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Mission Statement: To champion the development and achievement of the Oregon Swimming Community.

OSI Board Meeting Wednesday, July 7, 2021- 7:00 pm, Zoom Conference Call		
TOPIC	DISCUSSION/ RECOMMENDATION	ACTION/ FOLLOW UP
Attendees	Jacki Allender, Spencer Ahten , Jody Braden , Julie Carpenter , Judi Creech, Matt Crum, Fallon DeWitt, Dan Gipe, Jeff Gudman, Rick Guenther, Andrew Huang, Avery Keinonen, Debbie Laderoute, Marilyn Loitz, Murilo Martins , Emily Melina, Julia Murphy, Sheila Lovell Otterstrom, Lissa Parker, Christopher Pfaffenroth, Shelly Rawding, Mark Rieniets, Quentin Rieniets, Russel Scovel, Rhonda Soule, Evangelina Swift , Eleanor Snyder, Rex Watkins	
Welcome, Agenda Items/Consent Agenda, Special Announcements		
Shelly Rawding welcomed attendees at 7:00 pm. Shelly congratulated Kaitlyn Dobler on her 5 th place at Olympic Trials last month and to all the swimmers that participated, and the officials that worked there. She also announced that the new OSI webmaster is Judy Chen. (See Shelly's submitted report below). The consent agenda was approved. Items to be pulled were the Officials, Operational Risk and the Athlete Representative reports. Also asked to be discussed were the 11 & Over Championships and the HOD meeting this fall.		
Treasurer's Report		
Rhonda Soule reported that we will be applying for forgiveness for the second PPP loan that OSI received. She hopes that will be straightforward and reflected in next month's reporting. Otherwise there were no questions about her regularly submitted financial reports.		
Past Minutes		
The minutes from the June 2, 2021 were approved as presented.		
Chair Reports		
General Chair	See submitted report.	
Admin Chair	No report.	
Senior Chair	See submitted report.	
Age Group Chair	No report.	
Coaches Rep.	No report.	
Officials	See submitted report.	
Op. Risk Coordinator	No report.	
Safe Sport Coordinator	No report.	
DEI	No report.	
Athletes	See submitted report.	
Sanctions	No report.	

Office	See submitted report.	
Other	No other submitted reports. Zone update included in Office report.	
New Business & Pulled Reports		
Operational Risk	<p>Russel Scovel reported that for Operational Risk he has received quarterly statistics, the usual occurrences are reported, however we did have one significant event which he will send out a report on later.</p> <p>He is working on the training component as many people will be needing updates. He is also recertifying his lifeguarding and hopes to be up to date soon. He is asking Debbie Laderoute for a list of those needing recertification (e.g. coaches) and updates- there will be probably at least 60-90 members. He will be rolling out trainings.</p>	Upcoming Trainings will be scheduled
Athlete Report	<p>Fallon DeWitt announced that they will have our athletes Leadership Summit this coming weekend which will cover nutrition, mental health, leadership styles and governance with various speakers, so please encourage your high school swimming athletes to join in. It is free to athlete- the deadline is June 8th. Please send the information out to your athletes and encourage attendance. Her Senior Athlete term is ending soon -and we will be looking for another Junior Athlete Rep. (See her submitted report below).</p>	Informational-see submitted report regarding Leadership Summit
Officials Report	<p>Judi Creech reported that we have had an uptick in registered officials and are now at 371. Only out of that only 15 still need to fully complete their certification. Some teams have done a good job of recruiting parents- she encouraged this as a year- round process. There have only been 2 that have applied for financial assistance. Having an updated meet schedule/ calendar would be helpful for getting volunteers and facilitating training. Discussion was held about the unavailability of Rule Books- she asked Debbie Laderoute for an update. Debbie had a brief part of her report about the difficulty of ordering them through Swim Outlet. She currently has 18 only and has ordered 100 of the mini rule books and looking into printing the pdf. It has been an onerous process. Shelly Rawding is meeting with Jane Grosser from USA Swimming tomorrow and will bring this topic up with her, this is not helpful to our officials.</p>	<p>Continue to encourage teams to recruit officials</p> <p>Discuss Rule Book issues with USA Swimming- Shelly Rawding</p>
Meets Calendar	<p>Debbie Laderoute said that Murilo Martins is unable to attend tonight to talk about our meet calendar- she liaised with him recently. He does have the host meet applications ready to go out to all OSI teams which will be due August 31, 2021. With other applications that come to him sooner he will have a tentative calendar posted by mid- August and hopes to have a finalized calendar by mid – September.</p> <p>Also discussed was if teams would still host the previously scheduled championship meets that they were originally hosting/ awarded. Rhonda Soule said that her guess would be that CAT would be available for 11-14's. Debbie clarified that McMinnville would like to still host the 10 and Under meet. After further discussion it was decided to let those teams have the first right of refusal (i.e. McMinnville for 10 and Unders) and then open them up for meet bids for 11-14's and Senior Champs. This was approved.</p> <p>Rex Watkins added that they should have their meet bids/ applications in by the end of September 2021. Debbie will let Murilo know about these changes.</p>	Calendar applications are going out, and Champs Meets for next winter process approved

AG Zones Update	Debbie Laderoute announced that they have selected the 5 Zone coaches, the information is included in her submitted report. Our staffing needs may change depending on numbers of athletes- at this time we have 16 that have applied that have zone cuts and are ready to travel. The last day to submit applications is the day after 11 and Over Champs. There will be no spectators allowed for prelims- but they will be allowed for finals, and parents are prepared to travel to the meet for those swimmers that have signed up so far. Other plans are still up in the air	Informational
Proposal for adding funding for officials to E. Oregon Meets	<p>Julia Murphy brought forward a proposal about OSI helping fund travel expenses for those officials willing to travel to Eastern Oregon to help support teams in hosting sanctioned meets, so that athletes can achieve times. Part of her area is Eastern Oregon and historically it has been very difficult for them to get officials- it is quite isolated. It is a real hardship for them- she is requesting that OSI consider paying for travel and lodging for OSI to support those summer league teams i.e. in a three- year plan for 2022 through 2024. These points were discussed:</p> <ol style="list-style-type: none"> 1) We need to mentor people out there to grow the officials 2) Many OSI officials do not want to travel out there- it is very far 3) These swimmers pay splash fees & support our OSI travel fund 4) Carpooling with officials could be a possibility, she is currently traveling with Fran and Norm Hart for a few meets 5) There is one official working in E. Oregon now certifying as a starter 6) Some E. Oregon summer leagues have over 100+ swimmers 7) In the past the E. Oregon league teams had many swimmers 8) Discussion about funding costs were discussed, how much per meet and how many meets a year? 9) No more than probably about 6 meets to cover for travel – about \$2,000.00 per year 10) We should explore the topic further- put an expenses cap per meet, to be no more than \$500 per meet <p>After further discussion about where the money would come from, and which area would be supported it was suggested that we come up with a work group to finish working on this proposal. Russel Scovel spoke to his experience about coaching at Lakeview for four years- it is a large summer team with many potential officiating parents. He is willing to go to E. Oregon as an official as well to help support this effort.</p> <p>The original motion proposed by Julia Murphy was tabled and it was decided to move this proposal to the Officials Committee to wordsmith it and bring it back to the next OSI Board meeting. Mark Rieniets added that the Governance Committee would be able to help with this. Judi Creech added that she would like to invite Mark Rieniets and Russel Scovel to help work on this proposal.</p>	Refine this proposal in the Officials' Committee – bring back to next OSI meeting
Mental Health Workshop	Shelly Rawding said that the Niagara LSC spotlight on mental health and their presentation was very good (see her submitted report). She would like to have this link on our website and support local resources for mental health for our members. Fallon DeWitt said that the athletes have been collecting resources- she has been focused on this topic can send those to Shelly. Any other athletes are welcome to help with this effort.	Ongoing project- mental health resources for the website

<p>COVID- 19 Guidelines for Champs, Meets</p>	<p>Shelly Rawding brought up the COVID-19 guidelines, such as for our upcoming 10 & Unders meet. People have been making inquiries as to whether we are going to be more restrictive for this meet. Rex Watkins explained that the Albany pool is getting many inquiries about this meet- swimmers are unvaccinated in this age group. The original plan was to not have parents inside the building and spread families outside as much as possible. The high school meets were streamed live in the recent past. He explained that there are several options – and many parents would decline to wear a mask. Rex is looking for guidelines as the pool is telling him that there would not apply restrictions.</p> <p>Debbie Laderoute said that following USA Swimming we follow the most restrictive State guidelines- they are now open and not mandated for any restrictions. These discussion points were brought forward:</p> <ol style="list-style-type: none"> 1) The Albany City’s Risk Manager would support masking 2) There in not much the officials can ask for – especially if the facility is not being restrictive 3) Some recent meets have been open, with no capacity restrictions 4) The 10 & Under meet can be crowded with parents, spectators 5) This is an OSI championship meet, not an invitational 6) We can dictate the terms of this meet, given the Delta variant 7) Concerns from the officials of enforcing more resrictive rules 8) Transitional seating could be an option for during races <p>Sheila Lovell Otterstrom shared her screen of the guidelines for the <u>Albany Facility Strongly Encourages Mask While Indoors</u> piece. She needs to send these out tonight. These will be meet updates to the 10 & Under meet information. Rex Watkins said that he has concerns about parents coming in and the rush of spectators. Sheila said that there are fewer athletes in the meet -80 this year- which could create issues with moving people and the timeline- most events have only one heat.</p> <p>After further revisions to the document it was decided to have capacity numbers for indoors, rather than no spectators on deck. Breaks can be added in to help cycle spectators in during the 10- minute breaks. Some parents can self -select and some could watch outdoors.</p>	<p>Revisions to the guidelines were gone over, will be sent out for the 10 & Under Champs Meet</p>
<p>HOD In Albany</p>	<p>Rex Watkins reported that he is having issue with the Albany school district agreeing to OSI hosting the HOD in the fall- and giving us a free for use building. They are moving slowly about opening again. He cannot at this time guarantee the space- we should probably have a plan B for the HOD. Discussed were costs for other locations and if we would consider another virtual meeting. We should stay flexible. Rex is hoping to have information by the August meeting. The second location was McMinnville- we should contact Murilo Martins. Rick Guenther advocated for meeting in person this year. Russel Scovel said online should also be offered for the participants who cannot travel.</p> <p>(Per Shelly the parliamentarian cost for last year was about \$1,200.00- if we go to an online meeting, we really need one).</p>	<p>More to come on this</p>
<p>Old Business</p>		
<p>11 & Overs Update</p>	<p>Rhonda Soule reported that Pendleton will not be providing any help in hosting the 11 and Over Champs meet this summer- since they are participating in the Inland Empire State Champs meet the same weekend.</p>	<p>See next page</p>

11 & Overs Update Contd.	We will need support from all those traveling to this meet. Debbie Laderoute and Rhonda have done estimates and it looks like we will need about 210 + hours of volunteer help. This does not include timers. They would like to offer parents \$10.00 an hour for essential jobs to help run this meet and Debbie would be sending an email out. Entries for the meet are due next Monday. Judi Creech said she thinks that we may need more hours than that. More details were discussed. The application for volunteers would be an online form. A motion was made to pay helpers \$10.00 and hour (excluding timers) for 11 and Over Champs in Pendleton. This was approved.	Approved to pay essential volunteers for 11 & Over Champs in Pendleton (excluding timers)
Next Meeting (s) at 7:00 PM		
<ul style="list-style-type: none"> • Online Zoom BOD Meeting August 4, 2021 at 7:00 PM With no other business, the meeting was adjourned at approximately 8:28 PM		

Reports – July 7, 2021

General Chair Report General Chair - Shelly Rawding

Another busy month with swim meets getting up and running – especially now that the Governor has eliminated social distance and gathering limits.

I have met with Debbie a few times this month. We have a new webmaster – Judy Chen. Welcome Judy! The webmaster@oregonswimming.org email address can still be used and will get to her.

The athletes on the LSC Development Committee hosted a presentation on how LSC's can promote positive mental health in athletes. There were 3 speakers that did an amazing job and provided many, many resources. The link to the Governance Series call recording is below. Also- something to think about – what additional resources can we put on our website to make it easy for athletes, coaches, and parents to find the Mental Health resources they need when they need them?? I will add this to our agenda to see who else would like to assist in getting a page like what Niagara has available for our Oregon Swimming athletes, parents, and coaches. Check out the Niagara Swimming athlete wellness page on their website here Niagara Swimming - Athlete Wellness (teamunify.com)

Meeting Recording:

https://usaswimming.zoom.us/rec/share/02BrkbzLueR2h12rS9wOVmf-OFby43a5H0ocCqkdXV8PU7OzAQacRqfajlu4Nq4Z.SDQJYqFiVQaEAb_3

Access Passcode: Rj1f?MXp

And something I just have to say to reiterate the importance of learning how to swim and to wear your life jacket on the water even if you can swim.... The more we can spread the word on how to be safe in the bodies of water that surround us, the better for our entire community. The heat last week took a big toll.

There were (at least) 4 drownings this past week with the hot weather in Oregon. One in Hood River – a Portland 10 yr. old was out visiting Hood River with friends. She went in an inflatable raft without a lifejacket in the Nichols boat basin with some friends of her parents. They found her 3 hours after she went missing in 10 feet of water. A 21 yr. old drowned in the Sandy River. He also was not wearing a lifejacket. Two men went missing while swimming in the Willamette last Saturday. And here is the link on the 4 drownings that happened in Western Washington this past week. [Four drownings in five days; friends of one victim remember him and warn others – KIRO 7 News Seattle](#)

Treasurer Report – Rhonda Soule

Financial reports are attached:

- June and Year-to-Date Comparative Income Statement
- Quarterly cash flow projection - detail
- Quarterly cash flow projection - summary by program

We will be applying for forgiveness of the PPP loan soon. It is expected to be approved and the \$15,807 loan will appear on the income statement as grant income at that time.

UBS activity through June has been recorded; the account is currently at \$1,674M. This is an increase of \$9K from May and a decrease of \$8K since the end of 2020.

Senior Chair Report – Emily Melina

We will be returning to the SR Training Camp this year as COVID will prevent us from doing our postponed World Cup trip that was initially planned. My hope is whoever takes over as SR Chair next year picks that up if they think it is worthwhile.

This year we will go back to Coronado as domestic travel is far safer and easier. Shelly Rawding will be the Head Coach- we are working on filling out the staff. Debbie will attend as manager. We will take 12 girls and 12 boys as we have historically, and all logistics of the camp will look very similar to how they have in the past. Best to go simpler given we're just getting back into "normality".

Selection criteria will be the same as before, but discussion with the staff is happening about expanding the qualification period due to COVID (normally it is the short and long course season of one competition year).

Officials Report- Judi Creech

*Number of officials certified to be on deck has increased significantly.

371 registered officials; only 15 that need to complete requirement/s

*We have a few teams that are heavily recruiting parents to become officials, job well done. Trainees were ready to be on deck and training when the opportunity arose. We need the support of teams to recruit new officials.

*There have been several meets where a group of officials not associated with the club have volunteered so team/s could hold a meet. Several trainees came out of these meets. We need the club support in recruiting.

*Calendar and timing of meets being posted; it would be extremely helpful if meets were posted on OSI website to facilitate officials training.

*Officials Assistance Fund – no new applicants

*Rulebooks – Debbie to update

Senior Athlete Report – Fallon DeWitt

We have some very exciting and important things happening in July!

First up is our leadership summit. Applications for Oregon Swimming's leadership summit are now open to all High School OSI swimmers! It will be happening from July 10th to the 11th from 11:30-3:30. The summit will be all virtual again this year. We will be covering leadership styles and values, nutrition, mental health, governance, and goal setting. Here is the link to sign up: tinyurl.com/OSILeadership

The application closes July 8th, so please make sure that all athletes who are eligible to apply know about it. We will be bringing in some amazing presenters, including Anita Nall (Olympian and Nutritionist) and Kelly Rath (Wellness Administrator for DOC) to lead conversations and it will be a great opportunity for athletes to grow their leadership skills both on and off the pool deck. No one will want to miss it!

This month applications are open for our Junior Representative position. This athlete must be at least a Sophomore or 16 years old by September 1, 2021, a full-time member of an OSI club, and have residence with in the LSC for the first half of their term. They also must be willing to be in the position for 2 years. If you know of any swimmer who could be a great fit, please send them the application which is found

at https://docs.google.com/forms/d/e/1FAIpQLScaWdsTPT7kvmAShWEJMEaA0j3AiSh8CvvqhzNuwJXm4nJqhQ/viewform?usp=sf_link This application closes July 25th.

Office Report – Debbie Laderoute

Registration	2021
Athlete	2993
Athlete Flex	1174

Athlete Season 1	141
Athlete Outreach	134
Individual	727
Life	11
Club	55
Club Season 1	1

(371 Officials, 229 Coaches, 127 Other) – numbers for 2020 not included because the 2021 registration year began on June 1, 2020)

Full sized USA Swimming Rule Books are no longer available through USA Swimming or Swim Outlet. We received the last 18 and the item has been pulled from the website. An additional 100 Mini Rule Books have been ordered and after consulting with USA Swimming I will be looking into having the PDF version printed and bound. (I do not have a cost for this yet).

16 athletes applied and were selected after the deadline for the 1st round of Age Group Zone applications. Jake Von Weller was named Head Coach, Assistant Coaches are Gary Roberson (13-14 Boys), Stephanie Reinwald (13-14 Girls), Scott Miyako (11-12 Boys) and Emily Ortner (11-12 Girls). Staffing requirements for the team will be reassessed after the final deadline.