

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	2 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	3 Beg/Int Group 5:30-6:15 Swim Adv. Group 5:30-6:15 Dryland Adv. Group - 6:15-7:00 Tech.	4 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	5	6 eliminating racism empowering women 
	 ----- BREASTROKE WEEK -----					
7 	8 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	9 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	10 Beg/Int Group 5:30-6:15 Swim Adv. Group 5:30-6:15 Dryland Adv. Group - 6:15-7:00 Tech.	11 IntraSquad Home Meet 5:30-7:30 All Groups	12 IGHSAU State Swimming & Diving Championships Diving 10:00am Prelims 5:00pm	13 IGHSAU State Swimming & Diving Championships Finals 12:00pm 
	 ----- BUTTERFLY WEEK -----					
14 	15 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	16 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	17 Team Pictures Families will sign up for a time Will Not Swim Tonight just pictures only!	18 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	19	20 MACR Pentathlon Cedar Rapids Time: TBA
	----- STARTS, TURNS, UNDERWATER WORK & RELAY WEEK -----					
21	22 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	23 Beg/Int Group 5:30-6:30 Adv. Group 6:30 - 7:45	24 No Practice 	25 No Practice 	26	27
28 	29 Beg/Int Group 5:15-6:15 Adv. Group 6:15-7:45	30 Beg/Int Group 5:15-6:15 Adv. Group 6:15-7:45	WE WILL LET YOU KNOW PRIOR TO THANKSGIVING IF WE WILL BE KEEPING OR CHANGING SWIM TIMES FOR THIS WEEK.			

Blue Wave Swim Team Schedule