

7-time Olympian ***Amanda Beard***

is Coming to Elko!

As part of her Swim Across America campaign, the Elko Swim Team will be holding a workshop hosted by 7-time Olympian Amanda Beard June 26th,, 2015.

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**Schedule of events:**

**3:15PM -3:45pm** ***Private Lesson***

**4:00PM-4:20pm** Motivational speech

 to Gold Swimmers (12-18 yrs)

and adults (masters

swimmers, triathletes)

**4:30PM-6:00pm** in/out of water instruction for

 Gold Swimmers and Adults

**6:10PM-7:00pm** in/out of water instruction for all other swimmers (8-11 year olds)

**7:05PM-7:20pm** Q & A with parents

**7:20PM-7:50pm** Photos and autographs

**7:50PM-8:00pm** Interviews

 Yes, you saw that – a **private lesson** will be auctioned off to ONE lucky winner! The auction will be held online beginning June 1st, so you don’t have to live in Elko to place a bid.

 This workshop coincides with Elko’s High Altitude Swim Meet on June 27th and 28th, so mark your calendars. Look for more information about the Amanda Beard workshop and how to bid coming your way in early May. For questions, contact Michelle Smith at 775-934-5446 or elkoswimteam@gmail.com.