

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	AD - Adirondack Swimming	Practice - Entering / Exiting Pool	Water - Start End	Struck Against - Ran into	Face Mouth Lips cut
Male	AK - Alaska Swimming	Practice - Other	Outside Venue	One swimmer jumped on the injured swimmers back causing him to fall forward and both swimmers fell. The injured swimmer struck his face against the other swimmer's knee.	Mild swelling to nose, nose bleed. Injured swimmer stated that his mouth hurt too.
Female	AM - Allegheny Mtn Swimming	Meet - Entering / Pool	Deck	Swimmer completed 50 butterfly, exited pool and had difficulty regulating her breathing. Swimmer fell to deck. Unclear if she struck her head. Her parents came to her side and coached her breathing. Swimmer was hyperventilating and appears to have passed out very briefly x2.	Parents requested an ambulance not be called. Parent states swimmer has suffered with panic attacks, anxiety and depression and such an incident has occurred before. Also states she had been attempting a record time in the 50 fly. In addition to parents coaching to normalize breathing, swimmer was also assisted by a doctor, who is also an official on deck. Her legs were raised and her breathing and condition monitored. Swimmer was able to stand and walk from the deck with the assistance of her father after approx. 5 min. Swimmer was taken to the officials room and sat in a chair. Swimmer was conscious, alert and oriented to person, place and time. Swimmer's breathing was normal.
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Other Indoor Track	Athlete was doing fun dryland which included crab walks and while doing a crabwalk, she fell on her wrist.	Athlete had a previous injury that left her with a buckle fracture in her left wrist and is suspected to have aggravated it. She also suspects that she broke it, but there was no swelling and her skin didn't look discolored.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Bottom	Athlete was doing rocket streamline jumps in water and their left foot was pierced by a staple rested on the bottom of the pool.	
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Split thumb open on backstroke finish	
Male	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Athlete was finishing in backstroke and ran his fingers into the wall told the coach and continued swimming after practice continued to complain and got ice.	Minor swelling
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Difficult time breathing, followed by anxiety and hyperventilation.	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Hit in the head by the ball.	Suspected concussion, but when going through the test, it was inconclusive. Contacted her mom, contacted the swimmer's dad who is a swim coach and had just taken the concussion recert, went through and determined that she does not have one. Swimmer's mom said that the nausea could be contributed to her not eating much before practice.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	While doing a flip turn, swimmer hit both heels against the wall splitting both heels.	Both heels were cut when swimmer hit the wall but the right one was worse and required stitches.
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Turn End	Base of right great toe on bottom of foot cut with minimal bleeding when doing a flipturn	Base of right great toe on bottom of foot cut with minimal bleeding when doing a flipturn
Female	AR - Arkansas Swimming	Meet - Competition	Deck	Officiating on side of pool, slipped, landed on rear end and left knee twisted. History of knee problem with cortisone shot 4 days ago due to arthritis and loose knee. Ice was given onsite.	Twisted her Left knee and ice pack applied.
Female	AR - Arkansas Swimming	Meet - Competition	Deck	Swimmer was walking on deck, feet slipped out and she fell on rear end and and hit her head.	At the time of incident, she was embarrassed more than injured, stated she was fine, and refused additional care. As a follow up, ice was provided and person again stated she was fine.
Female	AR - Arkansas Swimming	Meet - Competition	Locker Room	Slipped and fell in shower. Fell on small of back. Did not hit her head. Gave ice and was still able to swim next event, but felt sore. Mother provided info, swimmer was embarrassed.	Fell on small of back.
Male	AR - Arkansas Swimming	Meet - Competition	Other exiting the pool after swim	Athlete was exiting pool by pulling himself up via diving block and hit top right side of head.	Athlete stated he had no headache, parent felt head to assess and found minor bump. Athlete continued to swim in meet.
Female	AR - Arkansas Swimming	Meet - Competition	Water - Start End	Swimmer reported severe head pressure after the 400 IM and stated that this started after she had dove in and the pressure of the dive. Previous day swimmer went to lifeguards to report slipping off block during relay and hit head on bottom of pool.	EMT was called due to extreme pressure reported by swimmer. Concussion protocol was then followed through by the EMT's and she was taken to the hospital for scans.
Female	AZ - Arizona Swimming	Other	Bleachers - Spectator's	Slipped on spectator stairs. Declined all care	Slipped and fell on spectator stairs
Female	AZ - Arizona Swimming	Meet - Walking	Bleachers - Spectator's	Fell and scraped the skin on one shin	Fell and scraped shin
Female	AZ - Arizona Swimming	Other between sessions	Deck	Was walking on the pool deck carrying items in front of her trying to avoid the person hosing down the pool deck, she walked under a pop-up tent and lifeguard stand tripping on the horizontal support of the stand. She fell hitting her forehead and knee. EMS contacted but transport refused. Husband provided transport to the hospital.	Fell hitting head and knee. EMS contacted, transport refused
Male	AZ - Arizona Swimming	Meet - Warm-up	Deck	Volunteer forgot to take his medication. Had, heavy coughing/sneezing shaking, dizziness.	

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Female	AZ - Arizona Swimming	Meet - Walking	Deck	Hit toe on a pole	
Male	AZ - Arizona Swimming	Meet - Walking	Deck	Official tripped on lower rails of lifeguard stand. Fell on rails and hit his rib, scraped his shin.	
Male	AZ - Arizona Swimming	Practice - Other	Locker Room	The swimmer slipped in the locker room and felt "pop" in Achilles.	Some pain in Achilles tendon. Unsure of the extent of the injury. Expect to get it examined by medical professional tomorrow.
Female	AZ - Arizona Swimming	Other unknown	Locker Room	Hit hand against metal portion of shower in locker room	Cut on hand where it struck against a metal portion of the shower in locker room
Female	AZ - Arizona Swimming	Meet - Competition	Other	Felt dizzy last 100 meters	
Female	AZ - Arizona Swimming	Practice - Other	Other in the pool	During practice doing a streamline rotation drill the swimmer felt a pop in her back. The swimmer did not say anything to the coach at the time of the incident nor did she tell her parents until that night of the incident when she came to her moms bedside in tears stating that she could not lay flat without extreme pain.	Athlete's parents were able to get her an appointment with their Naturopath who stated that due to her young age and her ligaments not being quite strong enough yet to hold her skeleton in place at all times she had rotated a vertebrae. She adjusted the swimmer and was feeling better.
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Cut foot on lane 7 lane line	Cut on foot
Male	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Kicked at eye area during warm up	Kicked against goggle causing slight bruising at goggle area of eye
Male	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Kicked in the nose during warm up	Kicked in nose during warm up causing bloody nose
Male	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	Bug bite	bug bite
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	Scratched by another swimmer during warm up.	Leg/foot scratched during warm up
Female	AZ - Arizona Swimming	Meet - Competition	Water - Side	Athlete experienced dizziness and decreased feeling in right hand. Decreased feeling in face.	Decreased feeling in right hand near pinky finger. Increased heart rate.
Male	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Water - Start End	During relays, athlete dove in early and hit his head on the incoming swimmer's head. Athlete's head had a gash in it that was bleeding pretty badly. No signs of concussion. It was recommended he go to the ER and see if he needed stitches for the cut on his head.	Cut on head that was bleeding. Recommended to get checked to see if it needed stitches.
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Athlete hit the edge of the touchpad as it was being placed in to the pool.	
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Asthma attack at start end requiring removal from the pool.	
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Hit Head at the Backstroke Finish.	Hit head on the backstroke Finish
Male	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Hit the touchpad hard - fingers frozen	Fingers frozen after hitting the touchpad hard.
Female	AZ - Arizona Swimming	Meet - Competition	Water - Start End	Jammed thumb coming into the wall at the end of a race	
Male	AZ - Arizona Swimming	Practice - Other	Water - Turn End	The swimmer hit his heel on the edge of the bulkhead while doing a flip turn and sustained a deep cut in his heel	Swimmer sustained deep cut on heel. Parents were notified and they took him to urgent care. Required 10 stitches.
Female	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	During the 1500M Free, athlete blacked out more than once before reaching the wall. Team mate that was counting assisted her in exiting the pool.	
Male	BD - Border Swimming	Meet - Competition	Other Door Outside Pool Area	A coach from another Swim Club opened a door leading from the inside of the pool deck to the outside deck area and the door pinched and hit the right big toe and caused a laceration.	Laceration on right big toe that needs stitches.
Female	BD - Border Swimming	Meet - Warm Down	Water - Side	Swimmer was attempting to enter warm down pool and slipped while entering. She tried to catch herself in her fall and hit her finger causing a small cut and also striking the top of her foot on the side of the pool.	Athlete complained of cut on finger that was cared for with a band-aid. Additionally, swimmer noted that she hit the top of her foot on the side of the pool and complained of pain in that area. There was no deformity noted in the bony structure and no tenderness in the area while palpating. Slight discoloration was noted. There was mild pain when extending toes suggesting a possible strain. There was no positive indications of a fracture present through multiple tests performed. Assessment: Right index finger cut, probable contusion on top of foot and possible extensor strain.
Female	CA - So. California Swimming	Other Getting ready to get in water	Bleachers - Athlete's	Swimmer hit inside of pinky toe on edge of stair as she was walking down stairs to get to swim bag.	Bleeding clotted after 10 minutes. Cut on inside of pinky toe.
Female	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Slipped off bleachers and cut foot.	
Male	CA - So. California Swimming	Other Spectator stands	Bleachers - Spectator's	Stood up quickly and passed out. Dehydrated. Very hot at the venue.	No obvious signs of injury but was taken to Riverside Community Hospital
Male	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Bee flew and stung side of rib (right side).	Bee sting on right side of torso.
Male	CA - So. California Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Swimmer was sitting in the sun when he became lightheaded and faint. He did not fall and strike his head.	
Female	CA - So. California Swimming	Practice - Other	Deck	Athlete ran into a metal shelf protruding from the wall. The shelf is used to hang equipment.	There was a small cut at the bridge of her nose which caused minor bleeding. A small bump appeared on her right cheek. She had scratches on her neck that did not draw blood.

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Female	CA - So. California Swimming	Practice - Other	Deck	Athlete was approached by a teammate from behind, who had a chain of paper clips and put it around athlete's neck. The chain hit athlete's chin and neck and caused her to fall backwards. Athlete hit her head and shoulders on the floor. Athlete was taken to the Lifeguard office and there were no signs of concussion at the time of the incident. All parents were notified of the incident.	Athlete hit her head and back. Her back was slightly scratched. She had a headache and her was slightly swollen.
Male	CA - So. California Swimming	Practice - Other	Deck	Rolling pool covers	Dislocated knee
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Athlete was unlocking the brakes of the lane line holder and hit her left thumb on it causing a superficial laceration.	Left thumb struck brakes of lane line holder and caused a cut.
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Bee sting	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Deck	Moving pool equipment wheel. Swimmer was doing pushups and readjusted foot when passing by with wheel and foot got pinched by wheel	
Female	CA - So. California Swimming	Practice - Dry Land	Deck		
Female	CA - So. California Swimming	Practice - Dry Land	Deck	Athlete was running, turn a corner and slipped on her knees and ran into a pole with her shoulder(in between her head and shoulder).	
Male	CA - So. California Swimming	Other walking on pool deck	Deck	Athlete fell down walking on to deck to practice. After he fell he went non responsive. Paramedics were called and vitals were taken. All vital signs were normal and paramedics left athlete at the facility.	Impact to the lower right abdomen. Unconscious for 30 seconds. Short pain that increased over time but subsided after 15 minutes.
Male	CA - So. California Swimming	Other sitting & watching competition	Deck	Got up too quickly and passed out. Did not hit his head. Hit right knee on pool deck.	
Female	CA - So. California Swimming	Other On deck	Deck	Spectator was seated in chair, she fell back and hit her head on retaining wall.	Hit to her head. She complained of head and neck pain; she refused medical advice to see doctor immediately. 10 minutes later she complained of being nausea, but still refused to get medical advise.
Male	CA - So. California Swimming	Other Officiating	Deck	Standing/observing swimming, fell backwards onto the deck	Dr. indicated official's blood pressure was high while lying on the ground and had a rapid heart beat. Also, his speech was slurred. Prior to arrival of paramedics, he was given Orange Juice and became more alert and speech became clear. After paramedics examined him and helped him stand, his blood pressure dropped significantly. Was very alert when helped onto the gurney. Didn't appear to have hit his head.
Female	CA - So. California Swimming	Meet - Warm-up	Deck	Prior to swimming finals of event 49, 200 IM, stretching behind lane athlete extended leg and kicked bucket used to weigh down tent. Split small toe webbing between 4th and 5th toe.	Split webbing toe between 4th and 5th toe.
Male	CA - So. California Swimming	Meet - Walking	Deck	Athlete was walking on pool deck. Dragged left big toe on concrete.	Left big toe was cut and bleeding.
Female	CA - So. California Swimming	Meet - Walking	Deck	Scrape, minor abrasion on shin	Lifeguards cleanup up scrape and put on a band aid.
Male	CA - So. California Swimming	Meet - Competition	Deck		
Male	CA - So. California Swimming	Meet - Competition	Deck	Pole from Tent structure fell and smashed toe.	Toe was impacted by the pole. Very difficult to determine internal injury. Some swelling at this time. Top layer of skin broken but never bled.
Female	CA - So. California Swimming	Practice - Dry Land	Gym	A medicine ball was rolling toward the athlete and she bent over to pick it up. The ball hit the tip of her middle finger on her left hand.	
Male	CA - So. California Swimming	Other End of practice	Locker Room	Was showering and then turned red and passed out. Hit head on wall and floor before coming to.	
Female	CA - So. California Swimming	Meet - Competition	Locker Room	Restroom stall door slammed on middle finger	Swollen finger
Male	CA - So. California Swimming	Other awards ceremony	Other award podium	Swimmer got out of the warm down pool and jumped on the podium. He slipped off of the podium and fell off between the podium and wall. Parents stated the podium was slippery.	
Male	CA - So. California Swimming	Practice - Dry Land	Other basketball hardtop	Swimmer stepped on a piece of glass	
Female	CA - So. California Swimming	Other Watching grand daughter swim	Other deck on turn end of pool	Grandmother of swimmer tripped and fell while climbing on to bleachers. Initial contact was buttocks then hit head on the deck.	There was a cut on back of head from contact. No personal information was given at the time of the incident.
Male	CA - So. California Swimming	Meet - Competition	Other During swim	Slowed in final leg 200 breaststroke, trouble exiting pool, could not walk unaided.	
Male	CA - So. California Swimming	Meet - Competition	Other finish end	Other light headed	
Female	CA - So. California Swimming	Other Playing around	Other lane line reel	Swimmer was playing on an empty lane line reel and fell.	Possible concussion, possible time period of being unresponsive, possible fracture of the arm
Male	CA - So. California Swimming	Meet - Warm-up	Other Middle of pool	One swimmers hand hit another during warm-up and the swimmer was scratched by a fingernail	
Female	CA - So. California Swimming	Practice - Other	Other On Pool Deck	Athlete was feeling dizzy and had gotten out of the pool. Her legs were unable to support her and she suddenly feel and sat down. She did not hit her head of any sorts.	After a few minutes under the shade, athlete could not feel her legs. Waited for EMS to arrive.

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Female	CA - So. California Swimming	Other Walking in parking lot	Other Parking Lot	Injured party fell in parking lot outside of the facility. Informed it was an adult walking her dog, not part of the swim meet. She was walking in the parking lot when she tripped on the curb.	Bleeding from back of the head. Open wound with gravel in it from the ground.
Female	CA - So. California Swimming	Other Walking from parking lot	Other Parking lot	Athlete was walking from the parking lot (handicap spot) and tripped on the curb; feel forward onto her knees and elbow. She did not hit her head.	
Male	CA - So. California Swimming	Other team sres	Other team area	Athlete and another swimmer were playing around and when athlete sat down in a chair, the other swimmer pulled the chair away and athlete fell on the concrete landing on his lower back.	Pain in lower back when he landed and could not sit up. Another parent is a doctor who evaluated athlete. He had feeling in his extremities. Did not strike his head or lose consciousness. Paramedics arrived shortly after the incident and athlete was taken to Hospital for evaluation.
Female	CA - So. California Swimming	Meet - Walking	Other Walkway	Parents of swimmer appeared to have had a seizure. Fell and may have hit her head. Was not breathing/gasping for air. Clenching her teeth. Paramedic said it looked like a grand mal seizure.	
Female	CA - So. California Swimming	Meet - Warm-up	Other warm-up pool	Hit hands with another swimmer while warming up.	Right thumb
Female	CA - So. California Swimming	Meet - Warm Down	Other warm-up pool	Ran into lane line	
Female	CA - So. California Swimming	Meet - Competition	Other water	Athlete was swimming a 400 Free event during which her shoulder popped out of place.	
Female	CA - So. California Swimming	Practice - Other	Other Water (in the middle of the pool)	Swimmer collided head-on with another swimmer while doing the backstroke. Not sure which or if both swimmer(s) crossed over.	Not sure if she was concussed. Eye dilation was normal. No neck pain. No dizziness. Mostly pain at the top of the head.
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Jammed finger into med ball while catching partner's toss	Left fourth finger
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped and fell on her knees, hands and elbows.	Scrapes on knees, elbows and hands
Male	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer was hurt in field outside venue.	While participating in dryland, swimmer rolled his ankle. Injury ended up being a hairline fracture.
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	After swimmer's swim he got out of the water and was dizzy. He threw up. The prior 25 minutes he said he felt bad, but he still got his best time. Athlete said he drank about 4 bottles of water.	Headache and dizziness; also threw up.
Female	CA - So. California Swimming	Meet - Competition	Starting Blocks	Hit foot on starting block as she dove in.	
Male	CA - So. California Swimming	Meet - Competition	Starting Blocks	Swimmer was getting on blocks. His foot tripped and he scraped top of foot and knee on right leg.	
Female	CA - So. California Swimming	Meet - Competition	Team Area	Insect Sting/Bite	
Female	CA - So. California Swimming	Practice - Other	Water - Bottom	Bump head to other swimmer.	
Female	CA - So. California Swimming	Practice - Other	Water - Bottom	hit bottom of pool streamlining	
Female	CA - So. California Swimming	Meet - Competition	Water - Bottom	Hit forehead on the bottom of the pool while diving in the pool during the relay exchange.	One of the timers told Mark Ames that the swimmer's friend told him that she hit her head. Mark went to go investigate and filled out the ROO.
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Athlete 1 & Athlete 2 hit each other in the head with their foreheads while passing each other swimming the freestyle.	Athlete was crying a lot and he said he was in a lot of pain.
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Athlete 1 & Athlete 2 hit heads while trying to swim past each other doing the freestyle.	Athlete said he was fine and just kept swimming, not visible signs of injury.
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer collided with another swimmer. The collision left a sever abrasion on his right cheek from the other swimmer's goggles.	
Male	CA - So. California Swimming	Meet - Competition	Water - Lane Lines	cut on top of left foot	
Male	CA - So. California Swimming	Practice - Other	Water - Side	Hit head doing flip turn	Bump on back of head. Concussion measures met.
Male	CA - So. California Swimming	Practice - Other	Water - Side	Kicked in the back of head	Followed concussion protocol.
Female	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer collided into wall. The swimmer did not see backstroke flags for some reason. Sun was not in view and was not a factor.	There was no visible bump or any symptoms of concussion.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	The swimmer was doing a try out and trying to climb out of the pool slipped and hit tooth on pool edge cracking tooth	
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Athlete hit head on test sets, not moving near max effort when head struck wall on miss count of strokes for backstroke stroke count.	No signs or symptoms at time of injury. Had him stop practice there and get out and told parents a doctors visit might be required. Came back following week and parents said nothing about the injury progressing. I do not know if the parents have seen the doctor yet, but now a week later after parents kept him in all activities, he is complaining about headaches and dizziness.
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Collided with other swimmer	
Female	CA - So. California Swimming	Practice - Other	Water - Start End	Hit head on backstroke	Headache
Male	CA - So. California Swimming	Practice - Other	Water - Start End	Hit head when finishing race	Followed concussion protocol
Male	CA - So. California Swimming	Practice - Other	Water - Start End	While athlete was swimming the backstroke in a set, while wearing fins, he hit his head on the side of the wall.	
Male	CA - So. California Swimming	Practice - Other	Water - Start End	While standing in the poolathlete turned his body and twisted his left leg.	Upper calf of left leg hurts and unable to stretch it out.

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Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Another athlete fell on top of swimmer causing head strike.	
Male	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was pushed into the pool and fell onto another swimmer.	Swimmer struck other swimmer with head.
Female	CA - So. California Swimming	Other Completion of race	Water - Start End	During swim, athlete "pulled" right shoulder pain from base of neck to shoulder.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Athlete pushed off the wall and ran into another swimmer. He got his on nose.	Athlete got hit on the nose and received a bloody nose. The Meet Referee was ok for swimmer to swim since the bleeding stopped.
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Kicked in the head during warm-up. Elbowed in the head during warm-up. Said he'd been hit for the 4th time last 3 days. Thursday hit in the head & left a goose egg on his head. Can't remember the details of the first incident.	
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Swimmer scrapped her leg on the block during warm-up	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Swimmer was in the water and another swimmer entered the water and hit his lower jaw in the back of swimmer's head.	Swimmer had a gash and was bleeding.
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	While swimmer was warming up another swimmer accidentally hit her in her face with their hand. She had a bloody nose.	Bloody nose.
Female	CA - So. California Swimming	Meet - Warm Down	Water - Start End		
Female	CA - So. California Swimming	Meet - Entering / Pool	Water - Start End	Jumped in pool on backstroke start and hit heel. Bruised heel.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Diving while competing he scraped his nose at the bottom of the pool. The top of his nose was bleeding.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Dove too deep	Hit face
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Got shoulder muscle cramp after diving into water.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit head going into turn at full speed of the 50 backstroke; was crying and seemed disoriented; wants to swim next event #18.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Hit head on backstroke finish. Swimmer informed us that her head hit the wall before her hand did.	It was urged parent to take swimmer to emergency room
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Jammed finger on wall while swimming.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer climbed out of 200 IM heat, collapsed on deck (had used inhaler 2 x 15 minutes before race).	Labored breathing; headache.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer inhaled water at flags, made way to end of lane and exited pool. Had difficulty breathing was weak and nauseous. Couldn't speak for a minute.	
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer jumped in and hit another swimmer's head with his lower teeth and jaw.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Third 50 in the 200 fly; right shoulder popped; exited at 150.	Shoulder popped / pain radiates down tri/biceps.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Athlete bumped his head during backstroke	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Hit head on wall doing backstroke	Hit head on wall. Concussion policy followed
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer hit head	Head was hurting but not sure if it is a concussion
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer hit his head while doing free flip.	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer kicked	head was hurting and had a headache but not sure if it is a concussion
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the back with another swimmers foot while doing drills.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Turn End	During warmup, swimmer jammed right hand ring finger into the wall.	Iced and wrapped with tape.
Female	CA - So. California Swimming	Meet - Warm Down	Water - Turn End	Warming down in warm-up/down lane with other swimmers practicing turns. Athlete turned too close to the wall doing butterfly and banged her left shoulder on the wall. Swam 2 events with pain.	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Competing in 100 freestyle pulled left shoulder.	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Jammed hand on wall in finish of freestyle raceStrained wrist.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	Struck the side of her foot on the wall when flip turning	
Male	CC - Central California Swimming	Meet - Competition	Water - Start End	After the 800 the swimmer suffered an asthma attack.	Athlete was not taken to the hospital.
Male	CO - Colorado Swimming	Meet - Watching / Observing	Bleachers - Spectator's	A woman fell into parent while walking down the bleachers wearing an orthopedic boot on her foot. She kind of threw her arm around his neck to catch herself. Parent recently had back/neck surgery. It felt painful at the time. The facilities rep/PCST coach spoke with Parent and got him an ice bag. After checking in with him on later on in the week, he said he is doing fine.	
Female	CO - Colorado Swimming	Other Post practice-Walking on deck	Deck	She was walking on the deck and slipped, her knee gave way.	

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Female	CO - Colorado Swimming	Meet - Watching / Observing	Deck	Coach tripped over a red cone with caution tape around it marking a several bolts in the deck that stick up. She fell onto the deck on her stomach. She landed very hard. At first I thought she had hit her face, but she landed on her left shoulder. Her shoulder did appear a bit lower and you could see she was in pain. She decided to go to the hospital to be checked and was transported by her husband.	Fractured the humouros bone of her left shoulder at the top of the bone.
Female	CO - Colorado Swimming	Meet - Warm-up	Deck	Cut pointer finger very deeply.	Large and deep cut on pointer finger on the pad.
Female	CO - Colorado Swimming	Meet - Walking	Deck	Swimmer slipped and fell	
Male	CO - Colorado Swimming	Meet - Competition	Deck	Swimmer was stretching/jumping to get ready for a race and hit his head against the scoreboard	Headache, some difficulty with concentrating, dehydrated, no vision loss, no loss of physical ability.
Female	CO - Colorado Swimming	Meet - Competition	Locker Room	Athlete felt like something was in her eye, so she went to wash it in the locker room showers. Her eye started to itch a bit and she noticed a lot of swelling. The athlete found her parents in the stands who gave her an ice pack and told her to see the lifeguards.	The lifeguard recommended to the athlete and her parent that she be taken to a hospital since the lifeguard did not know what caused this. The athlete said she felt fine and wanted to swim, so her parents refused all care. There were no further incidents.
Male	CO - Colorado Swimming	Meet - Competition	Other Bulkhead	The Athlete was walking from the warm-down lane and slipped/fell into the space between the bulkhead and wall on the east side. As the athlete slipped he felt his knee be pushed from L to R (medial to lateral)	
Female	CO - Colorado Swimming	Practice - Other	Water - Start End	Swimmer notified coach that she thought she was having a "Seizure". Swimmer was shaking, having trouble talking and shivering.	Lifeguards were notified, and it was determined that she might be in shock, and EMS was called along with her father. Swimmers was given a lifeguard tube to rest, and a towel to keep warm while waiting for EMS. Once EMS arrived, she was evaluated and then released to her father. He was to take her to a doctor for further evaluation.
Male	CO - Colorado Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was practicing starts during practice. When he dove in, his hands split breaking streamline and he hit the front right lobe of his forehead. It was raised and red.	Red, raised, bump
Female	CO - Colorado Swimming	Meet - Competition	Water - Start End	Ankle slammed top of pool gutter on flip turn at start end.	Swimmer given ice bag, after icing walked and swam warm-down without apparent difficulty
Female	CO - Colorado Swimming	Practice - Other	Water - Turn End	Athlete had crossed over from her lane into the lane next to her normal lane to hear instructions better. Another athlete had dropped down to the bottom of the pool and didn't realize she was above him, and surfaced into her, hitting her nose with his head.	She saw her Doctor today, and has a broken nose.
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	Did a flip turn and hit the wall with her ankle. Slammed ankle on gutter.	Struck ankle on gutter.
Male	CO - Colorado Swimming	Meet - Competition	Water - Turn End	Swimmer competing in the 50 fly, turned hand inward while finishing, pushed middle finger into wall. Mother alerted guard of injury which consisted of swollen finger with red/darker pigmentation. Gave swimmer ice and then proceeded to follow up in 15 minutes.	Alerted the mother of the possibility of a sprain/break of the digit. Allowed to dry and told mother that swelling looked like it had gone down and the digit looked fine. Swimmer still complained of pain, in which I indicated we could call sports med but it was my opinion the finger was fine.
Female	CT - Connecticut Swimming	Meet - Walking	Deck	Athlete was near dry diving board equipment on the deck when she stepped on a wooden platform that had an old nail sticking out of it. Nail Broke the skin.	Athlete received treatment from mom who was in spectator seating. Mom said she was going to take her to get a tetanus shot.
Female	CT - Connecticut Swimming	Meet - Walking	Deck	Splinter in left big toe.	
Female	CT - Connecticut Swimming	Meet - Walking	Deck	Walking and got a splinter in left big toe	
Male	CT - Connecticut Swimming	Other Officials Briefing	Other hospitality	During the officials briefing, the official experienced an episode (syncope/seizure). EMS was dispatched and official was transferred to the hospital. He was treated and released.	
Male	CT - Connecticut Swimming	Meet - Walking	Starting Blocks	Stepped in glass.	glass in foot, glass taken out by swimmer before guard arrived to scene
Female	CT - Connecticut Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was pulling herself out of pool and banged her face on the edge. The tip of an adult front tooth was slightly chipped. No other injuries.	The tip of an adult front tooth was slightly chipped. No other injuries.
Male	CT - Connecticut Swimming	Meet - Competition	Water - Turn End	Hit wall with head doing flip turn during 9/10 100 yd backstroke.	
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other Stretching room	Athlete was stretching when knee locked in place making it unable to extend the leg	Athlete was stretching when knee locked in place making it unable to extend the leg
Female	FG - Florida Gold Coast Swimming	Practice - Other	Water - Turn End	Athlete was swimming in the southern most lane of the 50-meter pool and hit her right hand against the ladder	
Male	FL - Florida Swimming	Meet - Watching / Observing	Bleachers - Spectator's	The YMCA was not notified until after the athlete left the facility. Swimmer had fallen while running down the bench section of the bleachers (not the stairs).	
Male	FL - Florida Swimming	Practice - Other	Deck	Athlete exited the water during the practice cool down and complained of dizziness, shortness of breath, and tight chest. He laid down on the deck and was tended to by lifeguard and then EMTs before being transported to the ER.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	FL - Florida Swimming	Meet - Warm Down	Deck	Athlete cut his little toe on his right foot. Cut was deep and about 1 inch long.	
Male	FL - Florida Swimming	Practice - Dry Land	Gym	Athlete was struck in the face by a medicine ball thrown by another athlete during the exercise.	Small cut on face and bloody nose.
Male	FL - Florida Swimming	Practice - Dry Land	Gym	Athletes were playing basketball for dryland. During the course of the game, athlete had appeared to roll off ankle. He was not in contact with a person or with the ball at the time of incident.	Athlete indicated he heard a crunch at the time of incident. Athlete tried to put weight on the foot but could not without pain. The condition of the foot worsened and was not able to walk with help.
Male	FL - Florida Swimming	Practice - Other	Locker Room	Another athlete knocked athlete down in the locker room while changing after practice.	
Male	FL - Florida Swimming	Other Locker room	Locker Room	Struck Against/Ran into	Head and Face
Female	FL - Florida Swimming	Practice - Dry Land	Other Basketball court	The swimmer was doing butt kicks and she tripped and fell on her side scratching the arms legs and hand and hit the front side of head.	
Female	FL - Florida Swimming	Meet - Walking	Outside Venue	Fell out on the ground yesterday evening, as leaving the meet, right outside the pool entrance gates, on the concrete and dirt gravel.	Pretty sore; arm, leg and hip got bruised up.
Male	FL - Florida Swimming	Meet - Competition	Starting Blocks	Swimmer stepped up on the blocks in error. When he was stepping down, he fell on the gutter edge of the pool on his back causing bruising.	
Male	FL - Florida Swimming	Meet - Warm-up	Water - Bottom	Dove into 4' too deep	
Female	FL - Florida Swimming	Meet - Warm-up	Water - Bottom	Swimmer dove into water and struck head on bottom	
Female	FL - Florida Swimming	Practice - Other	Water - Start End	After taking off the pool covers the lifeguards left the flags in the wrong spot. The swimmer hit her head on the wall during backstroke.	Possible concussion.
Female	FL - Florida Swimming	Meet - Warm-up	Water - Start End	Swimmer's finger came in contact with other swimmer's body during warm-ups. Swimmers finger jammed.	
Female	FL - Florida Swimming	Meet - Warm-up	Water - Turn End	As athlete came off of turn she struck another swimmer in the head.	
Male	GA - Georgia Swimming	Practice - Dry Land	Deck	Was doing depth jumps and hit head on air conditioner	
Male	GA - Georgia Swimming	Practice - Dry Land	Gym	Injured ring finger on right hand doing box jumps	Bruised, sprained or possibly broken
Female	GA - Georgia Swimming	Meet - Competition	Water - Lane Lines	Athlete dove in at the start of her event and immediately lost her cap and broke her goggles. When she got to the middle of the pool, she began to feel ill and exited on the turn end. Assited out of the pool to a nearby chair. Ice applied to her neck and groin, feet elevated, electrolyte drink given. Once she felt better and was steady on her feet, she was assisted inside to a cool room to rest.	Swimmer's skin pale/gray, rapid heart rate, shaky, unsteady gait, stated head hurt and had an upset stomach.
Female	GA - Georgia Swimming	Practice - Other	Water - Start End	Shortness of breath	pin and needle sensation all over, muscle spasms
Female	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Water - Start End	She was exiting the pool and slipped as she was pushing on the pool deck to get out. Left shoulder Xray and MRI	Shoulder was sprained X-ray and MRI see above after a month of rehab she was allowed back in the pool
Female	GA - Georgia Swimming	Practice - Other	Water - Turn End	Athlete hit head on end wall at turn end of the pool. Backstroke flags were not in place.	Athlete's neck is sore
Female	GU - Gulf Swimming	Practice - Other	Bleachers - Athlete's	Athlete passed out while seated listening to workout from coach. athlete rolled forward and hit head on ground as a result of passing out	After passing out athlete gained consciousness and described head and neck hurting as well as being short of breath
Female	GU - Gulf Swimming	Meet - Competition	Bleachers - Athlete's	Reached in swim bag and cut tip on left index finger with a razor that was in her bag	suggested she may want to take to minor emergency clinic to possibly have glued if did not stop bleeding.
Female	GU - Gulf Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer bent over as another swimmer was stepping down from bleacher and she was kneed on the forehead.	
Male	GU - Gulf Swimming	Practice - Other	Deck	Athlete complained of lightheadedness and stomach ache during the last 15 minutes of practice. Swimmer was instructed to rest in a chair on deck and drink water when subsequently his vision became darker and more dizzy until he passed out for 5-10 seconds. Swimmers father was alerted and brought on deck and swimmer was helped to his car by staff with instructions to receive care at hospital/ER.	Athlete suffered from suspected dehydration before passing out and losing consciousness for 5-10 seconds seated in a chair on deck.
Female	GU - Gulf Swimming	Practice - Other	Deck	Tripped and scraped knee	
Male	GU - Gulf Swimming	Practice - Dry Land	Deck	Swimmer was doing dry land activities and fell.	
Female	GU - Gulf Swimming	Practice - Dry Land	Deck	Swimmer was doing dryland and bumped into another swimmer and fell to the ground holding her knee. Swimmer finished practice but her knee continued to bother her throughout the day.	Swimmer was having trouble bending her knee for the rest of the day.
Male	GU - Gulf Swimming	Other Deck before practice	Deck	Swimmer was standing on deck before practice. Another swimmer kicked off his shoe and the shoe hit the swimmer in the cheek, leaving a red mark.	Ice was given and area was too tender to wear goggles.
Female	GU - Gulf Swimming	Meet - Walking	Deck	Coach was walking and slipped on pool deck landing on their lower back/ rear end	Dull pain in lower back that started with tingling in arms and legs.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	GU - Gulf Swimming	Meet - Walking	Deck	Saw on-site trainer, trainer told her since it was slightly swollen and red that it might be broken.	
Female	GU - Gulf Swimming	Meet - Walking	Other Parking Area	Parent was walking on facility grounds where she had parked and stated that she fell in hole in ground, while walking carrying ice chest and 2 chairs. She did not report to CFSC, the host team on the day of the occurrence and a few days afterwards. She emailed the executive director of LSC, reporting the injury.	Parent advised that she obtained a bandaid from our office, but failed to report an injury to anyone on our staff. There were no witnesses other than another parent who was walking with this parent, who stated that she fell. The person walking with her is not known by the injured party or anyone else. Other than obtaining a bandaid, no care was requested by the injured party as we did not know she was injured.
Male	GU - Gulf Swimming	Other Patio area after warmups	Other Patio	Scraped skin off right big toe	
Female	GU - Gulf Swimming	Meet - Competition	Other Water - Finish End	Injured party's arm twisted when finishing on to the wall after the 200 meter individual medley.	Injured party had pain in middle of right arm/elbow area.
Female	GU - Gulf Swimming	Practice - Other	Starting Blocks	Athlete was climbing up on the block and her right foot slipped over the side, so her right leg fell off the block and her left leg was still on the block and ended up in a split.	
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Starting Blocks	During swimmer's last relay exchange dive (swimmers were diving into empty lanes with no swimmers swimming towards them), swimmer went too deep and hit her front teeth on the bottom of the pool and therefore chipped her right front tooth.	The bottom of the right front tooth is chipped across.
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was performing a relay exchange and entered the water not in a streamline position, entered with arms extended not in streamline. As he was entering his legs went up and not in a long streamline and taught at FCST. Once it happened he communicated that he made contact with the bottom of the pool	Swimmer did state that he felt dizzy afterwards. He has had a concussion in the past from other sport activities
Female	GU - Gulf Swimming	Practice - Dry Land	Team Area	Athlete was doing squat and throw, and didn't catch it properly	
Male	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Hit the bottom of the pool learning relay starts.	Got into car for carpool and left. Notified parent by phone.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Bottom	While practicing starts, athlete after entry did not correct and as a result scraped her head, lip, and chin on the bottom of the pool.	
Female	GU - Gulf Swimming	Practice - Other	Water - Start End	Ran into other swimmer during war-up	
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Swimmer was seen standing up at the end of the lane holding the back of his head. When asked, he said he hit his head on the wall while finishing a backstroke length.	Swimmer reported significant pain that subsided quickly, with no nausea or visual disturbances. After a few minutes out of the water and then light swimming under observation, he also reported slight nausea, so was pulled from practice. He was later examined by a physician who determined he did not have a concussion, but recommended 24 hours rest.
Female	GU - Gulf Swimming	Meet - Warm Down	Water - Start End	Another swimmer jumped on top of her head	
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Dislocated Finger	
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Athlete struck her left heel on the top of pool gutter while during a flip turn.	
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Athlete struck the wall of the pool with her head. She was finishing a length on backstroke.	Athlete was coming into the wall for a finish and misjudged the distance she had to go to get to the wall.
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	During practice swimmers collided into/out of a turn,	She bumped heads with another swimmer into/out of a turn, one on her back, one on her stomach
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimming backstroke and didn't count strokes correctly so head hit wall at turn.	Head was a bit sore from bumping into the wall
Female	GU - Gulf Swimming	Practice - Other	Water - Turn End	Two swimmers were approaching/departing the wall during a kick set, one on her back, one on her stomach and they bumped heads at the wall	From the collision, both parties hit at same time in/out of the turn, a scrape appeared on her head so I think she may have collided with the goggles of other swimmer
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer was exiting the pool to get her inhaler, and struck her shin against the side of the pool and creating a deep cut ~ 1.5" deep. I cleaned wound with antiseptic wipe and covered with a bandage to stop active bleeding. Had swimmer call mom to pick up.	
Female	GU - Gulf Swimming	Other flip turn	Water - Turn End	Cut back of heel on the bulk head during a flip turn	Received stitches
Male	GU - Gulf Swimming	Meet - Warm Down	Water - Turn End	Another swimmer flipped turn into the athlete's face.	
Male	HI - Hawaiian Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer pushed over his metal water flask and it fell on his left foot toes.	
Female	HI - Hawaiian Swimming	Other In the pool	Other Middle of labe	Athlete was swimming in lane and drifted into another swimmer coming from the opposite direction.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	HI - Hawaiian Swimming	Practice - Other	Other OCEAN	While coaching group of swimmers in the ocean (pool is closed for 7 months for repairs), another elite swimmer from another club that was training at the same time crashed into coach doing a backstroke.	Headache ever since the incident, and a sore back and neck.
Male	HI - Hawaiian Swimming	Meet - Competition	Water - Lane Lines	Bee stung hand while in the water swimming 200IM	Sting; puncture in middle segment of middle finger
Male	HI - Hawaiian Swimming	Practice - Other	Water - Side	Bee sting on left cheek area, removed stinger with credit card, removed complete stinger.	
Male	HI - Hawaiian Swimming	Meet - Competition	Water - Start End	Athlete swimming in backstroke hit head hard on wall.	
Female	HI - Hawaiian Swimming	Meet - Competition	Water - Start End	Exercise induced asthma	
Male	HI - Hawaiian Swimming	Meet - Competition	Water - Start End	Swimmer was in the water for 200 IM; hand stung by a bee or wasp. Reports being stung previously (not at this event). No indication of adverse effects (e.g. breathing problems) other than puncture wound & mild redness/swelling at puncture site. Puncture site located on right hand; sting (puncture) in middle segment of the middle or ring finger.	unknown if coach notified parent(s) of injury.
Female	HI - Hawaiian Swimming	Practice - Other	Water - Turn End	Swimmer looked back at wall during backstroke and ran into the wall. Struck the bridge of her nose on the wall when she looked back.	Swimmer came out of the pool and said that her nose and temples were sore. Had her sit down and performed the concussion test on her. She passed, but we will continue to watch her. Notified Father.
Female	IA - Iowa Swimming	Meet - Walking	Bleachers - Athlete's	Swimmer had a 1/4" sharp metallic object similar to part of a staple in the heel of her foot.	
Male	IA - Iowa Swimming	Meet - Competition	Bleachers - Athlete's		
Male	IA - Iowa Swimming	Practice - Other	Deck	While removing pool wall ladder for dive practice part of the ladder came down on the back of the foot causing the laceration.	On-Site care was given by on-duty lifeguard to control/stop bleeding. Was then taken to town walk-in clinic where wound was checked out, cleaned and 3 stitches were used.
Female	IA - Iowa Swimming	Meet - Walking	Deck	The athlete was walking and a piece of broken tile was stepped on. The broken tile was found and removed and the area covered with a cone to prevent other injuries.	Small puncture wound on the bottom of the foot near the heal.
Female	IA - Iowa Swimming	Meet - Competition	Deck	Swimmer tripped on scaffolding being used to provide shade to swimmers and timers.	Swimmer scrapped knee and elbow on pool deck.
Male	IA - Iowa Swimming	Other Team Banquet	Other Barn	Athlete was playing with little kittens in the barn during annual team banquet. While playing with the kittens, he got scratches on his arms. The scratches were small thin. The athlete's father messaged the head coach asking if the kittens have had their rabies vaccine shot and they have not.	Athlete went to the doctor to be safe and received rabies shots.
Female	IA - Iowa Swimming	Practice - Entering / Exiting Pool	Other Diving Well	Swimmer was diving into Diving well and landed on teammate	Pain in upper back into neck. No dizziness, nausea, sensitivity to light
Female	IA - Iowa Swimming	Meet - Warm-up	Water - Lane Lines	Athlete was doing backstroke during a warmup period and was struck in the head by an additional swimmer doing breaststroke.	Swimmer was evaluated by physical therapist for concussion protocol. Advised to monitor symptoms for the next 24 hours and will assess the ability to participate in activities.
Female	IA - Iowa Swimming	Meet - Competition	Water - Turn End	Swimmer reports that a toe was cut on touchpad	
Male	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	At the start of event 40, the 50 breaststroke, athlete struck the bottom injuring his forehead.	Athlete noted that the top of his head hurt with a mild headache
Female	IE - Inland Empire Swimming	Meet - Competition	Water - Start End	Incident occurred at pool end after finish of swimmer's race	Swimmer claimed dizziness and numbness in arms and legs following race. This happens somewhat regularly at meets and at practice. Coaches and parents are aware. Swimmer cooled down for 10 minutes while lifeguard was present and took details. Swimmer raced in her next event with no issues.
Male	IL - Illinois Swimming	Practice - Other	Deck	Athlete stepped on a foam roller that was out on the pool deck and used his left arm to brace his fall.	
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Deck	Lane line end hit foot when rolled around at end	Top of foot bruised.
Female	IL - Illinois Swimming	Meet - Walking	Deck	Volunteer slipped on deck, fell, and hit her right forehead, right forearm, and right shin on the deck and corner of the diving board step	School security was notified, 911 called, first aid administered. Paramedics recommended going to hospital. Patient declined. Patient stated her husband will take her. Patient left facility with husband with assistance from paramedics to go to hospital to be assessed.
Male	IL - Illinois Swimming	Meet - Competition	Deck	Official sitting on chair on bulkhead. chair slipped off back of bulkhead and he fell backward hitting the back of his head on the deck.	Goose egg on back of head (right side).
Female	IL - Illinois Swimming	Practice - Dry Land	Gym	Athlete fell during a game of relays taking place in the auxiliary gym.	After visit to immediate care and pediatric specialist, it was determined athlete had a fracture in her collar bone
Female	IL - Illinois Swimming	Practice - Dry Land	Gym	Hand got kicked playing a game in dryland	Broken finger
Female	IL - Illinois Swimming	Practice - Other	Hallway	Athlete got bumped into by a teammate and broke a bone in her wrist	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	IL - Illinois Swimming	Practice - Other	Locker Room	After returning from the restroom during a pool practice, a swimmer indicated that there had been blood in her urine. She was promptly directed to change out of her suit into her clothes and parents were notified to pick up the swimmer from practice.	athlete reported blood
Male	IL - Illinois Swimming	Meet - Walking	Locker Room	The athlete was walking into the locker room and something (suspected small glass shard) lodged in the ball of the athlete's right foot.	The athlete was walking into the lockerroom and something (suspected small glass shard) lodged in the ball of the athlete's right foot.
Female	IL - Illinois Swimming	Other Outside facility	Other crosswalk outside facility	Athlete was crossing the street outside pool. Cars had red light, car didnt stop and hit athlete in the crosswalk. The driver did not stop, drove away.	
Male	IL - Illinois Swimming	Other Parent in Men's Bathroom	Other Men's Bathroom	The parent of a swimmer fell in the Men's bathroom located on the 2nd floor of the UIC Natatorium.	The parent fell and hit his head in the Men's bathroom located on the 2nd fl. He sustained a cut on his forehead and later received stitches at hospital.
Female	IL - Illinois Swimming	Meet - Walking	Stairs	Injured wrist treated with ice.	
Male	IL - Illinois Swimming	Practice - Other	Starting Blocks	During practice, athlete went to adjust the fin on starting block and metal edge of starting block fin sliced into athlete's left hand on the fleshy part of hand just under the thumb.	Deep cut on fleshy part of inside of hand just under the thumb.
Male	IL - Illinois Swimming	Practice - Other	Water - Bottom	Athlete sliced his toe on the bottom of pool during warm-ups	
Female	IL - Illinois Swimming	Meet - Warm-up	Water - Lane Lines	Was hit in nose by another swimmer as they went by each other causing bleeding and swelling.	
Female	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer bumped head into wall when finishing a 25 freestyle	Bumped her head
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Side of the pool next to the starting blocks	Athlete was setting up for a dive on the side of the pool when his foot slipped off the side. One leg went into the water while the other leg stayed on the pool deck. The athlete landed on the edge of the pool on his butt and then slid into the water. The athlete then climbed out of the pool complaining that his butt and groin hurt.
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	Another swimmer was getting out of pool in other lane she started to swim to ladder when other swimmer lost grip and fell on the back of athlete's back of neck and back of her head.	Soreness of neck, shoulder and hand
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	Incident occurred during the swim, at/near finish of race.	Extreme pain at/above right knee into inner quad
Male	IL - Illinois Swimming	Meet - Competition	Water - Start End	Swimmer fe off blocks and scraped his arm on the block.	
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke and misjudged the wall and hit her head on the end wall. She immediately got out and complained she was dizzy.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Bumped head on wall during backstroke set.	Swimmer bumped his head towards the end of practice. Swimmer was offered ice and told to go to the doctor. Swimmer refused ice and said he was fine two times, and said parents were picking him up from practice. Parent was contacted.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Hit wall with head on Backstroke.	Had concussion-like symptoms after collision. Rested out of the water for the remainder of practice. Instructed to go to the doctor if symptoms remained through the day.
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was seen in the ER over the weekend for retinal detachment. He said that he collided with another swimmer in his lane during practice 4 weeks ago. Nothing was observed by our Coaching Staff on deck. He said right after the collision he saw floaters and his head hurt but he just shook it off and didn't think anything of it.	
Male	IL - Illinois Swimming	Practice - Other	Water - Turn End	While doing a 2 hand touch turn, swimmer hit his head on the wall. He said he had water in his goggles and the wall was blurry and took one more stroke than needed.	Small bump on the head.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Turn End	When athlete was exiting the pool, she jumped off the bottom and the top of her head hit the pool ledge and resulted in a laceration. First aid was administered and she was released to her mother and father for transportation to the hospital for evaluation.	
Female	IN - Indiana Swimming	Other Meet - Tear Down	Deck	Received a deep cut on her heel while she was pulling a timing pad cart. The cart caught her foot.	Required 8 stitches
Male	IN - Indiana Swimming	Other Board Meeting	Deck	Fall on pool deck while walking. Potentially separated shoulder. Ice pack and Advil was provided. Following the initial incident, the shoulder has slipped out twice.	Swelling, pain, inability to raise arm.
Female	IN - Indiana Swimming	Practice - Dry Land	Gym	Fell while running during dryland practice	Possible broken wrist

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	IN - Indiana Swimming	Practice - Dry Land	Gym	Team was playing Ultimate Frisbee during dryland. Athlete was struck in nose by a thrown frisbee and immediately started a heavy nosebleed.	There was a noticeable cut on the nose but bleeding was from inside of nose. Athlete has frequent nosebleeds and has been treated to stop nosebleeds at practice in the past. Coach walked with athlete back to pool area and treated him there. Athlete's parent was on site in pool area and notified. Athlete left practice early.
Male	IN - Indiana Swimming	Practice - Other	Locker Room	Athlete was running in locker room while playing. Athlete came around the corner and fell and hit right side of head.	
Female	IN - Indiana Swimming	Practice - Other	Locker Room	Athlete went into the locker room and slipped and fell, hurt her ankle/foot.	Coach saw swimmer upon her exit from locker room and lifeguard helped elevate her foot/ankle and provided ice packet
Female	IN - Indiana Swimming	Practice - Dry Land	Other Dryland Practice Facility	Athlete landed on her ankle after doing step ups during dryland.	Athlete experienced ankle pain and did not do any kicking for in water portion of practice. The pain subsided and there was no swelling or discoloration.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Other Water - Stairs	Lacerated foot on tile	
Female	IN - Indiana Swimming	Practice - Dry Land	Other Weight Room	Athlete was doing box jumps and landed awkwardly with her right hand on top of box and felt some pain.	
Female	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	During dry land swimmer stepped back and stumbled.	Foot has a bump or swollen area. Parent was contacted and ice was applied.
Male	IN - Indiana Swimming	Practice - Dry Land	Outside Venue	Pt. sudden onset knee pain while running.	
Female	IN - Indiana Swimming	Meet - Walking	Outside Venue	Slip/Trip/Fall	
Female	IN - Indiana Swimming	Meet - Warm-up	Water - Bottom	While warming up swimmer dove into the pool and struck their head on the bottom of the pool. This caused a laceration above her left eye and lip.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Lane Lines	While swimming 100 fly, athlete's shoulder popped out of place.	Swimmer complained of numbness in her right arm she had increased pulse at her right wrist and unable to lift her arm. It was recommended that she have evaluation in the emergency department.
Female	IN - Indiana Swimming	Practice - Other	Water - Side	While swimming backstroke with fins, athlete miscalculated her stroke count and hit her head against the wall.	Athlete was checked for a concussion. The lifeguard felt it necessary for athlete to go to the Doctor with her parents.
Male	IN - Indiana Swimming	Practice - Other	Water - Start End	Athlete misjudged distance into wall and the final backstroke stroke taken by the athlete caused the athlete's arm/elbow to strike the bulkhead on the finish, but athlete was already in process of completing the crossover turn and the athlete's head struck the bulkhead.	Athlete sustained a small superficial scrape wound was on the athlete's right side of the forehead near hairline. Athlete sustained a small bump to the left arm/elbow, and the athlete reported that the fingertips of the left hand were also injured although nothing was visible and therefore no classification can be made to the fingertip injury.
Female	IN - Indiana Swimming	Practice - Other	Water - Start End	Athlete struck the wall with her head finishing the length of backstroke. She was removed from the pool and assessed for immediate signs of head injury such as nausea, blurred vision, etc. She did not have these symptoms and after some rest and water, continued practice for about 15 more minutes before leaving practice early due to headache.	Athlete experienced head pain and ringing ears for a couple minutes immediately after she struck her head.
Female	IN - Indiana Swimming	Practice - Other	Water - Start End	When finished doing a lap, swimmer proceeded to do a handstand close to the wall and when coming back up to the surface the swimmer hit her chin against the wall.	
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Slipped exiting pool and hit hip on edge of gutter. Was checked by a lifeguard.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer was starting race, dove into the pool and hit her nose at the bottom of the pool.	Pain in nose and head (minor). Small abrasion at the top of her nose.
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	While finishing their swimmer, the swimmer touched with their left hand with enough force that they stated it jarred their left elbow and they felt a pop.	Swimmer obtained ice on their own and placed it on sore shoulder. It was not reported until after leaving the meet as to what had occurred.
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End		
Male	KY - Kentucky Swimming	Practice - Other	Water - Bottom	Swimmer did an improper dive into the pool. Coach then told him not to do that again and questioned the swimmer who reported he was fine. Swimmer finished practice with no complaints to the coaches.	
Male	LA - Louisiana Swimming	Meet - Walking	Deck	Coach was doing pace work with swimmer in outside lane, turned to head down the pool and tripped over the structure used to cover the timing equipment.	Fell on right shoulder very hard and shoulder sub/luxed. Was able to relocate it on the deck.
Female	LE - Lake Erie Swimming	Meet - Entering / Pool	Bleachers - Spectator's	Visitor was approaching spectator entry area and felt light headed. She was placed in a chair where she began to slump. She was then placed on the floor until EMS arrived.	
Female	LE - Lake Erie Swimming	Practice - Dry Land	Deck	The swimmer slipped, fell and braced self with wrist and fractured it.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	LE - Lake Erie Swimming	Meet - Competition	Deck	Swimmer had just completed the Men's 400 Medley relay. He sat by the edge of the pool and ended up in a prone position. He seemed to have a 'seizure like' event.	Swimmer is being treated for epilepsy. Cleveland State Staff immediately and EMS was called.
Female	LE - Lake Erie Swimming	Practice - Other	Other Water - bulkhead	Cut foot/heel on the Bulkhead while doing a flip turn	CPR was started and 911 was called. CPR continued until ambulance arrived. Swimmer was transported by ambulance to St. David's South Austin Medical Center ER. Swimmer was in the ER for about 3-4 hours, receiving lab work, toxin screen, IV fluids.
Female	LE - Lake Erie Swimming	Meet - Warm-up	Other while swimming	Kicked in warm-up	
Female	LE - Lake Erie Swimming	Meet - Competition	Water - Lane Lines	Swimmer was hyperventilating. EMS was called. Swimmer was removed from pool to hallway to be treated by EMS.	Released to parents after 20 minutes and went home.
Female	LE - Lake Erie Swimming	Meet - Warm-up	Water - Side	Swimmer was warming up and cut right inside of elbow on lane line	Bandages and ice was provided
Male	LE - Lake Erie Swimming	Meet - Competition	Water - Turn End		
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Bleachers - Athlete's		
Female	MA - Middle Atlantic Swimming	Practice - Other	Deck	Athlete has Asthma and was having trouble breathing so she got out as she does sometimes when it is humid or the air quality is not good to catch her breath. She was feeling like she needed her inhaler. Athlete took her inhaler, but it did not help her today and her hands started to tighten up. She was having trouble breathing and said she needed a professional to come help her.	Athlete asked Coach to call 911. An EMT came and gave athlete oxygen and her breathing slowly returned to normal. Athlete's mother took her home.
Male	MA - Middle Atlantic Swimming	Practice - Other	Deck	Pulling the bulkhead when the line became dislodged and fell on tailbone, back, and snapped neck back.	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Deck	The athlete got out of the pool after the warm-up session on Saturday (6/8/19) morning, and he informed the Deck Marshall that he felt dizzy and weak. The Deck Marshall helped him to a clear area of the deck. The swimmer was immediately helped by 2 uniformed emergency medics who were on site at the time. In addition, an ambulance with 2 additional medics. After about 30 minutes of observations, the athlete was taken to a local hospital for evaluation. A follow-up conversation with the athlete's coach on the following day revealed that the athlete spent about 1 hour at the hospital and was released. Please note that the age of the athlete was confirmed; however, the actual birthdate was not obtained. An estimated date was given with this form.	The athlete complained of dizziness and weakness after completing warm-ups.
Female	MA - Middle Atlantic Swimming	Meet - Competition	Other during swim meet	Swimmer was swimming a 100 Meter LC Butterfly, swallowed water 3/4's of the last lap and started coughing. Lifeguard got off stand and encouraged the athlete to swim to the side of the pool. Swimmer was in lane one closest to wall. Coach was at the side of the pool.	Swimmer was able to come to side of the pool on her own. Mother came to be with swimmer. Swimmer was fine.
Male	MA - Middle Atlantic Swimming	Other walking down stairs	Other event lobby	Parent was walking down the stairs with the help of his daughter. When he got to the bottom, he laid on a bench complaining of leg pain.	There was not a specific incident. He stated he was having pain previous to today.
Male	MA - Middle Atlantic Swimming	Practice - Other	Other in water	During a set swimmer stopped and looked to have something going on so coach went over to him to see if he was alright and his body started to tighten up from head to toe. He stayed responsive, but it was very difficult for him to speak. Once he calmed down and regained his breath slowly his body untightened and he returned to normal, but we had him call it a day and suggested his mother take him to see a medical professional	
Female	MA - Middle Atlantic Swimming	Practice - Other	Other Middle of the pool	Athlete was swimming warm up and a teammate accidentally hit her in the nose and she began to bleed and continued bleeding for an hour.	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Other Spectator Hallway (2nd floor)	Spectator shoes caught on floor and spectator tripped and fell. Spectator hands were full and knee struck floor.	
Male	MA - Middle Atlantic Swimming	Meet - Warm Down	Other Water - middle of lane	Accidentally struck in the left eye by another swimmer.	Under left eye
Male	MA - Middle Atlantic Swimming	Meet - Competition	Other water-finish	Swimmer came in for the backstroke finish, the right hand, pinky side hit the wall.	Mother of the swimmer came to the first aid room of the pool for ice. Lifeguard would not give ice until the athlete was seen. Lifeguard checked the swimmers right pinky side of the hand. The area was not swollen or bruised.
Male	MA - Middle Atlantic Swimming	Practice - Dry Land	Outside Venue	Athlete was doing push-ups when another athlete accidentally stepped on his hand. Athlete's middle finger was skinned. He also had a small hole in his nail on the same finger.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	MA - Middle Atlantic Swimming	Meet - Walking	Outside Venue	Cut on Left Heel. Claims it was a broken piece of umbrella. The lifeguard staff could not find what he stepped on.	
Male	MA - Middle Atlantic Swimming	Meet - Warm Down	Water - Start End	Athlete cut his left big toe and left a trail of blood on the pool deck.	
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Caught nail on pool gutter	Hit finger/nail on pool gutter on backstroke finish
Male	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	Event 66 Heat 3 100 Meter Back: Hit top of head on the finish	
Female	MA - Middle Atlantic Swimming	Meet - Competition	Water - Start End	While taking backstroke to the wall, swimmer miscounted stroke count, and hit face into wall.	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Another athlete was swimming butterfly and during his recovery he accidentally hit swimmer in the left eye which jammed his goggles into his eye.	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Athlete collided head first with another swimmer with her forehead. Athlete was pulled from the water and evaluated for a concussion.	
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Athlete was swimming backstroke with fins. Did not see the flags at the turn end of the pool and struck her head against the wall.	Lump formed on Left side of swimmers head behind and above the temple roughly 2 inches above her left ear. Consciousness was never lost; swimmer was alert and talking the entire time. Preliminary concussion tests were run including a pupil dilation test. Swimmers right pupil did not respond to light stimulus during this initial test.
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	During a turn the athlete's toe was cut on a water inlet	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Swimmer collided with another swimmer head-on causing a headache.	
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	While swimming butterfly swimmer was recovering and his wrist struck another swimmer in the eye.	
Male	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Hit in face (nose) by other swimmer during warm up.	
Female	MA - Middle Atlantic Swimming	Meet - Warm-up	Water - Turn End	Kicked in head by another swimmer during warm-up	Kicked in head during warm-up. Complained of headache approx. an hour later.
Male	MD - Maryland Swimming	Meet - Competition	Bleachers - Athlete's	Swimmer banged knee into bleachers, causing a fairly large open wound.	
Male	MD - Maryland Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Fell in observation stands on stairs	Pain in lower left back area. Offered ice, but declined it and all other care. Left on own with his daughter (witness #1) after some rest.
Female	MD - Maryland Swimming	Meet - Competition	Deck	Swimmer was running on deck by starter and tripped over the microphone cord and landed onto her stomach.	Coach was notified.
Male	MD - Maryland Swimming	Practice - Other	Gym	Swimmers was running and tripped over his own feet causing him to roll his ankle	Small tear of Achilles tendon. In boot for 4 weeks.
Male	MD - Maryland Swimming	Meet - Walking	Locker Room	Coach felt light headed while walking in the locker room so he laid down on the floor. He reported that he has felt this way in the past also.	
Male	MD - Maryland Swimming	Meet - Walking	Locker Room	Coach felt light headed while walking in the lockroom so he laid down on the floor. He reported that he has felt this way in the past also.	
Female	MD - Maryland Swimming	Meet - Walking	Other in between AO table and starting blocks	Timer was walking when she slipped and fell. During bracing herself for fall she extended her left wrist which took the full force of impact.	Volunteer was transported to the hospital via private car where it was confirmed both bones in her wrist had been broken.
Female	MD - Maryland Swimming	Meet - Competition	Other Lifeguard stand	Lifeguard was climbing into the chair when the top step broke. The guard slipped down causing a deep laceration in her leg from an exposed screw. The coaches around her immediately stabilized her in the chair and 2 officials who are in the medical field began treating her until EMS could arrive.	Lifeguard was taken by ambulance to local hospital where she received 16 stitches
Male	MD - Maryland Swimming	Practice - Dry Land	Stairs	Swimmers were rushing down the stairs and he was pushed and fell and scraped his knee and elbow	Swimmers scrape was cleaned and he was given bandaids
Male	MD - Maryland Swimming	Practice - Other	Water - Side	Swimmer slipped while walking near edge of pool, struck back of head.	Concussion protocol administered
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Another swimmer pushed off the wall in front of swimmer and kicked her in the head while doing a breaststroke pullout.	
Female	MD - Maryland Swimming	Meet - Warm-up	Water - Start End	Swimmer had pre existing left arm abrasion and when she accidently brushed against the side of the pool, the abrasion began to bleed slightly. Gauze applied and bleeding resolved.	
Female	MD - Maryland Swimming	Meet - Warm Down	Water - Start End	During flip turn another swimmer behind flipped at approximately the same time athlete into the wall. Athlete struck lower back on the top edge of the wall.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MD - Maryland Swimming	Meet - Competition	Water - Start End		
Male	MD - Maryland Swimming	Meet - Competition	Water - Start End	The athlete was competing in the 1,000 yard freestyle event. After completing approximately 350 yards of the competition, the athlete stopped and stated that they heard their shoulder "pop" and they were in pain. The parent reported that, prior to the incident, the athlete shoulder was sore, but not previously injured.	Injury was not medically diagnosed. The athlete heard and felt their shoulder pop during the event. The athlete was in pain and did not complete the event.
Male	MD - Maryland Swimming	Meet - Competition	Water - Turn End	Attempting a backstroke flip turn, athlete bumped head on wall	Ice was applied as precautionary measure
Male	ME - Maine Swimming	Practice - Other	Water - Side	Swimmer was pulling and the pull buoy floated up. He turned his head to look at it and hit his head on the side of the pool.	He was given on ice pack and later got back in and continued practicing.
Male	ME - Maine Swimming	Practice - Other	Water - Start End	Two athletes collided heads while swimming backstroke.	
Male	ME - Maine Swimming	Practice - Other	Water - Start End	Two swimmers collided while swimming backstroke.	
Male	MI - Michigan Swimming	Other run - walk	Deck	Athlete was running on deck and slipped and fell backwards.	Witness 1 kept swimmer on his back until Lifeguards appeared and took control.
Female	MI - Michigan Swimming	Practice - Dry Land	Gym	Box jumps. Missed the box, hit shin on box.	Cut on shin. 2 stitches
Male	MI - Michigan Swimming	Other After Practice	Other After Practice	Athlete felt tightness in tricep. He said it was actively released by an athletic trainer back home.	Experiencing tightness in the right tricep
Female	MI - Michigan Swimming	Practice - Other	Other Water	Swimmer complaining of shoulder pain after practice, icing and ibuprofen did not seem to help, sought medical help after and was advised by physician to rest two weeks and re-evaluate, at that time they discovered a possible tear.	
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Athlete slipped on gutter getting out of pool, small cut on left foot (big toe)	
Female	MI - Michigan Swimming	Meet - Competition	Water - Start End	Struck Head against pool wall	Precautionary measure - pulled from competition to get checked out by doctor. Medically cleared to swim on Sunday, Dec 9th 2018
Male	MN - Minnesota Swimming	Practice - Other	Deck	Kneeled on left knee to connect lane line. Upon standing and taking one step sudden pain occurred in left knee.	
Female	MN - Minnesota Swimming	Practice - Other	Deck	Was leaning against a bathroom door, door moved, she lost her footing and fell backwards.	
Male	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Deck	Athlete was standing in fins, about to move, slipped and lost footing, fell straight on back and hit head. When he fell, we told him to stay down, he took off his cap and had a head wound about an inch that was bleeding. He did not complain of a headache or stomachache, but pupils were enlarged.	Cut was about an inch, looked moderately deep. Was located behind where bungee strap cord was.
Male	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Deck	Stepped on a kick board on a wet pool deck. Board slipped and he fell backward to the deck. He hit the back of his head on the ground.	Athlete was taken to his pediatrician to get checked. Diagnosed with a concussion.
Female	MN - Minnesota Swimming	Meet - Competition	Deck	Swam 100 Freestyle and preparing for 100 Fly when swimmer became anxious and then experienced tingling in extremities (hands, feet, and face). Swimmer also began hyperventilating. Swimmer did report that she had hit her head on the previous Thursday and was ill at that time.	
Female	MN - Minnesota Swimming	Other Locker room	Locker Room	Slipped on wet floor into into thought elbow	Complains of sharp pain in forearm (elbow to fingers) every once in a while. Doesn't hurt to move out touch
Female	MN - Minnesota Swimming	Practice - Other	Other Diving Well	Swimmer slipped getting out of the pool and hit bottom of lip on the side of the pool. Suffered a minor cut that may require stitches.	Swimmer slipped getting out of the pool and hit bottom of lip on the side of the pool. Suffered a minor cut that may require stitches.
Female	MN - Minnesota Swimming	Meet - Warm Down	Other Diving Well	Another athlete jumped into pool and landed on swimmer's head.	Currently has a headache
Female	MN - Minnesota Swimming	Practice - Other	Other In the lane	Kicked in the eye, goggles on, by another swimmer doing Breaststroke Kick	Small abrasion above right eye
Male	MN - Minnesota Swimming	Meet - Warm-up	Other In Water	Athlete began feeling a pinch in his right shoulder during butterfly warm-ups. Scapula is winging work on scapular strength.	Feeling a pinching/sharp pain in shoulder during warm-ups
Female	MN - Minnesota Swimming	Other Apparel Vendor	Outside Venue	Vendor was closing her booth which was set up outside the pool, due to a thunder storm, when a wind gust caused a branch to break from a nearby tree which then hit her on the back of the head.	A bystander assisted her and requested that an ambulance be called. The responders treated the cut to the back of her head by cleaning and bandaging. She refused transport to the hospital and had a coworker transport her to a local Urgent Care facility for treatment. Treatment consisted of additional cleaning of the wound and bandaging - sutures were not possible due to swelling of the wound. She also received a CAT scan so that the medical personnel treating her could verify that there was not any additional non-visible injury.
Female	MN - Minnesota Swimming	Practice - Other	Water - Lane Lines	Another swimmer was doing flips in the lane and her foot jammed into athlete's hand, and her finger got into the lane line.	
Female	MN - Minnesota Swimming	Meet - Warm-up	Water - Lane Lines	Swimmer collided with another swimmer	Confirmed mild concussion

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete was pressing out of the pool using arms when her hands slipped out from under her and she hit her chin on the pool edge.	Small Cut on the underside of her chin. Bruising around the area.
Female	MN - Minnesota Swimming	Meet - Entering / Pool	Water - Start End	The athlete was exiting the pool and slipped and chipped front tooth on pool deck no significant bleeding	chipped front tooth NO bleeding
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Collision with wall on backstroke finish	jammed finger on impact as well as head
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Hit head on wall on backstroke finish	
Female	MN - Minnesota Swimming	Practice - Other	Water - Turn End	Another swimmer was trying to make the paddle skip. When he threw the paddle it went into another lane and struck Megan in the lip.	
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Hit front of head on backstroke turn - suspected concussion	Suspected concussion
Female	MN - Minnesota Swimming	Meet - Competition	Water - Turn End	Struck head on wall at finish of race.	Patient struck wall with the top of her head when finishing her race. Complained of pain and dizziness. Treated with ice by facility lifeguard. Concussion protocol explained to parent and recommendation made to have athlete seen by medical personnel to be tested for concussion.
Male	MR - Metropolitan Swimming	Practice - Other	Deck	Subject slipped on deck while retrieving equipment from his bag and banged his nose into the deck	Swelling to the right side of his nose. Bleeding from the nostril
Female	MR - Metropolitan Swimming	Other Exiting pool after a race	Other Behind the bulkhead at the starting end	Athlete swam her relay and had stomach cramps after her race and vomited behind the blocks. She was nauseous and took a few minutes to get up. She did get up and walked to locker room on her own and left under parents supervision.	
Male	MR - Metropolitan Swimming	Meet - Entering / Pool	Other Bulk Head	While climbing out of the water, athlete's finger went in between the grates of the bulk head. Once swimmer pulled it out it was injured.	The athlete's index finger on his right hand was bruised and swollen. Ended up with a bad sprain and possible hairline fracture.
Male	MR - Metropolitan Swimming	Meet - Competition	Other During Race	During the 400 Free swimmer felt shortness of breath roughly around the 100 mark. Swimmer finished race and got out. Swimmer appeared tired but nothing unusual. Coach sent swimmer to warm down. At the conclusion of the event, coach notified by another swimmer that swimmer wasn't acting quite right.	Swimmer had prior episode two weeks prior, that was described as more severe. Previous episode resulted in a doctor appointment. Swimmer also has history of asthma. While waiting for EMTs, and during the EMT visit, swimmer described symptoms of dizziness, shortness of breath, and headache.
Female	MR - Metropolitan Swimming	Practice - Other	Water - Side	Swimmer was swimming backstroke and ran into another swimmer. They bumped heads.	Swimmer said her head hurt and she felt a little nauseous. She has had a concussion before.
Female	MR - Metropolitan Swimming	Meet - Warm-up	Water - Side	Athlete was in lane warming up on side at end of lane and another swimmer did a flip turn and kicked athlete in the right eye.	Vision in right/injured eye is blurry 10 minutes after being kicked. Athlete was wearing contacts when the incident occurred. When she removed her contacts, she said her eye felt like there was something, like and eye lash, in it.
Female	MR - Metropolitan Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete slipped exiting pool	
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Hopped out of pool after first 100 of 200 butterfly event	Back tightened up in the middle of the race due to back pain
Male	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Athlete's head at the turn got stuck in other Athlete's parachute gear.	As parachute gear was pulled in a different direction, the injured athlete's head got hooked in parachute and pulled with a force which caused his neck to yank.
Male	MR - Metropolitan Swimming	Other Dryland/in water	Water - Turn End	Ankles struck bulkhead	
Male	MS - Mississippi Swimming	Other Lobby	Hallway	Scrapped knee; Kids playing and he tripped and scrapped his left knee	
Female	MS - Mississippi Swimming	Meet - Watching / Observing	Other Bleachers	Injured party ran into first bleacher on west deck with right knee.	Injured party had a small cut and scrape on right knee.
Female	MS - Mississippi Swimming	Meet - Walking	Other Inside Female Restroom Entrance	Injured party struck left big toe with the edge of inside female restroom door while entering.	Injured party tore back half of left big toenail with restroom door. Bleeding and throbbing signs were present with injury.
Female	MS - Mississippi Swimming	Practice - Other	Other On Deck	Trouble breathing, no history of asthma, but it has happened before.	
Female	MS - Mississippi Swimming	Practice - Other	Starting Blocks	While changing lane ropes, party ran into starting block on the east deck of pool.	Mild scrape on right knee.
Female	MS - Mississippi Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Practicing starts, hit bottom of pool with top of head.	neck hurt,
Female	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Bumped head with another swimmer	Small bump at the top of head
Female	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Bumped heads with another swimmer.	Small bump on top of head
Male	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Injured party hit head on wall doing backstroke.	Injured party hit head on wall doing backstroke, swimmer complained of throbbing head, no open wounds, or bleeding.
Male	MS - Mississippi Swimming	Practice - Other	Water - Turn End	Injured party ran into another swimmer at the turn end of short course practice lane 3, competition lane 2.	Injured party had small cuts on the top of right eye lid and underneath the right eye with some minor swelling.
Female	MS - Mississippi Swimming	Meet - Warm Down	Water - Turn End	While warming down, swimmer did a flip turn at the wall and struck the back of her right heel on the edge of the gutter.	
Female	MS - Mississippi Swimming	Meet - Competition	Water - Turn End	After flip turn, pushed off wall and the hip popped; hurts to walk but laying down helps.	Hip pain-2 yrs post op-recommended she sees a DR next week
Male	MS - Mississippi Swimming	Meet - Competition	Water - Turn End	Diabetic 1. After 1st 50 of race felt like his body did not want to move. Stop and got out.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	MS - Mississippi Swimming	Meet - Competition	Water - Turn End	Swimmer hit head during at the turn end after backstroke finish during the IM	Ice bag was provided
Female	MT - Montana Swimming	Other Fitter and Faster Clinic	Deck	She got out of the pool and was standing and listening to the clinicians and fainted and fell.	
Female	MT - Montana Swimming	Practice - Other	Other Water - Mid Pool	Athlete collided with another swimmer. Athlete said she had a headache and felt dizzy. Was removed from the water and monitored for worsening symptoms. Decision was made to keep her out of practice and notified parents of the accident.	
Female	MT - Montana Swimming	Practice - Other	Water - Start End	Ran into the wall instead of flip turning. Hit face and nose.	Small laceration on bridge of nose
Female	MT - Montana Swimming	Practice - Other	Water - Turn End	Did Sprint backstroke into wall missed finish.	
Female	MV - Missouri Valley Swimming	Meet - Competition	Bleachers - Spectator's	This patron is a breast cancer patient. In areas of high humidity, she can sometimes suffer from light headedness, poor coordination and shakiness.	
Male	MV - Missouri Valley Swimming	Other Race Timer	Deck	Low functioning, low IQ volunteer, forgot to eat lunch, neglected to drink water, felt light-headed, but never lost consciousness.	Has served as a timer before, and had a few problems, but is typically reliable.
Female	MV - Missouri Valley Swimming	Meet - Competition	Deck	Athlete swam 200IM and afterwards threw up a couple of times and then felt dizzy. Her stomach hurt and she tried to walk but felt dizzy so laid down. She felt very weak and at time was slow to respond. EMS was called and she was taken to hospital.	Athlete was dizzy and laid down. She was in and out of consciousness and was weakened with lower stomach pain, headache and dizziness.
Female	MV - Missouri Valley Swimming	Meet - Walking	Other Crash area outside of pool deck	Standing on wood railroad tie and slipped, cut her foot per dad's statement	
Female	MV - Missouri Valley Swimming	Meet - Walking	Other PARKING LOT	Knee Abrasion	
Male	MV - Missouri Valley Swimming	Other Swim Meet, helping with clean up	Other Storage Room inside facility	While putting away banners, athlete climbed some shelving and slipped and cut leg on shelving.	
Female	MV - Missouri Valley Swimming	Meet - Watching / Observing	Outside Venue	Knee impacted lip and teeth apparently in a fall.	teeth/gum appeared fine primarily gum injured
Male	MV - Missouri Valley Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete dove off of the block and did a breast stroke kick at the end of his breaststroke pull-out and felt a pop. He did a second kick and felt a sharp pain. I helped him out of the water and he said it hurt to put weight on it. Sat him in a wheelchair and got ice on the area. Mom and dad picked him up and took him to ER.	Sharp stabbing pain when putting weight on it.
Female	MV - Missouri Valley Swimming	Meet - Warm Down	Water - Start End	The athlete entered the cool-down pool while another athlete conducted a flip-turn. Upon submerging, the athlete's face was struck by a kick, causing her nose to bleed. The on-site lifeguard staff treated the athlete with ice and after approximately 5 minutes the bleeding ceased.	The athlete's coach was brought to the Life-guard office to be informed of the athlete's injury and remarked he would notify the athlete's parent.
Female	MV - Missouri Valley Swimming	Practice - Other	Water - Turn End	Doing a Flip turn and dislocated her shoulder	
Male	MW - Midwestern Swimming	Practice - Other	Deck	The team was rolling lane ropes at the end of practice. Lucas was standing behind the lane ropes with some other teammates assisting with the ropes. Another swimmer pulled on the wheel that assisted in rolling the ropes before the last lane rope was securely attached. One of the unconnected ends of the lane rope rolled off of the back side and struck Lucas above the right eyebrow. There was not a cut or bleeding where the injury occurred. Lucas' parents were informed of the incident after practice, and GOAL's head coach was also informed.	
Male	MW - Midwestern Swimming	Practice - Dry Land	Deck	Slip off chin-up bar. Hit groin area on corner of step up table.	
Male	MW - Midwestern Swimming	Meet - Watching / Observing	Deck	Chair fell back into concrete diving stand and hit left arm. May go to doctor to look at.	Hit arm against concrete diving stand
Female	MW - Midwestern Swimming	Meet - Competition	Water - Bottom	Swimmer slipped off the starting block and hit head on bottom of pool.	Swimmer was looked over by the lifeguard staff but not reported to meet management until next day. One of the parent chaperones was informed of the incident.
Female	MW - Midwestern Swimming	Other Held breath to long	Water - Side	The athlete swam 75 yards with no breath then blacked out.	
Female	MW - Midwestern Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete cut her big toe on her left foot, while completing a freestyle flip turn in the shallow end of lane 5.	
Male	NC - North Carolina Swimming	Other Prior to practice on the deck	Deck	Horseplay by 10 and 11 year old boys on the deck before practice for their group. After a "shoulder pump," the athlete injured fell on the deck on his arm, and suffered a broken radius.	Horseplay by 10 and 11 year old boys on the deck before practice for their group. After a "shoulder pump," the athlete injured fell on the deck on his arm, and suffered a broken radius.
Male	NC - North Carolina Swimming	Meet - Competition	Deck	Dehydration	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	NC - North Carolina Swimming	Practice - Other	Other	The athlete removed herself from the water and reported that she hit her head "the other day", and was feeling "off-balance".	Upon further clarification, it was made evident the original incident occurred at the another Aquatic Facility.
Female	NC - North Carolina Swimming	Practice - Other	Other middle of pool	Swimmer collided with another athlete while swimming backstroke head first.	
Male	NC - North Carolina Swimming	Practice - Other	Other Middle of Pool	Swimmer ran into another athlete head first.	
Male	NC - North Carolina Swimming	Practice - Other	Other Middle of pool	Swimmer was swimming Breaststroke moderately.	When the swimmer did a kick, he said it felt like his knee had popped out place. Swimmer was unable to put any pressure on his leg.
Female	NC - North Carolina Swimming	Practice - Other	Other Middle of pool	Two swimmers were swimming in the same lane. And had a head on collision.	There is a cut on the forehead. And a minor Concussion
Male	NC - North Carolina Swimming	Meet - Competition	Other Near Starting Blocks	Cut foot against the bottom edge of Omega backstroke wedge. Injury is a one inch cut to the outside edge of his left foot.	One inch cut to side outside side of left foot. Bandaged by a facility lifeguard.
Male	NC - North Carolina Swimming	Practice - Other	Other Swimming	When swimming fly. Swimmer was accidentally hit by another swimmer in their hand. Originally thought that is was bruised.	
Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	Athlete rolled her ankle as we were doing some jumping during dryland.	
Female	NC - North Carolina Swimming	Meet - Walking	Stairs	Official tripped while walking up the stairs to the timing room from the pool deck. Hit her head on the concrete wall. Was dazed. Ice applied to head. She left the facility to go to the ER at nearby hospital.	
Male	NC - North Carolina Swimming	Meet - Competition	Starting Blocks	Cut finger on starting block handle end	
Female	NC - North Carolina Swimming	Practice - Other	Water - Side	Swimmer was doing backstroke and was hit in the top of the head by another swimmer's arm	Swimmer got out of the water after being hit in the head, was not allowed back in the water
Male	NC - North Carolina Swimming	Other Swim-a-thon	Water - Side	During swim-a-thon activity (in water obstacle course) athlete slipped and fell funny and tweaked his neck. We gave him ice and called his parents	
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Air Quality	
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer was in the water at the wall and a metal water bottle was inadvertently kicked and hit her in the forehead	Swimmer was given an ice pack for the bump on her forehead
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer wasn't paying attention and ran into the wall while swimming backstroke.	
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	Swimmer, who was wearing goggles, was kicked in the eye by another swimmer. When she took her goggles off, there was some swelling and bruising on her eye.	Swimmer was instructed to get out of the water and was given an ice pack for her eye.
Female	NC - North Carolina Swimming	Practice - Other	Water - Start End	The swimmer reported that she was kicked in the head by another swimmer and was experiencing a headache as a result.	
Male	NC - North Carolina Swimming	Practice - Other	Water - Start End	The swimmer was swimming backstroke with fins and reported not seeing the flags passover his head in order to start his backstroke count. The swimmer reported that he hit his head hard against the wall. The swimmer was removed from the pool.	
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Athlete was doing double arm backstroke drill with fins and did not get his hands up in time to stop at wall so hit his head	
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Athlete was making an open water style turn when another swimmer's arm hit him in the head.	Took precautions for a possible concussion
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Hit head on wall while attempting to do a backstroke to breaststroke turn. Immediately pulled from the water.	Pulled from water after hitting his head, complained of headache. Per protocol, sat out the rest of practice.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Struck head against another athletes head swimming on wrong side of the lane.	Struck cheek on another swimmers head, pulled from water per protocol.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Struck heads with another swimmer swimming on wrong side of the lane	Pulled from water due to concussion protocol. Struck forehead on another swimmers head.
Female	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Swimmer was allowing a swimmer to pass her, other swimmers accidentally pushed off of her arm instead of the wall. Swimmer was pulled from the water as a precaution.	Bruise from being accidentally kicked in the arm. Slight pain at first, pulled from water as a precaution.
Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	The swimmer reported that he hit his head and was experiencing pain where the blow occurred.	
Female	NC - North Carolina Swimming	Practice - Other	Water - Turn End	The swimmer was seen clutching her head and when asked if what happened she reported that another swimmer's hand hit her while swimming.	The swimmer reported pain where she was struck by the other swimmer's hand while swimming.
Female	NC - North Carolina Swimming	Meet - Competition	Water - Turn End	Knee cap cracked and broke in 2 pieces while swimmer was standing on block.	Swimmer on started block at the deep end of the pool, knee cap fractured and swimmer fell into the pool, grabbing her knee. Called for medics and removed swimmer from water using the chair lift.
Female	ND - North Dakota Swimming	Meet - Competition	Water - Start End	Miscounted stroke count on backstroke and hit head on wall; sore neck, shoulders, and top of head	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NE - New England Swimming	Other	Bleachers - Athlete's	Slipped on Bleachers resulting in a cut across his belly button.	
Male	NE - New England Swimming	Meet - Walking	Deck	Knee abrasion	Parent refused additional information and did not consent to incident report.
Male	NE - New England Swimming	Swimjitsu - Dry Land	Outside Venue	Athlete slipped while participating in outdoor Dryland and complained about ankle pain.	Could move toes and a little bit of ankle mobility. At the time of parental pickup, the swimmer had little to no signs of swelling on his ankle or leg. Perceived pain had decreased according to the swimmer.
Female	NE - New England Swimming	Practice - Dry Land	Outside Venue	Playing ultimate frisbee, athlete ran forward to make a catch, and stepped awkwardly and collapsed over her left side. It was immediately apparent that something was wrong as she laid waiting on the ground. She iced and took 2x ibuprofen while waiting for her parent. They parents took her home.	Going to see the doctor and get MRI.
Male	NE - New England Swimming	Meet - Entering / Pool	Starting Blocks	The swimmer tripped over wires stepping onto the bulkhead and fell on the bulkhead scraping their knees and legs	
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Used inhaler provided by mother	Faint, Slight visibility, Blurry
Female	NE - New England Swimming	Meet - Competition	Water - Turn End	Hit hand on the wall while swimming the backstroke	Sweeping on wrist and arm
Female	NE - New England Swimming	Meet - Competition	Water - Turn End	Scraped arm on side of pool. On metal rim	Scraped forearm
Female	NI - Niagara Swimming	Meet - Competition	Deck	Coach was bending down and speaker was knocked over and hit head.	
Female	NI - Niagara Swimming	Practice - Dry Land	Gym	Tripped and fell on her wrist.	
Female	NI - Niagara Swimming	Practice - Dry Land	Outside Venue	Swimmer was doing vertical leaps and slid hand and wrist against Glass Block Windows on the outside of building, cutting her hand and wrist.	
Male	NI - Niagara Swimming	Meet - Competition	Starting Blocks	Dove in a scrapped bottom of pool during one way sprints in warm up	
Male	NI - Niagara Swimming	Meet - Competition	Starting Blocks	Fell off lane 2 block hit head and back on deck	Feeling dizzy
Male	NI - Niagara Swimming	Meet - Warm Down	Water - Side	Hit hand into wall, ended up with a broken hand	Diagnosed with a broken hand
Female	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Start End	When Sliding into the pool, the athlete got her pinky toe on her right foot caught in a little gap between a touch pad and the wall.	Pinky toe instantly swelled up, swimmer said there wasn't much pain but couldn't bend it, wouldn't kick with it. Athlete said walking it was ok
Female	NI - Niagara Swimming	Meet - Competition	Water - Turn End	Swimmer cut her knee at the botton of the turn end pool that was set up as long course. There were no witnesses to the incident, however lifeguard on duty administered first aid care and bandaged the cut.	
Female	NJ - New Jersey Swimming	Practice - Other	Deck	A swimmer leaned into a bulkhead gate that was resting against the wall knocking it over onto swimmer's foot.	Foot was swollen at the area of impact.
Female	NJ - New Jersey Swimming	Other Meet on deck	Deck	Athlete had bloody nose while on deck. This was not the first time this has occurred for the swimmer.	Athlete was on deck and her nose started to bleed.
Female	NJ - New Jersey Swimming	Other Picking up swimmer from practice	Hallway	Parent was entering the building to pick up swimmer and was going to use the bathroom. Water was on the hallway floor and the parent slipped striking her left knee on the floor.	Parent did lose consciousness for a matter of seconds. Parent was transported by EMTs to hospital. Xrays concluded fracture to the kneecap. Surgery is scheduled.
Female	NJ - New Jersey Swimming	Practice - Other	Locker Room	Athlete slipped and fell in the locker room. As she fell her hand hit a locker door. Finger was injured. Limited amount of blood but difficulty moving the finger.	
Female	NJ - New Jersey Swimming	Practice - Other	Locker Room	Light headed, low pulse rate	Dizziness, pins and needles in hands and feet
Male	NJ - New Jersey Swimming	Practice - Other	Other	Athletes top of head hit the top of another swimmers shoulder. Athlete stopped, moved to side of pool and start to climb out, but not stable walking to the bleachers. Athlete not permitted to return to practice.	Concussion follow up was requested by the coach on deck.
Female	NJ - New Jersey Swimming	Meet - Competition	Stairs	Spectator was walking down the stairs & misjudged the step causing her to fall.	Neck and Upper shoulder sore and rolled ankle
Female	NJ - New Jersey Swimming	Practice - Other	Water - Lane Lines	Athlete was hit with a paddle on her wrist from another swimmer.	Area of injury was swollen and tender to the touch. Hand was also tender to the touch. Mobility of fingers remained with some pain.
Female	NJ - New Jersey Swimming	Meet - Competition	Water - Lane Lines	Asthma attack while competing during heat.	while swimming, athlete had trouble breathing. Did not finish race.
Female	NJ - New Jersey Swimming	Practice - Entering / Exiting Pool	Water - Side	Athlete jumped into the pool too close to the wall and hit the gutter/wall with her arm.	
Male	NM - New Mexico Swimming	Meet - Competition	Water - Start End	Jammed right hand on lane line.	Hit the lane line with his hand after that start. Small abrasion on thumb.
Female	NM - New Mexico Swimming	Meet - Competition	Water - Start End	Very dizzy at end of race.	Swimmer has asthma and experienced shortness of breath and dizziness at the end of the race.
Female	NM - New Mexico Swimming	Meet - Warm-up	Water - Turn End	Someone pushed off on her foot compressing/sliding it against the bulkhead and creating a cut	Bulkhead caused a cut
Female	NM - New Mexico Swimming	Meet - Warm Down	Water - Turn End	Hit ankle at bottom of pool	Small amount of swelling and pain.
Male	NT - North Texas Swimming	Practice - Other	Deck	Coach was displaying proper drill technique during which athlete was in the wrong place and consequently was poked in the eye by coach.	Small amount of blood in eye, hard to open eye

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	NT - North Texas Swimming	Practice - Other	Deck	Swimmer had a seizure	911 was called immediately. Emergency Action Plan was conducted. The guard staff cleared the pool and continued to check for pulse and breathing. EMS arrived and took over. Swimmer was transported to Medical Center.
Female	NT - North Texas Swimming	Other before practice	Deck	Redness and pain on elbow for about 45 minutes after incident.	After injury it was determined that swimmer broke her elbow.
Male	NT - North Texas Swimming	Meet - Walking	Deck	Athlete was walking in gutter and tripped over lane line support scraping both knees.	
Female	NT - North Texas Swimming	Meet - Warm-up	Other Competition Pool	Rib dislocated while swimming warm-ups. Did not feel until after competing.	
Male	NT - North Texas Swimming	Other in lobby observing lessons	Other lobby bleachers	Mom was not watching child, people heard shoes making noise and everyone turned to see child making noise, was on ground	Golf ball sized bruise on left forehead just below hairline
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Swimmer was jumping rope and landed on the side of his foot.	
Male	NT - North Texas Swimming	Practice - Dry Land	Outside Venue	Swimmer was running during Dryland and tripped over another swimmers legs	Scrapes above and below the right knee areas
Female	NT - North Texas Swimming	Swimjitsu - Dry Land	Stairs	Slip/Trip/Fall	
Male	NT - North Texas Swimming	Practice - Dry Land	Starting Blocks	Scratched eye on goggles	Eye got scratched by goggle
Male	NT - North Texas Swimming	Practice - Dry Land	Team Area	Struck Against/Ran into	Fracture
Female	NT - North Texas Swimming	Practice - Other	Water - Bottom	Swimming back to wall, tooth hit floor and braces bracket became very loose.	Braces bracket detached from tooth/teeth
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Jammed finger into lane line, bleeding from finger nail	
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Swimmer swam into the lane ropes and cut her finger. Her goggles had broken so she did not see where she was going.	
Female	NT - North Texas Swimming	Meet - Warm-up	Water - Lane Lines	While swimming warmup victim believes that she must have hit the back of her leg on the lane rope. Suffered deep cut.	Deep Cut required 5 stitches.
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	Slipped and fell on wrist	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Athlete did a flip turn and got his toe caught in the ladder.	The bottom of the big toe had the top layer of skin removed
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Bumped head on wall at finish of backstroke. Athlete said it hurt. Gave him ice. He was smiling and talking with others after accident. No signs of concussion.	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Sharp pain in shoulder area	
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer is feeling sharp pain around the shoulder area has he attempts to lift his arm above the shoulders	Swimmer felt pain suddenly after returning from a restroom break. He did not impact with anything objects in the water
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer struck tiles during flipturn and cut open right big toe	right toe was cut open upon impact with pool tiles
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Slip/Trip/Fall	
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer slipped when putting foot back on block causing a scrape that bled on shin	
Male	NT - North Texas Swimming	Meet - Competition	Water - Start End	Climbing ladder to get out of the pool and the athlete's knee got caught on block resulting in a deep laceration on his knee and a scrap down his leg.	
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	Another swimmer did a flip turn at the wall and did not see athlete when they pushed off the wall. The other swimmer's head hit athlete's lip which caused a bump and swelling.	Lip was swollen and red.
Male	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Athlete's arm was hurting after backstroke starts and freestyle swim. Athlete was given ice.	Re-fracture of a previously broken arm. No fuss, just my arm hurts.
Female	OH - Ohio Swimming	Practice - Dry Land	Bleachers - Athlete's	During dryland training, athlete was doing med ball situps, when she caught the ball it hit her head causing her to hit her head on the ground.	
Female	OH - Ohio Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Hit left side of head on pole in balcony area	
Male	OH - Ohio Swimming	Practice - Entering / Exiting Pool	Deck	Walking along the gutter after getting out of the pool, the gutter cover broke, and the athlete fell into the drain scraping cutting and bruising their right leg from knee to ankle.	
Female	OH - Ohio Swimming	Meet - Walking	Deck	Stepped on earring	Earring stuck in bottom of foot
Female	OH - Ohio Swimming	Meet - Walking	Deck	Swimmer fell into pool turning the corner of the pool deck at our turn end of the competition pool.	
Male	OH - Ohio Swimming	Meet - Walking	Hallway	Toe nail pulled back by opening door.	Great toe subungal hematoma
Female	OH - Ohio Swimming	Meet - Warm-up	Other Mid Pool	Hand Struck against another swimmers hand	
Male	OH - Ohio Swimming	Meet - Warm-up	Starting Blocks	Swimmer was stepping on to the starting blocks and his 5th toe on his left foot got caught inside of the grab handle mounted on either side of the top surface of the starting block platform.	Broken distal and medial phalange, one deep laceration and multiple scrapes.
Female	OH - Ohio Swimming	Meet - Watching / Observing	Team Area	Tripped and hit goggles and head on floor	Fell and hit head on ground. Goggles cut head

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	OH - Ohio Swimming	Practice - Other	Water - Turn End	Swimmer pushed off the wall and collided with another swimmer going into the turn and swimmer's goggles got pushed down his face and made an abrasion under his left eye.	
Male	OH - Ohio Swimming	Practice - Other	Water - Turn End	Swimmer was swimming down towards the blocks in the middle of the lane. He pushed off the wall, also in the middle of the lane, where he collided with another swimmer. Deck supervisor gave swimmer a gauze for his eyes and bleeding nose then moved swimmer to the bleachers.	
Male	OH - Ohio Swimming	Practice - Other	Water - Turn End	Swimmer was swimming down towards the blocks in the middle of the lane. The other swimmer pushed off the wall, also in the middle of the lane, where the two collided. Swimmer got out of the pool where the coach had him sit on the bleachers, applied gauze and pressure to his wound.	Heading to urgent care for stitches on his forehead above his eyebrow, below his hairline. Swimmer was checked for signs of concussion but showed no signs. This was later confirmed by the doctor at urgent care.
Female	OH - Ohio Swimming	Meet - Competition	Water - Turn End	Athlete turned during freestyle finals event, lost goggles, felt throat thicken up and said she could not breathe	Athlete said they felt throat close up and they could not breathe.
Male	OK - Oklahoma Swimming	Practice - Other	Other in middle of lane	Locked arms with another swimmer while doing butterfly.	
Male	OK - Oklahoma Swimming	Meet - Warm-up	Water - Bottom	Jumping into the pool. Jammed toes on bottom of pool. Toe nails peeled back from the back side of the nail bed.	
Female	OK - Oklahoma Swimming	Meet - Competition	Water - Start End	Official noticed swimmer seemed to be in distress as approaching start end so met her at end and she stated she couldn't feel her legs. Swimmer's parent approached at that moment and began to pull her out of pull. She immediately laid on pool deck and asked her parent to get her oxygen from car. Swimmer then moved to chair but refused to lay down on couch for rest. When her parent returned swimmer got up on her own and walked off with mom.	Parent provided known condition, POTS, which is heart condition that also affects circulation. Athlete also has epilepsy which may be contributing factor. A physician was observing meet and came over to assess the athlete. Parent did not want transport to hospital as athlete was recovering.
Female	OK - Oklahoma Swimming	Meet - Competition	Water - Turn End	Swimmer had trouble breathing. Swimmer had turned and pushed off the wall swam approx. 5 yards. She stopped and treaded water then made her way to bulkhead to exit out of pool unassisted. Confused about what had happened. Coach asked her a series of questions, coach advised to have her examined.	Possible concussion.
Male	OK - Oklahoma Swimming	Meet - Competition	Water - Turn End	Swimmer made it to turn end of the pool, indicated he couldn't go further and passed out in the pool. One of his coaches and a teammate pulled him out of the water. Coaches told us the swimmer suffers from a medical condition which causes his blood pressure to drop suddenly and these incidents have happened before. EMS was called but the swimmer was not transported.	
Male	OR - Oregon Swimming	Practice - Other	Deck	Athlete was moving a white board and it rolled over this left big toe. The toenail was very loose and coming off.	
Female	OR - Oregon Swimming	Practice - Other	Deck	The injured athlete was pulling one of her teammates toward the wall using a stretch cord. The belt around the swimmer came loose, and the rubber cord contracted and whipped toward the end the injured swimmer was holding, striking her in the thighs.	The stretch cord made contact with the front of the injured swimmer's thighs.
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	Athlete was struck in the face with a medicine ball during dryland practice.	After her hit she was given ice for her face and was taken home. She did not report and severe or lingering pain, dizziness, or anything other symptoms but a concussion was still suspected.
Female	OR - Oregon Swimming	Practice - Dry Land	Gym	Stepped off of platform and had foot in incorrect position, twisted ankle, heard a pop. It swelled up quickly, she couldn't put any weight on it, nearly passed out. We got her to lie down, called her mother, who took her to the emergency room.	Doctor took x-rays at the hospital ER, said no break, but a good sprain.
Male	OR - Oregon Swimming	Practice - Dry Land	Other Back patio area of facility	During dryland playing a game of running and freezing, swimmer fell and hurt big toe.	
Female	OR - Oregon Swimming	Other Team Travel to Winter Juniors - West	Other Food Poisoning/Hotel/Hospital	Food poisoning	
Male	OR - Oregon Swimming	Practice - Other	Other mid-pool, near the bulkhead	Swimmer collided with another swimmer, mid pool.	Swimmer's head hurt from contact, and he bit his tongue.
Male	OR - Oregon Swimming	Practice - Other	Other mid-pool, near the bulkhead	The swimmer collided with another swimmer, mid pool.	Swimmer reported localized pain, about 2 of 10 on the pain scale.
Female	OR - Oregon Swimming	Other Team Travel meet to Winter Jr Nationals	Other transport to ER	Food poisoning	Team chaperone called parents, stating swimmer was worse. Parents came to team hotel to pick up the swimmer. In the car 5 minutes, swimmer became unresponsive and her heart and breathing stopped.
Male	OR - Oregon Swimming	Practice - Other	Other Water - center of lane	Athlete collided with another swimmer while swimming and was struck in the face.	Injured lip
Male	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Other swim tripped him by accident	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	OR - Oregon Swimming	Other chaperoning in Arizona at a residence	Outside Venue	Chaperone tripped and fell onto a curb and sustained injuries that resulted a trip to the emergency via ambulance. It was discovered that she fractured her right wrist.	
Female	OR - Oregon Swimming	Meet - Competition	Starting Blocks	Jumping/warming up before race and stubbed/scraped toes. Bleeding around the nail.	
Male	OR - Oregon Swimming	Practice - Dry Land	Team Area	PVC Pipes used for training equipment fell from where they are stored after being bumped by another athlete. This resulted in athlete getting hit in the head by the PVC pipes.	Athlete seems unresponsive and listless. Possible concussion.
Female	OR - Oregon Swimming	Practice - Other	Water - Side	Another swimmer breaststroke kicked, connecting with her head.	After a break, she reported feeling dizzy when practicing flip turns.
Male	OR - Oregon Swimming	Meet - Competition	Water - Side	Swimmer hit elbow on lane line.	Bandaide & gauze given.
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	Hit top of head against wall/bottom of pool during a bucket turn	There was no loss of consciousness and injured swimmer was able to answer questions quickly and coherently. Was going to continue swimming but complained about the cap being tight and causing a headache. She was asked to sit out the rest of the practice.
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	Swimmer was executing "jump turns" and misjudged distance to the wall. She struck both heels/posterior of the calf on the deck and raised tile "bump," next to the water.	
Male	OR - Oregon Swimming	Meet - Warm-up	Water - Start End	Swimmer did a flip turn on the east end of the pool striking both heels on the pool gutter. Facility staff/lifeguard placed gauze on the open wound on athlete's right heel. Pressure was applied to athlete's right heel as gauze was further wrapped to maintain pressure and hold the gauze pad in place. The swimmers right foot was placed inside a plastic bag to ensure safety from outside contaminants.	Athlete was treated at the local ER and received 7 stitches to close the wound on the right foot.
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Another swimmer's fin caught his goggles and scraped the goggles across his face. Goggle rubbed a layer or two of skin off from under the eye and outside of eye (it looks worse than it actually is).	
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Athlete hit the wall at the turn end (shallow) in the first few hundred meters of practice as the coaches were putting up the backstroke flags.	No witnesses. Athlete only told the coaches at the end of practice when asked how practice went. Showed no symptoms.
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	During flip turn heel hit the top of the wall	
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Ran head into the wall practicing a Backstroke turn.	
Male	OZ - Ozark Swimming	Meet - Walking	Deck	While walking on the south of the pool deck, athlete slipped and hit mouth on deck causing tooth to pop out.	Tooth popped out after athletes face hit tile deck
Male	OZ - Ozark Swimming	Practice - Other	Other Arena	During inclement weather, swimmer was in Arena when an unknown incident happened.	He stated to his lead Coach that he rolled his ankle that it hurt
Female	OZ - Ozark Swimming	Practice - Entering / Exiting Pool	Water - Start End	The athlete was practicing a racing start off the block. As the athlete dove into the water, they said their left arm came up and went back.	Pain in the left shoulder and left part of the neck.
Male	PC - Pacific Swimming	Meet - Entering / Pool	Bleachers - Athlete's	Athlete exiting, tripped on stairs, fell and injured knee.	
Male	PC - Pacific Swimming	Meet - Competition	Bleachers - Spectator's	Athlete slipped on bleachers in front of scoreboard	Large gash on the outside of the left ankle. Athlete was not in a lot of pain and the wound was not bleeding heavily. Wound was sterilized with alcohol prep and bandaged on site and advised to go to hospital for stitches. Parent followed up and athlete is getting stitches.
Female	PC - Pacific Swimming	Practice - Other	Deck	PT needed from knee injury. Still under treatment.	
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Deck	Stepped on broken tile, cut his foot, required 3 stitches	
Male	PC - Pacific Swimming	Practice - Dry Land	Deck	Standing in proximity of storage cage when lid closed from forward pressure on cage and scraped front of athlete's head to chin.	4cm bump on crown, 1cm abrasion on chin, slight abrasion to mouth
Male	PC - Pacific Swimming	Practice - Dry Land	Deck	The swimmer was doing a stretch cord exercise with the cord attached to a lifeguard stand. It tipped over and fell on his ankle.	
Male	PC - Pacific Swimming	Meet - Walking	Deck	Athlete completed 500 Free, exited pool and vomited. Athlete was seen by Nurse, parent, and coaches, unofficial diagnosis of heatstroke/dehydration, was transported by mother to Hospital.	Apparent heat stroke/dehydration
Male	PC - Pacific Swimming	Meet - Walking	Deck	Cut to underside of right foot caused by contact with the life guard stand	First aid was provided by facility staff certified in first aid. Athlete's mother was present and assisted in filling out the incident form. It was agreed by staff and mother that the cut was minor and stitches were not necessary. Swimmer advised to keep wound clean and watch for any subsequent infection.
Female	PC - Pacific Swimming	Meet - Competition	Deck	Athlete scraped the right knee	Swimmer scraped right knee. Lifeguards put a band aid and tape.
Female	PC - Pacific Swimming	Meet - Competition	Deck	Cut on foot where someone scratched her	Scratched by someone else on foot

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PC - Pacific Swimming	Meet - Walking	Hallway	Member tripped and fell, resulting in a scraped / bloody nose and some scrapes on the hands.	First aid / Life guards treated the member, cleaning the scrapes on the nose and hands, ensuring that the bleeding (scrapes and bloody nose) had stopped.
Male	PC - Pacific Swimming	Other Showering	Locker Room	Athlete slipped leaving shower into locker room cutting right foot (approx 1 1/2").	Athlete's friend provided bandaids. Not reported to Coach until leaving venue
Female	PC - Pacific Swimming	Practice - Other	Other middle of pool	During an IM swim, athlete indicated she felt her right shoulder pop out and then back in while swimming butterfly	Shoulder popped in and out
Male	PC - Pacific Swimming	Other Uncertain	Other Unknown - there was no report of an injury during practice	Athlete's parents reported that athlete hurt his shoulder at practice day before and was in pain.	Uncertain of the injury as there was no visible injury or pain mentioned at swimming practice. In an email from the parents the next day, they stated that there is a shoulder ligament injury
Male	PC - Pacific Swimming	Practice - Dry Land	Outside Venue		
Female	PC - Pacific Swimming	Meet - Walking	Outside Venue	Official went to her car to cool down from 100 degree weather where she began to vomit. Official notified someone in the parking lot to notify the office for help. 2 lifeguards and Meet Director responded to apply ice and cold packs to cool the Official in her car.	She continued to vomit and was not cooling down or feeling better. Official requested 911 be called. EMS arrived and administered an IV with fluids before transporting her to ER.
Female	PC - Pacific Swimming	Meet - Competition	Outside Venue	Athlete was running around the garbage dumpster on the hill outside the facility and as she was coming down the hill, she slipped and hit the back of her right head on the curb. More significant was swelling in left knee and tenderness to left ankle.	While athlete did hit the back right side of head, the more significant injury was to her knee. A pediatrician, neurologist and orthopedic surgeon were on hand, and ortho doc did assessment and felt she was probably ok but should get an x-ray. On a follow up call by meet director, parent took athlete for x-ray, there was no fracture, just soft-tissue injury.
Female	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Insect Sting/Bite	
Male	PC - Pacific Swimming	Other dryland	Team Area	Doing box jumps on box/bench and scraped/cut on left shin. Bled a lot.	Long gash open
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	2nd toe cut above toenail	
Female	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	Rammed finger into another swimmer	
Male	PC - Pacific Swimming	Practice - Other	Water - Side	Athlete was having a very difficult time breathing. He has no history of asthma.	
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Side	Cut foot on sharp edge of metal gutter	
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Got kicked in head by another swimmer	
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	Another swimmer was getting out of the water slipped backwards and fell on Jacks back	Back is sore
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	Athlete swimming in warm up pool, was ducking under lane line to change lanes when a swimmer jumped into pool landing on athlete's head/face	Possible concussion. Athlete competed in two prelim events. Reported incident to coach when returned to hotel end session and had headache. Coach released athlete to parent to take home. Parent indicated would be taking to athlete's physician at home.
Female	PC - Pacific Swimming	Meet - Warm-up	Water - Start End	Official turned and walked into diving board, hitting her right side of her head/temple. Official fell backwards but did not hit her head on the ground.	Official stated she had pain in her neck after the accident. Ice was applied as she rested in a chair. Official was able to return to working the meet.
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	At finish of race swimmer banged nose and arm against wall	Arm bruised where connected with wall and scrape on nose (bridge)
Male	PC - Pacific Swimming	Meet - Competition	Water - Start End	At the end of swimmer's race athlete appeared to lose consciousness for around 2 sec. He came out of the pool feeling weak and disoriented. Within 60 seconds athlete was fully aware and alert. Athlete refused further treatment.	Temp Loss of Consciousness
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Athlete was swimming 100M Backstroke during the prelims session. Athlete finished hard into the wall, hitting arm first and then head.	Head Guard told MR that the arm purportedly hit the wall first but both arm and head did hit the wall. Athlete was asked a lot of questions and Head Guard represented that athlete answered all questions clearly, was aware, and did not exhibit any signs of a concussion. Athlete was released / cleared with a recommendation for MR to follow up with Coach.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Athlete's goggles slipped down nose blocking athlete's view and causing water to get into athlete's eyes during the swim. Athlete closed her eyes at the finish of the heat to prevent water getting into her eyes and athlete banged into wall of pool with her head across bridge of the nose at the finish of the heat. Athlete sustained noticeable scrape across bridge of nose and on left cheek.	Gause pad and ice bag applied to injured area. Advised athlete and parents to discontinue rest of meet and to go to an urgent care facility for professional evaluation. Meet referee's concern was that athlete could have sustained a concussion but meet referee could not detect effects of a concussion.
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Cut finger on wall	Cut finger
Female	PC - Pacific Swimming	Meet - Competition	Water - Start End	Scrapped both knees at the bottom of the pool when diving into the water	
Male	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer said something in his knee popped as he pushed off the wall.	no bruising or swelling noted

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer struck head/neck against the pool edge while swimming backstroke.	Swimmer exited water soon after incident and upon poolside evaluation said she had a bad migraine and was confused by coach instructions. First aid administered by staff at Carson Valley Swim Center indicated mild headache and no confusion, no visible swelling or bruising.
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Turn End	Cut on toe from pushing off of bulkhead	Cut on toe
Male	PC - Pacific Swimming	Meet - Competition	Water - Turn End	At the finish athlete jammed his finger on the touch pad.	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Deck	Walking and hit toe on lifeguard chair.	right pinkie toe
Female	PN - Pacific Northwest Swimming	Meet - Walking	Deck	Stubbed toe on concrete.	Cut / abrasion on big toe.
Female	PN - Pacific Northwest Swimming	Meet - Competition	Deck	Fell on deck scratched leg; minor abrasion; just needed a bandaid	
Male	PN - Pacific Northwest Swimming	Practice - Other	Locker Room	Swimmer stepped on a piece of glass in the locker room causing their foot to bleed. Swimmer was treated for minor bleeding and had a pieces of glass removed from their foot.	Swimmer stepped on a piece of glass, cutting the bottom of their foot and getting a small piece stuck in their foot. This piece was removed, and their foot was bandaged.
Female	PN - Pacific Northwest Swimming	Other Official's Social	Other Hotel	Swimmer slipped and fell while moving under cover as rain began falling. When she fell, she hit her head on a concrete pillar, scraped her elbow, bruised her hip and cracked her Fitbit.	
Female	PN - Pacific Northwest Swimming	Meet - Competition	Other in water during the swim	During the second 100 of the 200 back, swimmer's left shoulder started to hurt; pain was pinching and pulsing. By the end of the race her shoulder muscle had cramped up completely and she was in a lot of pain. She was able to get herself out of the pool but did not immediately move off the pool deck due to her pain. Ice was provided and no further attention was needed.	The athlete had a previous shoulder injury that apparently has been aggravated by racing the 200m distance.
Male	PN - Pacific Northwest Swimming	Practice - Dry Land	Outside Venue	Tripped over another athletes foot.	Abrasion to R knee and R elbow from fall on cement.
Male	PN - Pacific Northwest Swimming	Meet - Walking	Stairs	Stair railing end.	
Female	PN - Pacific Northwest Swimming	Meet - Walking	Starting Blocks	Swimmer was stepping up onto the bulkhead to approach the blocks when she slipped and fell, scraping up both shins	
Female	PN - Pacific Northwest Swimming	Meet - Watching / Observing	Team Area	Swimmer had a bloody nose that wouldn't stop.	
Female	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Side	During warm up she was swimming backstroke. On the finish she hit her face on the side of the pool.	She split her skin at the left lower lid at the corner. her cut was approximately 3/4 inch.
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Side	Lifeguard put a band aid on it.Coach uncooperative to give details.	
Female	PN - Pacific Northwest Swimming	Meet - Entering / Pool	Water - Start End	Jumped into pool and rolled ankle	
Male	PN - Pacific Northwest Swimming	Practice - Entering / Exiting Pool	Water - Turn End	The swimmer's right eyebrow was hit by another swimmer who was doing the flip turn. It is an open wound. The deck coach got the swimmer out of the water. He was given gauze and ice.	There are two cuts around the right eye. The parents took him to the doctor and the wounds are covered by glue and tape. The tape could be removed after a week.
Male	PN - Pacific Northwest Swimming	Meet - Watching / Observing	Water - Turn End	Swimmer was pushed by another swimmer while waiting for next event. Swimmer fell in pool and struck rear area on the edge of the pool during entry into pool. Resulted in deep bruising between groin and buttocks area.	
Female	PV - Potomac Valley Swimming	Other Officiating/Exiting Pool	Deck	When reaching for the door, Official fell backwards and hit her elbow and tailbone.	
Female	PV - Potomac Valley Swimming	Meet - Competition	Deck	The athlete felt dizzy and lightheaded after completing a race. She exited the pool but had to lie down on the deck. Her father was timing so was with her immediately, as were her coaches. Facility staff also attended. She was helped to a seat and rested. She was given water and food and left the meet with her father.	
Female	PV - Potomac Valley Swimming	Practice - Other	Other Entrance to Locker Room from Deck	The swimmer was heading to the locker room after practice and another pool patron opened the locker room door into the swimmer and the swimmer's left big toe was caught by the door and the toenail was lifted off the toe.	
Female	PV - Potomac Valley Swimming	Practice - Other	Other Water during the swim	Another athlete grabbed and pulled athlete's foot causing a ligament injury.	
Female	PV - Potomac Valley Swimming	Meet - Competition	Starting Blocks	Scrapped her leg against the edge of the starting block	Small cut on the upper shin. Cleaned and bandaged by facility staff.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Athlete just started main set and in the first round of 300's, he ran into the corner to the deep end swimming freestyle (approx 15 meters from wall, the end of the deep end meets the main pool). He came off the wall and was probably not paying attention to the black line and hit the wall. No one saw him hit the wall.	Athlete felt a little nauseous, sat out for a few minutes. After 5 minutes, athlete wasn't feeling any better. Parents were called and his father took him to see the doctor.
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Two swimmers were passing a med ball in the water. The ball was tossed in a safe, rainbow shaped loop, however, the athlete missed the catch. The ball went underwater & popped up & hit the swimmer in the goggles as she moved her head forward looking for it. This caused a small cut to the eye, & the swimmer was diagnosed with a concussion.	
Female	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Side	Swimmer in warm down pool was in lane next to the wall. This pool is also a diving well, and she struck her hand on a wooden dive platform at the pool's edge, resulting in a bruised hand on her knuckles.	Bruise only, on a few knuckles, on her right hand. Some pain and redness, no cuts, mobility good. After treating with ice, released her to her parents, and spoke with parents after the incident. They didn't express any significant concern.
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Start End	Suffered breathing problems that could not be corrected with rescue inhaler	
Female	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Start End	Another swimmer grabbed and pulled athlete's foot during practice	Put ice on foot
Male	PV - Potomac Valley Swimming	Practice - Entering / Exiting Pool	Water - Start End	Walking to lanes at start of practice, bumped into pool and fell on lane ropes. Skinned right side of torso and ribs were sore.	Ribs felt sore
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	Athlete cut her foot on the edge of the pool while exiting the pool during warmup.	
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	Athlete cut her foot while exiting the pool during warmup.	
Male	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Start End	Athlete cut his knee on the pool tile while exiting the pool during warmup.	
Male	PV - Potomac Valley Swimming	Meet - Competition	Water - Start End	Hit wall with head and hand at finish of backstroke	
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Turn End	Athlete complained of stiff neck after warming up. Athlete reported feeling neck stiffen after a flip turn during warm up	Athlete reported feeling neck stiffen as a flip turn was completed. Could not lift arms above shoulder height
Female	SC - South Carolina Swimming	Meet - Warm-up	Water - Turn End	Struck against/Ran into wall	
Female	SD - South Dakota Swimming	Practice - Other	Other Shallow end of the pool by the stairs coming into the pool.	Swimmer pushed off the wall in the shallow end and scraped her shoulder against the stairs that come into the pool.	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Start End	Swimmer dove in on start and chipped tooth on bottom of pool	broke front tooth
Female	SD - South Dakota Swimming	Other During main set.	Water - Turn End	Doctor suspects a labrium tear	
Male	SD - South Dakota Swimming	Meet - Competition	Water - Turn End	Flip turn strained hamstring	
Female	SE - Southeastern Swimming	Practice - Other	Deck	Athlete was walking and slipped on the deck next to the starting block. She attempted to break her fall with her hand which bent backwards due to her body weight.	She had an x-ray of the wrist and it is fractured
Female	SE - Southeastern Swimming	Meet - Competition	Deck	Athlete felt dizzy and lightheaded hit head and slid down wall. People were immediately to administer first aid.	
Female	SE - Southeastern Swimming	Meet - Competition	Deck	Official took a fall coming off the timing platform. She stated the she heard a crack/pop when her knee hit the ground. She iced for the rest of the session but had trouble walking.	Upon MRI, official has been diagnosed with tearing both ACL and LCL, and her medial meniscus. She is scheduled for surgery in the future.
Female	SE - Southeastern Swimming	Other	Other	Athlete had back pain during workout and that she thought the injury was related to the buddy carry. The injury was not apparent during the workout. It was not reported by the athlete during the workout.	
Female	SE - Southeastern Swimming	Meet - Warm-up	Other Warm up pool	Swimmer came up to me after warm up stating that during warm up, her hip was "popping" causing her pain when she performed a BR kick. Other kicking did not cause pain. The pain only existed when she did BR kicks.	
Female	SE - Southeastern Swimming	Meet - Competition	Water - Start End	Athlete has low blood? Coach says. Recurring condition of anxiety induced dehydration.	Occurred during 200 Butterfly
Female	SE - Southeastern Swimming	Meet - Competition	Water - Start End	Athlete was swimming into wall at finish. Right shoulder nearly dislocated completely then popped back into place.	It was found that athlete has been going to PT for the shoulder; this is not the first time this has happened.
Male	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Back stroke turn, swimmer hit his head attempting flip turn	
Female	SE - Southeastern Swimming	Practice - Other	Water - Turn End	Collided with another swimmer when she pushed off the wall.	Reported dizziness to the coaches on 6/5/19
Female	SE - Southeastern Swimming	Meet - Competition	Water - Turn End	Lifting - Straining	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	SI - San Diego-Imperial Swimming	Meet - Warm Down	Deck	Swimmer slipped after exiting the water on the deck between Lanes 7 and 8	Head hurt, shaking of eyes back and forth, pain scale 2 out of 10
Female	SI - San Diego-Imperial Swimming	Practice - Other	Other Middle of pool	Swimmer swam into another swimmer	Athlete was checked out by physician and it was concluded that athlete has a concussion.
Male	SI - San Diego-Imperial Swimming	Meet - Competition	Water - Turn End	Struck Against/Ran into	
Male	SN - Sierra Nevada Swimming	Practice - Other	Deck	Felt light headed and dizzy	
Female	SN - Sierra Nevada Swimming	Meet - Competition	Deck	Flip flops causing blisters	blisters from flip flops
Female	SN - Sierra Nevada Swimming	Practice - Dry Land	Outside Venue	Slipped from a pull up bar while teammate was assisting at age and landed on her elbows and chest.	Left wrist and elbow extremely tender with swelling. Right wrist and elbow tender with swelling. Athlete could not raise her hand or grasp water bottle to drink.
Male	SN - Sierra Nevada Swimming	Other after assessment, JT became ill and was unable to walk	Outside Venue	Swimmer looking pale after swimming 50 free, 50 back and 50 fly. He walking out of the venue when he started to stagger as he crossed the crosswalk to the parking lot. Caught up with athlete to help catch him as he was falling to the ground. He did not hit his head and was laid on the ground where he fell.	
Female	SN - Sierra Nevada Swimming	Meet - Competition	Water - Start End	Finishing a backstroke race, swimmer missed wall with hand and impacted touchpad with top of head. Walked to coaches table unassisted.	Complained of headache, dizziness, sensitivity to light, nausea. Lifeguard evaluated swimmer and informed swimmer's mother of what signs to look for in a concussion, and to go to hospital if those signs were displayed. The mother scratched the swimmer from her last event and left without advising of destination.
Female	SR - Snake River Swimming	Meet - Competition	Deck	Tripped over speaker; sprained ankle road rash on knee.	
Female	ST - South Texas Swimming	Meet - Walking	Bleachers - Athlete's	Stubbed toe stepping off of bleachers.	
Female	ST - South Texas Swimming	Practice - Other	Deck	During the transition from the end of swim practice to the start of water aerobics, a swim team member accidentally backed into Mrs. Krenik while she was walking to water aerobics, and Mrs. Krenik lost her balance and fell. Both parties had their backs to each other and were both in motion, and neither one saw the other party to avoid the collision.	The swim center staff called EMS due to the injured party reporting that she hit her head when she fell. She did not lose consciousness. Lifeguard staff held a c-spine until EMS arrived.
Male	ST - South Texas Swimming	Practice - Dry Land	Deck	Post practice chills, weakness and dizziness.	
Female	ST - South Texas Swimming	Practice - Dry Land	Gym	Setting down a dumbbell, finger was pinched between two weights and cut.	
Male	ST - South Texas Swimming	Practice - Other	Starting Blocks		
Female	ST - South Texas Swimming	Practice - Other	Team Area	Head injury	Athlete also mentioned ringing in the ears and sore neck.
Male	ST - South Texas Swimming	Practice - Other	Water - Side	Swimmer was swimming at speed, and was accidentally kicked by a teammate in the same lane.	
Male	ST - South Texas Swimming	Practice - Other	Water - Turn End	Swimming backstroke, upon reaching for wall at finish hand slipped on wall and head made contact with wall	
Female	UT - Utah Swimming	Meet - Watching / Observing	Bleachers - Athlete's	Scrape	
Male	UT - Utah Swimming	Other supervising warm down	Deck	Kneeling to talk to swimmer in warm down pool; when started to stand, fell back and fainted	Toppled back when rising from kneeling position, fainted briefly
Male	UT - Utah Swimming	Meet - Warm-up	Deck	Athlete walking around pool and swinging arms around. Accidentally smacked a pole and scraped his knuckles on hand	Hand scraped against pool
Female	UT - Utah Swimming	Meet - Walking	Deck		
Male	UT - Utah Swimming	Practice - Other	Locker Room	Athlete had gone to the restroom when he slipped and fell onto a bench. Hit the top right side of his head.	
Male	UT - Utah Swimming	Practice - Dry Land	Other Grass area	He was doing dryland with the swim team when he slipped and fell hurting his wrist	Was given Ice packs. Called athlete's mother and told her what had happened.
Male	UT - Utah Swimming	Practice - Dry Land	Outside Venue	Teammate threw a rock at athlete's head	
Male	UT - Utah Swimming	Meet - Watching / Observing	Starting Blocks	Ran into end of bench behind the blocks	
Female	UT - Utah Swimming	Practice - Other	Water - Start End	During a kick set, athlete ran into another swimmer causing her goggles to break and cause a laceration below her eye.	
Male	UT - Utah Swimming	Practice - Other	Water - Start End	Thrown Cone hit just under eye caused bleeding (just under eye)	
Male	UT - Utah Swimming	Meet - Competition	Water - Start End	Backstroke to Breaststroke turn	
Female	UT - Utah Swimming	Practice - Other	Water - Turn End	Athlete was swimming when a teammate accidentally kicked her on the right side of her head.	
Male	VA - Virginia Swimming	Practice - Other	Deck	Swimmer slipped and fell backwards on the deck after warm-up.	Swimmer had a small amount of swelling at impact site.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Additional Details of Accident	Additional Details of Injury
Female	VA - Virginia Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer blacked out after completing 200 for time in practice. Exited the pool under her own power. Swimmer told the coach that she felt dizzy and immediately crumbled to her knees and then fell forward. Her head struck the corner base of the lifeguard stand on the start end of the pool and she began to shake for a few seconds. The coach slowly rotated her to her back and she slowly came too. Coach repeatedly asked if she was okay and she repeatedly responded she was okay.	Coached helped her stand up and had her sit in lounge chair and other swimmers gave her water. Swimmer had a cut on the outside of her right eye. Gauze was applied. Her mom was called and came and picked her up.
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	Slip/Trip/Fall	
Female	VA - Virginia Swimming	Practice - Dry Land	Outside Venue	Hurt pinky catching a medicine ball	
Male	VA - Virginia Swimming	Practice - Dry Land	Outside Venue	Tripped over feet and fell. Did hit back of head.	
Male	VA - Virginia Swimming	Meet - Walking	Outside Venue	Athlete reported having been bitten by something. Right foot swollen, hot to touch, hard and red. Team nurse had been observing foot.	Foot was painful to touch and athlete limped when walked
Female	VA - Virginia Swimming	Other Waiting to Swim	Team Area	Swimmer collapsed and fainted in team area (gym), hit her head on metal racks (vendor clothing area), landed and floor and was in a panicked state.	EMT's arrived and took vital signs. Swimmer collapsed again while being taken to vehicle. Parents took swimmer to childrens hospital for evaluation.
Female	VA - Virginia Swimming	Practice - Other	Water - Lane Lines	Collided with another athlete	
Female	VA - Virginia Swimming	Practice - Other	Water - Lane Lines	Left shoulder pain	
Female	VA - Virginia Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was getting ready to jump in but slipped and did a nice belly flop smacking the top of her foot on the way in on the gutter.	Fracture at the base of her big toe and top of her foot. Getting sent to an orthopedic foot doc because of a growth plate issue.
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Hit head on wall	
Male	VA - Virginia Swimming	Practice - Other	Water - Turn End	Hit his right heel on the end of the pool	
Female	VA - Virginia Swimming	Practice - Other	Water - Turn End	Swimmer struck head against wall while kicking on back	
Male	WI - Wisconsin Swimming	Other Training Trip- slipped on floor	Hallway	Slipped on wet floor and smashed left pinky and 3rd toe on door.	Cut toe and sprained it.
Male	WI - Wisconsin Swimming	Practice - Other	Other Bulkhead	Stepped onto the gap between the bulkhead and the deck and fell. Stated pain in left ankle, wrist, and elbow.	Ice was applied, no swelling or major bruising noted. Minor discoloration around the ankle, could have been dirt.
Female	WI - Wisconsin Swimming	Other Coming down stairs	Other From locker room	Slipped coming down the stairs	Headache
Male	WI - Wisconsin Swimming	Practice - Other	Outside Venue	Swimmer slipped on grass while running, landing on his wrist	
Male	WI - Wisconsin Swimming	Practice - Other	Starting Blocks	Athlete's foot slipped as he was stepping up onto the starting block causing his body to fall sideways. He hit his left side on the block and then on the edge of the pool.	Athlete's side had at least three scrapes red marks/bruises. He indicated pain in his side/rib area when he stretched or breathed deep.
Female	WI - Wisconsin Swimming	Meet - Competition	Starting Blocks	Swimmer hit nose on starting block when exiting the competition pool	Scraped nose
Male	WI - Wisconsin Swimming	Practice - Other	Water - Lane Lines	Athlete was swimming in the pool during practice. Got out and complained of bad headache, racing HR, pain in chest, and nausea.	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Side	Hit pinky on the wall while doing freestyle	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Start End	Athlete lost sight of backstroke flags as they were being adjusted between sets of flag poles, was too close to the wall when lunged back for finish and hit nose and forehead on wall.	Athlete struck forehead and nose on wall and was picked up by parent after incident occurred and was taken to a clinic. Athlete has severe swelling and bruising in nose and a closed head injury from hitting forehead, maybe small concussion.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Start End	Swimmer was completing an under water kick from the block with fins on. Before the swimmer made it to the wall, the swimmer weakened his streamline, broke the surface of the water, then struggled to stay above the surface. Coach on deck immediately jumped in after the swimmer and safely brought the swimmer to the wall. Swimmer was then able to safely pull himself out of the water.	
Male	WI - Wisconsin Swimming	Practice - Entering / Exiting Pool	Water - Start End	Jumped into pool and cut toe on pad we had over our gutter	
Female	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	The athlete collided with another swimmer in the lane as the other swimmer pushed off the wall on her back. The other swimmer's head struck the athlete in the mouth, causing two top teeth, and one bottom tooth to chip.	Two top middle teeth were chipped on the bottom and one bottom middle tooth was chipped. No swelling was observed of the mouth or lips. No headache or other pain reported besides the teeth.
Male	WI - Wisconsin Swimming	Practice - Other	Water - Turn End	When Asked By Coach While Sitting Out On Wall He Said He Was Okay. Day After Had Major Concussion Symptoms. Taken To Hospital.	
Female	WY - Wyoming Swimming	Meet - Competition	Starting Blocks	Athlete leaned forward to far on starting block and fell off forward, she held on to the starting block causing her to flip over and hit her face on the bottom of the starting block	Under right eye where goggles sit she had .5 cm cut and abrasion to right upper eye lid
Female	WY - Wyoming Swimming	Practice - Entering / Exiting Pool	Water - Start End	Another swimmer jumped in the water and landed on top of Nadine	small cut where her goggles sit