

## DSMY Ankeny/Wellmark Practice Site Schedule

All practices will be held at the Wellmark YMCA

2021 Fall/Winter Season– Effective 09/07/21- 02/10/22 *updated: 08/23/2021*

Sunday*	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Group 2:45-3:30p	White Group 6:40-7:25p Program Pool	White Group 6:40-7:25p Program Pool	White Group 6:40-7:25p Program Pool	White Group 6:40-7:25p Program Pool	No Practices	No Practices
Purple 2:30-3:45p	Purple 6:35-7:50p	Purple 6:35-7:50p	Purple 6:35-7:50p	Purple 6:35-7:50p		
Blue/Bronze 2:30-4:00p	Blue/Bronze 6:30-8:00p	Blue/Bronze 6:30-8:00p	Blue/Bronze 6:30-8:00p	Blue/Bronze 6:30-8:00p		

\*Sunday Practices will not take place when the Wellmark YMCA is hosting swim meets or other events in the pool.

*Practice times are tentative and may be altered.*

**Holidays (tentative):** Friday Nov. 26<sup>th</sup>, Sunday Nov. 28<sup>th</sup>, Sunday December 26<sup>th</sup>.

Billing is on the first of each month through July 2021.

The last practice for all swimmers is the practice prior to their last (championship) meet of the season.

Championship meets consist of USA Age Group Championships, USA Championships and a possible Summer Conference Championships.

USA Champs swimmers will continue to train until their last meet.

When DSMY has team meets at Wellmark, practice may be cancelled or moved to an alternative practice site.