



**Monthly Board Coach's Report**

**Month:** November 19 -December 18, 2019

**Submitted By:** Coach Jenn Beech

**Date Submitted:** Wednesday December 18, 2019

**I. Numbers Report**  
**a. Team Totals: 236**

	<b>5- 8</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>15-18</b>	<b>Total</b>
<b>Girls</b>	25	27	26	35	22	135
<b>Boys</b>	16	13	30	19	23	101

**b. Competitive Groups:**

<b>Training Group</b>	<b>Last Month Attendance %</b>	<b>Current Month</b>	<b>Last Month</b>
Age Group #1	68%	10	11
Age Group #2	50%	18	20
High School Competitive*	42%	21	20
Bronze	47%	25	26
Gold #2	66%	17	17
Gold #1	75%	16	16
Senior #2	62%	18	18
Senior #1	66%	18	18

**c. Other Groups:**

<b>Training Group</b>	<b>Last Month Attendance %</b>	<b>Current Month</b>	<b>Last Month</b>
Stroke School #1	38%	26	27
Stroke School #2	43%	17	22
Pre-Competitive	47%	30	23
Fitness	29%	20	16

**II. Meet Report= N/A meet since last report no meets**

<b>Date</b>	<b>Meet</b>	<b>Type</b>	<b># of Swimmers</b>	<b>General Summary/ Comments</b>
11/22-11/24	Lakewood Invite	BRW	28	Free weekend meet. Meet held by Lakewood at Cerritos College.
12/6-12/8	MESA BRW WAG Qualifier	BRW	82	BRW meet held by MESA at Dropzone Water Park. Meet was last chance for swimmers to get WAG and Sectional cuts.
12/13 – 12/15	Winter Age Group Champs	WAG	38	WAG championships hosted by PST and Palm Springs Swim Center.

12/11 – 12/14	Winter Junior Nationals	Senior	2	Hosted at Federal Way in Seattle Washington.
12/13 – 12/16	CA/NV Winter Sectionals	Senior	6	Hosted by Fast at East LA College.

### III. Travel

#### a. This Month:

- i. Senior Regionals at Cerritos December 21-22

#### b. Future Scheduled Travel:

- i. Senior Q Qualifier/ BRW Meet hosted by STAR at Hemet High January 18 - 19

### Special Projects/ Events:

#### ii. Fitter Faster

##### 1. Scheduled Jan 3-5

- a. We are filling up. Each session has about 10 -12 spots left open.

#### iii. TMEC Athlete Reps:

1. Applications have been submitted. They are in board google drive.

- a. 3 from seniors applied

- b. 2 from gold applied

#### iv. 2020 Travel Trip

##### 1. Looked at following:

##### a. OTC

- i. June dates on the dorm side are full so the waitlisted us. :(

- ii. The offered July 12 - 17 and July 19-26

- iii. First date Sectionals start July 16

- iv. Second date would be over the same week as JO's and Futures.

- v. I say I put in dates for 2021 and we make this that years travel trip.

##### b. Reno

- i. They said they would love to have us at the meet.

- ii. I'm waiting on some more information of possible qualifying times.

##### c. Seattle

- i. They would also love to have us

- ii. The coach even went as far to describe the landscape and how beautiful the area is :)

- iii. Sent last years meet times: 15& Overs dont need qualifying times. 14&unders will need times that are on the attached sheet.

- iv. Note this meet would only interfere with a BR Long Course Qualifier at CCAQ (The champs meet for eastern committee isnt till the following week this year). Since Seattle is a LCM then swimmers could use this meet as a last ditch for Sectional, JO and Futures cuts.

##### d. Denver

- i. Heard back that they are trying to figure out if they will move meet because the realized same weekend as trials.

**IV. Coaching Staff Notes:**

**i. Practices**

1. A reminder to parents that they shouldn't be behind certain parts of the pools. At MMHS and GOHS to stay in bleacher areas. At CRC to stay in the grass area or over at the benches. Coaches will try to send out reminders once a month on this.
2. Also that spectators with small children please need to be in charge of making sure those children are following pool rules. Coaches are having to speak to these children a little too often.

**ii. MAPP & 17 year Olds**

1. A reminder that any 17 year old should be working on getting there APT done or they won't be able to compete at competitions once 18 with this training not done. Coaches will try to send out reminders once a month but it is up to swimmers to get done.

**iii. Group Transitions:**

1. Competitive groups will do transitions starting for Dec 30. Coaches are starting to contact swimmers who are transitioning for the new season.

**V. Practice Schedule Updates (EX: Changes/modified)**

**i. Winter Break**

1. Winter Break
  - a. Emailed out this week.
  - b. Note no practices 12/24, 12/25, 12/31, 1/1
  - c. We combined some groups as we expect some lower group numbers. We based this on what we saw over the Thanksgiving break.

**VI. LSC & Committee News:**

**i. Southern Cal Swim**

1. NA

**ii. Eastern Committee**

**1. January Meeting**

- a. Next meeting the committee is trying to get a Athlete Rep program established. Asked each team to have reps by this time.

**VII. Miscellaneous:**

