100 Breast	1:24.09	1:22.09	1:13.89
3:09.29	3:05.29	2:46.89	200 Breast	3:05.99	3:01.99	2:43.99
0:32.29	0:31.59	0:28.49	50 Fly	0:32.39	0:31.69	0:28.59
1:12.29	1:10.89	1:03.89	100 Fly	1:12.69	1:11.29	1:04.29
2:49.69	2:46.89	2:30.39	200 Fly	2:46.59	2:43.79	2:27.59
2:38.69	2:35.49	2:20.09	200 IM	2:38.69	2:35.49	2:20.09
5:55.59	5:49.19	5:14.59	400 IM	5:50.59	5:44.19	5:10.09

LCM	SCM	SCY	13-14	LCM	SCM	SCY
0:28.89	0:28.09	0:25.39	50 Free	0:27.09	0:26.29	0:23.69
1:02.49	1:00.89	0:54.89	100 Free	0:58.69	0:57.09	0:51.49
2:15.09	2:11.89	1:58.89	200 Free	2:07.79	2:04.59	1:52.19
4:44.39	4:37.99	5:18.69	400/500 Free	4:31.49	4:25.09	5:04.19
9:51.49	9:38.69	11:02.79	800/1000 Free	9:29.79	9:16.99	10:38.39
18:55.89	18:31.89	18:33.69	1500/1650 Free	18:08.09	17:44.09	17:46.69
1:11.09	1:09.89	1:02.89	100 Back	1:07.89	1:06.69	1:00.09
2:32.19	2:29.79	2:14.99	200 Back	2:25.99	2:23.59	2:09.39
1:20.89	1:18.89	1:11.09	100 Breast	1:15.69	1:13.69	1:06.39
2:53.69	2:49.69	2:32.89	200 Breast	2:44.49	2:40.49	2:24.59
1:09.09	1:07.69	1:00.99	100 Fly	1:04.89	1:03.49	0:57.19
2:35.19	2:32.39	2:17.29	200 Fly	2:26.59	2:23.79	2:09.59
2:33.49	2:30.29	2:15.39	200 IM	2:24.49	2:21.29	2:07.29
5:24.89	5:18.49	4:46.89	400 IM	5:08.09	5:01.69	4:31.79