

MEET TIMELINE - FRIDAY/SATURDAY

Session #1 – March 9 - Friday PM - Distance Jr/Sr

5:00pm	Registration for coaches and Officials begins
6:00pm	Doors open for swimmers
6:00pm	Spectator Doors Open
6:00pm	Officials Meeting
6:00pm	Coaches Scratch Meeting
6:30pm	Timers Meeting
6:30pm – 6:50pm	JR Warm Ups
6:55pm	Opening Ceremony
7:00pm – 7:50pm	JR 400 IM and 500 Free Competition
7:50pm – 8:10pm	SR Warm Ups
8:10pm – 9:30pm	SR 400 IM and 500 Free Competition

Session # 2 – March 10 - Saturday AM- Juniors – Ages 13 &14

7:00am	Registration for coaches and Officials
7:00am	Doors open for swimmers
7:00am	Spectator Doors Open
7:30am – 8:45am	Warm Ups
7:45am	Officials Meeting
7:45am	Coaches Scratch Meeting
8:15am	Timers Meeting
8:45am	Opening Ceremony
9:00am - 12:00pm	Session Competition

Session # 3 – March 10 - Saturday PM- Seniors – Ages 15&O

1:00pm	Registration for coaches and Officials
1:00pm	Doors open for swimmers
1:00pm	Spectator Doors Open
1:15pm – 2:30pm	Warm Ups
1:30pm	Officials Meeting
1:30pm	Coaches Scratch Meeting
2:00pm	Timers Meeting
2:30pm	Opening Ceremony
2:45pm - 5:45pm	Session Competition

MEET TIMELINE - SUNDAY

Session # 4 – March 11 - Sunday AM- Cadets – Ages 9&10

7:00am	Registration for coaches and Officials
7:00am	Doors open for swimmers
7:00am	Spectator Doors Open
7:30am – 8:45am	Warm Ups
7:45am	Officials Meeting
7:45am	Coaches Scratch Meeting
8:15am	Timers Meeting
8:45am	Opening Ceremony
9:00am - 12:00pm	Session Competition

Session # 5 – March 11 - Sunday PM- Preps – Ages 11&12

1:00pm	Registration for coaches and Officials
1:00pm	Doors open for swimmers
1:00pm	Spectator Doors Open
1:15pm – 2:30pm	Warm Ups
1:30pm	Officials Meeting
1:30pm	Coaches Scratch Meeting
2:00pm	Timers Meeting
2:30pm	Opening Ceremony
2:45pm -6:00pm	Session Competition

