



OREGON SWIMMING, INC.
2023 OSI Senior/Region XII Arena SC Championships
March 2-5, 2023

Hosted by Corvallis Aquatic Team ~ Sponsored by Oregon Swimming Inc.

Osborn Aquatic Center
 1940 NW Highland Drive, Corvallis, OR 97330
 Facility Phone: (541) 766-7946

ENTRY DEADLINE: Wednesday, February 22, 2023 * NOON PST

Held under the sanction of Oregon Swimming, Inc. & USA Swimming, Inc.
 Sanction # 23-009 ~~ Time Trials Sanction #23-010

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Referee

Jack Burnett
jhacjack@comcast.net

Admin Referee

Jacki Allender
Jacki.Allender@gmail.com

Meet Director

Jenny Graham
meetdirector@corvallisaquaticteam.org

Oregon Swimming

Debbie Laderoute
debbie@oregonswimming.org

COMPETITION SCHEDULE	PRELIMINARIES	FINALS
Thursday, March 2	N/A	Warm-up: 4:00 pm Competition: 5:00 pm
Friday-Sunday, March 3-5	Warm-up: 8:00 am Competition: 9:30 am	Warm-up: No earlier than 2 hours after the conclusion of the preliminary session Competition: 1 hour after the start of warm-ups
MEETING SCHEDULE		
Officials Meetings	60 minutes prior to the start of each session	
Coaches Meetings	Thursday 3:45 pm, 7:30 am Friday; others as announced by the Meet Referee.	

*Preliminary and Final timelines may be adjusted at the discretion of OSI and the Meet Referee
 Breaks may be added to any session at the discretion of the Meet Referee
 Time trial session length may be adjusted at the discretion of the Meet Referee*

Rules and Requirements

- Current USA Swimming and OSI Rules will be enforced. *Exceptions are noted on the Positive Check-In Schedule on page 5.*
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they



understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

- OSI safety guidelines and warm-up procedures will be strictly enforced.
- Medical services available: Facility staff and lifeguards on duty, access to first responders via 911.
- No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
- Unaccompanied athletes must be assigned a certified coach. Please contact the Meet Director for assistance.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing racing starts or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- All club or individual members entering OSI Championship meets must be in good standing with no outstanding money owed to Oregon Swimming. All payments must be made prior to the meet entry deadline. Any club or member not in good standing may be denied entry into the meet.

Facility

Pools:

- Indoor 50 meter pool with 25 yard competition course in deep end; eight 7-ft. wide lanes; 13 ft. to 6 ft. deep with bulkhead at turn end. The competition course has not been certified in accordance with 104.2.2C(4).
- Shallow end of indoor pool and outdoor six lane 25 meter pool will be available for warm-up/cool-down.
- Equipment:
 - Daktronics timing system with automatic touchpads and buttons and alpha-numeric scoreboard.
 - Colorado Championship starting system.
 - Kiefer Custom Freestyle/Olympian starting blocks, with grab rails, foot chocks, and non-skid platforms.

Access:

- Facility opens at **3:30 pm Thursday and 7:30 am Friday through Sunday**. No spectator or athlete entrance to locker rooms, deck, or balcony before that time.
- *All coaches (with participating athletes), officials, and any other person required by sanction to be a member of USA Swimming must visibly display their valid membership credentials at all times.* Coaches must show current credentials to the Meet Director or designated volunteer upon arrival to the meet. Only athletes, credentialed coaches, officials, authorized volunteers, and facility employees are allowed in the competition area and behind the blocks.
- Facility is accessible to adaptive swimmers.

Seating:

- Spectator seating is limited to authorized areas only. Please observe facility signage for details. Chairs may be left overnight folded up against the wall to allow for cleaning of the deck. All other personal items must be removed from the facility at the end of each finals session.
- Folding chairs will not be allowed in the walkway areas within 10 feet of the pool to allow for adequate access around the pool.
- Disabled seating is available; contact Meet Director for details.

Parking:

- Please observe posted all no-parking signs, including in the shared middle school and Boys and Girls Club parking lots.



- No RV parking is allowed in the parking lots near the pool. Day use only RV parking is available around the city park located two blocks southwest of Osborn. No overnight camping allowed in the parking lots or neighborhoods - camping is available at the Benton County Fairgrounds and at the Albany/Corvallis KOA

Other:

- Concession items will be available throughout the meet.
- Live streaming may be available; information will be posted on oregonswimming.org and corvallisaquaticteam.org the week of the meet.

Restrictions

- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- There is no body shaving allowed in the swimming venue.
- Use of audio or visual recording devices including cell phones is not permitted in changing areas, restrooms, and locker rooms. Photography is not allowed behind the blocks. Flash photography is not allowed except by express permission of the Meet Referee. Private use of underwater video recording devices in the competition pool is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas and open-ceiling locker rooms) any time coaches, officials and/or spectators are present.
- Deck changes are prohibited.

Eligibility

- Athletes must be currently registered with USA Swimming within Region XII (Alaska, Hawaii, Inland Empire, Montana, Oregon, Pacific Northwest, Snake River, and Wyoming). No on-deck registration.
- Age on the first day of competition applies to the entire meet.
- Qualifying times (OSI 14 year old "A") must be achieved from February 1, 2022 through the entry deadline for this meet.
- Athletes may qualify for the 1650 using the 1500/1650 time standard or the 800/1000 time standard.
- If the qualifying time in an event is not achieved by the athlete at the meet, and proof of a qualifying time is not in the USA SWIMS database, appropriate proof of the qualifying time must be forwarded to the OSI office within 10 days after notification from the office. Failure to prove a qualifying time will result in a \$100 non-qualifying fine from OSI.

General Information

Format

- Preliminaries and finals; all events are deck seeded.
- The 1000 Free, 1650 Free, and all relays are **timed final** events.
- Excluding the 50 Free Shootout, all others are **prelim/final** events with C (Bonus), B (Consolation), and A (Championship) finals.
- The 50 Free Shootout are prelim/quarter/semi/final events:
 - Events 13a & 14a Friday prelim session (preliminary heats)
 - Events 13b & 14b Friday final session (top 24)
 - Events 13c & 14c Saturday final session (top 16)
 - Events 13d & 14d Sunday final session (top 8)
- Preliminary and timed final heats are conducted slowest to fastest, unless noted below.
 - 1000 Free and 1650 Free are conducted fastest to slowest, alternating women and men.
 - The fastest seeded heat of the 1650 Free is swum during finals on Sunday.



Entry Information

Limits:

- Athletes may enter six individual events, but not more than three individual events and two relays per day.
- Time trials count toward the three per day limit, but not the six per meet limit.
- The combination of individual meet events and time trial entries cannot exceed nine.

Deadlines & Process:

- Team Manager event file will be available on the Oregon Swimming website by January 23, 2023.
- Team Manager entry files and a pdf report of entries must be submitted via email to SCSeniorEntries@oregonswimming.org by **noon on Wednesday, February 22, 2023**. OSI will confirm receipt of entries by replying with a team entry report and an entry fee report.
- Teams are encouraged to ensure the accuracy of their entries prior to submitting the initial file. In the event that any changes are needed to the initial entries, they must be emailed to the entry address *by the above deadline. No late entries or changes will be accepted.*
- New qualifying entries achieved between February 22 and February 26 must be submitted by sending an email to SCSeniorEntries@oregonswimming.org by **noon on Monday, February 27**. The email should include the swimmer's name, USA Swimming ID#, event, and entry time. *Previously entered times will not be updated.*
- Entry times must be submitted in SCY, SCM, LCM. Converted times are not accepted.
- Entry fees for Oregon Swimming teams will be charged directly to the team's OSI account. All other teams and unattached athletes must pay by check (mail to OSI, PO Box 449, West Linn, OR 97068 or bring to Clerk of Course during check-in.)
- Questions regarding entries may be emailed to debbie@oregonswimming.org
- Athletes with disabilities are encouraged to enter the meet. Accommodation requests must be directed to the Meet Referee.

Relays:

- *Relay-Only* athletes must be entered in the meet and pay all applicable fees.
- For the 200 Medley and 200 Freestyle relays, entry times meeting the applicable 200 or 400 relay standard are eligible. Seeding priority is given to the teams entering with the 200 relay standard.
- Aggregate times may be used for relay entries.

Fees	\$15.00 surcharge per athlete	\$4.00 per individual event entry fee
	\$14.00 facility use fee per athlete	\$10.00 per relay entry fee
	\$5.00 electronic heat sheet fee per athlete	

Check in

Individual Events:

- All Individual events will be deck seeded.
- All distance events 1000 and longer also require positive check-in.
- All individual events not required to positively check-in may be scratched prior to the seeding deadline for that event. **See the Seeding/Positive Check-in Schedule on page 5 for deadlines.**
- Athletes are allowed to withdraw from preliminary events with a Declared False Start (DFS) after the seeding deadline.
- **Penalty** - Any athlete who fails to compete in an individual preliminary event for which they have been seeded is barred from participation in further individual and relay events that day. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim with the Admin Referee prior to the seeding/positive check-in deadline for that day.



Relay Events:

- Positive check-in is required for all relays. If relays do not check in for deck seeded events, they will be scratched and NOT permitted to compete in the event.
 - Coaches will be provided with a relay check-in report to make additions or changes to athlete names prior to seeding.
 - Post seeding relay name changes must be notated on the lane timer sheet, before commencement of the heat.
- Mixed relays will be conducted during Friday and Saturday finals' sessions.
 - The mixed 200 free and 200 medley relays must be composed of 2 female and 2 male athletes. Entry limit is 2 teams per club and must meet the OSI girls 14 year old A time standard.
- All other relays will take place during the preliminary sessions.

Seeding/Positive Check-In Schedule

DAY/SESSION	EVENT	ACTION REQUIRED	DEADLINE
Thursday timed finals	All events	Positive check-in	4:15 pm Thursday
Friday prelims	Individual events	Scratch for seeding	8:30 am Friday
Friday prelims	Relay events	Positive check-in	8:30 am Friday
Friday finals	Mixed 200 Free Relay	Positive check-in	Start of Friday finals session
Saturday prelims	Individual events	Scratch for seeding	8:30 am Saturday
Saturday prelims	Relay events	Positive check-in	8:30 am Saturday
Saturday finals	Mixed 200 Medley Relay	Positive check-in	Start of Saturday finals session
Sunday prelims	Individual events 200 & shorter	Scratch for seeding	1 hour after the start of Saturday finals session
Sunday prelims	1650 Free and relay events	Positive check-in	1 hour after the start of Saturday finals session

Finals Qualifiers

Scratch Procedure

- Any athlete qualifying for finals can scratch or declare their intent to scratch, within 30 minutes of the qualifiers announcement. Athletes who do not scratch will be seeded into finals.
- Athletes who have declared an intent to scratch have 30 minutes after the announcement of qualifiers for their last individual preliminary event, to codify the scratch with admin.
- **Penalty** - Any athlete who fails to compete in a final event for which they have been seeded, is barred from participation for the remainder of the meet. For final events that occur on Sunday, the athlete's club will also be subject to a \$100 fine payable to OSI.



Time Trials

Sanction #:23-010

Referee: To Be Determined

- Fee per entry: \$10 individual event, \$20 relay event.
- Time permitting, time trials will be conducted between prelims and finals. Entries will be accepted in the morning of that day's time trials. Open and close of entry period announced each day.
- Time trials count toward the three per day individual event entry limit, but not toward the six events per meet limit. The combination of individual meet events and time trial entries cannot exceed nine.
- Relay-only athletes are eligible to compete during any time trial session.
- Time trial participants must provide their own timers.

Awards

Individual: 1st place patch (limited to one per athlete) and medal, 2nd & 3rd place medals, 4th-8th place ribbons.

Relay: 1st thru 3rd place medals

Club: 1st thru 3rd place plaques

High point: Top scoring athlete for each gender

Scoring

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: Double the individual points

Note: Any relay that does not achieve the qualifying standard during the meet will receive awards but will not score.

Meet Results

At the conclusion of the meet a Team Manager results file, and the results in pdf form, will be available at www.oregonswimming.org, - Competition - Meets & Results page.

Timers

- Clubs will be assigned timing responsibilities. The Meet Director will notify clubs via email their timing assignments the week of the meet.
- Time trial athletes and those in the 1000 free and the prelims session of the 1650 free must provide their own timers.

Officials

- We always appreciate the help of certified officials. If you are attending this meet please complete the [Application to Officiate](#) which will notify the Meet Referee of your commitment.
- Uniform for officials is:
Prelims - White shirt over black pants/shorts/skirt, black socks and shoes.
Finals - White shirt over black pants/knee length skirt, black socks and shoes.
- This meet is designated as a National Qualifying Meet for Officials (OQM). Officials wishing to apply for N2/N3 evaluation are required to submit an application, preferably before commencement of the meet. Early applications are given preference; please complete the [Application to Officiate](#) indicating your request for evaluation/mentorship. For additional information contact Judi Creech, Oregon Officials Chair at jjjccreech@comcast.net.

Hospitality

Hospitality will be provided for officials and coaches. Water bottle filling stations are available on deck and in the lobby.



SCHEDULE OF EVENTS

Thursday, March 2, 2023

<u>Timed Finals:</u>		
1	1000 Freestyle ^{vw}	2
3	800 Freestyle Relay ^v	4

Friday, March 3, 2023

<u>Preliminaries:</u>			<u>Finals:</u>		
5	200 Medley Relay ^{vx}	6	7	200 Breaststroke	8
7	200 Breaststroke	8	9	100 Butterfly	10
9	100 Butterfly	10	11	500 Freestyle	12
11	500 Freestyle	12	13b	50 Free Shootout Quarterfinal (top 24)	14b
13a	50 Free Shootout Preliminaries	14a	15	200 IM	16
15	200 IM	16	17	200 Mixed Freestyle Relay ^{vy}	17

Saturday, March 4, 2023

<u>Preliminaries:</u>			<u>Finals:</u>		
19	400 Freestyle Relay ^{vx}	20	21	400 IM	22
21	400 IM	22	13c	50 Free Shootout Semifinal (top 16)	14c
23	100 Breaststroke	24	23	100 Breaststroke	24
25	100 Backstroke	26	25	100 Backstroke	26
27	200 Freestyle	28	27	200 Freestyle	28
			29	200 Mixed Medley Relay ^{vy}	29

Sunday, March 5, 2023

<u>Preliminaries:</u>			<u>Finals:</u>		
31	400 Medley Relay ^{vx}	32	13d	50 Free Shootout Final (Top 8)	14d
33	200 Backstroke	34	33	200 Backstroke	34
37	100 Freestyle	38	35	1650 Freestyle ^{vz}	36
39	200 Butterfly	40	37	100 Freestyle	38
41	200 Freestyle Relay ^{vx}	42	39	200 Butterfly	40
35	1650 Freestyle ^{vz}	36			

^v Timed final event

^x All heats in prelims

^z Fastest heat of women and men will be swum in finals. All other heats will be swum in prelims, fastest to slowest, alternating women's and men's heats.

^w Swum fastest to slowest, alternating women and men's heats

^y All heats in finals

