

# WYW 2022 Winter Invitational

January 14-16, 2022

12 under Warmups

## FRIDAY

Warmup 1:00-1:40 pm

Sprints 1:40-1:55

1-6 North Pool

		1	2	3	4	5	6
<b>1:00-1:40</b>	<b>NORTH</b>	WRAT	WRAT	WRAT	WRAT	WRAT	WYW
<b>1:00-1:40</b>	<b>SOUTH</b>	WYW	WYW	WYW	WYW	WHAT	WHAT/BULL/CIY
<b>1:40-1:55</b>	<b>NORTH</b>	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT	SPRINT
<b>1:40-1:55</b>	<b>SOUTH</b>	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN

## SATURDAY/SUNDAY

Warmup

12:00-12:50 ( SEE BELOW)

INCLUDE SPRINTS

		1	2	3	4	5	6
<b>12:00-12:25</b>	<b>NORTH</b>	WHAT	WHAT	WHAT	WHAT	WYW	WYW
<b>12:00-12:25</b>	<b>SOUTH</b>	WYW	WYW	WYW	WYW	WYW	WYW
<b>12:25-12:50</b>	<b>NORTH</b>	ORCA	ORCA	ORCA	BULL	BULL	CIY
<b>12:25-12:50</b>	<b>SOUTH</b>	WRAT	WRAT	WRAT	WRAT	WRAT	WRAT

# WYW 2022 Winter Invitational

January 14-16, 2022

## 13 & OVER Warmup Schedule

### FRIDAY

#### BOTH POOLS

		1	2	3	4	5	6
<b>4:00-4:45</b>	<b>NORTH</b>	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
	<b>SOUTH</b>	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
<b>4:45-4:55</b>	<b>NORTH</b>	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE
	<b>SOUTH</b>	PACE	CIRCLE	CIRCLE	CIRCLE	CIRCLE	PACE

### SATURDAY/SUNDAY

#### BOTH POOLS

		1	2	3	4	5	6
<b>6:30-7:40</b>	<b>NORTH</b>	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
	<b>SOUTH</b>	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
<b>7:40-7:55</b>	<b>NORTH</b>	PACE	SPRINT	SPRINT	SPRINT	SPRINT	PACE
	<b>SOUTH</b>	PACE	CIRCLE	CIRCLE	CIRCLE	CIRCLE	PACE

FINALS WARMUP  
WYW 2022 WINTER INVITATIONAL  
SATURDAY/SUNDAY  
LONG COURSE

	1	2	3	4	5	6
5:00- 5:25	Open	Open	Open	Open	Open	open
5:25- 5:50	12 under	12 under	12/under	Open	Open	Open
5:50- 5:55	Sprint	Sprint	Sprint	Sprint	Sprint	Sprint