

# 2021 All Star YMCA Zone Meet

## Tentative Meet Schedule and Order of Events

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### Friday, March 19, 2021

#### Distance Sessions

<b>Session 1</b>	<b>Girls 11 &amp; Over</b>	<b>Session 2</b>	<b>Boys 11 &amp; Over</b>
1:00 PM	Coach Check-in Opens	4:30 PM	Coach Check-in Opens
1:45 PM	Session Swimmer Entrance	5:00 PM	Session Swimmer Entrance
2:15 PM	Warm-up	5:30 PM	Warm-up
3:00 PM	Start of Session	6:15 PM	Start of Session
4:45 PM	End of Session	8:00 PM	End of Session
101	400 IM	121	400 IM
102	500 Freestyle	122	500 Freestyle
103	200 Backstroke	123	200 Backstroke
104	200 Breaststroke	124	200 Breaststroke
105	200 Butterfly	125	200 Butterfly

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### Saturday, March 20, 2021

<b>Session 3</b>	<b>Girls 15 &amp; Over</b>	<b>Session 4</b>	<b>Girls 13 - 14</b>
6:30 AM	Coach Check-in Opens	9:45 AM	Coach Check-in Opens
7:00 AM	Session Swimmer Entrance	10:00 AM	Session Swimmer Entrance
7:15 AM	Warm-up	10:30 AM	Warm-up
8:00 AM	Start of Session	11:15 AM	Start of Session
9:45 AM	End of Session	1:00 PM	End of Session
201	200 Medley Relay	221	200 Medley Relay
202	200 Freestyle	222	200 Freestyle
203	50 Backstroke	223	50 Backstroke
204	200 IM	224	200 IM
205	50 Freestyle	225	50 Freestyle
206	100 Butterfly	226	100 Butterfly
207	50 Breaststroke	227	50 Breaststroke
208	100 Freestyle	228	100 Freestyle
209	100 Backstroke	229	100 Backstroke
210	50 Butterfly	230	50 Butterfly
211	100 Breaststroke	231	100 Breaststroke
212	400 Freestyle Relay	232	200 Freestyle Relay

  

<b>Session 5</b>	<b>Girls 11-12</b>	<b>Session 6</b>	<b>Girls &amp; 10 &amp; Under</b>
1:00 PM	Coach Check-in Opens	4:15 AM	Coach Check-in Opens
1:15 PM	Session Swimmer Entrance	4:45 PM	Session Swimmer Entrance
1:45 PM	Warm-up	5:15 PM	Warm-up
2:30 PM	Start of Session	6:00 PM	Start of Session
4:15 PM	End of Session	7:45 PM	End of Session
241	200 Medley Relay	261	200 Medley Relay
242	100 Backstroke	262	100 Backstroke
243	100 IM	263	100 IM
244	100 Freestyle	264	100 Freestyle
245	50 Butterfly	265	50 Butterfly
246	100 Breaststroke	266	100 Breaststroke
247	200 Freestyle	267	200 Freestyle
248	50 Backstroke	268	50 Backstroke
249	200 IM	269	200 IM
250	50 Freestyle	270	50 Freestyle
251	100 Butterfly	271	100 Butterfly
252	50 Breaststroke	272	50 Breaststroke
253	200 Freestyle Relay	273	200 Freestyle Relay

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**Sunday, March 21, 2021**

## **Session 7: Boys 15 & Over**

6:30 AM Coach Check-in Opens  
7:00 AM Session Swimmer Entrance  
7:15 AM Warm-up  
8:00 AM Start of Session  
9:45 AM End of Session

301 200 Medley Relay  
302 200 Freestyle  
303 50 Backstroke  
304 200 IM  
305 50 Freestyle  
306 100 Butterfly  
307 50 Breaststroke  
308 100 Freestyle  
309 100 Backstroke  
310 50 Butterfly  
311 100 Breaststroke  
312 400 Freestyle Relay

## **Session 8: Boys 13-14**

9:45 AM Coach Check-in Opens  
10:00 AM Session Swimmer Entrance  
10:30 AM Warm-up  
11:15 AM Start of Session  
1:00 PM End of Session

321 200 Medley Relay  
322 200 Freestyle  
323 50 Backstroke  
324 200 IM  
325 50 Freestyle  
326 100 Butterfly  
327 50 Breaststroke  
328 100 Freestyle  
329 100 Backstroke  
330 50 Butterfly  
331 100 Breaststroke  
332 200 Freestyle Relay

## **Session 9: Boys 11 - 12**

1:00 PM Coach Check-in Opens  
1:15 PM Session Swimmer Entrance  
1:45 PM Warm-up  
2:30 PM Start of Session  
4:15 PM End of Session

341 200 Medley Relay  
342 100 Backstroke  
343 100 IM  
344 100 Freestyle  
345 50 Butterfly  
346 100 Breaststroke  
347 200 Freestyle  
348 50 Backstroke  
349 200 IM  
350 50 Freestyle  
351 100 Butterfly  
352 50 Breaststroke  
353 200 Freestyle Relay

## **Session 10: Boys 10 & Under**

4:15 AM Coach Check-in Opens  
4:45 PM Session Swimmer Entrance  
5:15 PM Warm-up  
6:00 PM Start of Session  
7:45 PM End of Session

361 200 Medley Relay  
362 100 Backstroke  
363 100 IM  
364 100 Freestyle  
365 50 Butterfly  
366 100 Breaststroke  
367 200 Freestyle  
368 50 Backstroke  
369 200 IM  
370 50 Freestyle  
371 100 Butterfly  
372 50 Breaststroke  
373 200 Freestyle Relay