

# 2018 SALUTE TO VETERANS INVITATIONAL

## HOSTED BY THE DSMY MARLINS

- ISI SANCTION:** IA-19-17  
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).
- RULES:** Current USA Swimming and ISI technical and administrative rules will govern this meet.
- DATES:** Saturday, November 10 & Sunday, November 11, 2018
- TIME:** The Skywalk entrance to the MidAmerican Energy Company Aquatic Center will open at 8:30am. All meet spectators and participants should use this entrance.

<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
1. Saturday Morning (10&Under)	9:00am	10:00am
2. Saturday Afternoon (11 & Over)	Not before 1:00pm	Not before 2:00pm
3. Sunday Morning (10&Under)	9:00am	10:00am
4. Sunday Afternoon (11 & Over)	Not before 1:00pm	Not before 2:00pm

Coaches meeting at 8:40am on Saturday.

**SITE:** Wellmark YMCA  
501 Grand Avenue  
Des Moines, IA 50309

[www.dmymca.org](http://www.dmymca.org)  
[www.dsmymarlins.com](http://www.dsmymarlins.com)

**FACILITY:** The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. Colorado electronic timing systems will be used in all configurations.

The morning session (10&Under) competition pool will be run in the south pool - 8 lanes running from south to north and turning off the bulkhead. Touchpad and 1 backup button will be at the start end. Starting depth of 10 foot to turn end of 9 foot 4 inches. The 10 lanes north of the bulkhead will be open for warm-up and cool-down before and during competition.

The afternoon session (11&Over) competition pool will be determined by the number of participants and estimated timeline. If needed, the afternoon session may be run in the north pool – 10 lanes running from west to east, depth on both ends ranging from 9 foot to 7 foot. Teams will be notified on Tuesday prior to the meet if this pool set up will be used.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

**COACHES:** Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.

**WARM-UPS:** The ISI mandatory warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

Facility rules require a 3 point, feet first, slip and slide entry for lanes designated for circle swim during warm-up and warm-down.

**RACING STARTS:** All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRY REQUIREMENTS:**

1. Swimmers must be currently registered as athlete members of USA Swimming.
2. Swimmers must enter in the age group events corresponding to age as of November 10, 2018.
3. Swimmers may enter no more than 4 individual events and 1 Relay per session.
4. Seed times must be submitted for a 25-yard course (SCY). No Time (NT) entries will be accepted. Converted times are not allowed.

**ENTRY LIMITS:** Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.

**ENTRY SUBMISSION:** Entry fees are as follows:

1. Individual events: \$8.00 per event. Relays: \$16.00 per relay.
2. ISI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers.
3. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
4. \$5.00 Program Fee per swimmer.
5. Handwritten entries: additional \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the ISI Administrative office. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Greater Des Moines YMCA**. All entry fees, including ISI swimmer surcharge fee, program fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

**ENTRY DATES AND DEADLINES:**

1. Entries will be accepted from teams/athletes in the Iowa LSC beginning at **11:00am, Tuesday, October 9, 2018**.
2. Entries will be accepted from all teams/athletes at **11:00am, Tuesday, October 16, 2018**.
3. The meet entry deadline is **NOON** on **Monday, November 5, 2018**.
4. Handwritten entries, along with entry fees, additional \$5 per swimmer and financial sheet, must be received no later than **Friday, November 2, 2018**. Handwritten entries will not be considered entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
6. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Wednesday, November 7, 2018** unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
8. Entries will be confirmed via a return email receipt.
9. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform ISI meet contacts as well as any non-ISI teams with entries already accepted.

**LATE ENTRIES:**

1. Provided space is available, late entries will be accepted by email until 6:00pm, Friday, November 9, 2018. After that time, they will only be accepted on deck up to the end of the warm-ups of each session.
2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after Tuesday, November 6, 2018.
3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:  
Individual events: \$15.00 per event. Relays: \$30.00

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

**SWIMMERS WITH DISABILITIES:**

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

**SEND ENTRIES TO:**

Send electronic entries by email to [john.vanmeter@dmymca.org](mailto:john.vanmeter@dmymca.org) Send all print materials to the Meet Director. If sent by rush delivery, indicate no signature required.

**MEET DIRECTOR:**

John Van Meter  
[john.vanmeter@dmymca.org](mailto:john.vanmeter@dmymca.org) 515-471-8560 pool  
515-745-3283 cell

Mailing Address: Wellmark YMCA  
Attn: John Van Meter  
501 Grand Ave  
Des Moines, IA 50309

**REFEREE:**

Robert Fry robertfry@cfu.net 319-529-7310

**OFFICIALS:**

**DSMY** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please see sign up details on the DSMY website under the Hosted Events/Salute to Veterans Invitational tabs. [www.dsmymarlins.com](http://www.dsmymarlins.com). Contact the Meet Referee with any questions or to set up apprentice requests.

**MEET COMMITTEE:**

A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

**MEET OPERATION:**

1. All events will be pre-seeded.
2. Positive check-in is required for 500 & 1000 Freestyle events.
  - a. Positive check-in deadline is 10 minutes prior to the start of competition.
  - b. Positive check-in events may be reseeded if a heat can be eliminated or the referee deems it necessary.
  - c. Swimmers failing to check in by the deadline will be scratched and their spot offered to any alternates. Swimmers who are scratched will be allowed to reenter only if there are empty lanes available in the slowest heat.
  - d. No heats will be added to accommodate a swimmer failing to check in by the deadline, including any heat eliminated after reseeding the event.
3. All events will be swum **Fastest to Slowest**. All afternoon session 13 & Over events will be swum mixed, combined in seeding.
4. Results for all mixed events and 10&U events will be separated by gender and age group.
5. Swimmers in all events shall report directly to the starting blocks. Swimmers will not be checked in by a Clerk of Course.
6. Fly over starts may be used at the discretion of the referee.

7. **Effective April 1, 2018, Swimmers ages ten and younger shall not compete while wearing "Tech" suits**, even when competing in Senior or Open events or Time Trials. A list of suits that considered to be "Tech" suits is posted on the ISI website.
8. Deck Changes are prohibited.
9. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility.
10. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
11. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SCORING: No team scores

AWARDS: Ribbons will be awarded for 1<sup>st</sup> thru 8<sup>th</sup> place for individual events and 1<sup>st</sup> thru 3<sup>rd</sup> place for relays of 8&U, 9-10, 11-12 age groups.  
No awards for 13&O swimmers.

SCRATCHES: There is no penalty for no-shows, but swimmers are encouraged to declare a false start to the referee if they do not intend to swim an entered event. The ISI scratch rule is in effect.

USA SWIMMING REGISTRATION: No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO ALCOHOL OR TOBACCO: The use of any tobacco or alcohol products is prohibited in the swimming venue.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

MEET CONDUCT: Attending clubs, swimmers, and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY / Wellmark YMCA Staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.

Clubs will be financially responsible for any damage to the premises caused by their club, swimmers and/or parents & spectators.

ADDITIONAL INFORMATION: 1. Program: Programs/heat sheets will be uploaded to the DSMY website [www.dsmymarlins.com](http://www.dsmymarlins.com) and by noon on Friday the day before the meet and uploaded to

- Meet Mobile prior to each session starting. A limited number of heat sheets will be available for purchase at the concession stand for \$3.00 per session.
2. **Results:** Electronic results will be provided to all teams participating in the meet. Final results will also be posted on ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
  3. **Concessions:** There will be a concession stand offering hot and cold food selections along with drinks and healthy snacks. A hospitality room will be available for coaches and officials.
  4. **Swim apparel/merchandise:** Elsmore Swim Shop will be onsite and will be offering a variety of swimming apparel & equipment. Event t-shirts will be available to pre-order. Details will be posted on the DSMY website.
  5. **Seating:** The MidAmerican Energy Company Aquatic Center provides seating for 1200 spectators. Free wi-fi is available.
  6. **Deck:** Only registered swimmers, coaches and meet personnel will be allowed on deck. On deck seating for 300+ swimmers. Glass containers of any kind are not permitted on the pool deck at any time.
  7. **Spectator information:** No admission charge for spectators. Free street and garage parking on Sundays in Des Moines. The 5<sup>th</sup> & Keo Parking Garage is closest to the facility and provides Skywalk access. Hotel block info available on [www.dsmymarlins.com](http://www.dsmymarlins.com)

**INDEMNITY:**

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## Order of events

### Session 1: Saturday Morning 10&Under

Warm-ups: 9:00am-9:50am

Competition: 10:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
1	10&U 100 Fly	2
3	8&U 50 Free	4
5	9-10 50 Free	6
7	8&U 50 Breast	8
9	9-10 50 Breast	10
11	10&U 100 Back	12
13	8&U 100 IM	14
15	9-10 100 IM	16
17	8&U 100 Medley Relay	18
19	9-10 200 Medley Relay	20
21	10&U 200 Free (Girls)	
	10&U 500 Free (Boys)	22

## Session 2: Saturday Afternoon

### **11&Over**

Warm-ups: not before 1:00pm

Competition: not before 2:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
23	11-12 50 Back	24
25	Mixed 13&O 100 Back	25
26	11-12 200 Fly	27
28	Mixed 13&O 50 Fly	28
29	11-12 200 IM	30
31	Mixed 13&O 400 IM	31
32	11-12 100 Breast	33
34	Mixed 13&O 200 Breast	34
35	11-12 200 Free	36
37	Mixed 13&O 200 Free	37
38	11-12 200 Back	39
40	Mixed 13&O 50 Back	40
41	11-12 50 Fly	42
43	Mixed 13&O 200 Fly	43
44	11-12 200 Free Relay	45
46	Mixed 13&O 400 Free Relay	46
47	11-12 500 Free	48
49	Mixed 13&O 1000 Free	49

## Session 3: Sunday Morning

### **10&Under**

Warm-ups: 9:00am-9:50am

Competition: 10:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
50	10&U 200 IM	51
52	8&U 100 Free Relay	53
54	9-10 200 Free Relay	55
56	8&U 50 Fly	57
58	9-10 50 Fly	59
60	8&U 100 Free	61
62	9-10 100 Free	63
64	10&U 100 Breast	65
66	8&U 50 Back	67
68	9-10 50 Back	69
	10&U 200 Free (Boys)	70
71	10&U 500 Free (Girls)	

## Session 4: Sunday Afternoon

### **11&Over**

Warm-ups: not before 1:00pm

Competition: not before 2:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
72	11-12 200 Breast	73
74	Mixed 13&O 100 Breast	74
75	11-12 100 Back	76
77	Mixed 13&O 200 Back	77
78	11-12 50 Free	79
80	Mixed 13&O 50 Free	80
81	11-12 100 IM	82
83	Mixed 13&O 200 IM	83
84	11-12 100 Free	85
86	Mixed 13&O 100 Free	86
87	11-12 50 Breast	88
89	Mixed 13&O 50 Breast	89
90	11-12 100 Fly	91
92	Mixed 13&O 100 Fly	92
93	11-12 200 Medley Relay	94
95	Mixed 13&O 400 Medley Relay	95
96	Mixed 13&O 500 Free	96
97	11-12 1000 Free *	98

\* Events 97 & 98, 11-12 1000 Free will be swam alternating girls and boys heats and may have one combined if a heat can be eliminated.



# DSMY