

2019 Western Zone Senior Championships Bonus Time Standards

Bonus Time Standards						
Women			Men			
SCY	SCM	LCM	Event	LCM	SCM	SCY
26.59	29.29	30.39	50 Free	26.79	26.29	23.79
57.49	1:03.49	1:05.49	100 Free	59.59	57.39	51.99
2:03.89	2:16.89	2:21.09	200 Free	2:10.79	2:05.49	1:53.59
NA	NA	NA	400/500 Free	NA	NA	NA
NA	NA	NA	800/1000 Free	NA	NA	NA
NA	NA	NA	1500/1650 Free	NA	NA	NA
1:02.99	1:09.49	1:13.49	100 Back	1:07.09	1:03.09	57.19
2:16.79	2:30.99	2:37.29	200 Back	2:24.69	2:17.99	2:05.09
1:12.39	1:19.89	1:22.79	100 Breast	1:14.79	1:11.49	1:04.79
2:36.59	2:52.79	2:59.69	200 Breast	2:43.39	2:35.09	2:20.59
1:02.89	1:09.39	1:11.29	100 Fly	1:04.59	1:02.99	57.09
2:18.99	2:33.39	2:36.59	200 Fly	2:23.89	2:19.49	2:04.39
2:18.69	2:33.29	2:39.49	200 IM	2:26.39	2:20.09	2:06.79
NA	NA	NA	400 IM	NA	NA	NA