

# RIO December Invitational

December 12 – 13, 2020

Held under sanction of USA Swimming, Inc.

**Sanctioned by:** Arizona Swimming Inc.

Sanction #

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., City of Chandler, Rio Salado Swim Club, EVO Aquatics LLC and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ARIZONA SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Hosted by:** Rio Salado Swim Club (RIO)

**Locations:** Chandler High School 350 N Arizona Ave, Chandler

**Meet Director:** David Tait (602) 793-6888, [david@rioswimteam.org](mailto:david@rioswimteam.org)

**Meet Referee:** Ben Posniack, - [bposniak@cox.net](mailto:bposniak@cox.net)

**Course:** Outdoor 10-lane 25-yard pool with non-turbulent lane dividers. Colorado start and fully-automatic timing system will be used. 26 lanes will be used for meet warm-up with no more than 4 swimmers per lane. Continuous warm-up and warm down will be available through-out the meet with no more than 4 swimmers per lane.

**Eligibility:**

1. Open to any USA Swimming athlete holding a current USA Swimming registration card that is a member of RIO-AZ, MAC-AZ, MVN-CA, PSC-AZ, SAC-AZ, TMEC-CA, or training unattached with invited teams. The meet will be capped at the first 450 swimmers entered.
2. This will be a Time Standard, Timed Final meet. All Arizona swimmers' times must be equal to or faster than the Arizona State Q times list in the meet flyer in order to swim that event. **Any swimmer who has 1 or more AZ Q times can swim a full set of 6 individual events (3 Saturday and 3 Sunday) for the meet. BONUS SWIMS CAN NOT INCLUDE THE 500 FREE OR 400 IM. Please enter the swimmer at their Best Time and indicate it is BONUS event.** California swimmers will not be required to meet the Arizona State Q times but will have a separate set of time standards e-mailed to them with the meet flyer.
3. All Swimmers are limited to a maximum of SIX (6) total individual events for the meet - 3 on Saturday, and 3 on Sunday.

4. There will be a maximum limit of 200 people allowed on the pool deck at any given time per meet session. This includes all swimmers (only entered in the session), coaches, officials/meet admin, timers and meet marshals.
5. **The meet is a 14 & Under Meet for ALL Arizona swimmers. California teams may enter swimmers 15 & older in the 13 & Over events.**
6. All Warm-up and Start Times for each Session are subject to changes, if necessary, based on entry numbers.
7. All events are pre-seeded and no deck entries will be allowed.
8. Entry times should be swimmers' best SHORT COURSE Yard times.
9. Time Trials will NOT be offered.

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. The competition course has **not** been certified in accordance with 104.2.2C(4) as to pool length.
5. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, at the start end and 7 feet at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmer's coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Meet Rules:**

1. For the safety of all swimmers, coaches, and meet personnel, all policies and procedures related to social distancing must be followed by all individuals at the meet. All information will be emailed to participants. This meet is limited to no more than 200 total people (including swimmers, coaches, officials/meet admin, timers and meet marshals) inside the pool area per meet session. This is a requirement per Chandler High School's Administration.
3. This will be a CLOSED DECK MEET. Only swimmers (entered in the session), coaches, officials/meet admin, timers and meet marshals will be permitted in the pool facility. All spectators may view the meet from outside the pool fence but ONLY on the north side of the pool by the school's parking lot. Per Safe Sport guidelines, parents will have visual contact with their swimmers during the meet. The meet will have a live stream via the internet for viewing the competition.
4. Masks are required by all swimmers, coaches, and all meet staff upon entering the facility. Individuals without a mask will not be permitted inside of the facility.
5. RIO has taken enhanced health and safety measures for all those involved in this event. Individuals must follow all posted instructions. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet, individuals voluntarily assume all risks related to exposure to COVID-19.

**Policies and Procedures for****Social Distancing:**

Rio Salado Swim Club will be following guidelines for social distancing established by the CDC, USA Swimming, State of Arizona Executive Order, and Arizona Department of Health Services (AZDHS).

- CDC Guidelines for Pool Reopening:
- USA Swimming Guidelines for Opening
- State of Arizona Executive Order:
- AZDHS Guidelines
- All individuals (swimmers, coaches, officials/meet admin, meet marshals) must wear a mask on deck at all times.
- Individuals are required to keep their masks on until they are safely in their car and outside the pool facility.
- All Swimmers, coaches, officials/meet admin, timers and meet marshals must enter the pool area through the East double wide pool gate next to the gymnasium. All swimmers, coaches, officials/meet admin and meet marshals must exit the pool area through the Southwest double wide gate by the tennis courts. Team areas will be located outside the pool area in the fields to the south. All swimmers will be required to sit at least 6 feet apart, wear their masks and be socially distanced from all other swimmers participating in the meet. No parents/spectators are not allowed in the team areas.
- There will be no swimmers congregating behind the blocks. A single heat will report to the blocks to swim. Once the heat has finished, the swimmers will warm down to the turning end of the pool, exit the competition pool and the next heat will report to the blocks.
- Bathroom access will be allowed to use the bathroom only. Swimmers should come to the facility in their competition suit and leave the facility in their competition suit. No "locker room" access will be allowed.
- Hospitality will be served on a very limited basis. Food and drink should be consumed from each designated coach or official spot on the pool deck. There will NOT be a hospitality room open to avoid congregating, especially while eating food without a mask on.

**Entries:**

Entries must be sent with a HyTek or compatible file. Teams are encouraged to submit team entries in a COMMLINK file by e-mail. **No late entries or deck entries will be accepted. Entries must be received by 5:00 PM on Friday, December 4, 2020.** Entries should be e-mailed to Melissa Ripley at [melissa@rioswimteam.org](mailto:melissa@rioswimteam.org).

**Entry Fees:** LSC Surcharge \$8.00  
 AZSI Individual Events \$6.00 per event  
 Non AZSI Individual Events \$12.00 per event  
**Entry fees are nonrefundable.**

**Awards:** No awards will be presented at this meet.

**Concessions:** No Concessions will be offered for this meet.

**Saturday, December 12, 2020**

**Session 1: First Team Warm-up 7:15 AM to 8:00 AM**

**Second Team Warm-up 8:10 AM to 8:55 AM**

**Meet Starts: 9:00 AM**

**11-12 Boys and 13 & Older Girls and Boys**

| Girls | Q-time   |            | EVENT NAME |            | Q-time   | Boys |
|-------|----------|------------|------------|------------|----------|------|
|       |          |            | 200 Free   | 11-12      | 02:17.89 | 102  |
| 1     | 02:03.39 | 13 & Older | 200 Free   | 13 & Older | 01:59.89 | 2    |
|       |          |            | 100 Back   | 11-12      | 01:13.69 | 104  |
| 3     | 01:06.39 | 13 & Older | 100 Back   | 13 & Older | 01:05.09 | 4    |
|       |          |            | 200 Fly    | 11-12      | 02:45.49 | 106  |
| 5     | 02:25.49 | 13 & Older | 200 Fly    | 13 & Older | 02:25.99 | 6    |
|       |          |            | 50 Fly     | 11-12      | 00:31.79 | 108  |
|       |          |            | 200 Breast | 11-12      | 03:00.69 | 110  |
|       |          |            | 50 Breast  | 11-12      | 00:38.99 | 112  |
| 7     | 01:14.69 | 13 & Older | 100 Breast | 13 & Older | 01:12.69 | 8    |
|       |          |            | 100 Free   | 11-12      | 01:02.89 | 114  |
| 9     | 00:26.59 | 13 & Older | 50 Free    | 13 & Older | 00:25.59 | 10   |
|       |          |            | 400 IM     | 11-12      | 06:00.99 | 116  |
| 11    | 04:58.19 | 13 & Older | 400 IM     | 13 & Older | 04:57.09 | 12   |

**Saturday, December 12, 2020**

**Session 2: First Team Warm-up 12 Noon to 12:45 PM**

**Second Team Warm-up 12:55 PM to 1:40 PM**

**Meet Starts: 1:45 PM**

**11-12 Girls and 10 & Under Girls and Boys Events**

| Girls | Q-time   |            | EVENT NAME |            | Q-time   | Boys |
|-------|----------|------------|------------|------------|----------|------|
| 201   | 02:37.09 | 10 & Under | 200 Free   | 10 & Under | 02:37.59 | 202  |
| 101   | 02:12.09 | 11-12      | 200 Free   |            |          |      |
| 203   | 00:38.29 | 10 & Under | 50 Back    | 10 & Under | 00:39.89 | 204  |
| 103   | 01:11.19 | 11-12      | 100 Back   |            |          |      |
| 205   | 01:28.69 | 10 & Under | 100 Fly    | 10 & Under | 01:32.59 | 206  |
| 105   | 02:49.39 | 11-12      | 200 Fly    |            |          |      |

|     |          |            |            |            |          |     |
|-----|----------|------------|------------|------------|----------|-----|
| 107 | 00:31.69 | 11-12      | 50 Fly     |            |          |     |
| 207 | 01:35.19 | 10 & Under | 100 Breast | 10 & Under | 01:37.49 | 208 |
| 109 | 02:51.99 | 11-12      | 200 Breast |            |          |     |
| 111 | 00:37.69 | 11-12      | 50 Breast  |            |          |     |
| 209 | 00:32.69 | 10 & Under | 50 Free    | 10 & Under | 00:33.09 | 210 |
| 113 | 01:01.99 | 11-12      | 100 Free   |            |          |     |
| 211 | 01:23.59 | 10 & Under | 100 IM     | 10 & Under | 01:25.29 | 212 |
| 115 | 05:33.69 | 11-12      | 400 IM     |            |          |     |

**Sunday, December 13, 2020**

**Session 3: First Team Warm-up 7:15 AM to 8:00 AM**

**Second Team Warm-up 8:10 AM to 8:55 AM**

**Meet Starts: 9:00 AM**

**11-12 Boys and 13 & Older Girls and Boys**

| Girls | Q-time   |            | EVENT NAME |            | Q-time   | Boys |
|-------|----------|------------|------------|------------|----------|------|
|       |          |            | 200 IM     | 11-12      | 02:35.39 | 118  |
| 13    | 02:19.89 | 13 & Older | 200 IM     | 13 & Older | 02:17.49 | 14   |
|       |          |            | 50 Free    | 11-12      | 00:29.29 | 120  |
| 15    | 00:56.99 | 13 & Older | 100 Free   | 13 & Older | 00:55.09 | 16   |
|       |          |            | 200 Back   | 11-12      | 02:44.59 | 122  |
|       |          |            | 50 Back    | 11-12      | 00:34.69 | 124  |
| 17    | 02:40.99 | 13 & Older | 200 Breast | 13 & Older | 02:36.99 | 18   |
|       |          |            | 100 Fly    | 11-12      | 01:12.59 | 126  |
| 19    | 01:04.09 | 13 & Older | 100 Fly    | 13 & Older | 01:03.19 | 20   |
|       |          |            | 100 Breast | 11-12      | 01:24.89 | 128  |
| 21    | 02:21.09 | 13 & Older | 200 Back   | 13 & Older | 02:19.99 | 22   |
|       |          |            | 100 IM     | 11-12      | 01:14.79 | 130  |
| 23    | 05:27.49 | 13 & Older | 500 Free   | 13 & Older | 05:22.09 | 24   |
|       |          |            | 500 Free   | 11-12      | 06:04.39 | 132  |

**Sunday, December 13, 2020**

**Session 4: First Team Warm-up 12 Noon to 12:45 PM**

**Second Team Warm-up 12:55 PM to 1:40 PM**

**Meet Starts: 1:45 PM**

**11-12 Girls and 10 & Under Girls and Boys Events**

| Girls | Q-time   |            | EVENT NAME |            | Q-time   | Boys |
|-------|----------|------------|------------|------------|----------|------|
| 213   | 02:58.19 | 10 & Under | 200 IM     | 10 & Under | 03:02.09 | 214  |
| 117   | 02:31.29 | 11-12      | 200 IM     |            |          |      |
| 215   | 01:11.89 | 10 & Under | 100 Free   | 10 & Under | 01:12.39 | 216  |
| 119   | 00:28.09 | 11-12      | 50 Free    |            |          |      |

|     |          |            |            |            |          |     |
|-----|----------|------------|------------|------------|----------|-----|
| 217 | 00:37.09 | 10 & Under | 50 Fly     | 10 & Under | 00:38.89 | 218 |
| 121 | 02:32.79 | 11-12      | 200 Back   |            |          |     |
| 123 | 00:33.09 | 11-12      | 50 Back    |            |          |     |
| 219 | 00:43.99 | 10 & Under | 50 Breast  | 10 & Under | 00:45.89 | 220 |
| 125 | 01:11.49 | 11-12      | 100 Fly    |            |          |     |
| 221 | 01:23.79 | 10 & Under | 100 Back   | 10 & Under | 01:26.29 | 222 |
| 127 | 01:21.79 | 11-12      | 100 Breast |            |          |     |
| 129 | 01:12.19 | 11-12      | 100 IM     |            |          |     |
| 223 | 06:59.89 | 10 & Under | 500 Free   | 10 & Under | 07:08.59 | 224 |
| 131 | 05:54.39 | 11-12      | 500 Free   |            |          |     |