

2019 SALUTE TO VETERANS INVITATIONAL

HOSTED BY THE DSMY MARLINS

ISI SANCTION: IA-20-20
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

DATES: Sunday, November 10, 2019

TIME: The Skywalk entrance to the MidAmerican Energy Company Aquatic Center will open at 8:30am. All meet spectators and participants should use this entrance.

<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
1. Sunday Morning (12&Under)	9:00am	10:00am
2. Sunday Afternoon (13 & Over)	Not before 1:00pm	Not before 2:00pm

Coaches meeting at 8:20am.
Officials meeting will be 1 hour prior to competition each session.

SITE: Wellmark YMCA www.dmyymca.org
501 Grand Avenue www.dsmymarlins.com
Des Moines, IA 50309

FACILITY: The Prairie Meadows Pool (competition pool) is a 20 lane 25-yard short course pool with one moveable bulkhead allowing for an 8 lane 50-meter long course pool or multiple configurations when running short course competition(s). Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. Colorado electronic timing systems will be used in all configurations.

Pool configuration and number of courses will be determined once entries have been received.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.

WARM-UPS: The ISI mandatory warm-up procedure will be followed.

All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

Facility rules require a 3 point, feet first, slip and slide entry for lanes designated for circle swim during warm-up and warm-down.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming.
2. Swimmers must enter in the age group events corresponding to age as of November 10, 2019.
3. Swimmers may enter no more than **4** individual events and 1 Relay per session.
4. Seed times must be submitted for a 25-yard course (SCY). No Time (NT) entries will be accepted. Converted times are not allowed.

ENTRY LIMITS: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

Any combination of events may be limited to ensure the timely completion of a session. Teams will be notified by email if swimmers are affected by limits prior to the meet.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$7.00 per event. Relays: \$14.00 per relay.
2. ISI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers.
3. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
4. \$3.00 Program Fee per swimmer.
5. Handwritten entries: additional \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club and verified by the ISI Administrative office. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Greater Des Moines YMCA, Attn: John Van Meter**. All entry fees, including ISI swimmer surcharge fee, program fee, should be combined on one check. The host club reserves the right to

require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from teams/athletes in the Iowa LSC beginning at **11:00am, Tuesday, October 8, 2019.**
2. Entries will be accepted from all teams/athletes at **11:00am, Tuesday, October 15, 2019.**
3. The meet entry deadline is **NOON** on **Monday, November 4, 2019.**
4. Handwritten entries, along with entry fees, additional \$5 per swimmer and financial sheet, must be received no later than **Friday, November 1, 2019.** Handwritten entries will not be considered entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
6. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Wednesday, November 6, 2019** unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
8. Entries will be confirmed via a return email receipt.
9. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform ISI meet contacts as well as any non-ISI teams with entries already accepted.

LATE ENTRIES:

1. Provided space is available, late entries will be accepted by email until 6:00pm, Saturday, November 9, 2019. After that time, they will only be accepted on deck up to the end of the warm-ups of each session.
2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after Tuesday, November 5, 2019.
3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:

Individual events: \$14.00 per event. Relays: \$25.00

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

- SEND ENTRIES TO: Send electronic entries by email to john.vanmeter@dymca.org Send all print materials to the Meet Director. If sent by rush delivery, indicate no signature required.
- MEET DIRECTOR / ADMIN REFEREE: John Van Meter 515-471-8560 pool
john.vanmeter@dymca.org 515-745-3283 cell
- Mailing Address: Wellmark YMCA (checks payable to: Greater Des Moines YMCA)
 Attn: John Van Meter
 501 Grand Ave
 Des Moines, IA 50309
- SAFETY DIRECTOR: Frankie Hanson 515-471-8546
frankie.hanson@dymca.org
- MEET REFEREE: Art Dinkin 515-201-7591
art.dinkin@dymca.org
- OFFICIALS: **DSMY** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please see sign up details on the DSMY website under the Hosted Events/Salute to Veterans Invitational tabs. www.dsmymarlins.com. Contact the Meet Referee with any questions or to set up apprentice requests.
- MEET COMMITTEE: A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.
- MEET OPERATION:
1. All events will be pre-seeded.
 2. Positive check-in is required for 500 & 1000 Freestyle events.
 - a. Positive check-in deadline is 30 minutes prior to the start of competition.
 - b. Positive check-in events may be reseeded if a heat can be eliminated or the referee deems it necessary.
 - c. Swimmers failing to check in by the deadline will be scratched and their spot offered to any alternates. Swimmers who are scratched will be allowed to reenter only if there are empty lanes available in the slowest heat.
 - d. No heats will be added to accommodate a swimmer failing to check in by the deadline, including any heat eliminated after reseeding the event.
 3. All events will be swum **Fastest to Slowest**.
 4. 13&O Events may be combined by gender and seeded as mixed events at the discretion of the Admin Referee. Results for all events will be separated by gender and age group.
 5. The host is not responsible for providing rest for swimmers entered in consecutive events of the same stroke. If a swimmer has less than 10 minutes between swims, the swimmer (or swimmer's coach) should inform the referee.
 6. Swimmers are not allowed to enter both the 500 and 1000 Free in Session 2.
 7. Swimmers in all events shall report directly to the starting blocks. Swimmers will not be checked in by a Clerk of Course.
 8. Fly over starts may be used at the discretion of the referee.
 9. **Effective April 1, 2018, Swimmers ages ten and younger shall not compete while wearing "Tech" suits**, even when competing in Senior or Open events or

Time Trials. A list of suits that considered to be "Tech" suits is posted on the ISI website.

10. Deck Changes are prohibited.
11. Banners, signs or posters are not allowed to be adhered, displayed or affixed anywhere in the aquatic center facility.
12. Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
13. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- SCORING:** No team scores
- AWARDS:** Ribbons will be awarded for 1st thru 8th place for individual events and 1st thru 3rd place for relays of 10&U, 11-12 age groups.
No awards for 13&O swimmers.
- SCRATCHES:** There is no penalty for no-shows, but swimmers are encouraged to declare a false start to the referee if they do not intend to swim an entered event. No shows and Declared False Starts count towards a swimmer's entry limit. The ISI scratch rule is in effect.
- USA SWIMMING REGISTRATION:** No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.
- CAMERAS:** **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**
- NO ALCOHOL OR TOBACCO:** The use of any tobacco or alcohol products is prohibited in the swimming venue.
- IMAGE RELEASE:** Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.
- MEET CONDUCT:** Attending clubs, swimmers, and spectators are the guests of the Wellmark YMCA. Any report of inappropriate behavior will be dealt with immediately. DSMY / Wellmark YMCA Staff reserve the right to remove any offending individuals or groups. Any swimmer found swimming under the bulkhead will be ejected from the facility and be barred for the remainder of the meet.
- Clubs will be financially responsible for any damage to the premises caused by their club, swimmers and/or parents & spectators.
- ADDITIONAL INFORMATION:**
1. **Program:** Programs/heat sheets will be uploaded to the DSMY website www.dsmymarlins.com and by noon on Saturday the day before the meet and uploaded to Meet Mobile prior to each session starting. A limited number of heat sheets will be available for purchase at the concession stand for \$2.00 per session.

2. **Results:** Electronic results will be provided to all teams participating in the meet. Final results will also be posted on ISI website. A hardcopy of the final results may be requested on the ISI Financial Sheet for an additional \$5.00.
3. **Concessions:** There will be a limited concession stand offering light snack options and cold drinks. A hospitality room will be available for coaches and officials.
4. **Swim apparel/merchandise:** Elsmore Swim Shop will be onsite and will be offering a variety of swimming apparel & equipment.
5. **Seating:** The MidAmerican Energy Company Aquatic Center provides seating for 1200 spectators. Free wi-fi is available.
6. **Deck:** Only registered swimmers, coaches and meet personnel will be allowed on deck. On deck seating for 300+ swimmers. **Glass containers of any kind are not permitted on the pool deck or spectator area at any time.**
7. **Spectator information:** No admission charge for spectators. Free street and garage parking on Sundays in Des Moines. The 5th & Keo Parking Garage is closest to the facility and provides Skywalk access. Hotel block info available on www.dsmyarmlins.com

MAAPP:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

INDEMNITY:

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Order of events

Session 1: Sunday – 12&Under

Warm-ups: 9:00am-9:50am

Competition: 10:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
1	12&U 200 Free	2
3	11-12 50 Free	4
5	10&U 50 Free	6
7	11-12 100 IM	8
9	10&U 100 IM	10
11	12&U 200 IM	12
13	11-12 50 Breast	14
15	10&U 50 Breast	16
17	12&U 100 Breast	18
19	11-12 200 Back	20
21	11-12 100 Free	22
23	10&U 100 Free	24
25	11-12 50 Back	26
27	10&U 50 Back	28
29	12&U 100 Back	30
31	11-12 50 Fly	32
33	10&U 50 Fly	34
35	12&U 100 Fly	36
37	11-12 200 Free Relay	38
39	10&U 200 Free Relay	40
41	12&U 500 Free	42

Session 2: Sunday – 13&Over

Warm-ups: not before 1:00pm

Competition: not before 2:00pm

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
43	13&O 200 Free	44
45	13&O 50 Free	46
47	13&O 200 IM	48
49	13&O 100 Breast	50
51	13&O 200 Back	52
53	13&O 100 Free	54
55	13&O 200 Breast	56
57	13&O 100 Back	58
59	13&O 100 Fly	60
61	13&O 200 Free Relay	62
63	13&O Mixed 500 Free	63
64	13&O Mixed 1000 Free	64