

August 3-29, 2020

YMCA of NORTHWEST LOUISIANA
SCY Practice Schedule

August 3-29, 2020

Practice Group	Mon	Tues	Wed	Thur	Fri	Sat	Lanes/End
Age Group Level I	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm AT SOUTHSIDE	5:00-5:45pm			Lanes 1-4 Turn End
Coaches:							
Age Group Level II	5:45-6:35pm	5:45-6:45pm	5:45-6:45pm AT SOUTHSIDE	5:45-6:35pm			Lanes 1-5 Turn End
Coaches:							
Age Group Level III	5:45-7:00pm	5:45-7:00pm	5:45-7:00pm	5:45-7:00pm		9:00-10:30am	Lanes 1-6 Scoreboard
Coaches:							
Senior Level IV	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	4:15-5:45pm	7:00-9:00am at SOUTHSIDE	Lanes 1-8 Scoreboard End
Coaches:							
Senior Level V	*5:30-6:45am or *6:00-7:15am & 4:15-5:45pm	4:15-6:00pm	*5:30-6:45am or *6:00-7:15am & 4:15-5:45pm	4:15-5:45pm	4:15-6:00pm	7:00-9:00am at SOUTHSIDE	
Coaches:							

* Morning Practice (Monday/Wednesday) will begin on Monday August 17th.