

Location (s): 2018-2019 LSC Championship Meet Template  
Proposed by: Diversity & Inclusion Committee  
Purpose: To include swimmers at LSC Championship Meets  
Recommendation from Board: Approval  
Effective Date: Immediately

### **Addition to WSI LSC Championship Meet Template**

**Mixed Relays:** Mixed relays must consist of two (2) males and two (2) females. Leadoff legs in mixed relays may not count for LSC records. LSC records for mixed relays will not be maintained. Each club may enter one (1) mixed relay per event. Mixed relays will not be scored for team points.

### **Amendments to WSI LSC Championship Meet Template**

#### **Age Groups:**

Swimmer's age will be determined by his/her age on the first day of the meet, March 3, 2017

\*8-under, 10-under, 11-12, 13-14, 15-16 and Open.

Relays: 8 & under, 10 & under, 12 & Under, 13-14, 15-16 and Open.

\*8-under is not a recognized USA swimming age group

Mixed relays: 12 & under, 13 & over

\*Mixed relay age groups are not recognized by USA Swimming

**Entry Limits:** 8 & under swimmers may enter an swim no more than five (5) individual events per day provided that all events are timed finals, and are limited to (9) individual events for the entire Championships.

All other swimmers may enter and swim no more than three (3) individual events per day and are limited to nine (9) individual events for the entire Championship, including time trials.

Swimmers may compete in not more than two (2) relay events (including mixed relays), one (1) per day. Each club may enter (1) team in each relay event, including mixed relays. Eligible relay athletes are not limited to athletes with state qualifying times.

Time trials will be conducted on a time available basis for swimmers in the 10 & under division and older who are participating in the meet. Time trials shall be held under a separate sanction and shall be subject to time limitations and the discretion of the Meet Director and Meet Referee. Swimmers will be limited to two (2) time trials during the course of the meet, and must be entered in the meet with a proven time to be eligible to participate. See Time Trial sanction for more information.

#### **Scoring:**

Individual Events: 1st – 8th: 20-17-16-15-14-13-12-11; 9th – 16th: 9-7-6-5-4-3-2-1

All entries, excluding mixed relays but including bonus swims, will be allowed to score individual and team points.

Relay Events: 1st – 8th: 40-34-32-30- 28-26-24-22; 9th – 16th: 18-14-12-10-8-6-4-2

Mixed relay events will NOT be scored.

**Awards:**

12 & under Individual Events: Medals 1st – 8th, Ribbons 9th-16th

13 & over Individual Events: Custom plaques with printed race results

Relay Events: (All Age Groups & Mixed Relays) Medals 1st-4th, Ribbons 5th – 8th.

**Winter State:**

**Friday Prelims and Timed Finals (TF denotes Time Final)**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	8 & Under 100 Free TF	2
3	10 & Under 100 Free	4
5	11-12 100 Free	6
7	13-14 100 Free	8
9	15-16 100 Free	10
11	Open 100 Free	12
13	8 & Under 25 Stroke TF	14
15	10 & Under 100 Stroke TF	16
17	11-12 100 Stroke TF	18
19	13-14 200 Stroke TF	20
21	15-16 200 Stroke TF	22
23	Open 200 Stroke TF	24
25	8 & Under 25 Stroke TF	26
27	10 & Under 50 Stroke	28
29	11-12 50 Stroke	30
31	13-14 100 Stroke	32
33	15-16 100 Stroke	34
35	Open 100 Stroke	36
37	8 & Under 100 Medley Relay	38
39	10 & Under 500 Free TF	40
41	Open 1650 Free TF	42

**Friday Finals**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
3	10 & Under 100 Free	4
5	11-12 100 Free	6
7	13-14 100 Free	8
9	15-16 100 Free	10
11	Open 100 Free	12
27	10 & Under 50 Stroke	28
29	11-12 50 Stroke	30
31	13-14 100 Stroke	32

33	15-16 100 Stroke	34
35	Open 100 Stroke	36
43	10&Under 200 Medley Relay	44
45	11-12 200 Medley Relay	46
47	13-14 200 Medley Relay	48
49	15-16 200 Medley Relay	50
51	Open 400 Medley Relay	52
53	<u>12 &amp; Under Mixed 200 Medley Relay</u>	
	<u>13 &amp; Over Mixed Gender 400 Medley Relay</u>	54

### Saturday Prelims and Timed Finals

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<u>55</u>	8 & Under 50 Free TF	<u>56</u>
<u>57</u>	10 & Under 50 Free	<u>58</u>
<u>59</u>	11-12 50 Free	<u>60</u>
<u>61</u>	13-14 50 Free	<u>62</u>
<u>63</u>	15-16 50 Free	<u>64</u>
<u>65</u>	Open 50 Free	<u>66</u>
<u>67</u>	8 & Under 25 Stroke TF	<u>68</u>
<u>69</u>	10 & Under 100 Stroke TF	<u>70</u>
<u>71</u>	11-12 100 Stroke TF	<u>72</u>
<u>73</u>	13-14 200 Stroke TF	<u>74</u>
<u>75</u>	15-16 200 Stroke TF	<u>76</u>
<u>77</u>	Open 200 Stroke TF	<u>78</u>
<u>79</u>	8 & Under 25 Free TF	<u>80</u>
<u>81</u>	10 & Under 50 Stroke	<u>82</u>
<u>83</u>	11-12 50 Stroke	<u>84</u>
<u>85</u>	13-14 100 Stroke	<u>86</u>
<u>87</u>	15-16 100 Stroke	<u>88</u>
<u>89</u>	Open 100 Stroke	<u>90</u>
<u>91</u>	8 & Under 100 IM TF	<u>92</u>
<u>93</u>	10 & Under 100 IM TF	<u>94</u>
<u>95</u>	11-12 100 IM TF	<u>96</u>
<u>97</u>	13-14 200 IM TF	<u>98</u>
<u>99</u>	15-16 200 IM TF	<u>100</u>
<u>101</u>	Open 200 IM TF	<u>102</u>
<u>103</u>	8 & Under 100 Free Relay TF	<u>104</u>
<u>105</u>	11 & Over 500 Free TF	<u>106</u>

### Saturday Finals

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
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<u>57</u>	10 & Under 50 Free TF	<u>58</u>
<u>59</u>	11-12 50 Free	<u>60</u>
<u>61</u>	13-14 50 Free	<u>62</u>
<u>63</u>	15-16 50 Free	<u>64</u>
<u>65</u>	Open 50 Free	<u>66</u>
<u>81</u>	10 & Under 50 Stroke	<u>82</u>
<u>83</u>	11-12 50 Stroke TF	<u>84</u>
<u>85</u>	13-14 100 Stroke TF	<u>86</u>
<u>87</u>	15-16 100 Stroke TF	<u>88</u>
<u>89</u>	Open 100 Stroke	<u>90</u>
<u>107</u>	10 & Under 200 Free Relay	<u>108</u>
<u>109</u>	11-12 200 Free Relay	<u>110</u>
<u>111</u>	13-14 200 Free Relay	<u>112</u>
<u>113</u>	15-16 200 Free Relay	<u>114</u>
<u>115</u>	Open 400 Free Relay	<u>116</u>
<u>117</u>	<u>12 &amp; Under Mixed Gender 200 Free Relay</u>	
	<u>13 &amp; Over Mixed Gender 400 Free Relay</u>	<u>118</u>

### Sunday Prelims and Timed Finals

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<u>119</u>	10 & Under 200 Free TF	<u>120</u>
<u>121</u>	11-12 200 Free TF	<u>122</u>
<u>123</u>	13-14 200 Free TF	<u>124</u>
<u>125</u>	15-16 200 Free TF	<u>126</u>
<u>127</u>	Open 200 Free TF	<u>128</u>
<u>129</u>	10 & Under 100 Stroke TF	<u>130</u>
<u>131</u>	11-12 100 Stroke TF	<u>132</u>
<u>133</u>	13-14 200 Stroke TF	<u>134</u>
<u>135</u>	15-16 200 Stroke TF	<u>136</u>
<u>137</u>	Open 200 Stroke TF	<u>138</u>
<u>139</u>	10 & Under 50 Stroke	<u>140</u>
<u>141</u>	11-12 50 Stroke	<u>142</u>
<u>143</u>	13-14 100 Stroke	<u>144</u>
<u>145</u>	15-16 100 Stroke	<u>146</u>
<u>147</u>	Open 100 Stroke	<u>148</u>
<u>149</u>	10 & Under 200 IM TF	<u>150</u>
<u>151</u>	11-12 200 IM TF	<u>152</u>
<u>153</u>	13 & Over 400 IM TF	<u>154</u>

### Sunday Finals

Girls	Event	Boys
<u>139</u>	10 & Under 50 Stroke	<u>140</u>
<u>141</u>	11-12 50 Stroke	<u>142</u>
<u>143</u>	13-14 100 Stroke	<u>144</u>
<u>145</u>	15-16 100 Stroke	<u>146</u>
<u>147</u>	Open 100 Stroke	<u>148</u>

**Summer State:**

**Friday Prelims and Timed Finals**

Girls	Event	Boys
1	8 & Under 100 Free	2
3	10 & Under 100 Free	4
5	11-12 100 Free	6
7	13-14 100 Free	8
9	15-16 100 Free	10
11	Open 100 Free	12
13	8 & Under 50 Stroke	14
15	10 & Under 100 Stroke	16
17	11-12 100 Stroke	18
19	13-14 200 Stroke	20
21	15-16 200 Stroke	22
23	Open 200 Stroke	24
25	8 & Under 200 Free	26
27	10 & Under 50 Stroke	28
29	11-12 50 Stroke	30
31	13-14 100 Stroke	32
33	15-16 100 Stroke	34
35	Open 100 Stroke	36
37	8 & Under 200 Medley Relay	38
39	12 & Under 400 Free	40
41	13 & Over 800 Free	42

**Friday Finals**

Girls	Events	Boys
3	10 & Under 100 Free	4
5	11-12 100 Free	6
7	13-14 100 Free	8
9	15-16 100 Free	10
11	Open 100 Free	12
27	10 & Under 50 Stroke	28
29	11-12 50 Stroke	30
31	13-14 100 Stroke	32
33	15-16 100 Stroke	34

35	Open 100 Stroke	36
43	10 & Under 200 Medley Relay	44
45	11-12 200 Medley Relay	46
47	13-14 400 Medley Relay	48
49	15-16 Medley Relay	50
51	Open Medley Relay	52
53	<u>12 &amp; Under Mixed Gender 200 Medley Relay</u>	
	<u>13 &amp; Over Mixed Gender 400 Medley Relay</u>	54

### Saturday Prelims and Timed Finals

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
<u>55</u>	8 & Under 50 Free	<u>56</u>
<u>57</u>	10 & Under 50 Free	<u>58</u>
<u>59</u>	11-12 50 Free	<u>60</u>
<u>61</u>	13-14 50 Free	<u>62</u>
<u>63</u>	15-16 50 Free	<u>64</u>
<u>65</u>	Open 50 Free	<u>66</u>
<u>67</u>	8 & Under 50 Stroke	<u>68</u>
<u>69</u>	10 & Under 50 Stroke	<u>70</u>
<u>71</u>	11-12 50 Stroke	<u>72</u>
<u>73</u>	13-14 100 Stroke	<u>74</u>
<u>75</u>	15-16 100 Stroke	<u>76</u>
<u>77</u>	Open 100 Stroke	<u>78</u>
<u>79</u>	8 & Under 50 Stroke	<u>80</u>
<u>81</u>	10 & Under 100 Stroke	<u>82</u>
<u>83</u>	11-12 100 Stroke	<u>84</u>
<u>85</u>	13-14 200 Stroke	<u>86</u>
<u>87</u>	15-16 200 Stroke	<u>88</u>
<u>89</u>	Open 200 Stroke	<u>90</u>
<u>91</u>	8 & Under 200 IM	<u>92</u>
<u>93</u>	10 & Under 200 IM	<u>94</u>
<u>95</u>	11-12 200 IM	<u>96</u>
<u>97</u>	13-14 200 IM	<u>98</u>
<u>99</u>	15-16 200 IM	<u>100</u>
<u>101</u>	Open 200 IM	<u>102</u>
<u>103</u>	8 & Under 200 Free Relay	<u>104</u>
<u>105</u>	13 & Over 400 Free	<u>106</u>

### Saturday Finals

<u>57</u>	10 & Under 50 Free	<u>58</u>
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<u>59</u>	11-12 50 Free	<u>60</u>
<u>61</u>	13-14 50 Free	<u>62</u>
<u>63</u>	15-16 50 Free	<u>64</u>
<u>65</u>	Open 50 Free	<u>66</u>
<u>69</u>	10 & Under 50 Stroke	<u>70</u>
<u>71</u>	11-12 50 Stroke	<u>72</u>
<u>73</u>	13-14 100 Stroke	<u>74</u>
<u>75</u>	15-16 100 Stroke	<u>76</u>
<u>77</u>	Open 100 Stroke	<u>78</u>
<u>107</u>	10 & Under 200 Free Relay	<u>108</u>
<u>109</u>	11-12 200 Free Relay	<u>110</u>
<u>111</u>	13-14 200 Free Relay	<u>112</u>
<u>113</u>	15-16 200 Free Relay	<u>114</u>
<u>115</u>	Open Free Relay	<u>116</u>
<u>117</u>	<u>12 &amp; Under Mixed Gender 200 Free Relay</u>	
	<u>13 &amp; Over Mixed Gender 400 Free Relay</u>	<u>118</u>

### Sunday Prelims and Timed Finals

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
<u>119</u>	13 & Over 400 IM	<u>120</u>
<u>121</u>	10 & Under 200 Free	<u>122</u>
<u>123</u>	11-12 200 Free	<u>124</u>
<u>125</u>	13- 14 200 Free	<u>126</u>
<u>127</u>	15-16 200 Free	<u>128</u>
<u>129</u>	Open 200 Free	<u>130</u>
<u>131</u>	10 & Under 100 Stroke	<u>132</u>
<u>133</u>	11-12 100 Stroke	<u>134</u>
<u>135</u>	13-14 200 Stroke	<u>136</u>
<u>137</u>	15-16 200 Stroke	<u>138</u>
<u>139</u>	Open 200 Stroke	<u>140</u>
<u>141</u>	10 & Under 50 Stroke	<u>142</u>
<u>143</u>	11-12 50 Stroke	<u>144</u>
<u>145</u>	13-14 100 Stroke	<u>146</u>
<u>147</u>	15-16 100 Stroke	<u>148</u>
<u>149</u>	Open 100 Stroke	<u>150</u>
<u>151</u>	13 & Over 1500 Free	<u>152</u>

### Sunday Finals

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
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<u>141</u>	10 & Under 50 Stroke	<u>142</u>
<u>143</u>	11-12 50 Stroke	<u>144</u>
<u>145</u>	13-14 100 Stroke	<u>146</u>
<u>147</u>	15-16 100 Stroke	<u>148</u>
<u>149</u>	Open 100 Stroke	<u>150</u>

**Added to Section IV.M of the WSI Policies and Procedures Manual**

**M. RELAYS**

1. In “Team Unify” and “TM”, relay participants may be declared but it is not required. 8 & under relay cards must be submitted by the start of preliminaries each day. All other relays (swam during finals) must submit relay cards by the start of finals. Changes are permitted up until the heat is closed.
2. Clubs shall provide the Meet Director with a list of all eligible relay swimmers for each relay. Swimmers aged 16 & under swimming in Open relays must have an Open Age Group qualification time in an individual event. The qualification time achieved, date, and name of the meet at which it was achieved must be noted on the eligible relay swimmer list.
3. 12 & under 200 and 13 & over 400 mixed freestyle and medley relays will be offered at the LSC Championship meets. Mixed gender relays must consist of two (2) males and two (2) females. Leadoff legs in mixed relays may not count for LSC records. LSC records for mixed relays will not be maintained.