|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Bonus Time Standards** | | | | | | | |
| **Women** | | | | **Men** | | | |
| **SCY** | **SCM** | **LCM** | **Event** | | **LCM** | **SCM** | **SCY** |
| **26.59** | **29.29** | **30.39** | **50 Free** | | **26.79** | **26.29** | **23.79** |
| **57.49** | **1:03.49** | **1:05.49** | **100 Free** | | **59.59** | **57.39** | **51.99** |
| **2:03.89** | **2:16.89** | **2:21.09** | **200 Free** | | **2:10.79** | **2:05.49** | **1:53.59** |
| **NA** | **NA** | **NA** | **400/500 Free** | | **NA** | **NA** | **NA** |
| **NA** | **NA** | **NA** | **800/1000 Free** | | **NA** | **NA** | **NA** |
| **NA** | **NA** | **NA** | **1500/1650 Free** | | **NA** | **NA** | **NA** |
| **1:03.69** | **1:10.19** | **1:13.79** | **100 Back** | | **1:07.79** | **1:04.29** | **58.29** |
| **2:17.29** | **2:31.59** | **2:37.49** | **200 Back** | | **2:24.69** | **2:19.59** | **2:06.49** |
| **1:13.49** | **1:21.09** | **1:24.09** | **100 Breast** | | **1:16.59** | **1:12.89** | **1:06.09** |
| **2:37.99** | **2:54.39** | **2:59.99** | **200 Breast** | | **2:44.89** | **2:38.89** | **2:23.99** |
| **1:03.59** | **1:10.09** | **1:11.79** | **100 Fly** | | **1:05.29** | **1:03.39** | **57.49** |
| **2:18.99** | **2:33.39** | **2:37.59** | **200 Fly** | | **2:24.89** | **2:21.09** | **2:07.89** |
| **2:18.69** | **2:33.29** | **2:39.49** | **200 IM** | | **2:26.39** | **2:20.09** | **2:06.79** |
| **NA** | **NA** | **NA** | **400 IM** | | **NA** | **NA** | **NA** |