



# Wyoming Swimming, Inc.

Coach's Update

April 30, 2018

## New Requirement for ALL Coaches at California Meets

Swimmers from all over Wyoming will be attending several meets in California this summer, including Age Group and Senior Zones, Sectionals, Futures, Junior Nationals, Nationals, etc. However, there is likely to be several swimmers who are attending non-championship age group or senior meets in California as well. If you are coaching at a meet in California this summer, please be aware of new certification requirements required by California law.

A modified California law will affect all coaches and swimmers competing in California meets. This law affects not only resident, but **also non-resident coaches** traveling to meets. The law requires, among other things, that all coaches and administrators have proof of completing an **approved course on concussions**. The Southern California Swimming website news has more details, including links to approved online courses.

**[California Concussion Protocol](#)** If you have proof of taking either class previously, this is sufficient. At this time, course credentials do not expire. One of the approved courses is from the National Federation of High School Sports, so it is likely that many coaches in Wyoming have already taken this course. Please be prepared to submit proof of completion along with your meet entries to the meet director.

In addition, all athletes must also complete and submit to their coach the following form from USA Swimming: **[Concussion Information for Swimmers and Parents](#)**. Please have your swimmers/parents complete page 4 and keep on hand in case the meet administration requires proof of information athletes about concussion protocols.

## Deadline for Coach/Chaperone Application - May 1st

Coaches - please remember to apply by May 1st if you would like to be considered as an assistant coach for Age Group or Senior Zones. This application form can also be used for any volunteers who would like to be chaperones during the zone meets, too.

Please complete the **[WSI Zone Coach/Chaperone Application](#)** or visit **[Wyoming Swimming's website](#)**, click on Forms and Documents, then click Zone Coach/Chaperone Application Form.



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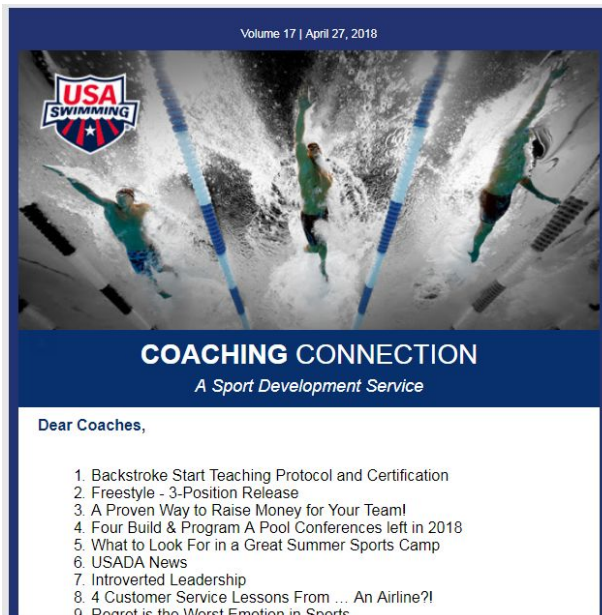
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## Backstroke Start Certification

**The new requirement (Backstroke Start certification) is to be effective on May 1, 2018.**

Here is a [link to the packet](#) you should have received (via email and/or snail mail) from USA Swimming. Please take the time to certify your swimmers in both the back and forward racing start and remember to document. This can help keep you, and your team safe (and maintain insurance) if someone is injured from a racing start.

## USA Swimming - Coaching Connection, Weekly Newsletter



Are you receiving the weekly newsletter from USA Swimming's Sport Development Service. It has excellent articles geared toward coaching both the wet-side and the dry-side of the sport, including drills, motivational articles, SafeSport and TrueSport updates, swimming news and upcoming events.

To subscribe to the newsletter, please send an email to [dthomas@usaswimming.org](mailto:dthomas@usaswimming.org).

**Update Contact Information for Wyoming:** [Coach Contact Information Form](#)

Upcoming Events: June 1st - Zone Applications for Athletes Due