

**Nampa Swim Team
Koudelka Memorial
October 5-6, 2019**

SPONSORED BY: Nampa Swim Team, Inc.

SANCTIONED BY: All events held under sanction of USA Swimming and Snake River Swimming, Inc., Sanction #_____. In granting this sanction, it is understood and agreed USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. (202.2.7)

LOCATION: Nampa Recreational Center
131 Constitution Way
Nampa, Idaho 83686
(208) 465-2288

FACILITIES: 8 lane, 25 yard indoor pool. The minimum water depth, measured in accordance with Article 103.2.3 is 5.9’ at the start end and 4.7’ at the turn end. Equipped with eight starting blocks, backstroke flags, anti-wave lane lines, and electronic timing by Colorado Timing Systems. The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

MEET REFEREE: Michelle Smith – Email: twosmiths@citilink.net
Protests will be handled in the manner described in Section 102.11 of *USA Swimming Rules and Regulations*.

MEET DIRECTOR: Terri Adams
Email: tadams5257@yahoo.com

OFFICIALS: We expect and appreciate the help of certified USA Swimming Officials from each participating team.

ELIGIBILITY: Swimmers must hold current **2019** USA registration cards. Age of swimmer on the first day of the meet (**October 5, 2019**) determines the swimmer’s age for the meet.

MEETINGS: **COACHES:** There will be a mandatory coaches meeting 15 minutes prior to the start of warm-ups each day of the meet.

OFFICIALS: There will be an officials meeting 45 minutes prior to the start of each day of the meet.

MEET FORMAT: This meet will be swum as timed finals. Swimmers will swim in pre-seeded heats as designated in the heat sheets posted at the meet, with exception of the 500 free, which will be deck seeded. All events will be swum as timed finals. Heats will be ordered slowest to fastest.

SCHEDULE:

Warm-Up Date	Who	Time	Meet Starts
Saturday	13 & O	8:00am-8:30am	9:15am
	12 & U	8:30am-9:00am	
Sunday	13 & O	8:00am-8:30am	9:15am
	12 & U	8:30am-9:00am	

CONDUCT: Current USA Swimming rules will govern this meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.

Snake River Swimming warm-up and safety procedures will apply. This will be posted and is included with this invitation. No diving or backstroke starts will be allowed from the blocks or pool deck during warm-ups. Racing starts will be allowed in designated sprints lanes the last 15 minutes of warm-ups. Meet marshals will be on deck during warm-ups.

Under USA Swimming Rule 102.8 for Deck Changing – Changing into or out of swimsuits outside designated locker room areas by swimmer at any level of competition is prohibited at USA Swimming sanctioned meets. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

This is a no card meet except for relay, 500 free. All other swimmers will be on deck at designated heat and lane for their events. Cards for distance events will be picked up at the Clerk of Course.

Relay cards will be given to coaches in their meet packets. All relay cards must have the first and last names and ages of the swimmers, in order, written on the back of the card. Relay swimmers must be entered on the master relay entry form and all fees paid.

Heats of timed final events may be combined at the discretion of the meet referee.

The 500 free will be deck seeded. All 500 free swimmers must check in with the Clerk of Course by 10:00am Saturday, October 6th. All 500 free swimmers must provide 2 timers and lap counters.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

ENTRIES:

Saturday & Sunday – All swimmers may enter **three individual events and one relay event per day.**

A Team Manager Event import file will be available to download on the home page of the Nampa Swim Team: www.nstsharks.com

NO TIMES ARE ACCEPTED, with the following exception:

- All swimmers **MUST** have an entry for the 500 free and 400 IM (coaches may submit and estimated time, only if no time exists).
- Coaches may estimate entry times **only when no time exists**, for seeding purposes in any event, and are **encouraged** to do so for any event 200 yards or longer. Please estimate conservatively.
- Please indicate which events have estimated times, in an email with your entry file.

Enter in short course yard times only. Entries may be submitted as an attached file via email (tadams5257@yahoo.com) **Terri Adams** by those teams using the Hy-Tek Commlink. Entry file must include converted times. **Include a hard copy of entries if submitted via disk or email.**

Entries must include the following information: swimmer’s name, age, team, team code, USA Swimming registration number, event name and number, and best time in **short course yards.**

Please report scratches to Clerk of Course prior to start of meet each day.

Following the meet, the Team Manager Import File, Meet Manager Backup file, and html results will be posted on the team website: www.nstsharks.com, and on the LSC website: www.snakeriverswimming.org.

Deck registration will not be provided. Anyone entered in the meet, whom is not properly registered with USA Swimming, is subject to a \$50 fine.

As prescribed in Article 205.3.1 F of the USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

TIME TRIALS: Time trials will be offered at the conclusion of Saturday and Sunday's events. Each swimmer may swim 1 time trial event. Time Trials will NOT count towards the daily maximum of three events and are not scored towards high point awards. Time trials are limited to events under 400 yards and will be swum in mixed format. Entries must be turned into the computer table with a \$3.00 fee per event by 11:00am.

ENTRY FEES: \$32.00 per individual (\$1.75 timing system, \$9.00 SRS funds, \$5.75 pool rent/lifeguards, \$15.50 awards, admin, hospitality).

ENTRY DEADLINE: Make checks payable to Nampa Swim Team. All fees must accompany entries. **One check per team please. Entries must be received by September 25th.** Late entries will not be accepted.

Mail entries to: Terri Adams
c/o NST
1027 Huntington Ct, Nampa, ID 83686
208.258.0839

SCORING: Events will be swum 8 & under (25's only), 12 & under, and 13 & over but will be scored separately as 6 & under, 7-8, 9-10, 11-12, 13-14, 15-18. The scoring will be: 30-25-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 by individual event. Scoring may be adjusted upward depending on the number of entries. Relays will not receive points.

AWARDS: Every swimmer will receive a participation trophy or medal. The award will be in high point order for the age group as specified under the scoring section, both for boys and girls.

MISC: Each team will be expected to provide timers during the entire course of the meet each day. Assigned lanes will appear in the heat sheet.

Concessions will be available at the pool.

Heat Sheets will be available at the Concession stand for \$6.00

A hospitality room will be provided for coaches and officials.

2019 Koudelka Memorial
October 5-6, 2019
Schedule of Events

Saturday – October 5

Event

- 1 Girls 13 & Over 200 Medley Relay
- 2 Boys 13 & Over 200 Medley Relay
- 3 Girls 12 & Under 200 Medley Relay
- 4 Boys 12 & Under 200 Medley Relay
- 5 Girls 13 & Over 50 Freestyle
- 6 Boys 13 & Over 50 Freestyle
- 7 Girls 12 & Under 50 Freestyle
- 8 Boys 12 & Under 50 Freestyle
- 9 Girls 13 & Over 100 Butterfly
- 10 Boys 13 & Over 100 Butterfly
- 11 Girls 12 & Under 100 Butterfly
- 12 Boys 12 & Under 100 Butterfly
- 13 Mixed 8 & Under 25 Butterfly
- 15 Girls 11 & Over 200 Breaststroke
- 16 Boys 11 & Over 200 Breaststroke
- 17 Girls 12 & Under 50 Breaststroke
- 18 Boys 12 & Under 50 Breaststroke
- 19 Girls 13 & Over 50 Breaststroke
- 20 Boys 13 & Over 50 Breaststroke
- 21 Girls 12 & Under 100 Backstroke
- 22 Boys 12 & Under 100 Backstroke
- 23 Girls 13 & Over 100 Backstroke
- 24 Boys 13 & Over 100 Backstroke
- 25 Mixed 8 & Under 25 Backstroke
- 27 Girls 13 & Over 200 IM
- 28 Boys 13 & Over 200 IM
- 29 Girls 12 & Under 100 IM
- 30 Boys 12 & Under 100 IM
- 31 Girls 11 & Over 200 Butterfly
- 33 Mixed 12 & Over 500 Freestyle

Sunday – October 6

Event

- 35 Girls 13 & Over 200 Freestyle Relay
- 36 Boys 13 & Over 200 Freestyle Relay
- 37 Girls 12 & Under 200 Freestyle Relay
- 38 Boys 12 & Under 200 Freestyle Relay
- 39 Girls 13 & Over 100 Freestyle
- 40 Boys 13 & Over 100 Freestyle
- 41 Girls 12 & Under 100 Freestyle
- 42 Boys 12 & Under 100 Freestyle
- 43 Mixed 8 & Under 25 Freestyle
- 45 Girls 13 & Over 50 Butterfly
- 46 Boys 13 & Over 50 Butterfly
- 47 Girls 12 & Under 50 Butterfly
- 48 Boys 12 & Under 50 Butterfly
- 49 Girls 11 & Over 200 Backstroke
- 50 Boys 11 & Over 200 Backstroke
- 51 Girls 12 & Under 50 Backstroke
- 52 Boys 12 & Under 50 Backstroke
- 53 Girls 13 & Over 50 Backstroke
- 54 Boys 13 & Over 50 Backstroke
- 55 Girls 12 & Under 100 Breaststroke
- 56 Boys 12 & Under 100 Breaststroke
- 57 Girls 13 & Over 100 Breaststroke
- 58 Boys 13 & Over 100 Breaststroke
- 59 Mixed 8 & Under 25 Breaststroke
- 61 Girls 13 & Over 200 Freestyle
- 62 Boys 13 & Over 200 Freestyle
- 63 Girls 12 & Under 200 Freestyle
- 64 Boys 12 & Under 200 Freestyle
- 65 Girls 13 & Over 100 IM
- 66 Boys 13 & Over 100 IM
- 67 Girls 12 & Under 200 IM
- 68 Boys 12 & Under 200 IM
- 69 Mixed 13 & Over 400 IM