



The PARENTS AQUATIC CLUB of the  
PHOENIXVILLE YMCA  
*presents the*



**TURKEY TROT**  
“Swim Your Age” Invitational  
**Sunday, November 17, 2019**

- Description: The Turkey Trot is open to 12 & under swimmers from YMCA and other league and non-league swimmers in the region. We encourage your attendance at this single-age group competition.
- Meet Location: Phoenixville Area YMCA, 400 E. Pothouse Rd., Phoenixville, PA 19460
- Facilities: Pool: Six lane, 25 meter pool with Kiefer lane lines and Daktronics electronic timing & scoreboard; touchpads at start end; semi-automatic three-button system at 25M end. Depth at start end – 10’; 25M turn/finish end – 4’.  
Swimmer Seating: Swimmers will be seated by team in the West Gym, adjacent to the pool. Ready benches will be located in this same area. Each team must provide adult supervision for their swimmers in the ready area.
- Snack Bar: A snack bar will be open throughout the meet serving hot and cold food, beverages, and snacks. Ample room is available in concession area of gym to sit and eat.
- Parking: Ample parking is available and we request swimmer families to park in the lower lot. Handicapped parking is available in the upper lot.
- Head Coach: Anthony Addlesberger
- Meet Director: Tara Semisch: [paymeedir@gmail.com](mailto:paymeedir@gmail.com) 610-306-9630
- Entry Director: Rachel Carroll: [paymeedir@gmail.com](mailto:paymeedir@gmail.com) 484-364-1446

For directions and day of meet help, please call Phoenixville YMCA at 610-933-5861. Coaches, please direct all questions to the meet directors. During the meet, swimmer/parent questions should be directed to their team coach who will take them to the meet director.

- Meet Sessions: **Session I: 10-12 Age Groups**  
7:00 AM Warm-Up      8:15 AM Meet Start  
**Session 2: 9 & Under Age Groups**  
12:30 PM Warm-Up      2:00 PM Meet Start

We will announce adjustments to the session start times, if necessary, once entries are received.

FLYOVER STARTS WILL BE USED. PLEASE PREPARE YOUR SWIMMERS!

Eligibility: The age of the swimmer on November 17th will determine the age group the swimmer may enter.

Entries: The meet director reserves the right to limit entries due to time restrictions. Only team or coach entries will be accepted. Entries are processed in the order in which they are received.

- Entry files should be submitted using HY-TEK or Team Unify software
- ALL ENTRIES MUST BE SUBMITTED IN METER TIMES; converted times are acceptable. Failure to convert times will result in incorrectly seeded swimmers.
- All entries should be sent via e-mail. Include with your entry file a summary report showing entries by event. In the body of your e-mail, provide the number of swimmers and entries by session (Session 1 - 10-12) or (Session 2: 9&Under). Include contact information; please do include the number and names of all coaches attending by session.
- Send to: [paymeetdir@gmail.com](mailto:paymeetdir@gmail.com). Send entry check under separate cover. Payment must arrive by Tuesday, November 12, 2019 at 5:00 PM.
- If a Hy-Tek or Team Unify electronic file is not possible, use official Meet Entry forms enclosed. Any team entering more than 5 swimmers, who does not submit entries using the Hy-Tek/Team Unify program will be required to pay an additional \$5.00 per swimmer surcharge (for a total of \$ 10.00/swimmer surcharge). This surcharge, as well as normal entry fees must be paid in full for the entries to be considered received. All entries must be accompanied by a completed Meet Entry Summary sheet which is enclosed in this packet.

Entry Fees: Each swimmer may swim up to four (4) individual events.

Individual Events: \$4.50/Event

Swimmer Surcharge: \$5.00/Swimmer (no admission will be charged.)

Please send ONE check per club payable to "Phoenixville YMCA (Swim Team)". Teams/Swimmers attending the meet without a coach must send one check.

Entry Deadline: ENTRY DEADLINE IS MONDAY, NOVEMBER 4th, 2019. THIS IS FIRM! NO LATE ENTRIES will be accepted. All entries are processed in the order received. Entries are considered received when accompanied by full payment along with all required documentation. For entries received on the same day, Hy-Tek and Team Unify entries will be accepted first (in the order received) followed by paper (official entry form) entries.

Mail Entries & Payment to:

Meet Entries Director - PAC  
Turkey Trot Invitational  
400 East Pothouse Road  
Phoenixville, PA 19460  
Checks made payable to "Phoenixville YMCA (Swim Team)"  
\*If using rush service, please waive signature requirement\*  
Entries can be emailed to [paymeetdir@gmail.com](mailto:paymeetdir@gmail.com)

Awards:

All Events, while swum with combined ages, will be scored by individual age groups (12 yo, 11 yo, 10 yo, etc.) and awarded accordingly.  
Medals 1<sup>st</sup> - 3<sup>rd</sup> places, Ribbons 4<sup>th</sup> - 12<sup>th</sup> places. Heat Winner ribbons will be awarded in all heats and Participation Ribbons will be awarded to swimmers aged 9 & Under. Hot Heats will be run during the meet and prizes will be distributed to the winners on deck.

Rules:

Current USA Swimming rules govern the meet.

Admission:

Free (see per/swimmer surcharge of \$5.00)

Programs:

\$3.00 per program per session or \$5.00 for both sessions when purchased during first session. Limited quantities of paper programs will be available. The program will be available on Meet Mobile on the day of the meet.

Questions:

Coaches only may contact meet directors at [paymeetdir@gmail.com](mailto:paymeetdir@gmail.com).

Volunteers:

Any visiting team parent that would like to volunteer to time or officiate please email the meet director at [paymeetdir@gmail.com](mailto:paymeetdir@gmail.com). Officials' Lounge will be available, providing food and refreshments for those who officiate.

Meet T-Shirts:

T-Shirts and other apparel will be available for sale at the meet - cash or check only.

Deck Entries:

Deck entries will be offered only if space permits. Please contact the meet director prior to the meet if you are interested in adding entries after submitting your entry file. Additional entry requests on the day of the meet can be requested (by coaches only) at the scoring table, subject to availability, without adding additional heats.

**ORDER OF EVENTS**  
FOUR individual events per swimmer

<b>SESSION #1 - AM</b>				
Event #	Girls Age Group	Event Description	Boys Age Group	Event #
1	11-12	200 M Individual Medley	11-12	2
3	10	100 M Individual Medley	10	4
5	10-12	50 M Freestyle	10-12	6
7	10-12	50 M Backstroke	10-12	8
9	10-12	200 M Freestyle	10-12	10
11	10-12	50 M Breaststroke	10-12	12
13	10-12	50 M Butterfly	10-12	14
15	10-12	100 M Freestyle	10-12	16
<b>SESSION #2 - PM</b>				
17	9&U	100 Individual Medley	9&U	18
19	9&U	50 M Freestyle	9&U	20
21	9	50 M Backstroke	9	22
23	8&U	25 M Backstroke	8&U	24
25	9	50 M Breaststroke	9	26
27	8&U	25 M Breaststroke	8&U	28
29	9	50 M Butterfly	9	30
31	8&U	25 M Butterfly	8&U	32
33	8&U	25 M Freestyle	8&U	34
35	9&U	100 M Freestyle	9&U	36

# TURKEY TROT - MEET ENTRY SUMMARY SHEET

Team:			
Team Code:			
Head Coach:			
Entry Contact:			
	Phone:		
	Email:		
Coaches Attending:			
<u>AM Session</u>		<u>PM Session</u>	
SWIMMERS:			
	Female	Male	TOTAL
# AM Session			
# PM Session			
	Total Swimmers:		
ENTRIES:			
	Female	Male	TOTAL
# AM Session			
# PM Session			
	Total Entries:		

Total # Swimmers x \$5.00 surcharge = \_\_\_\_\_

Total # Entries x \$4.50 = \_\_\_\_\_

TOTAL ENCLOSED \_\_\_\_\_

Check payable to: Phoenixville YMCA (Swim Team.) Payment due: November 12th.

**TURKEY TROT - INDIVIDUAL ENTRY FORM**

Swimmer:			Male / Female
Team:		Date of Birth:	
Team Code:			
Coach:			
Attending:	Yes	No	
Phone:			
Email:			
<u>Event #</u>	<u>Time</u>	<u>Event Name</u>	

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Swimmer:			Male / Female
Team:			
Team Code:		Date of Birth:	
Coach			
Attending:	Yes	No	
Phone:			
Email:			
<u>Event #</u>	<u>Time</u>	<u>Event Name</u>	

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