2017 OSCA Mentorship Application

### Name: Date:

Email (for contact purposes):

### Club: . #Years coaching in Oregon:

Reimbursement applying for: Novice Age Senior (Circle one only) Please give a brief description of who, where, and when you would be visiting.

Please give a brief description of what you plan to learn from mentor listed above.

2017 OSCA

Mentorship Program Guidelines

The OSCA mentor program is designed to expose Oregon coaches to a line of shared information. The purpose is to bring new information into your area, as well as, train our future coaches for a career in coaching. This program is open to all Oregon coaches that are currently certified and working for a club in Oregon swimming. We thank you for your interest in this program and hope with it's success will come years of mentorships in the future.

Please make sure that you follow all of the parameters, paperwork and deadlines as any deviation may disqualify you from receiving reimbursement.

**Qualifications for benefits are as follows:**

*Novice level*; Main coaching duties are at a novice level and coach has been registered with an Oregon team for minimum 1 year. $250 reimbursement and max visit time of 1 day. Mentor coach must be in OSI.

*Age level*; Main coaching duties are at age group level and coach has been registered with an Oregon team for minimum 1year. $500 reimbursement and max visit time of 2 days. Mentor coach must be in OSI or surrounding state.

*Senior level*; Main coaching duties are with senior level athletes and coach has been registered with an Oregon team for minimum 5 consecutive years. $1000 reimbursement and max visit time of 3 days. Mentor coach may be in any US state.

### The following is the number of approvals per category.

a). Novice Level ------6 awards granted b). Age group level----7 awards granted

c). Senior level -------3 awards

## Qualifications for mentor choice:

### You must declare chosen mentor and what you are attaining from the arrangement. The following reasons may be applied. If different please explain in detail the arrangement you are hoping to acheive.

1. mentors knowledge and work with novice athletes.
2. age group coaching and advancement.
3. senior athlete development from age group to nationals
4. administration of dry side, club administration and growth.
5. other options arranged between mentor and mentoree. Details provided

\**Restrictions apply, coaches that are eligible for USA swimming's national junior team visit program are ineligible to participate as mentoree, but may be asked to mentor other OSCA coaches.*

# 2017 OSCA Mentorship Forms

The following deadlines must be adhered to for acceptance into the Mentorship program.

## Timeline for OSCA:

May 11- deadline for application form to OSCA from coach or club. May 18- announcement of selected coaches

September 30- Oral report at the annual OSCA meeting

November 19 - reports due to OSCA treasurer on mentor program details

December 19 - The OSCA chair’s report to USA swimming office on results of pilot program and future of program.

## Disbursement:

* 1. To mentored coach from OSCA, made in one payment after submittal of all receipts with an accounting of any expenses incurred during trip. Funds will only be mailed once all reports and forms have also been received to the OSCA office. Including travel (mileage, flights or rental vehicles), hotel, and meals incurred during proposed dates up to the max allowed for approved trip.
  2. Forms must be completed and sent to person listed below: Applications only to:

George Sampson, 240 SE Lawson Lane, McMinnville, OR 97128

*Preferred method email to:sammyboathead@frontier.com*

Reimbursement form/receipts to

Rick Guenther, 1940 NW Highland Drive, Corvallis, OR 97330

## Selection parameters

Selection committee consists of current OSCA board. They are tasked with the following selection procedures.

1. Committee will notify applicants via email as to whether or not, they have been selected for mentorship program.
2. Committee selection of applicants will take into consideration whether or not a team has received prior educational funding from OSCA in current application year.
3. Committee will take into consideration geographic location and team size when choosing the participants.

## Form checklist

Forms required throughout process:

|  |  |
| --- | --- |
| \_ | a) Application for OSCA mentorship program |
| \_ | b) Mentor Wrap-up of visit form |
| \_ | c) review of mentor and what they contributed to mentored |
| \_ | d) all receipts with description for reimbursement |
|  |  |
|  |  |

As a guide we have put together the following Clubs that have said they or their coaching staff are willing to be mentors.

Bend Swim Club Mark Bernett [aquaman@coinet.com](mailto:aquaman@coinet.com)

Corvallis Aquatic Team Rick Guenther [surfswimcat@aol.com](mailto:surfswimcat@aol.com)

Gold Coast Swim Team Kathe McNutt [kmcnutt@outlook.com](mailto:kmcnutt@outlook.com)

Hillsboro Swim Team James Resare [james@hillsboroheat.org](mailto:james@hillsboroheat.org)

Hood River Valley Swim Team Shelly Rawding [Hrvst.coach@gmail.com](mailto:Hrvst.coach@gmail.com)

Lake Oswego Swim Club Emily Melina [Emily.melina@gmail.com](mailto:Emily.melina@gmail.com)

Mt, Hood Aquatics Skip Runkle [skiprunkle@msn.com](mailto:skiprunkle@msn.com)

Multnomah Athletic Club Alex Nikitin [anikitin@themac.com](mailto:anikitin@themac.com)

North West Blue Crush Aquatic Club Gary Muzzy [Bcac12@gmail.com](mailto:Bcac12@gmail.com)

Oregon City Swim Team Matt Crum [Ocst.coach@gmail.com](mailto:Ocst.coach@gmail.com)

Portland Aquatic Club Jody Braden [coachjib@comcast.net](mailto:coachjib@comcast.net)

Redmond Aquatic Club Heather Thomas [Coach.heather@hotmail.com](mailto:Coach.heather@hotmail.com)

Superior Stingrays Swimming Siouxha Tokman [siouxha@yahoo.com](mailto:siouxha@yahoo.com)

Team Eugene Aquatics Scott Kerr [swim@teameugene.ore](mailto:swim@teameugene.ore)

Tigard Tualatin Swim Club Brad Robbins [Brad.robbins81@gmail.com](mailto:Brad.robbins81@gmail.com)

Tualatin Hills Swim Club Franz Resseguie [franz@thunderboltswimming.org](mailto:franz@thunderboltswimming.org)

Vancouver Swim Club Vicki Gordon [swimcoachv@gmail.com](mailto:swimcoachv@gmail.com)

This list is by no means complete if you like a club’s style of coaching, by all means look them up on the Oregon Swimming website or in the swim guide and get in contact with their Head Coach to talk about the possibility of being mentored there.