



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## INDY SWIMMING Code of Conduct

### SWIMMERS:

- Be cooperative and respectful of the YMCA, all coaches, and swimmers at all times.
- Be supportive and refrain from negative talk about swimmers, coaches, spectators and officials.
- Arrive to the pool deck at least five minutes before practice start time to stretch and prepare equipment for the days practice.
- Observe all rules, regulations, and obey all YMCA staff and volunteers.
- Respect the personal property of others.
- Behavior that could be interpreted by the coach as frightening, harassing, and hurtful to others will not be tolerated.
- Set an example for younger swimmers. Your actions can be imitated and duplicated. As a team, we want our younger swimmers to imitate good training and stroke techniques as well as good behavior.
- Resolve differences through conversation and compromise or refer them to your training group coach.
- Always practice lane etiquette.
- Avoid unreasonable physical contact.
- Inappropriate relationships wanted or unwanted will not be tolerated
- Attend all dual meets and any championship level meets for which you qualify.
- Continually challenge yourself to become a better athlete
- I will “honor the ROOTS of the game”. ROOTS meaning Rules, Officials, Opponents, Teammates and Self.

### PARENTS:

- Be cooperative and respectful of all coaches and swimmers at all times
- Be supportive and refrain from negative talk about swimmers, coaches, spectators and officials.
- Refrain from over competitiveness and pressuring swimmers.
- Drop off and pick up your swimmers at the pool. It is the parent’s responsibility to ensure that practice is taking place. Every attempt will be made to contact parents if the status of practice has changed, but the ultimate responsibility falls with the parent.
- I will help my child value learning and improvement over outcomes and comparison with other children.
- I will “honor the ROOTS of the game”. ROOTS meaning Rules, Officials, Opponents, Teammates and Self.
- Discuss any team issues with the coach outside of practice time by scheduling a meeting. Exceptions can be made in case of emergencies.
- Do not interrupt a coach during practice.
- Have a family representative attend and participate in the monthly Piranha Swim Team Parent Organization (PSTPO) meeting.
- Be a working swim meet volunteer during all home swim meets and hosted invitationals.
- Make sure all team dues, membership dues, and bills are up to date and/or maintain a positive balance in my swimmer PSTPO account.
- Understand that all dual swim meets are required and have their swimmer attend all dual meets. If unable to attend, parents will notify the coach in writing as soon as possible prior to the meet start date. Notification will include a reason why the swimmer is unable to attend.

YMCA OF INDIANA COUNTY  
60 NORTH BEN FRANKLIN ROAD INDIANA PA 15701  
P 724-463-9622 F 724-465-2656  
[WWW.INDIANACOUNTYYMCA.ORG](http://WWW.INDIANACOUNTYYMCA.ORG)



**Our Mission: to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.**



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CONSEQUENCES

- Verbal warning and or discussion of the inappropriate behavior with the coach.
- Continuous inappropriate behavior will result in the swimmer being asked to not participate in a team activity. The length of time will be determined by YMCA Staff/Coaching Staff.
- Parent must discuss the behavior with the coach prior to the swimmer returning to practice.
- Consequences for parents will be dealt with on a case by case basis by the head swim team coach/YMCA Staff.
- Discipline is the decision of the head coach/YMCA Staff. Behaviors that are deemed disruptive to the harmony of our team will be dealt with appropriately. Swimmers can be dismissed from the team if resolutions are not found.

I and my swimmer(s) have read the above code of conduct. I understand what is expected of me, as a parent/guardian and what is expected of my swimmer(s). I understand all that this document contains, and any questions related to this document have been answered by the head coach. I understand that my swimmers cannot participate until this form is signed. Spouses and other family members participating in the development of the swimmer(s) will read the code of conduct as well.

----- ----- Parent/Guardian Name	----- ----- Signature	----- ----- Date
----- ----- Swimmer's Name	----- ----- Signature	----- ----- Date
----- ----- Swimmer's Name	----- ----- Signature	----- ----- Date
----- ----- Swimmer's Name	----- ----- Signature	----- ----- Date
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