YMCA of NORTHWEST LOUISIANA – Southside Swim Club location

SCY Practice Schedule

Practice Group	Mon	Tues	Wed	Thur	Fri	Sat	
Agr Group Pre-Level I	4:00-4:45pm	4:00-4:45pm	OFF	4:00-4:45pm	OFF	OFF	
Coaches:	**Linda,** Mandy, Justine, Billy	**Linda,** Mandy, Justine		**Linda,** Mandy, Billy			
Age Group Level I	4:00-4:45pm	4:00-4:45pm	5:00-5:45pm ALL AT BHP YMCA	4:00-4:45pm	OFF	OFF	
Coaches:	**Linda,** Mandy, Justine, Billy	**Linda,** Mandy, Justine	**Tyler**, Trae, Linda	**Linda,** Billy			
Age Group Level II	4:45-5:45pm	4:45-5:45pm	5:45-6:45pm ALL AT BHP YMCA	4:45-5:45pm	OFF	OFF	
Coaches:	**Linda,** Hallie, Mandy	**Linda,** Hallie, Mandy	**Tyler**, Trae, Hallie	**Linda,** Hallie, Mandy			
Age Group Level III	Dryland 5:25-5:45pm Swim 5:45-7:00pm	5:45-7:00pm	AT CENTENARY COLLEGE 4:00-5:15pm	Dryland 5:25-5:45pm Swim 5:45-7:00pm	OFF	AT BHP YMCA Dryland 8:30-9:00am Swim 9:00-10:30am	
Coaches:	**Hallie**	**Hallie**	**Hallie**	**Hallie**		**Maribeth**, Tyler, Hallie	