Age Group Western Zone Time Standards
2018

Women			10 & Under	Men		
LCM	**SCM**	**SCY**	**Event**	**LCM**	**SCM**	**SCY**
0:32.89	0:32.09	0:28.99	**50 Free**	0:32.89	0:32.09	0:28.89
1:12.09	1:10.49	1:03.59	**100 Free**	1:11.89	1:10.29	1:03.29
2:37.79	2:34.59	2:19.29	**200 Free**	2:36.49	2:33.29	2:18.09
0:38.89	0:38.19	0:34.49	**50 Back**	0:39.09	0:38.49	0:34.69
1:23.79	1:22.59	1:14.39	**100 Back**	1:24.29	1:23.09	1:14.89
0:44.09	0:43.09	0:38.79	**50 Breast**	0:44.49	0:43.49	0:39.19
1:35.59	1:33.59	1:24.39	**100 Breast**	1:36.39	1:34.39	1:24.99
0:36.09	0:35.39	0:31.89	**50 Fly**	0:36.19	0:35.49	0:31.99
1:22.59	1:21.19	1:13.09	**100 Fly**	1:22.69	1:21.29	1:13.29
2:57.59	2:54.39	2:37.09	**200 IM**	2:57.49	2:54.29	2:37.09

			11-12			
LCM	**SCM**	**SCY**	**Event**	**LCM**	**SCM**	**SCY**
0:29.39	0:28.59	0:25.69	**50 Free**	0:29.39	0:28.59	0:25.69
1:04.59	1:02.99	0:56.79	**100 Free**	1:03.89	1:02.29	0:56.19
2:20.19	2:16.99	2:03.39	**200 Free**	2:19.29	2:16.09	2:02.59
4:55.19	4:48.79	5:30.69	**400/500 Free**	4:54.89	4:48.49	5:30.39
0:34.29	0:33.69	0:30.39	**50 Back**	0:34.49	0:33.89	0:30.59
1:13.69	1:12.49	1:05.29	**100 Back**	1:13.79	1:12.59	1:05.39
2:43.99	2:41.59	2:25.59	**200 Back**	2:40.29	2:37.89	2:22.29
0:38.39	0:37.39	0:33.69	**50 Breast**	0:37.89	0:36.89	0:33.19
1:23.59	1:21.59	1:13.49	**100 Breast**	1:23.19	1:21.19	1:13.19
3:04.89	3:00.89	2:42.99	**200 Breast**	3:02.19	2:58.19	2:40.49
0:32.19	0:31.49	0:28.39	**50 Fly**	0:32.09	0:31.39	0:28.29
1:11.89	1:10.49	1:03.49	**100 Fly**	1:11.99	1:10.59	1:03.59
2:47.69	2:44.89	2:28.59	**200 Fly**	2:45.29	2:42.49	2:26.39
2:38.79	2:35.59	2:20.19	**200 IM**	2:37.39	2:34.19	2:18.89
5:48.19	5:41.79	5:07.89	**400 IM**	5:41.09	5:34.69	5:01.59

			13-14			
LCM	**SCM**	**SCY**	**Event**	**LCM**	**SCM**	**SCY**
0:28.69	0:27.89	0:25.19	**50 Free**	0:26.99	0:26.19	0:23.59
1:02.09	1:00.49	0:54.49	**100 Free**	0:58.49	0:56.89	0:51.19
2:14.59	2:11.39	1:58.29	**200 Free**	2:07.09	2:03.89	1:51.69
4:41.69	4:35.29	5:15.69	**400/500 Free**	4:30.19	4:23.79	5:02.79
9:50.49	9:37.69	11:01.59	**800/1000 Free**	9:28.49	9:15.69	10:36.99
18:55.89	18:31.89	18:33.69	**1500/1650 Free**	18:06.09	17:42.09	17:44.79
1:10.49	1:09.29	1:02.39	**100 Back**	1:07.09	1:05.89	0:59.39
2:31.59	2:29.19	2:14.39	**200 Back**	2:24.59	2:22.19	2:08.09
1:20.09	1:18.09	1:10.29	**100 Breast**	1:15.29	1:13.29	1:05.99
2:52.79	2:48.79	2:32.09	**200 Breast**	2:43.39	2:39.39	2:23.59
1:08.49	1:07.09	1:00.49	**100 Fly**	1:04.29	1:02.89	0:56.59
2:33.49	2:30.69	2:15.79	**200 Fly**	2:25.19	2:22.39	2:08.29
2:32.49	2:29.29	2:14.49	**200 IM**	2:23.69	2:20.49	2:06.59
5:23.39	5:16.99	4:45.59	**400 IM**	5:06.79	5:00.39	4:30.59