

Oregon Swimming Technical Suit Policy  
Effective April 1, 2019 until September 1, 2020 (rev 10/29/19)

1. Swimmers 12 years old and younger may not compete in a “Technical Suit” in an Oregon Swimming, Inc. sanctioned or approved competition with the exception of SR Sectionals, Age Group Zones, All Star Meets and Futures.
2. The swimmer’s age for the meet will be his/her age as of the first day of the meet.
3. There is no “Technical Suit” restriction for swimmers age 13 & over.
4. A list of the restricted suits (see below) will be posted on the OSI website and given to Meet Directors, Meet Referees and Coaches. The restricted suit list will be revised as needed. This list is by no means comprehensive, and rather, a guide, and the definitions of the tech suit (below) will supercede the list.
5. The following statements shall be added to all meet information for all meets after April 1, 2019.

*SWIMWEAR: Per Oregon Swimming policy, swimmers 12 years old and younger are not permitted to wear “Technical” suits at any OSI sanctioned or approved meets. Age is determined on the first date of the meet.*

6. Meet officials, coaches, swimmers and parents are responsible for knowledge of the policy. Meet Referees will remind coaches at their coaches’ meeting and ensure that all suits comply with this policy. Coaches should meet with, explain to, and educate their swimmers and parents.

Restricted Suit List by Manufacturer Note: this list is being published as a resource for swimmers/parents and coaches, but a suit does NOT need to be included in this list in order to be considered a Tech Suit. **ALL suits with bonded or meshed seams are considered a “Tech Suit” under Oregon Swimming rules**, and thus restricted for 12 & Under swimmers as described on the Oregon Swimming bylaws.

1. **Coaches need to educate their teams. 12 & U athletes observed violating this rule will be Disqualified.**
2. **We are defining a “Tech” suit as: “any suit with bonded seams, Kinetic tape, or meshed seams”.**
3. **The list of suits that will NOT be permitted will be updated as needed.**

#### Restricted Suit List by Major Manufacturers:

ARENA: Arena CARBON series (air, pro, etc), R-EVO in kneeskin

AQUASPHERE: MP Espresso

DOLPHIN: Lightstrike, Titanium

FINIS: Rival, Rival 2.0, Vapor

MIZUNO: GX Series

SPEEDO: LZR Elite, Elite 2, X, Pure Valor, Pure Intent

TYR: Avictor, Avictor Prelude, AP12 Compression, Tracer, Venzo