Tornadoes IntraSquad Sprinter
Saturday, October 16th, 2021

Location: Clark County Family YMCA
11324 NE 51st Circle
Vancouver, WA 98682

Sanction #: 21-119

Held under the sanction of USA Swimming, Inc.

It is understood and agreed that USA Swimming, Oregon Swimming, and the Tornadoes Swim team shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. (Section 202.4.9L)

Eligibility

Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of the day of the meet.

Meet Schedule

Warm-ups: 4:00-4:45 pm
Timed Finals: 5:00 pm

Schedule of Events

EVENT #	EVENT
1	8 & UNDER MIXED 25Y FREESTYLE
2	9-12 MIXED 50Y FREESTYLE
3	13 & OVER MIXED 50Y FREESTYLE
4	8 & UNDER MIXED 25Y BREASTSTROKE
5	9-12 MIXED 50Y BREASTSTROKE
6	13 & OVER MIXED 50Y BREASTSTROKE
7	8 & UNDER MIXED 25Y BACKSTROKE
8	9-12 MIXED 50Y BACKSTROKE
9	13 & OVER MIXED 50Y BACKSTROKE
10	8 & UNDER MIXED 25Y BUTTERFLY
11	9-12 MIXED 50Y BUTTERFLY
12	13 & OVER MIXED 50Y BUTTERFLY

Meetings

Coaches' meeting will be held 15 minutes prior to the start of the meet. Officials' meeting will be held at 4:15 in the YMCA Community Room. Timer meeting behind the blocks at 4:45 after swimmers have exited the pool.

Officials

Meet Referee: Tom Ishii
Admin Official: Betty Ishii
Starter: George Hutchinson
Stroke and Turn: Joe Tichy, Brent Zaemann
Meet Director:
Deborah Gray

Timers
Please designate a parent representative to report to the Head Timer 30 minutes prior to the start of the meet. There will be three timers per lane. Timers are to attend a timer meeting at 4:45 behind the blocks after warm-ups have ended..

Heet Sheets:
Will be posted and available via email free of charge.

Onsite Amenities
- Concessions: There will be no concessions offered at this meet. Swimmers are to bring their own beverages and snacks.
- Hospitality Room: For Coaches/Officials will be located in the YMCA Community Room. Food and snacks will be provided to go box style.
- Locker Rooms: Athlete changing areas, restrooms, and showers are located behind the recreation pool. Universal/Family Locker Room may be used for swimmers needing parent assistance.
- Restrooms: Coaches, Volunteers, and Spectators will need to use the Universal/Family change locker room at the rear of the pool deck or the adult locker rooms near the recreation pool steps/ramp (SE side.)

Rules
Current USA Swimming and Oregon Swimming Inc. rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All adult participants associated with the meet acknowledge and agree to MAAPP. A MAAPP form will be signed by officials and volunteers upon arrival and sign-in. Please review the attached MAAPP policy.

Restrictions
TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES and GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE.
Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Deck changing is prohibited.

Photography
Photography is not allowed behind the blocks during the start of a race or relay exchange.
Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

COVID 19 Information and Policies
An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH THE EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Spectators, officials, and coaches will wear masks at all times in compliance with current COVID rules. Swimmers will wear masks at all times except during warm-ups, during their events, or briefly when eating and drinking. During warm-ups swimmers may leave their masks with their personal gear at their chair. Once the meet has started swimmers should wear their masks to the blocks and then store them in ziplock bags labeled with the swimmers name behind the blocks on extra timer chairs. No more than 2 heats of swimmers will be allowed behind the blocks at one time. Swimmers should stage for their events on their team bleachers by heat similar to a bull-pen. Parent volunteers will be present to

assist with this. Designated seating provided for each age category: 8 & U, 9-12, and 13 & over. Handsanitizer will be available behind the blocks and through the facility.
By signing their child up to participate in this event, parents agree to the linked Tornadoes COVID-19 Hold Harmless Waiver.

Entry Deadline
Entries must be received by 5:00 pm, Monday, October 11th, 2021.

Entry Limits
Swimmers may enter a maximum of 4 events.

Entry Fees
$3.00 Oregon Swimming charge per swimmer
$5.00 Facility Fee per swimmer
$2.00 Event Fee per swimmer

Entry Address
Tornadoes Swim Team
PO Box 61607
Vancouver, WA 98666

Entries
1. Submit YARD TIMES only for seeding.
2. Submit entries in Hy-tek Meet Management via email to Entry Address. Please attach DOC or PDF of Hy-tek entries.
3. Complete the enclosed master entry forms using yard times for each event.
4. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
5. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Unattached Swimmers
For unattached swimmers, or swimmers whose coach is not attending the meet, it is the swimmers responsibility to arrange for a certified coach to be responsible for the swimmer. This must be done BEFORE the swimmer may enter the water for warm-ups or competition. Please see the Meet Director or the Meet Referee if assistance is needed, upon arrival at the meet.

Facility
Indoor, 25 yards x 45 feet, 6 lanes 7 feet per lane, Starting blocks at the deep end of the pool only (9 ft.) Shallow end is 4'. The competition course (has not) been certified in accordance with 104.2.2(c)4. Parking available, seating for 100 spectators. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck; Open pool deck areas available for swimmers, coaches and officials only. Facility is accessible to adaptive swimmers. No camp chairs allowed. Additional seating required for swimmers will be provided consistent with current COVID guidelines. Spectator seating will be provided and limited to space available according to current COVID guidelines. Overflow seating for spectators will be allowed in the lobby.

Tech Suits:
No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Bull Pen and Team Staging Bleachers:
A bullpen will be provided for all 8&U swimmers. All other swimmers can stage themselves by heat on the team bleachers adjacent to the coaching staff to assist with meet flow.

Awards:
No awards will be given at this meet.