

SNAKE RIVER WINTER CHAMPIONSHIP MEET

West Family YMCA/Boise City Aquatic Center

February 18-20, 2022

HOST: Boise YMCA Swim Team

SANCTION: This meet is held under sanction of USA Swimming and Snake River Swimming, Inc., **Sanction # 22-03** In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event.

LOCATION: West Family YMCA/Boise City Aquatic Center; 5959 N. Discovery Place, Boise, ID 83713; (208) 377-9622. From I-84, take Eagle Road exit and follow Eagle Road north to Chinden Blvd. Turn right on Chinden. Go approximately $\frac{3}{4}$ mile to Discovery Place, turn right. Follow Discovery to West YMCA/Aquatic Center. From Highway 55, turn right on Highway 44 (State Street) and travel west through the town of Eagle. Turn left on Eagle Road, travelling south to Chinden Blvd. Turn left on Chinden and follow directions as above to Discovery Place.

FACILITIES: 25 yard x 50 meter indoor pool with Ten 8-foot lanes in the competition course and Six 8-foot lanes in the warm up/warm down course; Blocks with 10 degree slope and back foot rest; 6" anti-wave lane lines; and spectator seating for 800 people.

The competition course has been certified with USA Swimming in accordance with 104.2.2C(4).

The minimum water depth, measured in accordance with Article 103.2.3 is from 6 feet to 13 feet at the start and turn ends in the competition course and from 5 feet to 4 feet in the warm up/warm down course.

TIMING: Daktronics Omnisport 6000 Timing System with eight lane scoreboard; Hy-Tek Meet Manager for Window Software with Timing Console Interface.

MEET FORMAT: This meet is a combination of timed finals and preliminary/finals events. Fly over starts will be used at the discretion of the meet referee(s).

TIMED FINALS: All 8 & Under events, all relays, all events 400 yards and longer, 11-12 year old 200 butterfly, 200 breaststroke, and 200 backstroke, and all events Friday evening will be swum as timed finals.

PRELIMS/FINALS: All events not covered under timed finals. The top 8 qualifiers in the prelims will advance to finals.

MEET DIRECTOR: Tina Akpan
Email: t_akpan@msn.com

MEET REFEREES: Aaron Rasmussen Email: aprazman@gmail.com

Protests will be handled in the manner described in Section 102.11 of the USA Swimming Rules and Regulations

OFFICIALS:

We appreciate the help of certified officials from other clubs. If you know of an official attending the meet, please have them contact the meet referee in advance.

This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form and notify the Meet Referee upon arrival at the meet. Instructions for certification will be provided during Officials' Meetings.

SCHEDULE:

Friday Timed Finals:

Warm-ups: 3:15 p.m. – 3:45pm Session 1

Finals Begin: 4:00 p.m.

Session 2 Warm-ups: Will be announced, approximately 15 minutes after end of session 1

Saturday and Sunday Prelim Warm-Up

Saturday & Sunday:

Prelim Warm-ups session 3 and 6: 7:50 a.m. – 8:20 a.m.

Prelims Begin: 8:30 a.m.

Prelim Warm-ups Session 4 and 7: approximately 20 minutes after conclusion of previous session

9 & Over Finals

Saturday:

Finals Warm Ups: 3:15 – 4:15 p.m.

Finals Start: 4:30 p.m.

Sunday:

Finals Warm Ups: 3:30 – 4:15 p.m.

Finals Start: 4:30 p.m.

MEETINGS:

Coaches: There will be a mandatory coaches meeting 15 minutes prior to the start of morning warm ups on Friday and Saturday only.

Officials: There will be an officials meeting 45 minutes prior to the start of the meet each day. (3:30 p.m. for Friday; 7:30 a.m. Saturday and Sunday preliminary sessions; 3:45 p.m. Saturday's final session; and 3:45 p.m. for Sunday's Final session.

ELIGIBILITY:

ALL SWIMMERS MUST BE USA SWIMMING AND SNAKE RIVER SWIMMING REGISTERED for the 2022 registration year.

Swimmers age on February 18, 2022 will be determine age group for the entire meet.

Athletes with disabilities may enter any age appropriate event without meeting the qualifying standard. Please provide advance notice to the Meet Referee of any necessary accommodations your disabled swimmer may need.

Please include coach's name, phone, and address. Coach's signature will be verification that all swimmers entered are currently registered members of USA Swimming. DECK REGISTRATION WILL NOT BE ACCEPTED. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

Please contact Snake River Registration Chairman Dina Luptak, (208) 525-2047 for registration information.

ENTRIES: Each Swimmer may enter seven (7) individual events with no more than three (3) individual events per day and two (2) relays per day. Each team may enter a maximum of 3 relays per gender per age group per event.

Entries must include swimmer's name, age, event name and number, and the swimmer's **best short course yard time. Please do not convert.** If short course meter or long course meter times are submitted, they will be seeded after all short course yard times (SCY/SCM/LCM).

Swimmers must have obtained the qualifying time in those events that have a time standard.

Swimmers must have a time to enter any event which does not have a time standard. NT's will not be accepted with the exception of all relays.

Eight & under swimmers may swim in either 8 & U or 10 & Under events but cannot enter more events than the daily limit. 10 & U events will be scored as one age group (10 & U) however if an 8 & Under swims in a 10 & Under event and places 3rd, the swimmer will receive 3rd place points toward their 8 & Under high point total.)

Swimmers may enter the 1650 Freestyle with an 800/1000 qualified time. Those swimmers should enter at the 1650 qualifying time and note their proof of time on their entry.

Bonus Events: If one qualifying time is made, a swimmer may add 3 bonus swims with an established time. Bonus events must be 200 yards or less.

All swimmers must submit a valid qualifying time in order to swim the 500 freestyle.

Entries will need to be sent as described below via email. Submit team entries via the Hy-Tek TEAM MANAGER software meet entries file using the "Export" option.

EMAIL (required): Email entries as an attachment to the following email address: BYSTmeetentries@ymcatvidaho.org. We require the following files: Meet Entry cl2 File with

individual and relay entries; Meet Entry Report, including Relays; and Meet Entry Fee Report. These reports can be generated in Team Unify or in Team Manager.

All swimmers must be on the team master entry form and the surcharge paid including relay only swimmers.

ENTRY FEES: \$2.50 per individual event; \$6.00 per relay event; \$22.00 Surcharge per swimmer (\$1.75 pool rental; \$2.00 timing equipment; \$4.25 lifeguard fee; \$5.00 Hospitality Fees, and \$9.00 Snake River Swimming Travel Fund & Zone Fund Fees).

Make checks payable to **Boise Y Swim Team**. All fees, including late entry fees, must be received within one week of the February 9 entry deadline. One check per team, please.

DEADLINE: Entries must be postmarked by Monday, February 7, 2022 and received no later than 6 pm Wednesday February 9, 2022. **Entries AND payment must be received by the entry deadline!**

Send Entries to: BYSTmeetentries@ymcatvidaho.org

Send Fees to:

Mail Entry Fees to:

Linda Conger
Tomlinson South Meridian YMCA
5155 Hillside Ave
Meridian, ID 83646
email: BYSTmeetentries@ymcatvidaho.org

LATE ENTRIES: Swimmers who attain their **first** qualifying time at a SRS meet scheduled between the meet entry deadline (Wednesday, February 9) and Sunday of the following weekend (February 13) may enter the meet if their entry is received by the Meet Entry Chairman no later than 12:00 pm Sunday, February 13. **Entry fees for late entries will be \$4/event, \$8/relay, and \$22/swimmer surcharge.**

RULES: All events will be governed by current USA Swimming rules.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

BACKSTROKE: The "ledge starting device" will be available during the meet and its use is optional. All swimmers who wish to use the backstroke starting device need to be certified by their coach to use it.

Relay cards will be given to coaches in their packets. Relay cards must have the correct first and last names of the swimmers, in order, written on the card at the start of that relay's race.

Except for deck seeded events, swimmers will swim in pre-seeded heats as designated in the heat sheets posted at the meet.

All swimmers in the 400 IM and the 500 and 1650 Freestyles MUST provide their own timers and counter. Two (2) timers are required for each swimmer.

At the Meet Referee's discretion, **prelim** events may be combined by age, gender, distance, and/or stroke trying to allow for at least one empty lane between such combined events.

Check-In:

- Individual events 400 yards and longer will be deck seeded, after a positive check-in, and may, at the discretion of the meet referee, be combined and swum without regard to age and /or gender. These events may be swum fastest to slowest and may alternate female and male heats.
- 500 freestyle swimmers must check in by 3:45pm on Friday. 400 IM swimmers must check in by 10:00am on Saturday. 1650 freestyle swimmers must check in by 10:00am on Sunday.
- **Please Note:** Swimmers who do not check in by the designated deadline shall not be seeded.

Scratching from Finals:

- A swimmer, who qualifies for a final race based upon the results of a preliminary race, has until 30 minutes after the announcement of the qualifiers for that race to notify the Clerk of Course they may not swim in finals. Said swimmer must then return to the Clerk of Course within 30 minutes following their last individual event to declare his/her final intention to swim/scratch the event.
- A swimmer who fails to compete in a final race, from which they have not properly scratched, shall be barred from competing in their next individual event. Additionally, said swimmer will not be allowed to swim any individual events on succeeding days unless they declare their intent to swim with the Meet Referee prior to the beginning of warm-ups on each succeeding day.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

AWARDS: Individual Events: 1st – 8th SRS Champs Medals
Relay Events: 1st – 8th Ribbons
High Point Awards: 1st Place Trophy each Age Group Female and Male
Team Awards: 1st Place Banner Total Points
Team Awards: 1st Place Banner Percentage of Best Times

TIME TRIALS: Will be offered, based on available time as determined by the Referee. **The normal schedule of warm ups and events will not be altered or delayed for time trials.** Each trial swim will count as one (1) toward the daily event limit with the combination of time trials and meet events not to exceed three (3) events per day, and seven (7) total individual events. Entries must be

turned into the computer table with a \$3.00 fee one-half hour before projected end of the day's preliminary events, which will be announced during the preliminary session.

HEAT SHEETS: Heat Sheets for prelim sessions will be available for \$6.00. Heat sheets will also be posted. Meet results will not be mailed out. Results will be available on the Snake River Swimming website in PDF and HTML formats.

Heat Sheets for Final session will be available for \$ 2.00 each.

RESULTS: Complete Meet Results, Meet Results File, and meet backup will be available at the Snake River Swimming website: www.snakeriverswimming.org after the conclusion of the meet. Real time Results will also be on Meet Mobile.

MISC: **ALL TEAMS WILL BE ASSIGNED LANES TO STAFF FOR TIMING DURING THE MEET.** It will be their responsibility to rotate their own timers. A schedule of assigned lanes will be posted and listed in the heat sheet.

DECK CHANGING: Changing into or out of swimsuits outside designated locker room areas by athletes at any level of competition is prohibited. Prohibited areas include, but are not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

Swimmers are asked to use the Aquatic Dressing Rooms only. Day passes for the YMCA facility will be available for purchase by visiting teams and families.

Uses of audio or visual recording devices, including cell phones, are not permitted in changing areas, rest rooms or locker rooms.

DRONES - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Snake River Swimming safety guidelines and warm-up procedures will apply. NO DIVING into the competition or warm up/warm down courses. Racing starts will be allowed when all teams assigned to a warm up lane agree to do so and notify the teams on either side of them that they will be doing starts. The warm-up/warm down course will be available for warm-up/warm down during the entire course of the meet.

CONCESSIONS: No food will be allowed on deck. All food will be confined to the bleacher areas. Coolers will be allowed in the bleacher area only.

VENDORS: Northwest Design, Custom Event Apparel

HOSPITALITY: A Hospitality area will be provided for coaches and officials.

COVID-19 Protocols: We have taken enhanced health and safety measures – for you, our swimmers, guests, and meet personnel. You must follow all posted instructions while attending or participating in swim meets located at the West Boise YMCA and Boise Aquatic Center. *USA Swimming, Inc*

cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the West Y and Boise Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19.

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COVID Protocols: At this time all, officials, coaches, swimmers and volunteers must wear a mask. Swimmers will be required to wear their mask to the blocks, remove mask prior to swimming and then put mask back on before returning to the blocks. Health questionnaire and temperature screening will be completed prior to entering the facility. Facility capacity will be limited to 250 people per session this will include swimmers, coaches, lifeguards, COVID personnel and key volunteers. **No spectators** will be allowed during this swim meet. These protocols are subject to change based on state, city and federal COVID protocols. Any changes will be announced prior to the start of the meet.

2019 SNAKE RIVER WINTER SWIMMING CHAMPIONSHIPS
WEST FAMILY YMCA/BOISE CITY AQUATIC CENTER

SCHEDULE OF EVENTS

FRIDAY, FEBRUARY 18, 2022 – Evening Timed Finals Session

Warm up: 3:15 – 3:45pm Meet Starts: 4:00 p.m.

Female Event #	QT- SCY	Prelim/Timed Final	Event	Prelim/Timed Final	QT-SCY	Male Event #
1	--	Timed Final	8 & U 100 IM	Timed Final	--	2
3	3:49.99	Timed Final	10 & U 200 IM	Timed Final	3:53.99	4
5	3:08.99	Timed Final	11-12 200 IM	Timed Final	3:10.99	6
7	--	Timed Final	8 & U 100 Freestyle	Timed Final	--	8
9	3:19.99	Timed Final	9-10 200 Freestyle	Timed Final	3:24.99	10
11	7:49.99	Timed Final	12 & U 500 Freestyle	Timed Final	7:59.99	12
			Session 2			
13	2:47.99	Timed Final	13-14 200 IM	Timed Final	2:46.99	14
15	2:43.99	Time Final	15-19 200 IM	Timed Final	2:29.99	16
17	6:49.99	Timed Final	13-14 500 Freestyle	Timed Final	6:51.99	18
19	6:25.99	Timed Final	15-19 500 Freestyle	Timed Final	5:59.99	20
21	--	Timed Final	11-19 800 Freestyle Relay	Timed Final	--	22

2019 SNAKE RIVER WINTER SWIMMING CHAMPIONSHIPS
WEST FAMILY YMCA/BOISE CITY AQUATIC CENTER

SCHEDULE OF EVENTS

SATURDAY, FEBRUARY 19, 2022– Preliminary Session

12 & under Warm up: 7:50 a.m. – 8:20 a.m.

Meet Starts: 8:30 a.m.

Session 3

Female Event #	QT-SCY	Prelim/Timed Final	Event	Prelim/Timed Final	QT-SCY	Male Event #
53	2:49.99	Prelim/Final	11-12 200 Freestyle	Prelim/Final	2:59.99	54
23	--	Timed Final	8 & U 25 Freestyle	Timed Final	--	24
25	43.99	Prelim/Final	9-10 50 Freestyle	Prelim/Final	44.99	26
27	34.99	Prelim/Final	11-12 50 Freestyle	Prelim/Final	35.99	28
33	--	Timed Final	8 & U 100 Medley Relay	Timed Final	--	34
35	--	Timed Final	10 & U 200 Medley Relay	Timed Final	--	36
37	--	Timed Final	12 & U 200 Medley Relay	Timed Final	--	38
43	--	Timed Final	8 & U 50 Breaststroke	Timed Final	--	44
45	2:01.99	Prelim/Final	10 & U 100 Breaststroke	Prelim/Final	2:03.99	46
47	1:38.99	Prelim/Final	11-12 100 Breaststroke	Prelim/Final	1:48.99	48
59	--	Timed Final	8 & U 50 Backstroke	Timed Final	--	60
61	1:46.99	Prelim/Final	10 & U 100 Backstroke	Prelim/Final	1:48.99	62
63	1:29.99	Prelim/Final	11-12 100 Backstroke	Prelim/Final	1:31.99	64
69	--	Timed Final	8 & U 25 Butterfly	Timed Final	--	70
71	49.99	Prelim/Final	9-10 50 Butterfly	Prelim/Final	50.99	72
73	44.99	Prelim/Final	11-12 50 Butterfly	Prelim/Final	44.99	74
75	3:15.99	Timed Final	11-12 200 Butterfly	Timed Final	3:15.99	76
81	--	Timed Final	12 & U 400 Freestyle Relay	Timed Final	--	82
87	1:45.99	Prelim/Final	9-10 100 IM	Prelim/Final	1:47.99	88
89	1:28.99	Prelim/Final	11-12 100 IM	Prelim/Final	1:30.99	90
91	6:39.99	Timed Final	11-12 400 IM	Timed Final	6:43.99	92
			Session 4			
29	30.49	Prelim/Final	13-14 50 Freestyle	Prelim/Final	29.99	30
31	29.49	Prelim/Final	15-19 50 Freestyle	Prelim/Final	28.49	32
39	--	Timed Final	13-14 200 Medley Relay	Timed Final	--	40
41	--	Timed Final	15-19 200 Medley Relay	Timed Final	--	42
49	3:24.99	Prelim/Final	13-14 200 Breaststroke	Prelim/Final	2:54.99	50
51	3:06.99	Prelim/Final	15-19 200 Breaststroke	Prelim/Final	2:49.99	52
55	2:29.99	Prelim/Final	13-14 200 Freestyle	Prelim/Final	2:28.99	56
57	2:24.99	Prelim/Final	15-19 200 Freestyle	Prelim/Final	2:10.99	58
65	2:52.99	Prelim/Final	13-14 200 Backstroke	Prelim/Final	2:54.99	66
67	2:45.99	Prelim/Final	15-19 200 Backstroke	Prelim/Final	2:34.99	68
77	1:17.99	Prelim/Final	13-14 100 Butterfly	Prelim/Final	1:19.99	78
79	1:11.99	Prelim/Final	15-19 100 Butterfly	Prelim/Final	1:04.99	80

83	--	Timed Final	13-14 400 Freestyle Relay	Timed Final	--	84
85	--	Timed Final	15-19 400 Freestyle Relay	Timed Final	--	86
93	5:59.99	Timed Final	13-14 400 IM	Timed Final	5:59.99	94
95	5:39.99	Timed Final	15-19 400 IM	Timed Final	5:24.99	96

Session 5 – Finals Saturday

Female Event #	Event	Male Event #
25	9-10 50 Freestyle	26
27	11-12 50 Freestyle	28
29	13-14 50 Freestyle	30
31	15-19 50 Freestyle	32
45	10 & U 100 Breaststroke	46
47	11-12 100 Breaststroke	48
49	13-14 200 Breaststroke	50
51	15-19 200 Breaststroke	52
53	11-12 200 Freestyle	54
55	13-14 200 Freestyle	56
57	15-19 200 Freestyle	58
61	10 & U 100 Backstroke	62
63	11-12 100 Backstroke	64
65	13-14 200 Backstroke	66
67	15-19 200 Backstroke	68
71	9-10 50 Butterfly	72
73	11-12 50 Butterfly	74
77	13-14 100 Butterfly	78
79	15-19 100 Butterfly	80
87	9-10 100 IM	88
89	11-12 100 IM	90

WEST FAMILY YMCA/BOISE CITY AQUATIC CENTER

SCHEDULE OF EVENTS

SUNDAY, FEBRUARY 20, 2022 - Preliminary Session

13 & Over Warm up: 7:15 a.m. – 7:55 a.m. 11-12 Warm up: 7:55 a.m. – 8:20 a.m.

Meet Starts: 8:30 a.m.

Session 6

Female Event #	QT-SCY	Prelim/Timed Final	Event	Prelim/Time Final	QT-SCY	Male Event #
97	--	Timed Final	8 & U 50 Freestyle	Timed Final	--	98
99	1:31.99	Prelim/Finals	9-10 100 Freestyle	Prelim/Finals	1:33.99	100
101	1:15.99	Prelim/Finals	11-12 100 Freestyle	Prelim/Finals	1:19.99	102

107	--	Timed Final	12 & U 400 Medley Relay	Timed Final	--	108
113	--	Timed Final	8 & U 25 Breaststroke	Timed Final	--	114
115	55.99	Prelim/Finals	9-10 50 Breaststroke	Prelim/Finals	56.99	116
117	46.00	Prelim/Finals	11-12 50 Breaststroke	Prelim/Finals	50.99	118
119	3:49.99	Timed Finals	11-12 200 Breaststroke	Timed Finals	3:59.99	120
125	--	Timed Final	8 & U 25 Backstroke	Timed Final	--	126
127	50.99	Prelim/Finals	9-10 50 Backstroke	Prelim/Finals	51.99	128
129	43.99	Prelim/Finals	11-12 50 Backstroke	Prelim/Finals	44.99	130
131	2:59.99	Timed Final	11-12 200 Backstroke	Timed Final	3:04.99	132
137	--	Timed Final	8 & U 50 Butterfly	Timed Final	--	138
139	1:57.99	Prelim/Finals	10 & U 100 Butterfly	Prelim/Finals	1:59.99	140
141	1:49.99	Prelim/Finals	11-12 100 Butterfly	Prelim/Finals	1:49.99	142
147	--	Timed Final	8 & U 100 Freestyle Relay	Timed Final	--	148
149	--	Timed Final	10 & U 200 Freestyle Relay	Timed Final	--	150
151	--	Timed Final	12 & U 200 Freestyle Relay	Timed Final	--	152
157	24:53.99	Timed Final	11-12 1650 Freestyle	Timed Final	24:21.89	158
			Session 7			
103	1:07.49	Prelim/Finals	13-14 100 Freestyle	Prelim/Finals	1:06.99	104
105	1:04.49	Prelim/Finals	15-19 100 Freestyle	Prelim/Finals	58.49	106
109	--	Timed Final	13-14 400 Medley Relay	Timed Final	--	110
111	--	Timed Final	15-19 400 Medley Relay	Timed Final	--	112
121	1:29.99	Prelim/Finals	13-14 100 Breaststroke	Prelim/Finals	1:27.99	122
123	1:25.99	Prelim/Finals	15-19 100 Breaststroke	Prelim/Finals	1:16.99	124
133	1:16.99	Prelim/Finals	13-14 100 Backstroke	Prelim/Finals	1:18.99	134
135	1:12.99	Prelim/Finals	15-19 100 Backstroke	Prelim/Finals	1:06.49	136
143	2:59.99	Prelim/Finals	13-14 200 Butterfly	Prelim/Finals	2:59.99	144
145	2:49.99	Prelim/Finals	15-19 200 Butterfly	Prelim/Finals	2:39.99	146
153	--	Timed Final	13-14 200 Freestyle Relay	Timed Final	--	154
155	--	Timed Final	15-19 200 Freestyle Relay	Timed Final	--	156
159	23:23.49	Timed Final	13-14 1650 Freestyle	Timed Final	22:18.89	160
161	23:05.19	Timed Final	15-19 1650 Freestyle	Timed Final	21:35.39	162

Finals
Session 8

Female Event #	Event	Male Event #
99	9-10 100 Freestyle	100
101	11-12 100 Freestyle	102
103	13-14 100 Freestyle	104
105	15-19 100 Freestyle	106
115	9-10 50 Breaststroke	116
117	11-12 50 Breaststroke	118
121	13-14 100 Breaststroke	122
123	15-19 100 Breaststroke	124
127	9-10 50 Backstroke	128
129	11-12 50 Backstroke	130
133	13-14 100 Backstroke	134
135	15-19 100 Backstroke	136
139	10 & U 100 Butterfly	140
141	11-12 100 Butterfly	142
143	13-14 200 Butterfly	144
145	15-19 200 Butterfly	146

SECTION 2- SAFETY GUIDELINES:

A. COACHES RESPONSIBILITIES

1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall actively supervise their swimmers throughout the warm-up sessions at meets and at all practices.

B. HOST TEAM RESPONSIBILITIES

1. Marshaling
 - a. a minimum of four (4) marshals, who report to, and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session and any warm-up breaks to enforce the *Safety Guidelines and Warm-up Procedures* as outlined in Article IX
 - b. marshals shall have the authority to remove from the pool, for remainder of the warm-up session, any swimmer who is in violation of safety guidelines or warm-up procedures.
 - d. for continuous warm-up pools, lifeguards from the host facility may serve as marshals, if:
 - 1) they are currently certified by Red Cross in Advanced Lifesaving and agree to enforce the warm-up procedure as instructed by the Meet Referee and/or Meet Director
 - 2). a marshal is provided to supervise the work of the lifeguards
2. Host teams shall post signs at each lane at both ends of pool which indicate the designated use during warm-up.
3. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area.
4. The following statement shall appear in the meet information: "Snake River Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in effect at this meet." In addition, a copy of SRS, Inc. Safety Guidelines and Warm-up Procedures shall be included with each invitation, either within the invitation or as a separate page.
5. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on the deck area, or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

C. MISCELLANEOUS

1. Use of hand paddles and other training devices during warm-ups is at the Meet Referee's discretion.
2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step on the block if there is a backstroker waiting to start.
3. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
4. Warm-up procedures shall be enforced for any breaks scheduled during the meet.
5. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

NOTE: Host clubs may, with the consent of the Meet Director and/or Meet Referee, modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

To: Meet Referee, Aaron Rasmussen

Qualifying Meet: Snake River Winter Championship Meet, Meet Dates: February 18-20, 2022

Meet Location: West Family YMCA, Boise, ID, LSC: SR

Mail to: or e-mail: aprazman@gmail.com or fax: (555) 555-5555

Please consider me for assignments at the above meet so that I may be evaluated as follows:

Name: LSC: ____, USA S Reg #

email: Phone:

Mailing Address:

Levels LSC N2 N3 None Years•months at Highest Level

Current Certifications: Stroke & Turn Judge: Chief Judge: Starter: Deck Referee: Administrative Referee:

Requested Evaluations: (You must work at least 4 sessions at the meet for an evaluation to be validated.)

For Re-certification at N2 or N3 as - S&T, CJ, Starter, Ref,

Ad Ref (choose up to 5)

For Advancement towards N2 or N3 - S&T, CJ, Starter, Ref,

Ad Ref (choose up to 2)

For Final Evaluation as N3 - CJ*, Starter*, Ref*, Ad Ref* (choose 1, if eligible.)

Recent Evaluations ("Met Standard", or better, in previous 24 months):

1. For Re-certification at N2 or N3 - S&T, CJ, Starter, Ref, Ad Ref (choose all applicable)

2. For Advancement towards N2 or N3 - S&T, CJ, Starter, Ref, Ad Ref (choose all applicable)

3. For Final Evaluation as N3 - CJ, Starter, Ref, Ad Ref

Evaluator Names for previous evaluations in 1. and 2. above:

Eval for: Evaluator's Name: { * Only available if all prerequisites have been met and the meet is approved for Final Evaluations. }

Your Request: sorry, cannot be accommodated. Too many requests. Please apply again.

You are not yet eligible. Please work on it.

can be accommodated as follows:

For Re-certification at N2 or N3 as - S&T, CJ, Starter, Ref, Ad Ref

For Advancement towards N2 or N3 - S&T, CJ, Starter, Ref, Ad Ref

For Final Evaluation as N3 - CJ*, Starter*, Ref*, Ad Ref*

Meet Referee.

Date: Send "Confirmation"/"Sorry" to applicant. Send a copy of accepted applications to Evaluators.