

2015 Snake River HOD  
Twin Falls, ID  
Saturday, Oct 17<sup>th</sup> 1pm  
Minutes

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1. Roll Call and Call to Order-  
Timothy Wayland, Patty Stratton, Bruce Stratton, Al Luptak, Dina Luptak, Kailee Puetz, Phoebe Pahis, Casi Pahis, Hong Shao, Todd Marsh, Joan Wong, Richard Freiss, Eric Pertulla, Chris Spelius, Carole Shelley, Jim Moffitt, Mark Eyolfson, Camille Andrus, Danielle Pearson, Emry Hill, Luci Lenderink, Sophie George, Lori Hoard, Mike Lewellyn, John Apgar, Reed Andrus, Angela Andrus, Abbigayle Macomb, Phillip Wright, Roger Wright, Vivienne Wright, Peggy Hawkins, Shelley Beard, Denise Thompson, Steve Witcher, Vicki Marsh, Vanessa Wong, Chiloe Spelius, Patty Fisk, Lisa Johnson, Brian Gallagher, Michelle Smith, Theresa Pacini, Maddie Johnson, Stephanie O'Malley
2. Minutes for 2014 Approved
3. Officer's Reports (Added to website)
  - a. General Chair-Vicki Marsh
  - b. Admin Vice-Chair- Denise Thompson
  - c. Senior Vice-Chair Brian Gallagher (on SRS website)
  - d. Age Group Chair-Mike Lewellyn  
New Proposed qualifying times for SRS Champs meets-based on review of top 16 times in LSC over last 10 years. Age group zones in Hawaii-need to work on becoming more competitive (revised plan to make top 4 qualifiers with western zone time the priority, then next 4 will be swimmers with SRS zone time and finally fill-ins for relays).
  - e. Secretary-Lisa Johnson
  - f. Treasurer-Jeff Erwin (see on website). Unexpected costs for the year-official shirts, senior zone coach travel fees and Aug SRS LSC training. No YMCA regionals in Boise surcharges removed from budget. No incentive for zone coach travel to control costs. Took out Diversity Camp funding. Add monies for Spring LSC training. Discussion on line items for official training. Athletes requesting monies in budget for SRS apparel-discussion followed with idea to have funds for design and then swimmers will order on their own online. Dina needs funds for Registration Meeting (Denver)-also Vicki and Safety Chair. **Patty Stratton made the motion for \$200 per swimmer subsidy for Age Group and Senior Zones-Approved.**  
**Motion to Approve 2016 Budget-Approved.**
  - g. Coaches Chair-Patty Fisk  
Karen Homstad proposal a new time standard for Champs meets to allow more swimmers to compete (see PPT on website). Based on a LSC specific "B" standard using top 16 swims over time.

Accordingly to Mike Lewellyn most LSC's base their B times on their own organization. Run for a year and adjust as necessary. Concern expressed over slowing times, adding longer events and breaking format into prelims/finals with 10 and unders in between would create longer meets with officiating challenges and increased numbers of swimmers.

**Patty Fisk made a motion to accept the time standards - Approved**

Proposal from coaches to run prelims/finals for all sessions at Winter Champs (Athletes voted no finals at Winter Champs). 10 and under would run as an individual meet between sessions each day. Concern from officials as to enough people to run the meet. Consider paying or flying in officials to help with meet-Official's chair assign positions. How do athletes feel about separating swimmers at championship meets and timed finals on Sunday? Don't care.

**Denise called for the question with the proposed list of events for Winter Champs and re-evaluate after the meet. Approved with 2 No's.**

- h. Senior Athlete Rep-Vanessa Wong and Chiloe Spelius-Reviewed mission and vision statement. Strive, Rise, Succeed (SRS) and Strive together. Thrive together. Helping swimmers to achieve success from the grassroots to the elite. **Motion to approve and approved.** Ways to improve communication: club reps for each team, Social Media (**HOD recommended no Instagram**), SRSathletereps@gmail.com is the new email, athlete newsletter-monthly. Discussion followed regarding posting and who is monitors. Instagram allows tags that could be affiliated with site. Athlete reps are the only swimmers with access to the site to post and change. Suggestion made for Safety or Sr Chair to oversee the sites. Athletes to design the medals for Championship meets (need by Dec 1). Athletes suggested mandatory volunteering by parents for their swimmers. Dual meets with other LSC's-Mike suggested contacting other athlete reps. Team meet ups with older swimmers coaching younger swimmers and then having a mini meet to foster team etiquette and team building. Non-sanctioned to allow "fun" races. Propose amendment to Standing Rules that Jr and Sr reps are from different teams. Standing Rules change to accommodate a change so that Jr rep election occurs at Winter Champs and then take effect in the Fall. Vanessa made a motion to create a new article for the Standing Rules (Denise and Vanessa to create and send to all the athletes).

4. Reports of Committees and Coordinators (Added to website)
  - a. Technical Planning-Steve Witcher (on SRS website) Proposal to add IF in to the rotation for Winter Champs with Boise and Nampa. Discussion ensued regarding Jan Tech Planning where best facilities for Champs meet was discussed. Athletes requested a venue on the East side of the state. Are people willing to travel to the east for a champs meet? **Motion made to change the Standing Rules to include IF in Winter Champs rotation every 3<sup>rd</sup> year. Boise, IF, Nampa. Approved.** Timing system to be located in SE Idaho. Grants being worked on to obtain additional swim meet equipment.
  - b. Registration-Dina Luptak (on SRS website) Background checks and APT required before nonathletes can register. Officials need to print their own registration cards-instructions are on the SRS registration page. New coaches have education requirement that must be completed prior to registration.
  - c. Safety Chair-Peggy Hawkins (multiple forms on SRS website) Hypoxic drowning (shallow water drowning)-2 minutes to revive. Who is in charge of safety at your pool and meet? Concussions and recovery periods.
  - d. Records-Patty Stratton (on SRS website)
  - e. Disability-Linda Conger
  - f. Sanctions-Rick Krupa. Has resigned his position due to work commitments. **Recommends Eric Pertulla to fill the position. Vicki made a motion to accept. Approved.**
  - g. Officials-AI Luptak/Mark Eyolfson-New IM interpretation on freestyle leg if on back after turn this is a DQ. Convention rule changes took effect immediately-2 caps. Timing corrections with take effect in May. Official shirts for SRS now available. Continue budget line item for subsidized shirts. Good trainings for officials but lacking starters, referees and admin. Need more trainings with people following through on test and training. Suggestion made to have all meets in the schedule. Recommend that officials be reimbursed for background checks after a year. Requirement to hold a sanctioned meet: 5 officials (starter, admin, 2 S&T, referee) without this the times are not legal. Need to train more Admin. List of officials on website is on the website.
  - h. Website-Mike Lewellyn Would like meet invitation, event file and results to post on website. Needs accurate contact and address list.
  - i. Age Group Camp Coordinator-Karen Homstad
5. Old Business
  - a. Each team at a meet to bring officials.
  - b. Order of Events at Meets pre Champs. Suggested that bid packets go out prior so that teams holding meets could develop their

events. Consider templates placed on the website and/or tech planning to develop the meet format. A/B schedule discussed for 2017. East/West Invitational Weekends would be required to offer all the Championship events. **Motion made to accept the Plan B for the 2017 meet schedule. Approved with 1 abstained.**

6. Elections

- a. Open Position with newly elected officials for 2016.
  - i. Gen Chair-**Vicki Marsh**
  - ii. Sr Vice Chair- **Denise Thompson**
  - iii. Admin Vice Chair-**Steve Witcher** (can serve as both Tech Chair and Admin Vice Chair)
  - iv. Secretary-**Lisa Johnson**

7. New Business

- a. Convention Budget and Convention Information
- b. Zones for 2016 –Age Group Ken Utah. Times are up. Team with 4 in each age group each sex-first 4 will have to meet Western Zone time then SRS times.
- c. Proposed Stand Rules Changes for Zone Meet Coaches-see Patty Stratton 2 pg handout for details. Summary: both Age groups and Sr will be treated the same. Expenses will be paid at 20% for coaches appointed in the SRS approved manor and costs above 20% will be paid by swimmers attending the meet. **Voted and approved.** Delete all reference to All Star meets in Standing Rules. **Voted and approved.** Criteria for sending coaches to 8 or more to send Head Coach, 15 or more swimmers send an assistant as well. If head only 100%, if head and assistant 60% to Head and 40% to assistant. **Voted and approved.**
- d. Proposal made to add individual high point trophies and banner for % best times at meet. These will be LSC awards at Championships **Voted and approved.**
- e. Max 3 relays to enter and score at Invitational and Champs meets. **Voted and approved.**
- f. Zone travel for Sr and Age Groups-parents will be responsible for getting swimmer to and from meet, feeding and chaperoning at meet (no Zone transportation or housing). Team manager will set up hotel block. Consider using shares for this meet. **Tabled with plan to vote in spring.**
- g. Recommend Olympic trials be added to shares with same jump in dollars. **Voted and approved.**

8. Next meeting will be in Boise at Spring Fling May 2016.

9. Adjourn 4:25pm.

Submitted by Lisa Johnson

Additional Materials Post-Meeting

**Proposed changes to Standing Rules for Athlete Reps**

ARTICLE XIV SENIOR AND JUNIOR ATHLETE REPRESENTATIVES

SECTION 1 – ELIGIBILITY AND QUALIFICATIONS

Please refer to the Snake River Swimming By-laws Article 604.1.3 for specific information regarding the eligibility and qualifications to become an SRS athlete representative.

SECTION 2 – ELECTION PROCESS

In addition to Article 604.1.3 of the SRS By-laws the following will pertain to the election of athlete representatives

- A. Intent to run for the Junior Athlete Representative must be submitted to the current Sr. and / or Jr. Athlete reps during the month of February prior to the SRS Winter Championship meet.
- B. Athlete bios will be posted on the athlete page of the SRS website as well as in the athlete newsletter so all athletes have access to the information prior to voting.
- C. SRS athletes 13-19 years of age are eligible to vote.
  - 1. A vote will take place immediately following the morning preliminary session of the SRS (winter or summer) Championship meet.