HVDA LC AB/C for 13 up May Meet

May 21-22, 2022

Sanctioned by: USA Swimming & Southern California Swimming **Sanction No**. #S22-119
Sponsored By: HVDA & Eastern Committee **Received by deadline:** 5:00 pm, Wednesday, Mar 11, 2022
Warm-up: 7:00 am Saturday & Sunday, **Meet Start Time:** 8:30 Saturday & Sunday
POOL: West Valley High School, 3401 Mustang Way, Hemet, California 92545
DIRECTIONS: From the 10 Fwy, exit Hwy 79/Beaumont Ave. Go South on CA Hwy-79. Hwy 79 will turn into Sanderson Ave at Ramona Exp. Follow Sanderson Ave for 7.5 miles and turn right on Mustang Way– School is on the left. From 215 Fwy exit Newport Ave. Go East. Newport Ave will turn into Domenigoni Pkwy, follow to Sanderson Ave and turn left on Sanderson, then left again on Mustang Way.
COURSE: Outdoor 50 meter x 25 yard with 7 competition lanes and additional warm-up lane. Pool depth: start end 13' turn end 3.5'. The competition course has been in accordance with 104.2.2 (c), on file with USA Swimming.

WARM-UP Procedures: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. **All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.**

MEET REFEREE: The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee, **Paul Szuszkiewicz - pszsz@hotmail.com**

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on **May 21, 2022**, to enter this meet. Swimmers competing in the 500, 1000 and 1650 freestyle events will be provided lap counters when used. Events will be swum fastest to slowest. All coaches on deck must complete the CDC or NFHS concussion course.

CHECK IN: SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION. After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Contingency Check In: If conditions warrant, the meet may be deck-seeded 45 minutes before the start of each session after coaches' scratches or pre-seeded. This meet will follow all State, Local and Facility guidelines as it pertains to Covid-19. Meet check-in may or may not be available depending on the site's guidelines.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Please see USA Swimming Rule 102.8 in the 2021 USA Swimming Rule Book (page 32-34). Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGES: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to athletes who hold 2022 USA Swimming Registration. SCS athletes must be members of Eastern Committee Teams:. Registration application **must be received by the meet entry deadline** by meet processor, administrativereferee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to** competition.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season **(NO WORK OUT TIMES)**. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

HVDA LC AB/C for 13 up May Meet

May 21-22, 2022

AWARDS: A Division: Medals 1st - 3rd place, Ribbons 4th - 8th place, B division and C Division: Ribbons 1st- 8th place
Relays: Medals 1st place, Ribbons 2nd - 3rd place

Entry Limit: A swimmer may swim no more than **FOUR (4)** individual events per day and (1) Relay. **Entries will be processed in the order of first received, first entered.**

ENTRY FEES: $4.00 for each INDIVIDUAL EVENT along with a **$10.50 SURCHARGE per swimmer** must accompany each individual entry card. There is a charge of **$10.00 for each relay**. Returned checks will incur a service fee per SCS policy. NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file ***including electronic signature*** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed**.** **Deletions will not be refunded. Please make Checks payable to: Hemet Valley Dolphins Aquatics**

Entry Procedure: Team Electronic Entry is highly preferred. Electronic entry will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check or certified funds) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the SCS Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded. Returned checks will incur a service fee per SCS policy. For an individual entry, submit a Southern California Swimming Consolidated Entry Card for each swimmer. Card must be completely filled out, including entire USA Swimming registration number. To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. (Receipt of entries will not be verified by phone or e-mail). Individual email entry will not be accepted.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, Wednesday, May 11, 2022. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. ***(Receipt of entries will not be verified by phone or e-mail.)***

NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED.
To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail.

Please make Checks payable to: Hemet Valley Dolphins Aquatics

Mail entries to: Jan Szuszkiewicz – 1437 E Palm Ave, Redlands, CA 92374
Electronic entries to: Jan Szuszkiewicz – janszszswim@gmail.com

IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING AND SCS SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUTNOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Concussion Informed Consent Acknowledgment: Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.

HVDA LC AB/C for 13 up May Meet

May 21-22, 2022

Individual, COVID Specific Waiver (see below): The document should be completed and submitted electronically. It is required for participation in this event.

MAAP 2.0 Statement: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising byreason of injuries to anyone during the conduct of the event. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0"), govern this meet.

COVID 19 Acknowledgement. We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

COVID 19 Sanction Requirements: Amendment of Articles 202.4 and 202.6 of the USA Swimming Rules to require certain COVID-related precautions in order to issue meet sanctions and approvals which will remain in place through July 31, 2021.

MANDATORY WAIVERS/SURVEY: All athletes, coaches, timers, and volunteers must have the following waiver signed and on file prior to competition:

- Hold Harmless Waiver

As always, USA Swimming, Local Swimming Committees (LSC) and club activities must follow state and local guidelines.

Special COVID 19 Procedures and guidelines in affect:

- There will be two timers per lane separated by a chair.
- Meet sessions will be electronically pre-entered and pre-seeded.:
    - After scratch deadlines meet will be seeded and posted on Meet Mobile.

HVDA AB/C for 13 up LC Meet
May 21-22, 2022

ENTRIES MUST BE RECEIVED BY 5:00 PM: May 11, 2022 (Wednesday)
This meet is subject to the 4 hour rule per session. Relays swum time permitting.
Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.
Events will be swum fastest to slowest, starred events swum together awarded separately.
7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups

Events with asterisks will be swum together, awarded separately.
Events 400 m and longer will be swum alternating girls and boys, swimmers are requested to provide own timers and lap counters (800).
11-12 year old swimmers entering the 400 IM enter 200 IM times.

GIRLS	MIN	AGE				STROKE	MIN	BOYS
1	3:26.09	11-12	AB	200	m	IM	3:20.49	2
3	1:02.40	5-8	AB	50	m	Butterfly	1:03.20	4
5	53.39	7-10	AB	50	m	Butterfly	51.79	6
7	41.29	11-12	AB	50	m	Butterfly	41.89	8
9	1:10.30	5-8	AB	50	m	Breaststroke	1:08.50	10
11	48.99	11-12	AB	50	m	Breaststroke	48.99	12
13	1:00.49	7-10	AB	50	m	Breaststroke	59.69	14
15	2:55.59	11-12	A	200	m	Butterfly	2:51.89	16
17	1:59.19	7-10	AB	100	m	Backstroke	1:55.09	18
19	1:37.60	11-12	AB	100	m	Backstroke	1:35.49	20
21	1:59.20	5-8	AB	100	m	Freestyle	1:54.60	22
23	1:22.40	11-12	AB	100	m	Freestyle	1:21.29	24
25	1:41.99	7-10	AB	100	m	Freestyle	1:40.59	26
27	3:31.00	11-12	A	200	m	Breaststroke	3:44.69	28
29	**Deck**	5-8		200	m	Free Relay	**Deck**	30
31	**Entered**	7-10		200	m	Free Relay	**Entered**	32
33		11-12		400	m	Free Relay		34
**********45 MINUTE BREAK**********								
35*	10:47.99	13-14	A	800	m	Freestyle	10:22.19	36*
35*	10:35.39	15-up	A	800	m	Freestyle	10:00.09	36*
37		13-14	ABC	100	m	Breaststroke		38
39		15-up	ABC	100	m	Breaststroke		40
41		13-14	ABC	50	m	Freestyle		42
43		15-up	ABC	50	m	Freestyle		44
45*		13-14	ABC	200	m	Butterfly		46*
45*		15-up	ABC	200	m	Butterfly		46*
47		13-14	ABC	200	m	Freestyle		48
49		15-up	ABC	200	m	Freestyle		50
51		13-14	ABC	100	m	Backstroke		52
53		15-up	ABC	100	m	Backstroke		54
55	**Deck**	13-14		400	m	Free Relay	**Deck**	56
57	**Entered**	15-up		400	m	Free Relay	**Entered**	58
**********BREAK DETERMINED BY MEET REFEREE**********								
59*	6:55.10	13-14	AB	400	m	IM	6:33.00	60*
59*	6:37.70	15-up	AB	400	m	IM	6:12.80	60*

GIRLS	MIN	AGE				STROKE	MIN	BOYS
61	2:57.70	11-12	AB	200	m	Freestyle	2:57.49	62
63	3:45.79	7-10	AB	200	m	Freestyle	3:33.49	64
65	1:35.30	11-12	AB	100	m	Butterfly	1:33.99	66
67	2:09.99	7-10	AB	100	m	Butterfly	2:07.09	68
69	3:09.20	11-12	A	200	m	Backstroke	2:50.99	70
71	1:05.30	5-8	AB	50	m	Backstroke	1:03.80	72
73	54.89	7-10	AB	50	m	Backstroke	55.29	74
75	45.40	11-12	AB	50	m	Backstroke	43.69	76
77	54.70	5-8	AB	50	m	Freestyle	53.30	78
79	44.09	7-10	AB	50	m	Freestyle	43.59	80
81	38.00	11-12	AB	50	m	Freestyle	37.29	82
83	2:14.79	7-10	AB	100	m	Breaststroke	2:09.39	84
85	1:49.10	11-12	AB	100	m	Breaststroke	1:46.59	86
87	Deck	5-8		200	m	Medley Relay	Deck	88
89	Entered	7-10		200	m	Medley Relay	Entered	90
91		11-12		400	m	Medley Relay		92
93	4:09.39	7-10	AB	200	m	IM	3:23.79	94
95	2:56.59	11-12	A	400	m	IM(use 200 time)	2:53.19	96
**********45 MINUTE BREAK**********								
97*	5:14.39	13-14	A	400	m	Freestyle	4:50.19	98*
97*	5:07.29	15-up	A	400	m	Freestyle	4:46.09	98*
99*		13-14	ABC	200	m	Backstroke		100*
99*		15-up	ABC	200	m	Backstroke		100*
101		13-14	ABC	100	m	Butterfly		102
103		15-up	ABC	100	m	Butterfly		104
105		13-14	ABC	200	m	IM		106
107		15-up	ABC	200	m	IM		108
109*		13-14	ABC	200	m	Breaststroke		110*
109*		15-up	ABC	200	m	Breaststroke		110*
111		13-14	ABC	100	m	Freestyle		112
113		15-up	ABC	100	m	Freestyle		114
115	Deck	13-14		400	m	Medley Relay	Deck	116
117	Entered	15-up		400	m	Medley Relay	Entered	118