



Portland Aquatic Club - Assistant Performance Coach

Overview:

Portland Aquatic Club (PAC-OR) is currently looking for an experienced assistant coach to work with our Performance groups (15&O, 13-14, and 11-12yo). PAC Performance groups practice primarily at Matt Dishman Community Center, but some travel to other sites may occasionally be required. Practices are conducted between the hours of 4-7pm weekdays, 7-10am on Saturdays, and potentially 6-7:30am weekdays.

The PAC Assistant Coach works directly with our Head Coach to plan and execute swim and dryland training. They should have expertise in teaching stroke technique and correction, and be comfortable leading practices for distance or sprint swimmers. The Assistant Coach should be passionate about swimming, growth oriented, and have an athlete-centered approach to coaching.

Responsibilities include but are not limited to:

- 1) Plan and conduct 14-20 hours per week of on-deck coaching.
- 2) Communicate effectively with parents, swimmers, and other coaches while displaying a pleasant and professional demeanor.
- 3) Attend all scheduled swim meets, meetings, and team functions as required.
- 4) Perform all other duties as assigned by the Head Coach.

The ideal candidate has:

- 1) A minimum of 1 year successful experience as an Age Group or Senior swim coach with a USA Swimming team. 3 years or more experience is preferred.
- 2) Excellent ability to coach stroke technique and stroke correction.
- 3) Excellent written and oral communication skills.

- 4) Ability to coach groups of 15-30 swimmers and work with distance, sprint, stroke, etc. groups.
- 5) Experience in collegiate swimming or coaching is preferred
- 6) Positive and energetic presence with a passion for learning and teaching.
- 7) Current CPR, First Aid, Concussion, USADA, MAAP, Coaches Safety, and Safe Sport certifications and coach membership in good standing with USA Swimming.

Pay is competitive and commensurate with experience.

For more information about our team and programs, please visit our website at swimpac.org

Interested candidates should send a resume and cover letter, including description of coaching philosophy to portlandaquatic@gmail.com.